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A New Specific Succinate-Glutamate Metabolomic Hallmark in Sdhx-Related Paragangliomas

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Abstract

Paragangliomas (PGLs) are frequently associated with germline mutations in genes involved in energy metabolism. The purpose of the present study was to assess whether the tumor metabolomic profile of patients with hereditary and apparently sporadic PGLs enables the distinction of different subtypes of tumors. Twenty-eight unrelated patients with a histological diagnosis of PGLs were included in the present study. Twelve had germline mutations in SDHx genes (5 SDHB, 7 SDHA, 6 VHL), and 10 were apparently sporadic. Intact tumor samples from these patients (one per patient) were evaluated with 1H high-resolution magic angle spinning (HRMAS) NMR spectroscopy. Sdhx-related tumors were characterized by an increase in succinate levels in comparison to other tumor subtypes (p = 0.0001 vs VHL and p = 0.000003 vs apparently sporadic). Furthermore, we found significantly lower values of glutamate in Sdhx-related tumors compared to other subtypes (p = 0.0007 vs VHL and p = 0.003 vs apparently sporadic). Moreover, Sdhx-tumors also exhibited lower values of ATP/ADP/AMP (p = 0.01) compared to VHL. VHL tumors were found to have the highest values of glutathione (GSH) compared to other tumors. Based on 4 metabolites (succinate, glutamate, GSH, and ATP/ADP/AMP), tumors were accurately distinguished from the other ones on both 3- and 2-class PLS-DA models. The present study shows that HRMAS NMR spectroscopy is a very promising method for investigating the metabolomic profile of various PGLs. The present data suggest the existence of a specific succinate-glutamate hallmark of Sdhx PGLs. The relevance of such a metabolomic hallmark is expected to be very useful in designing novel treatment options as well as improving the diagnosis and follow-up of these tumors, including metastatic ones.

Introduction

Paragangliomas (PGLs) are neural crest-derived neuroendocrine neoplasms arising from chromaffin cells that are located in the adrenal medulla (also called pheochromocytomas, PHEOs) or aligned along the para-aortic sympathetic system or from head and neck or thoracic paraganglia, which often act as chemoreceptors. Although most PGLs arise sporadically, PGL susceptibility genes have been identified in approximately one-third of cases and in more than 90% of patients with multifocal tumors [1,2].

Hereditary PGLs are frequently associated with germline mutations in one of the succinate dehydrogenase subunits genes (collectively named SDH-related tumors), often in the absence of positive family history or even with negative biochemistry [3]. This is in contrast to other hereditary PHEOs/PGLs, in which the family history is usually very well known and therefore, PHEOs/PGLs related to these syndromes can be diagnosed early and often properly and successfully treated.

Moreover, Sdhx tumors are considered to be more aggressive, particularly those with SDHB mutations. Currently there is no cure, and current therapeutic options are either suboptimal or short-lasting despite a good initial response [4]. Therefore, any new information that could bring new insight into the pathogenesis of these tumors, their metabolic activities, and proper monitoring, including early assessment of their therapeutic responses, is very desirable.

Sdh (also called respiratory complex II) is an iron-sulfur cluster-containing protein composed of 4 subunits that participates in the tricarboxylic acid (TCA) cycle and electron transport chain.
Metabolomics in PHEOs/PGLs

Metabolomics is a fast-growing field, promising to improve our understanding of cell biology and relating the genetics and epigenetics to tumor phenotypes. The metabolites (molecular weight <1 kDa) can be detected in vitro by gas chromatography-mass spectrometry (GCMS), liquid chromatography-mass spectrometry (LCMS), and nuclear magnetic resonance (NMR) spectroscopy [11]. Magnetic resonance spectroscopy also enables in vivo assessment of metabolites (such as 2HG) in the setting of brain tumors [12]. NMR-based methods are less sensitive but more reproducible than LCMS for the quantitative assessment of metabolites.

In recent years, ¹H high-resolution magic angle spinning (HRMAS) NMR spectroscopy has been introduced for ex vivo characterization of small intact tissue samples (solid-state NMR). This technique also offers several advantages, such as the simplicity of sample preparation, the intra- and inter-laboratory reproducibility, the relatively low cost to perform the technique, and the availability of major metabolite databases [13]. HRMAS NMR spectroscopy has been suggested as a promising tool in the diagnosis and characterization of cancer.

The objective of the present study was to find out whether there is a specific metabolomic profile in sympathetic SDHx and other hereditary or apparently sporadic PHEOs/PGLs.

