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9 **Suitability of a PLCL fibrous scaffold for**
10 **soft tissue engineering applications:**
11 **a combined biological and mechanical**
12 **characterization**

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21 **Keywords**

22 PLCL ; fibrous scaffold; ligament tissue engineering; stem cells ; degradation ;
23 biocompatibility

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27 **soft tissue engineering applications:**

1 a combined biological and mechanical 2 characterization

3 Abstract

4 Poly(lactide-co- ϵ -caprolactone) PLCL has been reported to be a good candidate for tissue
5 engineering, based on its good biocompatibility. Particularly, a braided PLCL scaffold
6 (PLL/PCL ratio = 85/15) has been recently designed and partially validated for ligament
7 tissue engineering. In the present study, we assessed the *in vivo* biocompatibility of
8 acellular and cellularized scaffolds in a rat model. We then determined its *in vitro*
9 biocompatibility using stem cells issued from both bone marrow and Wharton Jelly.
10 From a biological point of view, the scaffold was shown to be suitable for tissue
11 engineering in all these cases. Secondly, while the initial mechanical properties of this
12 scaffold have been previously reported to be adapted to load-bearing applications, we
13 studied the evolution in time of the mechanical properties of PLCL fibers due to
14 hydrolytic degradation. Results for isolated PLCL fibers were extrapolated to the fibrous
15 scaffold using a previously developed numerical model. It was shown that no
16 accumulation of plastic strain was to be expected for a load-bearing application such as
17 anterior cruciate ligament tissue engineering. However, PLCL fibers exhibited a non-
18 expected brittle behavior after two months. This may involve a potential risk of
19 premature failure of the scaffold, unless tissue growth compensates this change in
20 mechanical properties. This combined study emphasizes the need to characterize the
21 properties of biomaterials in a pluridisciplinary approach, since biological and
22 mechanical characterizations led in this case to different conclusions concerning the
23 suitability of this scaffold for load-bearing applications.

24 Keywords

25 PLCL ; fibrous scaffold; ligament tissue engineering; stem cells ; degradation ;
26 biocompatibility

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28

1 Introduction

2 Among the variety of biodegradable polymers commonly used in tissue engineering (see
3 for instance recent reviews such as ¹⁻⁸), poly(lactide-co- ϵ -caprolactone) PLCL has been
4 reported to be a good candidate for tissue engineering. Indeed, the association of
5 polylactic acid (PLLA) with poly(ϵ -caprolactone) (PCL) into PLCL has been reported to
6 compensate both the brittle behaviour of PLLA and the low stiffness of PCL ^{9,10} as well
7 as the local acidification due to the degradation of PLLA ¹¹. It also offers a slow
8 degradation rate adapted to its use in tissue engineering, tailorable by changing the
9 PCL/PLLA ratio¹². A strong shape-memory effect has also been observed for PLCL,
10 depending on PCL/PLLA ratio¹³. The biocompatibility of PLCL in various shapes such
11 as foams ¹⁴, sheet-form scaffolds¹⁵, tubular porous scaffolds ¹⁶⁻¹⁸, electrospun
12 microfibers ¹⁹⁻²⁴ and tubular electrospun scaffolds²⁵ has been confirmed. PLCL in these
13 various forms has been recently treated by plasma^{24,26}, loaded with heparin^{27,28} or growth
14 factors²⁹, or blended with gelatin^{20,30,31} to improve cellular response. From these different
15 assessments, it may be concluded that PLCL is a suitable material for various tissue
16 engineering applications, especially when “elasticity and degradability are required in the
17 same product” ¹⁰.

18 Among the range of these various applications, PLCL has been used for ligament tissue
19 engineering applications in our group ³²⁻³⁵ or others³⁶. Indeed, we have recently
20 developed a braided PLCL scaffold for ligament tissue engineering with promising
21 preliminary results concerning its mechanical, morphological and biological properties ³²⁻
22 ³⁴. Particularly, this scaffold has been shown to be adapted to a computer-aided tissue
23 engineering approach ³⁷, helping to predict and optimize both the scaffold properties and
24 the cell’s micro-environment that controls cellular activity. This geometry and the
25 associated equipment developed for its processing could easily be applied to other
26 clinical applications such as arteries, nerves or tendons. From a purely biological point of
27 view, *in vivo* studies reporting the results of the implantation of such PLCL scaffolds are
28 still lacking in the literature in order to assess their biological suitability, and *in vitro*
29 studies for different culture conditions still need to be performed. The first objective of
30 the present contribution is therefore to provide additional data concerning the biological
31 suitability of PLCL braided scaffolds based on results of *in vivo* and *in vitro* experiments.
32 Particularly, these *in vivo* and *in vitro* studies respectively focus on (1) the effect of initial
33 cellularisation of the scaffold on its capability to be colonized and vascularized *in vivo* (2)
34 the effect of cell source on the colonization of the scaffold. Indeed, for this second point,
35 current reported ³⁴ studies on this PLCL scaffold have used stem cells issued from bone
36 marrow, while other types of cells such as Wharton-jelly stem cells are gaining attention
37 ³⁸.

38 Despite these biological advantages of PLCL for tissue engineering applications, it has
39 been reported that PLCL may be subject to ageing, and that post-crystallisation may have
40 a drastic effect on its mechanical properties^{10,39,40}. The estimation of scaffold degradation
41 has often been limited to mass loss⁴¹, not necessarily linked to mechanical properties.
42 When tested, the evolution in time of mechanical properties have been restricted to
43 apparent properties (compressive modulus, ultimate strength, ...) and limited to the
44 elastic range^{42,43}. The effect of hydrolytic degradation on the mechanical behaviour of

1 PLCL scaffolds has been insufficiently reported, while this constitutes a milestone in
2 tissue engineering⁴⁴. Indeed, this evolutive behavior should be controlled since (1) the
3 scaffold should fulfil the physiological function of the native tissue during the post-
4 surgery phase (2) accumulated plastic strain within the scaffold may lead to unsuited
5 graft laxity for load-bearing applications (3) the potential loss of mechanical properties in
6 this period due to scaffold degradation should be compensated by tissue growth. The
7 question of how these results can be confronted and used to assess the suitability of a
8 scaffold for a given clinical application is then crucial. Indeed, the characterized initial
9 mechanical properties may not be extrapolated to the post-implantation phase.
10 Consequently, despite the encouraging reported studies concerning the biological
11 suitability of PLCL for soft tissue engineering, data concerning the evolution of its
12 mechanical properties during degradation are still lacking. This gap in knowledge may be
13 partially explained by the extent of the campaign that should be carried on in order to
14 perform the required mechanical experiments. A solution consists in chemically
15 accelerating the hydrolysis, which has been recently applied to study the complex
16 degradation mechanisms of a PCL scaffold for tendon tissue engineering⁴⁴. Alternatively,
17 we have recently developed³³ and validated^{33,35} computational tools capable of predicting
18 the mechanical properties of braided scaffolds from the properties of isolated fibres. Such
19 computational tools may drastically reduce the extent of the experimental campaign.
20 These tools may incorporate recent models based on damage⁴⁵⁻⁴⁸ developed in order to
21 take into account the variation of polymer mechanical properties during hydrolytic
22 degradation. The second objective of the present contribution is therefore to study the
23 change of mechanical properties of PLCL during degradation. This mechanistic point of
24 view concerning the suitability of PLCL for soft tissue engineering applications brings
25 information to be confronted to the reported biological results.

