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Fabrication and Electrochemical Properties of Three-Dimensional (3D) Porous Graphitic and Graphenelike Electrodes Obtained by Low-Cost Direct Laser Writing Methods

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sensing applications as they can support fast charge transfer and mass transport through their extended, large surface area networks. In this work, we present the facile fabrication of conductive and porous graphitic electrodes by direct laser writing techniques. Irradiation of commercial polyimide sheets (Kapton tape) was performed using a low-cost laser engraving machine with visible excitation wavelength (405 nm) at low power (500 mW), leading to formation of 3D laser-induced graphene (LIG) structures.

Systematic correlation between applied laser dwell time per pixel ("dwell time") and morphological/structural properties of fabricated electrodes showed that conductive and highly 3D porous structures with spectral signatures of nanocrystalline graphitic carbon materials were obtained at laser dwell times between 20 and 110 ms/pix, with graphenelike carbon produced at 50 ms/pix dwell time, with comparable properties to LIG obtained with high cost CO_2 lasers. Electrochemical characterization with inner and outer sphere mediators showed fast electron transfer rates, comparable to previously reported 2D/3D graphene-based materials and other graphitic carbon electrodes. This work opens the way to the facile fabrication of low-cost, disposable electrochemical sensor platforms for decentralized assays.

ENTRODUCTION

Graphitic and graphenelike materials are intensively studied because of their unique physical and chemical properties which can be exploited for fabrication of electrochemical sensors and biosensors.^{1−3} The interest toward these materials for sensing applications arises from the possibility of tuning their analytical performance by controlling structure, morphology, porosity, and surface functionalities of the carbon electrodes, as all the above chemico-physical parameters have a direct impact on the electron transfer (ET) rate. For example, it is known that graphite basal and edge planes possess different surface morphologies and that ET kinetics are greatly enhanced at graphene edge sites because of high density of defects and corrugations.¹ Moreover, it has been reported that the use of porous graphene three dimensional (3D) structures can lead to enhanced electrochemical responses, associated with availability of highly conducting pathways, providing high mass transport and charge transfer rates.^{4,5} Therefore, the realization of high-performance electrochemical sensors requires the availability of large mass two-dimensional (2D) graphitic materials extending into large porous 3D networks. This process is usually achieved by application of costly (chemical vapor deposition, CVD), 6 cumbersome (spray coating), 7 or inefficient (self-assembly of reduced graphene oxide) techni-

ques.⁸ Another issue is that the complex solution processing of graphenelike materials leads to aggregated graphene sheets with dramatically reduced surface area and, therefore, reduced electrochemical activity.⁹ Therefore, the development of straightforward fabrication methods enabling high-throughput, low-cost, and large-scale fabrication of 3D graphene-based electrodes under ambient conditions is a technologically important goal for the realization of highly sensitive electrochemical sensors. Recently, porous graphitic structures have been obtained by direct laser writing methods on commercial polyimide sheets (Kapton tape). For example, extended 3D graphitic structures (laser-induced graphene, LIG) were patterned on polyimide by simple direct writing with $CO₂$ $\frac{1}{2}$ laser irradiation under ambient conditions.^{10−13} The formation of LIG was ascribed to the generation of local high temperatures induced by a resonance effect between the laser wavelength and the polyimide, which caused carbonization and subsequent graphitization of polyimide. During this process,