Materials and Methods

Ethics Statement

Data was acquired under regular clinical care conditions, with Ethics Committee approval obtained for the use of these data for scientific purposes at Strasbourg, Marseille, and Nancy University Hospitals. Written informed consent was obtained from all patients included in the present study.

Tissue samples

Twenty-eight specimens of sympathetic PGLs/PHEOs from 28 unrelated patients who fulfilled the following criteria were included:

1. Histological diagnosis of PGL/PHEO.
2. Absence of distant metastases within the first year following surgery.
3. Genetic screening for germline mutations in the SDHB/C/D, SDHA/C (including large gene rearrangements of all the SDH genes), VHL (including large gene rearrangements), RET, TMEM127, and MAX genes.
4. Tissue specimens collected just after tumor removal and snap-frozen in liquid nitrogen before storage at −80°C.

The tumors were obtained from 3 different institutions in France (Strasbourg, Marseille, and Nancy University Hospitals) and were distributed as follows: 10 sporadic (9 PHEOs, 1 sympathetic PGL), 5 SDHB (2 PHEOs, 3 sympathetic PGLs), 7 SDHD (1 PHEO, 6 sympathetic PGLs), and 6 VHL (3 PHEOs, 3 sympathetic PGLs).

Tissue sample preparation for HRMAS NMR

The amount of tissue used for HRMAS analysis ranged from 15 to 20 mg. For each sample, the percentage of tumor cells in the total sample of cells and the percentage of necrosis with regard to the total surface were calculated based on frozen sections using a microscope sample stored in the tissue bank. Samples containing at least 30% tumor cells and less than 50% necrosis were used for the study. Each tissue sample was placed in a 30 μL disposable insert. 10 μL of D₂O were added to the rotor to provide a lock frequency for the NMR spectrometer. The exact weight of the sample used was determined by weighing the empty insert and the insert containing the tissue sample. The insert was stored at −80°C and placed in a 4-mm ZrO₂ rotor just before the HRMAS analysis.

HRMAS NMR data acquisition, spectra processing, and metabolite quantification

1D HRMAS NMR spectra were recorded on a Bruker Avance III 500 spectrometer operating at a proton frequency of 500.13 MHz, installed in the Pathological Department of Strasbourg University Hospitals. A one-dimensional (1D) proton spectrum using a Carr–Purcell–Meiboom–Gill (CPMG) pulse sequence [14] and 1024 transients was acquired for each serum sample. Free induction decays were multiplied by an exponential window function of 0.3 Hz prior to Fourier transformation and were corrected for phase and baseline distortions using TopSpin 2.1 (Bruker GmbH, Germany). The chemical shift was referenced to the peak of the methyl proton of L-lactate at 1.33 ppm. In order to confirm resonance assignments, two-dimensional (2D) homo-nuclear and heteronuclear experiments were also recorded immediately after the end of 1D spectra acquisition. Because the duration of these experiments is long and significant tissue degradation occurs during NMR acquisition, only a few representative samples were analyzed by 2D experiments. A description of the HRMAS NMR data acquisition and spectra processing has been previously detailed [13].

In the present study, we focused on four selected metabolites with a potential key role in tumoral pathophysiology. Accordingly, succinate, glutamate, glutathione, and energy phosphorylated compounds were precisely identified and quantified. Catechol-amines were also measured. The quantification procedure was based on the pulse length-based concentration measurement (PULCON) as previously described [13]. Spectra were normalized according to each sample weight and calibrated using the signal intensity of a 19.3 nmol reference solution of lactate, scanned under the same analytical conditions. The peak integral corresponding to each metabolite’s region was normalized to the integral of the entire spectrum within the range of 8.65–1 ppm. Quantification results were expressed as nmol/mg of tissue. Metabolites were assigned using standard metabolite chemical shift tables available in the literature [15,16].

Succinate concentrations in tissue samples were estimated by integrating the area comprised between 2.39 ppm and 2.43 ppm. The spectral complex previously assigned to ATP/ADP/AMP [17] was identified on our spectra within the range of 6.07–6.11 and thus integrated to quantify the metabolite amount. The glutathione and glutamate amounts were measured from the integral of NMR spectra comprised by 2.93–2.98 ppm and 2.32–
considered statistically significant. These metabolites such as succinate, glutamate, glutathione (GSH), and energy phosphorylated compounds were used to better characterize the metabolic substrate appearing on our 1D spectra within the range of 6.07–6.11 ppm and previously assigned to ATP/ADP/AMP (Fig. 2). In particular, the results of 2D HRMAS acquisition from one VHL-related PGL were compared to the widely available NMR spectroscopy database [16,23]. Our 2D HSQC spectrum was almost superposable to the known reference of ATP. Nevertheless, a slight chemical shift difference of 0.06 ppm related to the carbon atom linking the ribosyl ring and the aminopurinine may generate confusion with inosine triphosphate (ITP). This difference could be explained by the intratissular pH variability in our samples.