26 In the present paper, a braided scaffold made of PLCL in a PLA/PCL ratio of 85/15 is
27 used. This particular polymer has been selected previously³² based on a trade-off between
28 deformability and stiffness. In a first section, the results of *in vivo* implantations of
29 acellular and cellularized scaffolds after 1 and 4 weeks in a rat model are presented. This
30 is completed with results of *in vitro* culture for two different types of stem cells.
31 Conclusions are thus drawn concerning the biocompatibility of the PLCL scaffold from
32 these combined *in vivo* and *in vitro* studies. In a second part, the effect of hydrolytic
33 degradation on the mechanical properties of PLCL fibres is assessed, and extrapolated to
34 the braided scaffold using a computational model. Some new conclusions are then
35 provided and discussed concerning both the biological and mechanical suitability of this
36 polymer for soft tissue engineering applications.

37 Material and Methods

38 Processing of PLCL fibres and scaffold preparation

39 The braided scaffold used in this study has already been described previously^{32,33}.
40 Briefly, it consisted of an assembly of 6 layers of 16 fibres each (96 fibres), arranged into
41 a circular braid. Fibres were made of PLCL with a PLLA/PCL ratio of 85/15 (Corbion –
42 Purac biomaterials, The Netherlands). Fibres were first processed into 180µm fibres

1 using a dedicated plastic extruder³², and then arranged into concentric circular braids
2 using a Maypole braiding machine (Composite & Wire machinery, United States).

3 **In vitro assessment of biocompatibility**

4 **Mesenchymal Stem Cells isolation and expansion.**

5 The suitability of both Bone Marrow Mesenchymal Stem Cells (BM-MSC) and Wharton
6 Jelly Mesenchymal Stem Cells (WJ-MSC) have been reported to be comparable for tissue
7 engineering applications³⁸. In this *in vitro* study, these two types of cells were therefore
8 used and confronted. Human bone marrow and human umbilical cords were harvested
9 and supplied by CHRU Hospital and Maternity Hospital (Nancy, France) respectively
10 with the informed consent of patients. For BM-MSC, 25mL α -MEM (Lonza, BE12-
11 169F) medium contained 10%FBS (Dominique Dutscher), 2 mM L-glutamine (Sigma, A-
12 4034), 100 U/mL penicillin /streptomycin (Gibco, 15140-122) and 1 μ g/mL amphoterin B
13 (Gibco, 15290-026) was added to 20 mL of bone marrow, and centrifuged 300g for 5min.
14 The supernatant was removed, cells were counted to be seeded on culture flask at the
15 density of 50000 cells/cm², then incubated in 37°C, 5% CO₂, 90% humidity. The culture
16 medium was changed twice a week. For WJ-MSC, human umbilical cord was first
17 washed with 70% ethanol and cut into 3-4 cm in the HBSS buffer. The cord was opened
18 and wharton-jelly was exposed, and the jelly was torn off from cordon and cut into fine
19 pieces, and transferred to 6-well plates. After 7 days, the jelly was removed, the culture
20 medium was changed twice a week. All MSC used for assays are in passage 2(P2).

21 **MSC metabolic activity and morphology on scaffold.**

22 The scaffolds were washed with PBS, then exposed to UV for 15 min each side. MSC
23 with density of 300,000 cells (0.05mL were distributed on each scaffold. MSC-
24 scaffolds were then put in the incubator for 30 min, and supplied with 0.95mL α - MEM
25 complete medium with ascorbic acid (Sigma, A-4034). Cells were cultured on the
26 scaffolds for 2 weeks. Alamar Blue (AB) tests were performed on D1, D3, D5, and D7.
27 1mL 10% AB work solution (Thermo scientific, 88952) was added to each scaffold, and
28 incubated for 3h at 37 °C, the solution was then aspirated to test the optical density at
29 570nm and 630 nm. Each well was repeated 3 times. The negative control was AB
30 working solution without cells. MSC-Scaffolds were first fixed with 1%
31 paraformaldehyde for 10 minutes at room temperature then washed 3 times with PBS. 1
32 mL 0.5% triton-PBS was added to each for 20 minutes at room temperature. Scaffolds
33 were washed 3 times with 1mL PBS. 250 μ L Alexa 488 Phalloidin solution was added to
34 each scaffold for 45 minutes. Scaffolds were then washed 3 times with PBS. 200 μ L
35 DAPI (1/1500) was added to each scaffold for 15min. Scaffold were washed 3 times
36 again with PBS and observed by florescence microscopy. Wavelengths used for
37 florescence microscopy were respectively 456nm for DAPI and 509nm for Alea 488
38 phalloidin.

39 **Collagen synthesized on scaffold by immunofluorescence staining.**

40 Firstly, MSC-scaffolds were fixed with 1% paraformaldehyde for 10 minutes at room
41 temperature, and washed 3 times with PBS. Then, 5% PBS-BSA blocking buffer was
42 added to scaffolds for 1h at room temperature, then washed 3 times with PBS. 250 μ L of

1 the primer antibody collagen I rabbit (CALBIOCHEM, 234167), collagen III mouse
2 (Sigma, C7805) at the dilution of 1/50, were added to scaffold for 1h at room
3 temperature, then washed 3 times with PBS. The second antibody Anti-Rabbit IgG-
4 Alexa488 (1/50) (life technologies, A11008) and Anti-mouse IgG-Alexa488 were added
5 (250 μ L) to scaffold for 45 mins, washed 3 times with PBS. 250 μ L DAPI (1/1500) was
6 added to each scaffold for 15mins, and kept isolated from light. MSC-Scaffolds were
7 washed 3 times with PBS, and imaged with fluorescence microscopy.