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the polyimide sp^3 -carbon atoms were photoconverted in sp^2 carbon atoms by pulsed laser irradiation. Atoms from broken C−H, C−O, C=O, and C−N bonds were released as gas, thus contributing to porous structure formation. In addition, as the process occurred under ambient conditions, the fast release of locally available, hydrogen, oxygen, and water in the form of $H₂$, CO, and CO₂ gases resulted in formation of highly porous structures.¹⁰ The main application of LIG materials so far has been in the field of energy storage, whereby LIG structures were successfully used as electrodes for fabrication of low cost and flexible supercapacitors.^{10−12} However, recent reports of LIG electrodes for demonstration of on-chip electrochemical sensing have also emerged. $14,15}$ For example, Nakak et al. found that the morphology of LIG, rich in defect and edge plane sites and functional enough to be wetted by aqueous electrolytes, was particularly amenable to electrochemical sensing applications and reported high electro-catalytic activity and high sensitivity toward ascorbic acid, dopamine, and uric acid.¹⁴ The same authors also demonstrated sensitive (5 pM in) serum) biodetection by aptamer biofunctionalization of LIG.¹⁶ Also, Cardoso et al. showed fabrication of molecularly imprinted chloramphenicol sensors on LIG electrodes.¹⁷ The variety of applications and the simplicity of instrumentation (laser engraving machine operating under ambient conditions) and precursor materials (commercial Kapton tape) required to make such electrodes suggest that LIG could be used for the large-scale fabrication of disposable electrochemical sensors for decentralized assays (point-of-care, in situ monitoring). Toward this end, LIG structures were recently obtained by the use of visible laser sources and demonstration of biogenic amines in food samples achieved.^{18−20} This is a desirable development toward further reduction of production costs. However, the use of 405 nm lasers required pre-electrode or postelectrode doping in order to show satisfactory applications.

In this paper, we present the fabrication of porous, conductive, and 3D graphitic electrodes obtained by direct writing of polyimide sheets under ambient conditions with a low-cost laser engraving tool equipped with a 405 nm irradiation wavelength laser diode. As the irradiation power of this laser source was fixed at 500 mW, a detailed investigation of the correlation between applied dwell times and the resulting morphological, structural, electrical, and electrochemical characteristics of obtained LIG electrodes was performed. It was found that dwell times in the range 40−60 ms/pix led to formation of conductive, porous structures with nanocrystalline graphitic carbon spectral signatures, evidenced by Raman and X-ray photoelectron spectroscopy (XPS) data. The electrochemical properties of LIG electrodes were tested with innersphere and outersphere redox mediators and showed fast ET kinetics and heterogeneous electron transfer (HET) rates comparable to other graphene-based materials and edge plane pyrolytic graphite (EPPG).

■ RESULTS AND DISCUSSION

All electrodes in this work were fabricated by direct laser writing of polyimide tape attached onto a glass microscope slide or coverslip for mechanical support. Figure 1a shows a schematic of the LIG process, whereby computer-aided designs were written on polyimide tape by laser raster scanning with a commercial laser engraving machine. Figure 1b−d shows photographs of representative one-, two-, and three-electrode electrochemical sensor platforms fabricated at 50 ms/pix dwell time, comprising a thin line (ca. 120 μ m width) as the working

Figure 1. (a) Schematic of the LIG fabrication process; (b−d) photographs of LIG electrochemical platforms showing working (thin line, ∼120 μm width) and counter/reference electrodes (thick lines, ∼1 mm width) fabricated at 50 ms/pix dwell time. Free domain photograph courtesy of author Eoghan Vaughan.

electrode and thicker lines (ca. 1 mm) as counter and reference electrodes.