All NMR spectra from the SDHx-related tumors showed very high levels of succinate compared to sporadic and VHL-related tumors. On the other hand, apparently sporadic tumors were characterized by high values of glutamate compared to SDHx-related PGLs/PHEOs. Finally, VHL-related tumors exhibited more pronounced ATP/ADP/AMP signals. GSH was predominant in SDHx- and VHL-related tumors.

Three-class model
A multivariate two-component PLS-DA based on succinate, glutamate, GSH, and energy phosphorylated compounds (ATP/ADP/AMP) was first generated including patients with apparently sporadic, SDHx-, and VHL-related PGLs/PHEOs. The score plot of the PLS-DA model (Fig. 3A) showed a clear distinction between these three classes of tumors. According to this model, all 12 patients with SDHx-related PGLs/PHEOs were correctly identified. Moreover, eight of ten (80%) and five of six (83%) patients with respectively apparently sporadic and VHL-related PGLs/PHEOs were also accurately classified. To detect patients with germline mutations (SDHx and VHL), the Se and Sp of the established model were respectively 94% and 80%. PPV, NPV, and global accuracy were all 89%.

In the SDHx-related tumor cohort, PHEOs exhibited higher values of energy-phosphorylated compounds (ATP/ADP/AMP) compared to PGLs (p = 0.04). Succinate, GSH, and glutamate were statistically equivalent regardless of the SDHx tumor location. In contrast, VHL-related PHEOs had higher GSH levels than PGLs (p = 0.04). Considering all tissue samples, a significant negative correlation was shown between succinate and glutamate (R = 0.52), glutamate and energy phosphorylated compounds (ATP/ADP/AMP) (R = 0.54), and succinate and GSH (R = 0.51).

Two-class models
Three multivariate PLS-DA models based on succinate, glutamate, GSH, and energy phosphorylated compounds (ATP/ADP/AMP) were built to compare: (1) apparently sporadic to SDHx- (Fig. 3B), (2) apparently sporadic to VHL- (Fig. 3C), and (3) SDHx- to VHL-related tumors (Fig. 3D). The score plot of each PLS-DA model showed a very clear delineation of the single classes. The results of the MWU-test are detailed in Table 1.

When comparing apparently sporadic to SDHx-related tumors, the model correctly classified 9 of 10 apparently sporadic cases and 11 of 12 SDHx-related tumors. The model identified SDHx-related tumors with a Se of 92%, a Sp of 90%, a PPV of 92%, a NPV of 90%, and a global accuracy of 91%. The model did not correctly identify only one SDHx-related PGL. Interestingly, it was easily recognized by visual inspection of the spectra because of a pronounced succinate peak.

In the model comparing apparently sporadic and VHL-related tumors, all cases were correctly classified. The VHL group exhibited a significant increase in both succinate and GSH levels.

Finally, SDHx- and VHL-related PGLs/PHEOs were compared. The model was able to correctly classify all the tumor
samples. Succinate remains highly discriminant between the 2 subgroups. No difference in the succinate amount was shown between SDHB and SDHD subtypes, as well as for the remaining selected metabolites. VHL-related tumors showed a more abundant content of energy phosphorylated compounds (ATP/ADP/AMP). Interestingly, despite a greater amount of GSH in VHL vs. SDHx tumors, this parameter did not reach statistical significance (p = 0.08).

In apparently sporadic PGLs/PHEOs, glutamate and energy phosphorylated compounds (ATP/ADP/AMP) (R = 0.71) as well as succinate and GSH (R = 0.68) in SDHx-related tumors were statistically correlated.

Epinephrine was not measurable in any VHL-related tumors and in only one of 12 SDHx samples (1.98 nmol/ml). Only 2 of 10 apparently sporadic tumors showed an epinephrine peak in the NMR spectra (0.93 and 1.04 nmol/ml). On the other hand, norepinephrine was detected in 9 of 10 apparently sporadic tumors (median, 0.90 nmol/ml; range, 0–4.60 nmol/ml), in 9 of 12 SDHx-related PHEO/PGLs (median, 0.87 nmol/ml; range, 0–2.40 nmol/ml), and in all of the 6 VHL-related PHEO/PGLs (median, 1.80 nmol/ml; range, 0.26–4.53 nmol/ml). No statistical difference was observed between VHL and SDHx PHEO/PGLs despite higher values of norepinephrine in VHL tumors.