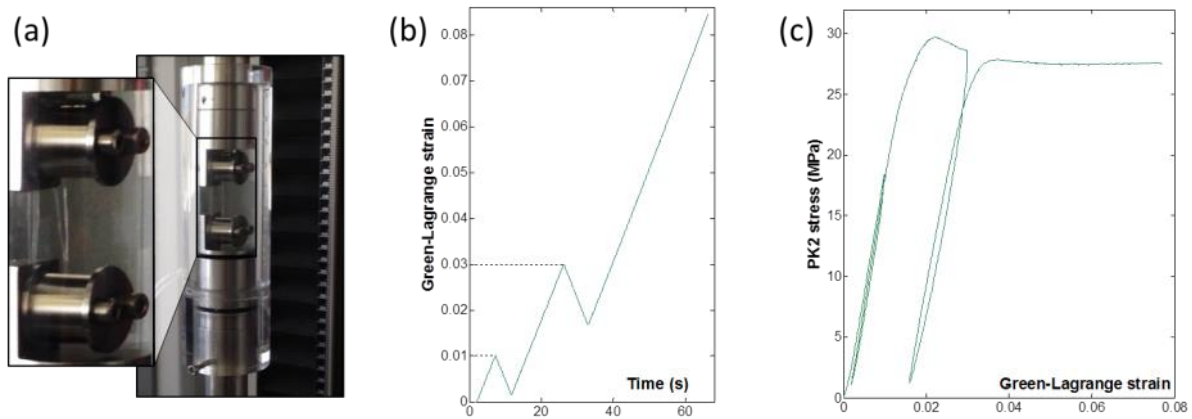
8 **In vivo implantation of scaffolds**

9 The *in vivo* behaviour of PLCL braided scaffolds towards tissue colonisation and neo-
10 vascularization was assessed using a subcutaneous implantation site in an
11 immunocompromised rodent model. The experiment also compared the regenerative
12 performance of cell seeded scaffolds to non-cellularised constructs and evaluated the
13 impact of bone marrow mesenchymal stem cell on tissue remodelling. Scaffolds were
14 sterilised by immersion in 70% ethanol for 30 min and subsequently UV-irradiated for 30
15 min and finally dried overnight in a biosafety cabinet as previously reported ³⁴. Human
16 BM-MSC (Tulane University Center for Gene Therapy, USA) were expanded in DMEM
17 supplemented with 16.5% calf foetal serum and 1% (v/v) antibiotics cocktail
18 (Merckmillipore, 10,000 U/mL penicillin G, 10 mg/mL streptomycin, 25 μ g/mL
19 amphotericin B) as per the supplier protocol until 80% confluency. They were seeded
20 into the braided scaffold (10 mm long) at P5 with a cell seeding density of 500,000 cells
21 per scaffold. The seeding was performed in two steps to ensure homogeneous seeding:
22 250,000 cells in 50 μ L of media were added onto the structure which was subsequently
23 turned over to receive another 250,000 cells in 50 μ L. The samples were placed in the
24 incubator and 20 μ L of warm media was added every 15 min for 2h and subsequently
25 every 30 min for another 2h. At the end of the 4 hours incubation period, the wells were
26 filled with 1 mL of warm media supplemented with 100 μ g/mL of ascorbate-2-phosphate
27 to stimulate collagen production. The braided scaffolds were cultured under static
28 conditions for 4 weeks with a 3-weekly media change.

29 Animal ethics approval for the use of athymic nude rats in this experiment was granted
30 by the Animal Ethics Committee of Griffith University. Six 8-week old male rats
31 (Sprague-Dawley outbred rat model, Animal Resources Centre, Canning Vale, WA,
32 Australia) were used. The animals were anaesthetized with isoflurane. Four small
33 incisions were made 2 cm apart from the central line of the shaved dorsal area and
34 subcutaneous pockets were using a pair of surgical scissors. In each animal, 2 scaffolds
35 and 2 cellularised scaffolds were implanted. Each individual pocket held one scaffold and
36 the incisions were closed with surgical sutures. The animals were sacrificed after 1 or 4
37 weeks post-implantation. The implants were retrieved and fixed in 4% paraformaldehyde
38 in PBS at pH 7.4 for 24h and thereafter immersed in PBS until further analysis. The
39 samples were subsequently embedded in paraffin, sections near the central area of the
40 specimens were used for haematoxylin and eosin (H&E) staining. The slides were
41 scanned using the slide scanner Scanscope (Leica).

42 **Mechanical tests on isolated PLCL fibres**

1 Tensile tests were performed using a Zwick Roell 2.5 device (Zwick, Germany) equipped
 2 with a 2.5 kN cell force, at a tensile speed of $0.1\text{mm}\cdot\text{s}^{-1}$. Tests were performed in water
 3 with controlled temperature. 60cm-long fibres were rolled up and then fixed around
 4 cylindrical parts (see Figure 1(a)), in such a way that 6 fibres were tested in parallel. This
 5 setup was designed to (1) limit stress concentration at the level of fibre gripping (2)
 6 increase the sensitivity of force measurement (3) average the measurements of fibre
 7 properties by using several fibres. At each time step, four tensile tests were carried out,
 8 and the second Piola-Kirchhoff stress S_{11} and the Green-Lagrange strain E_{11} were
 9 computed from measured displacements and forces (where index 1 stands for the loading
 10 direction). This formulation is compatible with the large strain framework in which these
 11 tests were performed. The following loading cycle was prescribed (1) 1% strain then
 12 unloading (2) 3% strain then unloading (3) increasing strain up to failure (see Figure
 13 1(b)). The typical stress-strain response of PLCL polymer fibers at the initial time is
 14 represented on Figure 1(c).



15

16 Figure 1 : (a) Design of the setup used to evaluate uniaxial tensile properties of isolated
 17 polymer fibres. (b) Loading path prescribed to the set of fibres. (c) Typical stress-strain
 18 response of set of fibres before hydrolytic degradation (day 0).

19

20 Numerical simulations for braided PLCL scaffold

21 The FE code dedicated to fibrous material used in this study has been previously
 22 described elsewhere ⁴⁹, as well as its application to the braided polymer scaffold ^{33,35}.
 23 Briefly, in the simulations, each fibre was as a kinematically enriched finite strain beam
 24 model accounting for cross-sectional strains within a finite geometrical transformation
 25 framework. An original procedure was then used to detect the numerous contacts within
 26 the assembly of fibres, based on intermediate geometries used to create discrete contact
 27 elements and to determine the normal directions to the contact areas. The FE code
 28 predicted the initial geometry of the braid (and the associated initial stresses) from an
 29 arbitrary reference configuration in which fibres interpenetrated each other ³⁵. The non-
 30 interpenetrated configuration was then gradually computed from the knowledge of the

1 braiding pattern within each scaffold layer. Average boundary conditions were defined on
 2 each scaffold layer using rigid bodies, thus enabling transverse rearrangement of
 3 individual fibres. Results were finally exported in terms of scaffold geometry at each
 4 loading step, strain tensors at many points generated on the surface of individual fibres,
 5 and global forces and moments. Both the predicted response of the scaffold ³³ and the
 6 predicted geometries of the collection of fibres ³⁵ have been previously validated. In the
 7 FE code, the three-dimensional elasto-plastic response of isolated fibres was modelled
 8 using the relation:

$$\begin{cases} \mathbf{S} = \mathbf{C} : \mathbf{E} & \text{if } E_{11} < \varepsilon_0 \\ \mathbf{S} = \mathbf{C} : \mathbf{E}_{el} + Y(E_{11})\mathbf{C} : (\mathbf{E} - \mathbf{E}_{el}) & \text{if } E_{11} \geq \varepsilon_0 \end{cases} \quad (1)$$