Figure 2 shows correlated optical (a−d) and scanning electron (e−h) microscopy images of LIG electrodes obtained at representative 20, 50, 80, and 110 ms/pix laser dwell times. It should be specified that the dwell time is the time the focused laser beam rested on a single pixel and illuminated it. Therefore, longer pixel times correspond to lower laser scan speeds. Complete sequences of optical and electron microscopy images for the full range of dwell times (10−110 ms/pix) are shown [\(Figures S1 and S2,](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf) respectively). The optical images showed that the LIG track patterns comprised individual quasi-hemispherical islands (see blue square Figure 2c), where each island corresponded to one pixel in the original design. At low dwell times, the LIG pixel islands had a diameter of ca. 100 μ m with clear "necks" between adjacent islands. However, as the dwell time increased, the island diameters increased to ∼130 μm, and the interisland separation decreased until coalescence of adjacent pixel islands was observed above 40 ms/pix dwell time. Scanning electron microscopy (SEM) images showed that the LIG islands were characterized by a highly porous 3D morphology associated with the rapid generation of gas (breaking of C−H, C−N, C− O , $C = O$ atoms, and local oxygen) occurring during the LIG process and increased by the availability of local O_2 because of the process being performed under ambient conditions.^{10,21} As already observed in the optical images, SEM images showed that individual islands became increasingly better-defined and showed increased coalescence as the dwell time increased. Specifically, at 20 ms/pix dwell time, a 3D surface topography characterized by micron-scale blister-like features was observed. Very few micropores were observed at this dwell time. In contrast, as the laser dwell time increased, open micropores were clearly evident across the surface, consistent with "bursting" of the microblisters due to explosion of gas microbubbles and/or ablation of surface material. This morphology was consistent with the occurring of a laserassisted high-temperature and high pressure process, whereby polyimide absorbed the laser photon energy and converted it into heat.²² In order to quantify the sample porosity, gas

Figure 2. Optical (a−d) and electron (e−h) microscopy images of LIG electrodes fabricated at 20, 50, 80, and 110 ms/pix dwell times. Scale bars on optical images: 50 μ m.

adsorption measurements ([Figure S3](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)) were performed for 50 ms/pix LIG and revealed formation of a microporous structure with a specific surface area of 428 m^2/g , higher than the 342 m 2 /g value, reported by Lin et al., for LIG structures obtained by $CO₂$ laser irradiation.¹⁰

Electron microscopy was also used to measure the thickness of fabricated LIGs. The nominal thickness of commercial polyimide tape was 80 μ m. Figure 3a shows a cross-section

Figure 3. (a) Cross-section SEM image of an LIG track written at 50 ms/pix; (b) profilometer height measurements for LIG tracks in the 20−120 ms/pix dwell time range.

SEM image of a single line written at dwell time 50 ms/pix and showing a LIG structure ∼50 μ m protruding ∼50 μ m above the polyimide substrate. The nearly Gaussian LIG shape reflected the laser intensity beam distribution, a feature that has not been reported with higher cost/high power laser engraving systems.²³ Thickness data for LIG lines written in the 20−120 ms/pix dwell time range were obtained by profilometry. Figure 3b shows average heights measured for three different sets of lines across three areas. The protrusion thickness increased from 43 to 51 μ m as dwell times increased from 20 to 50 ms/pix and slowly decreased to 34 μ m for higher dwell times, suggesting the occurrence of oxidation or

ablation processes, deleterious for the formation of good quality graphitic carbon structures.¹⁰

LIG surface properties investigated by contact angle (CA) measurements showed hydrophobic characteristics. Specifically, measurements were performed for LIG structures obtained in the 20−110 ms/pix dwell times (see [Figure S4](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)), and the following CA values were found: LIG 20 ms/pix = 85° ; LIG 50 ms/pix = 94° ; LIG 80 ms/pix = 146° ; and LIG 110 ms/pix = 128°. These data were in contrast with LIG hydrophobic properties reported for structures made by $CO₂$ laser scribing.^{14,24} However, our data were in agreement with surface properties of other LIG structures fabricated by 405 nm lasers^{18,19} The CAs of low dwell time structures were consistent with CA values reported for amorphous carbon (a-C) structures deposited under either high temperature (200 °C, CA = 97°)²⁵ or high temperature/pressure (85 °C and 10 mbar, $CA = 85^\circ$) conditions.²⁶ The hydrophobicity of a-C materials was attributed to the presence of nanosized to microsized particles randomly distributed on the carbon surface. Similarly, a microporous surface was observed in LIG structures obtained at 20 and 50 ms/pix dwell times. Reported values were also in agreement with wettability studies performed on graphitic carbon, reporting apparent watercontact angles between 35 and 126° for either basal or edge graphite surfaces, depending on surface contamination and roughness.²⁷ The increased hydrophobicity measured for the 80 ms/pix LIG structure could be ascribed to an increased surface roughness and by the presence of oxygen and other reactive molecules free to attach to dangling bonds during LIG formation. In addition, as LIG formation occurs under ambient conditions, air molecules can easily get trapped within the microporous structures, preventing liquid molecules to enter into the pores and, therefore, giving hydrophobicity. A slight decrease in hydrophobicity (from 146 to 128°) was measured for LIG structures obtained at 110 ms/pix and was associated with the occurrence of oxidation and ablation processes, resulting in an increased percentage of $sp³$ bonds (see further Raman and XPS characterization).^{25,26}