In the present study we show that HRMAS NMR-based metabolomics should be considered as a new reliable tool for ex vivo characterization of sympathetic PGLs. The present data suggests the existence of a specific succinate-glutamate hallmark of SDHx sympathetic PGLs. Based on 4 metabolites (succinate, glutamate, GSH, and ATP/ADP/AMP), tumors were accurately distinguished from the other ones on both 3- and 2-class PLS-DA models. This is an extension of the results published by Rao et al., who identified an SDHx signature (increased succinate, decreased ATP/ADP/AMP) but with some overlaps between apparently sporadic and VHL tumors for the other parameters [17].

Until the present, only a few studies employing HRMAS NMR spectroscopy have been published for metabolic profiling of PGLs/PHEOs [17,24]. An increase in succinate accumulation and a decrease in ATP/ADP/AMP accumulation were observed in SDHx-related PGLs when compared to sporadic PGLs and PGLs of other genotypes [17]. Interestingly, despite methodological differences, we found similar results. Compared to the previous study [17], in which liquid NMR spectroscopy was used to analyze homogenized and centrifuged tissue preparation, our analysis was done on intact tissue samples. This approach may be considered less sensitive compared to liquid-state NMR spectroscopy but also leads to good quality spectra. Furthermore, it has several advantages, such as avoiding technical procedures for tissue preparation prior to the analysis and allowing refreeze and storage of tissue samples for additional analyzes such as pathological analysis in cases of result discrepancies. Small changes (0.1 ppm) in chemical shift in the peak areas assigned to the ATP/ADP/AMP between the 2 studies could be attributed to pH differences (perchloric acid extracts for Rao et al) [17].

**Discussion**

In the present study, we analyzed 28 sympathetic PGLs with different genetic backgrounds (10 sporadic, 6 VHL, 12 SDHx). We did not include RET- or NF1-related tumors because these are almost always associated with other syndromic manifestations that enable physicians to easily diagnose them.

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**Figure 1.** Representative 1D $^1$H-HRMAS spectra of sporadic, SDHx-, and VHL-related PGLs. The partial metabolite assignment is indicated. The metabolic contents of each spectra are directly comparable, since the intensity of each spectrum has been normalized with respect to the weight of the analyzed sample.

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**Table 1.** Mean and range values of the metabolite content (nmol/ml) in sporadic, SDHx-, and VHL-related PGLs.

<table>
<thead>
<tr>
<th>Metabolite</th>
<th>Sporadic</th>
<th>SDHx</th>
<th>VHL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Succinate</td>
<td>1.80 (0.26–4.53)</td>
<td>1.80 (0.26–4.53)</td>
<td>1.80 (0.26–4.53)</td>
</tr>
<tr>
<td>Glutamate</td>
<td>0.87 (0.26–4.53)</td>
<td>0.87 (0.26–4.53)</td>
<td>0.87 (0.26–4.53)</td>
</tr>
<tr>
<td>GSH</td>
<td>0.90 (0.26–4.53)</td>
<td>0.90 (0.26–4.53)</td>
<td>0.90 (0.26–4.53)</td>
</tr>
<tr>
<td>ATP/ADP/AMP</td>
<td>0.93 (0.26–4.53)</td>
<td>0.93 (0.26–4.53)</td>
<td>0.93 (0.26–4.53)</td>
</tr>
</tbody>
</table>

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**Table 2.** Mean and range values of the metabolite content (nmol/ml) in sporadic, SDHx-, and VHL-related PHEOs/PGLs.

<table>
<thead>
<tr>
<th>Metabolite</th>
<th>Sporadic</th>
<th>SDHx</th>
<th>VHL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Succinate</td>
<td>1.80 (0.26–4.53)</td>
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<td>1.80 (0.26–4.53)</td>
</tr>
<tr>
<td>Glutamate</td>
<td>0.87 (0.26–4.53)</td>
<td>0.87 (0.26–4.53)</td>
<td>0.87 (0.26–4.53)</td>
</tr>
<tr>
<td>GSH</td>
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<td>0.93 (0.26–4.53)</td>
</tr>
</tbody>
</table>