9 where \mathbf{s} is the stress tensor, \mathbf{E} is the strain tensor, \mathbf{C} is the elastic stiffness tensor, Y is a
 10 yield function depending on the axial strain E_{11} , \mathbf{E}_{el} is the elastic part of the deformation,
 11 and ε_0 is the yield strain. The yield function Y was expressed as follows ⁵⁰:

$$Y(E_{11}) = a + b(1 - e^{-cE_{11}}) \quad (2)$$

12 where a, b, c are three material constants. The continuity of S_{11} and $\partial S_{11} / \partial E_{11}$ at $E_{11} = \varepsilon_0$
 13 gives conditions on these constants, and consequently:

$$Y(E_{11}) = E\varepsilon_0 - \left(\frac{E}{ce^{-c\varepsilon_0}} \right) (e^{-cE_{11}} - e^{-c\varepsilon_0}) \quad (3)$$

14 The elasto-plastic response of fibres was thus fully described by 3 material parameters:
 15 the elastic modulus E , the yield strain ε_0 and a hardening parameter c .

16 In the performed simulations, the case of Anterior Cruciate Ligament (ACL) was
 17 considered as an application of the braided scaffold within a given physiological
 18 environment. From the computed initial geometry, a pretension phase was first simulated
 19 in order to condition the scaffold, as commonly done in clinics ⁵¹. This phase consisted of
 20 a prescribed global strain of 4%, followed by a total unloading. Secondly, in order to
 21 evaluate the response of the braided scaffold to physiological loads, boundary conditions
 22 were defined such as they mimicked squats (i.e. one of the most common rehabilitation
 23 activities) : this was done by prescribing a 3.6% axial strain ⁵². Simulated force-strain
 24 curves for each time step were thus collected. The FE code was also used to determine of
 25 the Octahedral Shear Strain (OSS) at the surface of scaffold fibres. This stimulus was
 26 considered here to be the most influencing mechanical signal on cellular response as
 27 suggested in the literature ⁵³. OSS is defined as follow:

$$OSS = \frac{2}{3} \sqrt{(\varepsilon_I - \varepsilon_{II})^2 + (\varepsilon_{II} - \varepsilon_{III})^2 + (\varepsilon_{III} - \varepsilon_I)^2} \quad (4)$$

28 where $\varepsilon_I, \varepsilon_{II}, \varepsilon_{III}$ stand for the principal strains of the fibre scale Green–Lagrange strain
 29 tensor. The evolution of OSS during a squat exercise was investigated. OSS was set to
 30 zero at the end of the loading-unloading pretension phase, and then the distribution of
 31 OSS at the scaffold's surface at the end of the simulated exercise (strain=3.6%) were
 32 analysed.

1

2 Effect of hydrolytic degradation on mechanical properties

3 Tensile tests were performed on isolated PLCL fibres, at given times after the extrusion
4 process. Prior to the extrusion, raw polymer was stored at -80°C . After the extrusion,
5 polymer fibres were maintained in an incubator at 37°C within distilled water, and tested
6 in uniaxial tension at dedicated time points (day 0, 5, 8, 14, 19, 26, 32, 40, 49, 54, 60, 67,
7 75). In recent studies ^{45,46,48}, it has been proposed that hydrolytic degradation may be
8 modeled using a damage variable expressed as :

$$d = 1 - e^{-\mu t} \quad 0 \leq d \leq 1 \quad (5)$$

9 where t is the time and μ the strength decrease rate. Based on this work, we modelled
10 the evolution of the Young's modulus of fibres using a damage parameter following an
11 exponential law, such that the Young's modulus is nul after full degradation :

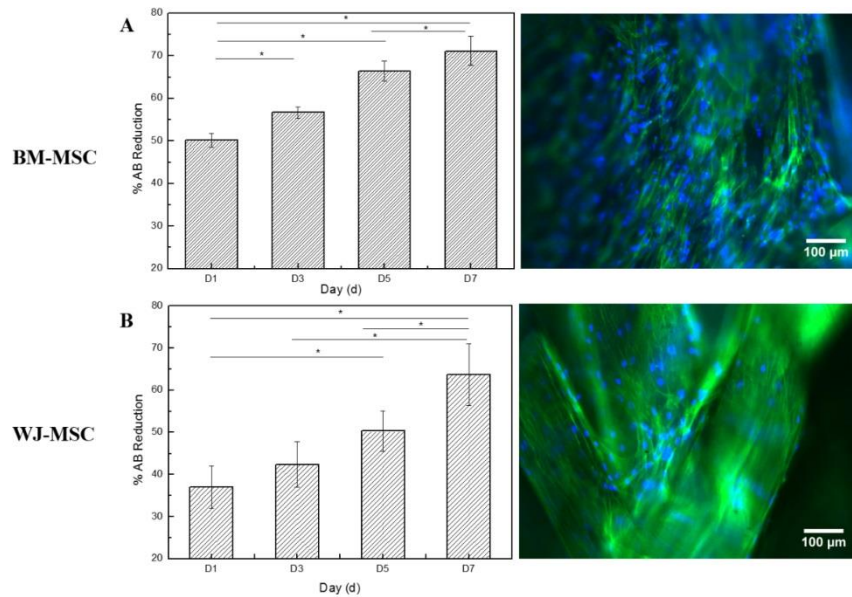
$$E(t) = E_0 (1 - d^E(t)) \quad \text{with} \quad d^E(t) = 1 - e^{-\mu^E t} \quad (6)$$

12 In this equation, E_0 is the initial Young's modulus and μ^E was fitted from experiments.
13 Nonetheless, to the best of our knowledge, there was no fundamental basis enabling us to
14 formulate the evolution of the yield strain ε_0 and the hardening parameter c as a function
15 of the degradation: therefore these laws were based on the results of our experiments, and
16 formulated in a purely phenomenological way. In order to fit the Chaboche-type elasto-
17 plastic model to experimental data, a least-square minimization method was used based
18 on the first part of the stress-strain curve, i.e. until the maximal stress is reached, ignoring
19 the first unloading cycle.