Figure 4 shows electrical characterization data acquired from a total of 57 transmission line structures fabricated over a range of dwell times (10−120 ms/pix). Figure 4a shows a typical set of two-terminal current versus voltage (I−V) curves for positive bias voltages (0−1 V), measured for a single

Figure 4. (a) I−V measurements on a transmission line measurement (TLM) structure written at 50 ms/pix dwell time, comprising four different track lengths (L_i) with mm-scale contact pads. (b) Corresponding track resistance (R_i) values vs length (L_i) . Inset: photograph of TLM structures; (c) sheet resistance vs dwell time, and (d) contact resistance vs dwell time measured for dwell times 10−120 ms/pix.

transmission line device fabricated at 50 ms/pix. All curves are linear over the bias voltage range $(\pm 1 \text{ V})$. Figure 4b shows the track resistance data for this structure plotted versus track length. Linear regression of these data allows the sheet resistance and the contact resistance to be calculated from the slope and intercept, respectively (see eq 1, Experimental Session). For this device, sheet resistance $R_s = 85 \pm 8 \Omega$ / square and contact resistance $R_c = 575 \pm 65$ Ω were measured. Panels c and d in Figure 4 show the extracted R_s and R_c data for multiple devices for each dwell time (30 devices in total). The trend shows a region of lower sheet resistance (80−100 Ω /square) for dwell times in the range 40−70 ms/pix. The contact resistance data (Figure 4d) also show minimum values (∼600 Ω) over the same dwell time range. These data

correlated well with the small and not uniform pore distribution and poor degree of structural connection between pixels observed in the optical images of Figure 2 for low dwell times. However, for dwell times of 40 ms/pix and above sheet resistance values abruptly dropped and saturated at ∼80 Ω/ square. This behavior was consistent with the formation of structures constituted by well-connected spherical units, as shown by optical and electron microscopy images (Figure 2). In addition, measured sheet resistance values correlated well with the observed thickness values previously measured, showing that up to 60 ms/pix, LIG structures of increased thickness showed decreased sheet resistance values and that increased resistance was measured at high dwell times, in agreement with the occurrence of deterioration processes at such high dwell times. The measured sheet resistance values at this modest laser power (0.5 W) were lower than values reported for other graphene-derived samples (graphene/PET 280 Ω /sq;²⁸ graphene/SiO₂ 350 Ω /square;²⁹ rGO/PET 226 Ω /square)³⁰ and LIG/polyimide structures, reported by Romero et al., for a 405 nm laser diode at 0.1 W power (242, 295 Ω /square).²¹ As expected, sheet resistance values were larger than the 35 Ω /square value, reported by Tour et al., for LIG from $CO₂$ laser irradiation at higher laser powers (3.5 W).¹⁰ In addition, our sheet resistance values were significantly lower in comparison with values reported for 3D nanostructured graphene structures obtained by inkjet printing/laser irradiation processes (10 MΩ/sq before laser irradiation, 0.7 kΩ/sq post laser irradiation).³¹