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**Figure 2.** HRMAS NMR spectra of sporadic, SDHx-, and VHL-related PGLs. The partial metabolite assignment is indicated. The metabolic contents of each spectra are directly comparable, since the intensity of each spectrum has been normalized with respect to the weight of the analyzed sample.
We also found lower values of ATP/ADP/AMP in SDHx-related tumors in comparison to VHL tumors, probably because increased glycolysis preferentially occurs in VHL tumors [17,25]. We have added greater levels of discrimination by using additional metabolites besides succinate and ATP/ADP/AMP peaks. We found that apparently sporadic tumors were characterized by a low level of reduced GSH compared to VHL tumors (p = 0.01) and SDHx-related tumors (p = 0.003). There was a trend towards statistical differences between SDHx- and VHL-related tumors (p = 0.08), but the sample size was too small to achieve statistical significance. GSH is the most prevalent non-protein thiol in animal cells. Its high redox potential renders GSH both a potent antioxidant and a convenient cofactor for enzymatic reactions that require readily available electron pairs. GSH appears to be a sensitive indicator of the ability to resist toxic challenge. It has previously been shown that sporadic tumors may also exhibit reduction of mitochondrial respiration [26]. The low GSH peak in these tumors could be related to several cell events, such as inhibition of the ETC that is needed for GSH regeneration via NADPH synthesis and/or an increase in ROS production.

Interestingly, SDHx-related tumors were also characterized by low glutamate levels in comparison to apparently sporadic tumors.

Figure 2. Representative 2D 1H-13C HSQC HRMAS NMR spectra (A), zoomed in on the ATP region (B), obtained from a sample of a VHL-related abdominal PGL. The 2D NMR experiment confirms the presence of ATP in tumoral tissue as suggested by the 1D spectra of the same patient (Figure 1C). Glutamate and norepinephrine assignments are also indicated. Because of their low concentration in the tumoral sample, both succinate and glutathione are not clearly visible in the whole 2D spectrum (7.7-0.7 ppm in 1H dimension) without focusing on their characteristic regions.

doi:10.1371/journal.pone.0080539.g002

Figure 3. Results of two-component PLS-DA models built on succinate, glutamate, glutathione, and energy phosphorylated compounds (ATP/ADP/AMP) according to the patients’ genotypes: A) 3-class model including apparently sporadic (black dots), SDHx (green dots), and VHL-related tumors (yellow dots); B) 2-class model including apparently sporadic and SDHx-related tumors; C) 2-class model including apparently sporadic and VHL-related tumors; D) 2-class model including SDHx- and VHL-related tumors. A clear distinction between the different classes of tumors is shown in each model.

doi:10.1371/journal.pone.0080539.g003
The present study further supports the existence of different secretory phenotypes in PGLs according to their hereditary background. In our series, epinephrine was not measurable in any VHL-related tumors and in only one of the 12 SDHx samples. By contrast, norepinephrine was detected in 9 out of 12 SDHx-related tumors and in all of the 6 examined VHL-related PHEOs/PGLs. The lack of epinephrine secretion in VHL- and SDHx-related PGLs was previously reported [31–33] and linked to reduced or absent expression of phenylethanolamine-N-methyltransferase (PNMT). PNMT catalyzes the last step in catecholamine biosynthesis, the conversion of norepinephrine to epinephrine. SDHx-related tumors exhibit an immature catecholamine secretory profile by the absence of epinephrine, possibly explained by hypermethylation of the PNMT promoter [34]. These tumors accumulate succinate, which inhibits 2-oxoglutarate-dependent histone and DNA demethylase enzymes, resulting in epigenetic modifications [8]. These findings further emphasize the interplay between the Krebs cycle, oxidative phosphorylation, and epigenetic events [35,36].

We acknowledge several limitations to the present study: a) the absence of carriers of mutations in the TMEM127/SDHAF2/ MAX/SDHA genes; and b) the absence of screening of tumors for somatic mutations, mainly in apparently sporadic tumors, that could potentially occur and influence the presented tumor metabolomic profiles. We also have to admit that the high proportion of hereditary PGLs in our series is related to a selection bias. Nevertheless, the present study provides new data about specific genotype-metabolomic phenotype of SDHx-related PGLs compared to VHL-related and apparently sporadic counterparts.

The present study advances our knowledge of the pathogenesis of PGLs and also provides important and promising information about the classification of these tumors. It is expected that in the near future, various metabolomic approaches will reveal new diagnostic and therapeutic targets. A large-scale study comparing PGL clinical and imaging phenotypes, genotypes, somatic mutations, gene expression levels, DNA methylation phenotypes, protein spectra, and metabolomic profiles will have a great impact on our understanding of how they function and contribute to the development of various PGLs, resulting in the most optimal early and accurate diagnosis, treatment, and outcome.

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Author Contributions
Conceived and designed the experiments: AI FMM IJN DT KP. Performed the experiments: AI FMM KE. Analyzed the data: AI FMM KE IJN DT KP FS LB AB PB BG. Contributed reagents/materials/analysis tools: AI IJN DT FS LB AB PB BG. Wrote the paper: AI FMM DT KP IJN FS LB AB.
References