20 Results

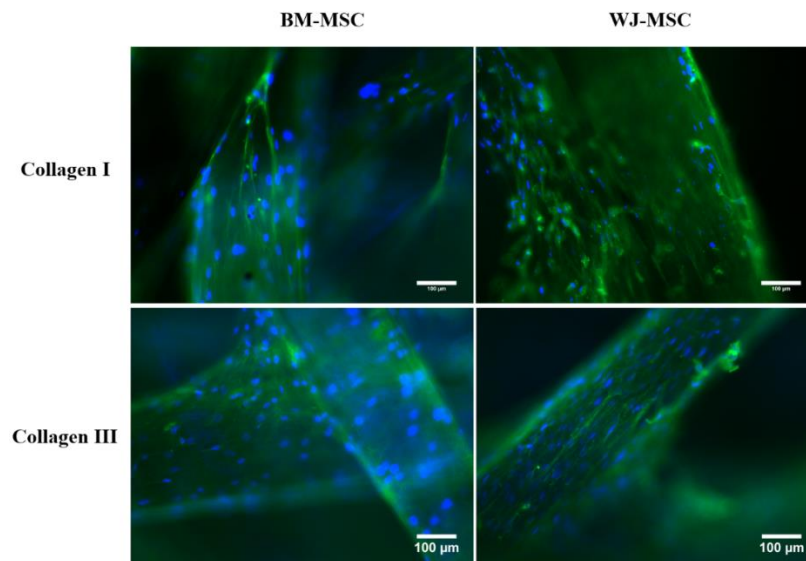
21 In vitro assessment of biocompatibility

22 WJ-MSC and BM-MSC were seeded on the scaffold, and the cell metabolic ability under
23 static culture was detected by Alamar Blue. For WJ-MSC and BM-MSC, cell metabolic
24 ability both showed increased trend during one week (Figure 2). For BM-MSC, the
25 metabolic activity increased from 50% in D1 to 71.1% in D7, while for WJ-MSC, it
26 increased from 37% in D1 to 63.7% in D7. In day14, cells were fixed and cell skeleton
27 (green) and cell nuclei(blue) were stained to show the cell morphology and cell location
28 on the scaffold. Cells proliferated well on PLCL scaffold, and bridges were formed
29 between fibers, after one week.



1

2 Figure 2: (left) AB reduction of BM-MSC(A) and WJ-MSC(B) (* $p < 0.05$) and (right)
 3 immunofluorescence staining of WJ-MSC and BM-MSC on scaffolds. (cell skeleton
 4 (green, 509nm) and cell nuclei (blue, 456nm)).



5

6 Figure 3: Collagen I and collagen III expression by WJ-MSC and BM-MSC on scaffolds
 7 in D14. (collagen (green, 509nm) and cell nuclei (blue, 456nm))

8 The expression of collagen secreted by BM-MSC and WJ-MSC on PLCL scaffolds was
 9 detected by immunofluorescence staining. As showed in Figure 3, collagen I and III were
 10 synthesized by BM-MSC and WJ-MSC on the scaffolds. Collagen (greed dot on Figure
 11 3) was found to cover the fibers and form bridges between them. No significant
 12 differences were observed between BM-MSC and WJ-MSC.

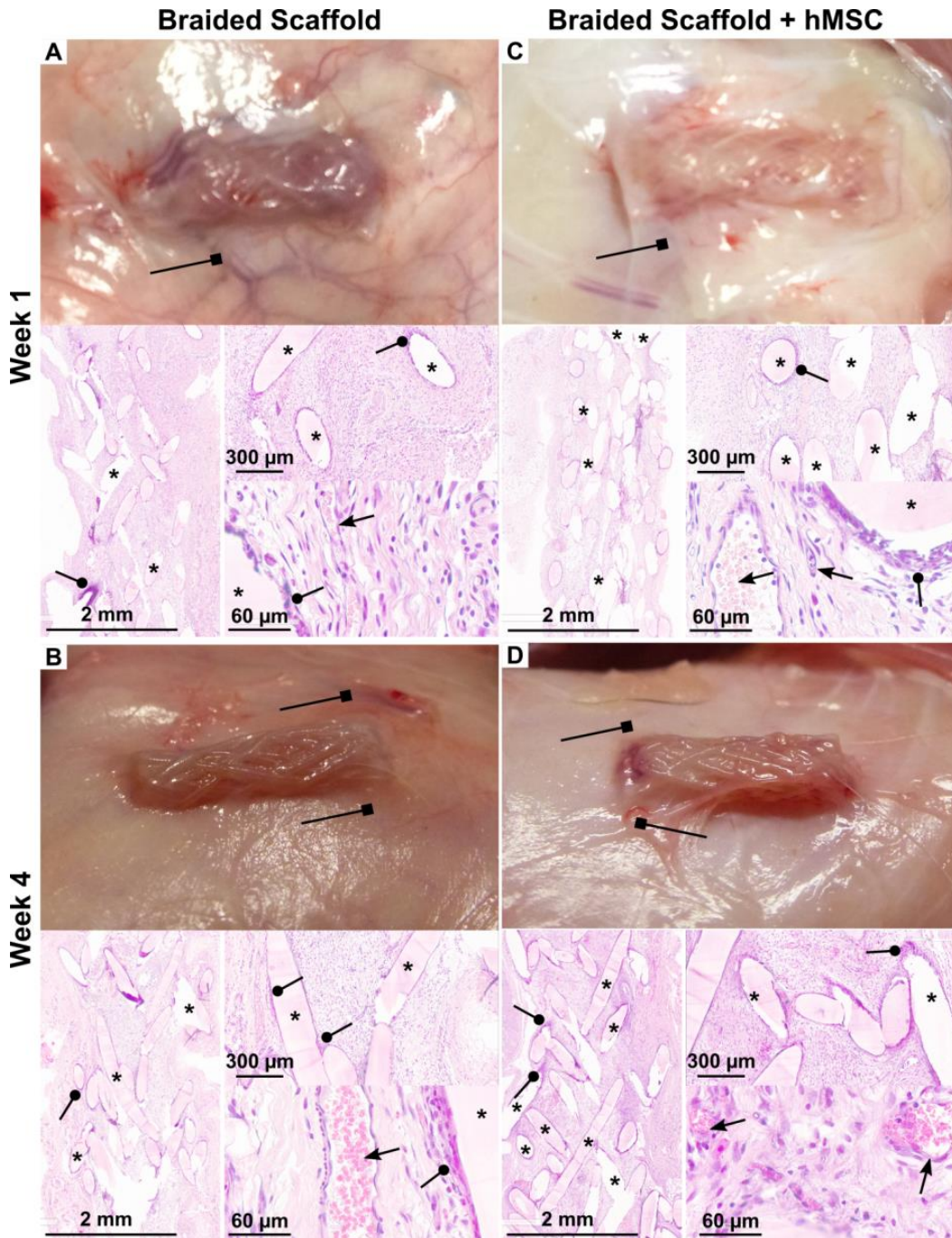
13

1 In vivo implantation of scaffolds

2 The healing course of the animals was uneventful and Figure 4 displays the
3 representative gross morphology of the retrieved samples at 1 and 4 weeks. After 1 week
4 post-implantation the braided scaffold integrated well with the surrounding tissue, a
5 fibrous capsule was formed around the implant and the presence of numerous blood
6 vessels in the direct vicinity of the scaffolds (square arrow head Figure 4 A and B) was
7 noted regardless of the group. A red colour was also observed in the core of the braided
8 scaffold suggesting high vascularisation. Similar observations were made 4 weeks post-
9 implantation, with the presence of blood vessels in the direct proximity of the scaffold
10 (square arrow head).

11 The H&E staining revealed that the scaffolds were fully colonised by the host tissue as
12 early as 1 week post-implantation as shown in Figure 4 A and B regardless of the
13 presence of MSC. In both cases, a dense collagenic network had formed within the pore
14 of the braided structure. A mild inflammatory response was also observed on the
15 periphery of the filaments (indicated by the *, note that the polymer was in some location
16 dissolved during the histological sample processing hence leaving a void) with
17 polynucleated cells (round arrow head) surrounding the polymeric material. The tissue in
18 the central portion of the braided scaffolds was particularly well vascularised with the
19 presence of numerous microvessels but also larger blood vessels (black arrows) for both
20 acellular and cellularised constructs.

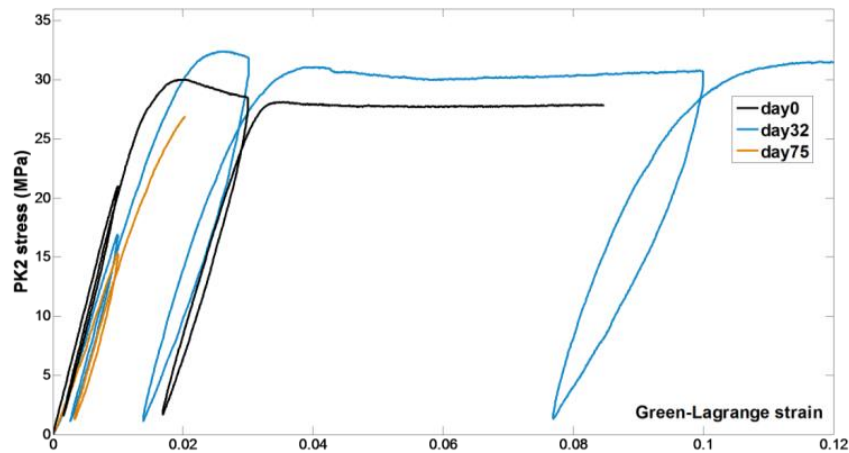
21 Similar features were observed at 4 week post-implantation demonstrating that the
22 scaffold was capable of maintaining high degree of tissue colonisation (Figure 4 C and D)
23 with the development of a significant vascular network hence avoiding a necrotic core.
24 Noteworthy, the scaffold did not show any sign of an acute degradation using this
25 subcutaneous model and the inflammatory response while still present did not increase
26 notably.



1
 2 Figure 4: In vivo regenerative outcome of the braided scaffold using a subcutaneous
 3 rodent model. A and C: Gross morphology of the control scaffold (no cells) with H&E
 4 staining revealing the tissue morphology 1 and 4 weeks post-implantation respectively,
 5 indicating excellent tissue colonisation and vascularisation. B and D: Gross morphology
 6 and H&E staining and the cellularised braided scaffold 1 and 4 weeks post-implantation.
 7 * denote the polymer filament and the void created by the fibres during the histology
 8 process, Square arrow head indicates blood vessels near the scaffolds, round arrow head
 9 indicates the presence of polynucleated cells, arrow indicates blood vessels and
 10 capillaries in to core of the scaffold.

1 Effect of hydrolytic degradation on mechanical properties

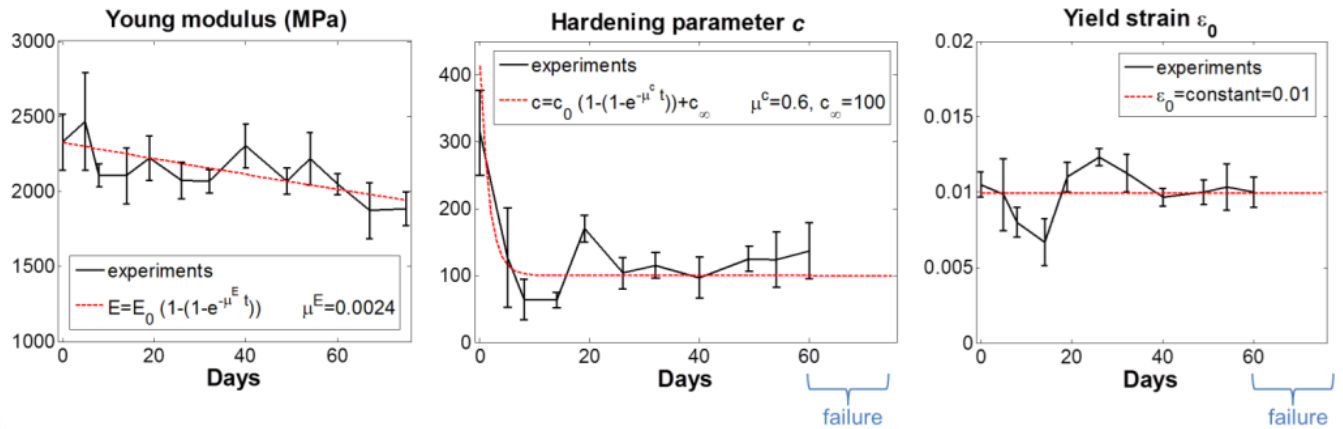
2 Typical experimental results at day 0, 32 and 75 are reported in Figure 5. The decrease in
3 Young's modulus was clearly observed during the degradation process, as reported in
4 previous studies ⁴⁸. However, less intuitive behaviour was observed concerning the
5 inelastic part of the response. Firstly, the maximal admissible stress gradually increased
6 in the first month, and then decreased. Secondly, the strain to rupture gradually increased
7 in the first month until it reached high values (more than 50%), and then drastically
8 decreased from the sixth week. Fibres were rather brittle at day 75, with a strain to
9 rupture around 2%.



10

11 Figure 5 : Typical experimental results for individual fibres at day 0, 32 and 75.

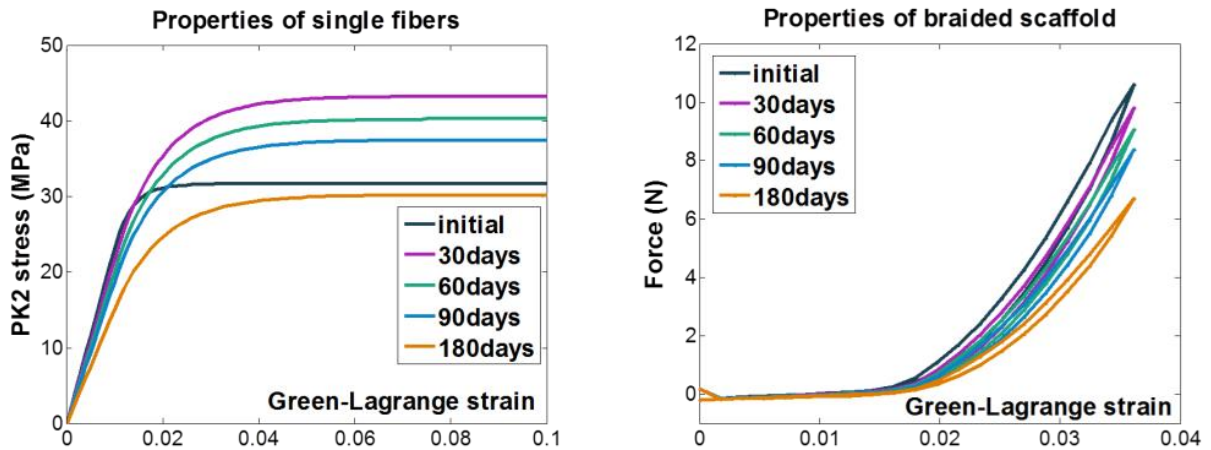
12 The Chaboche-type elasto-plastic law was fitted to stress-strain curves for each tensile
13 test (n=4), for time steps equal to 0, 5, 8, 14, 19, 26, 32, 40, 49, 54, 60, 67, 75 days. The
14 results in terms of the evolution of material parameters are illustrated in Figure 6. These
15 evolutions were simplified by phenomenological models in order to represent the global
16 tendency of the evolution of fibres properties during degradation. The Young's modulus
17 was represented using a damage variable as introduced in equation (5), and the fitting
18 algorithm resulted in the value $\mu^E = 0.0024$. Given the experimental results for the
19 hardening parameter c , a similar law was used introducing a new decrease rate μ^c and a
20 constant value c_∞ such that the hardening parameter does not tend to zero. Fitted
21 parameters were $\mu^c = 0.6$ and $c_\infty = 100$. Yield strain showed a non-monotonic evolution
22 characterized by a slight initial increase followed by a decrease, such as it finally tended
23 to its initial value. In the simulations, a constant value of $\varepsilon_0 = 0.1$ was selected because of
24 the lack of physical basis describing such an evolution. No values of hardening parameter
25 or yield strain were obtained from day 60, as long as the fibres were brittle and failed
26 before entering the plastic region.



1

2 Figure 6 : Fitted material parameters of individual fibers during hydrolytic degradation.

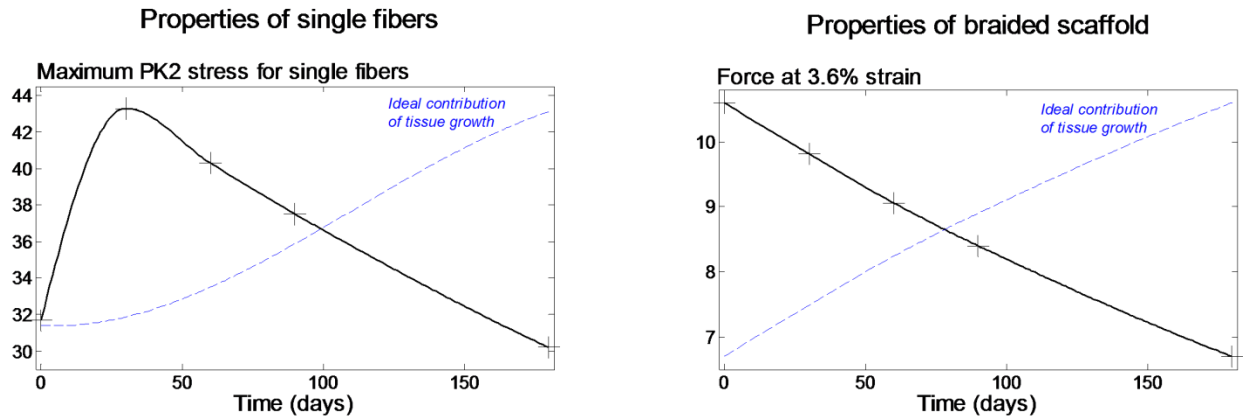
3 The evolution of force-strain response of the braided scaffold due to polymer degradation
 4 is represented in Figure 7. A decrease in elastic properties of the scaffold due to the
 5 degradation of individual fibres was clearly observed. No accumulation of plastic strain
 6 during the degradation was observed even after 6 months.



7

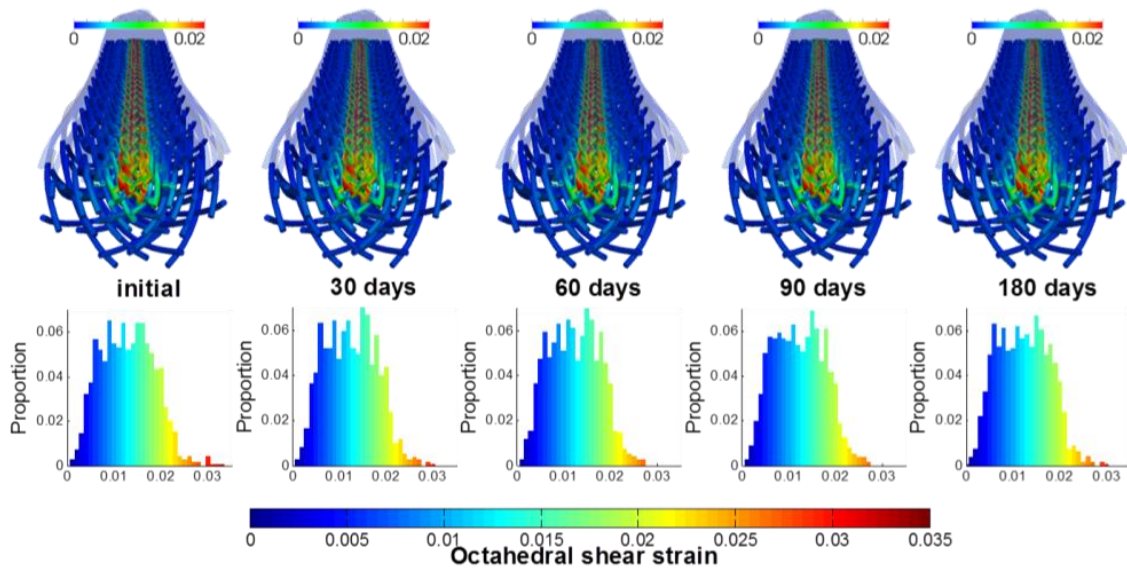
8 Figure 7 : Simulated evolution of single fibres and scaffold response.

9 Resulting from these data, we estimated the ideal contribution of tissue growth to the
 10 evolution of construct mechanical properties, as represented in Figure 8.



1
 2 Figure 8: Ideal contribution of tissue growth to the evolution of the maximal stress (left)
 3 and the force reached for a 3.6% strain of the scaffold (right). The ideal contribution of
 4 tissue growth is represented with a blue dashed line.

5 The distribution of OSS before and after squat exercise at each time step is represented in
 6 Figure 9. At day 60, around 9% of the OSS at the scaffold surface was above 2%, which
 7 corresponds to the strain at failure experimentally observed for individual fibres at this
 8 time point. These maximum strains were observed in the central layers of the scaffold,
 9 since the fibre recruitment during loading occurred from the core to the periphery of the
 10 scaffold.



11
 12 Figure 9 : Evolution of OSS distribution at the scaffold surface during scaffold
 13 degradation.

14

15

1 Discussion

2 While the issue of choosing the adequate material for a given tissue engineering
3 application is still a milestone, we proposed in the present contribution to provide new
4 data concerning the mechanical and biological properties of a PLCL braided scaffold. A
5 recent questionnaire has indeed shown that surgeons would consider using tissue-
6 engineered ligament “provided that it showed biological and mechanical success”⁵⁴.
7 Firstly, we reported the results of *in vivo* subcutaneous implantations of PLCL scaffolds
8 using a rat model. From histological observations, the PLCL braided scaffold was shown
9 to be suitable for tissue engineering since it promoted tissue colonization, even when
10 initially non-cellularized, as well as external vascularization. No particular inflammatory
11 response was observed, and no degradation was detected 4 weeks after implantation. No
12 difference was observed between acellular or cellularised scaffold, indicating a high
13 capability of maintaining high degree of tissue colonisation and vascularization for both
14 groups.

15 We also reported additional data concerning the *in vitro* biocompatibility of PLCL
16 scaffolds for two different types of cells that constitute privileged cell sources for soft
17 tissue engineering. Satisfying results were obtained concerning the cell proliferation and
18 collagen secretion for stem cells issued both bone marrow and Wharton jelly, indicating
19 that BM-MS-C-scaffold and WJ-MS-C-scaffold both have a good potential to be used as
20 biomaterial for tissue regeneration. No significant difference between these two types of
21 cells were observed, while different responses of BM-MS-C and WJ-MS-C have been
22 reported in the literature³⁸. The results indicated that WJ-MS-C showed a high capacity to
23 colonize the PLCL scaffold. As a result, WJ-MS-C may constitute a promising alternative
24 to BM-MS-C due to their accessibility and expansion potential³⁸. From these *in vivo* and
25 *in vitro* studies, PLCL braided scaffolds appeared to be a suitable choice for various
26 tissue engineering applications due to their excellent biocompatibility.

27 In a second part of this work, we reported original data concerning the effect of
28 degradation on the elasto-plastic behaviour of PLCL fibers. Material parameters of a
29 Chaboche-type elasto-plastic law were fitted from experimental data over more than two
30 months. Irregular curves and substantial standard deviations were however obtained, and
31 may be attributed to irregularities in fibre diameter (due to the custom extrusion process),
32 and to the non-unicity of the fitted elasto-plastic law. These data were then extrapolated
33 using a computational approach in order to assess the mechanical properties of the
34 braided scaffold, and therefore its suitability for load-bearing tissue engineering
35 applications. A typical example of Anterior Cruciate Ligament (ACL) tissue engineering
36 was taken as one of those load-bearing applications. Interestingly, the elasto-plastic
37 response of fibres changed in a non-intuitive way due to degradation, showing an
38 increase in strain at failure and maximal stress followed by a sudden decrease of these
39 parameters. This evolution differed from observations recently reported on a jet-printed
40 PCL scaffold for tendon repair⁴⁴. It therefore indicates that different materials and
41 structures may have drastically different degradation mechanisms and profiles, and it
42 emphasizes the need to systematically study this evolution before drawing conclusions
43 about the suitability of a scaffold for a given application. A first element of explanation
44 of such an evolution of material properties could be the shortening of polymeric chains

1 due to hydrolysis, which then come small enough to act as a plastifier, hence increasing
2 the stain at failure. On the other hand, as the chain were shortened during hydrolysis, they
3 re-crystallisation could explain the observed increase in the stress at yield. To validate
4 this assumption, further physico-chemical experiments may be conducted in the future on
5 this particular polymer during hydrolytic degradation. It is worthy to note that the
6 evolution of individual fibres mechanical properties was characterized based uniquely on
7 hydrolytic degradation within distilled water at 37°C. However, it has been previously
8 reported that enzyme degradation occurring *in vivo* may catalyse the polymer
9 degradation, and that *in vivo* and *in vitro* degradation may be heterogeneous^{55,56}. In order
10 to overcome this limitation, a large experimental study aiming at characterizing the
11 properties of fibres (and/or braided scaffolds) after *in vivo* implantation could be
12 performed in the future. Alternatively, the degradation of fibres could have been
13 performed in a different solution, containing additives, enzymes or drugs.

14 The FE simulations then permitted to state that this degradation did not induced any
15 accumulation of plastic strain within the scaffold for the physiological conditions of
16 ACL. Due to structural effects, the scaffold did not enter into the plastic zone for the
17 simulated physiological loading (3.6% of global strain), even if the fibres would
18 individually deform plastically for such a strain. After 6 months, the loading capacity of
19 the scaffold decreased to around 40%. This decrease should then ideally be compensated
20 by tissue growth and the creation of a collagen network. Thanks to these simulation, the
21 ideal participation of tissue growth to the maintain of suited mechanical properties was
22 estimated. However, and more importantly, these results showed that the fibres exhibited
23 a brittle behaviour after two months of *in vitro* degradation. The analysis of simulation
24 results permitted to affirm that the central fibres of the scaffold may fail for post-
25 implantation time above 60 days, since the local strains were superior to the observed
26 strain at failure. Alternatively, it may be concluded that tissue growth should compensate
27 this brittle behaviour within 60 days after implantation.

28 Several original conclusions may be drawn from the present study, answering gaps of
29 knowledge present in the current state of art. Firstly, from a purely biological point of
30 view, we confirmed that PLCL was a suitable choice for various tissue engineering
31 applications, seeded or non-seeded with BM-MSC and WJ-MSC. Secondly, we
32 emphasized that the mechanical properties of the selected material showed a non-intuitive
33 evolution due to degradation. As a consequence, the conclusions that were made initially
34 concerning the suitability of the PLCL scaffold used in this study for load-bearing
35 applications such as ACL tissue engineering³³ may not be valid anymore if we consider
36 this evolution in time. In fact, we showed that the risk of brittle failure of PLCL scaffold
37 was high after 2 months of degradation due to the change it strain at failure. It contradicts
38 premature conclusions that have been drawn in the literature, including in our previous
39 studies^{33,35}, concerning the adapted mechanical response of this scaffold. Consequently,
40 it appears then crucial from these results that a sufficient tissue growth compensate this
41 evolution of mechanical properties within a period of 2 months, which should be assessed
42 in the future during long-term culture within the dedicated bioreactor developed in our
43 team³⁴. This study emphasizes the need to characterize the properties of biomaterials in a
44 pluridisciplinary approach, and to consider the evolution of these mechanical properties
45 prior to the assessment of their suitability for a given application. It is worthy to
46 emphasize that this study was conducted for a specific type of PLCL, with a PLLA/PCL

1 ratio of 85/15. Different results may be obtained for different ratios, and therefore one
2 must not conclude too rapidly that PLCL is to be excluded for any soft tissue engineering
3 application in the future. Alternatively, work may be performed in the future in order to
4 optimize the PLCL chemical composition in such a way that the observed brittle
5 behaviour is reduced.

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