Figure 5a shows representative LIG Raman spectra for four distinct dwell times: 20, 50, 80, and 110 ms/pix. Each spectrum shows two strong and distinct peaks in the 1000− 1800 cm⁻¹ range: the G mode centered close to 1580 cm⁻¹, assigned to in-plane bond stretching of pairs of $sp²$ carbon atoms and the \overline{D} mode centered close to 1350 cm⁻¹, assigned to a defect-activated radial breathing mode.32,33 Most of the spectra showed weak and/or broad features in the 2D region close to 2700 cm[−]¹ . However, spectra with clear second-order 2D peaks could be observed for low dwell times (20−60 ms/ pix), indicating generation of graphenelike carbon morpholo-

Figure 5. (a) Representative Raman spectra of LIG electrodes fabricated at 20, 50, 80, and 110 ms/pix dwell times; (b) fwhm intensity of the D peak vs dwell time; (c) fwhm intensity of the G peak vs dwell time. Error bars in (b,c) represent the standard error on the mean plus fit error; (d) I_D/I_G ratios across dwell times; and (e) frequency of 2D peak vs dwell times.

gies. As SEM images of Figure 2 showed formation of structures with inhomogeneous morphologies, a deeper Raman analysis was carried out, whereby for each dwell time, 24 spectra were acquired across an 8×3 grid with a pitch of 15 μ m close to the central axis of the track, that is, over a rectangular area of length 120 μ m (parallel to track) and width 45 μ m. Single Lorentzian line shapes were fitted to the D, G, and 2D regions. Considering the first-order D and G peaks, Figure 5b,c, respectively, showed that dwell times in the 20−50 ms/pix range yielded to the lowest mean full width at half maximum (fwhm) values of 85−100 and 75−80 cm⁻¹ for D and G peaks, respectively. For higher dwell times, a broadening of these peaks was observed, representative of an increased degree of disorder in the sample.

These observations fitted well with the trends reported by Koenig and Koenig in the first Raman study of graphite.³⁴ On the basis of the studies of microcrystalline samples, the authors proposed an empirical model, whereby the ratio of the intensities for the D and G peaks (I_D/I_G) scaled inversely with the crystallite size, L_a (determined from X-ray data). In this work and subsequent reports from many groups, there is an evident trend of increased I_D/I_G and broadening of both D and G peaks as the disorder in the sample increased, for example, through ion implantation of natural graphite.³⁵ These authors more recently developed a model for disordered graphite with calculated disorder-induced peaks close to 1360 cm^{-1} (D peak) and 1620 $\rm cm^{-1}$ (now termed the D′ peak) and the expected G peak.³³ Robertson and Ferrari developed a framework to interpret this "amorphization trajectory" from pure graphite to nanocrystalline graphite to amorphous carbon in terms of the factors that control the position, intensity, and widths of the G and D peaks. 32 For LIG structures, data extracted from Lorentzian peak fits (Figures 5b,c and [S5\)](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf) are consistent with stage 1 of the trajectory, that is, between highly ordered graphite and nanocrystalline graphitic domains in a disordered carbon matrix. Specifically, the G peak position $(Pos(G))$ remaining close to 1580 cm⁻¹ [\(Figure S5b](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)) and I_D/ I_G < 1 (Figure 5d) across the entire dwell time range suggest that the laser-induced graphitization process results in nanocrystalline graphitic carbon films, with the highest order in the 20−50 ms/pix dwell time range. Furthermore, comparing the spectra acquired for 50 ms/pix dwell time with the data reported by Lespade et al. suggests grain sizes in the range $3-7$ nm.³⁵ The presence of sharp 2D peaks provides further evidence for a higher degree of ordering. Out of more than 250 spectra acquired across all dwell times, 23 spectra showed evidence of a distinct 2D peak fwhm $(2D) < 200$ cm⁻¹ and $I_{2D}/I_G > 0.2$, ([Figure S5e](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)). The majority of these spectra (21 of 23) were acquired in the 20−50 ms/pix dwell time range (Figure 5c). Taken together, the Raman and I−V data suggest an optimum dwell time window close to 50 ms/pix. Data for low dwell times (10−20 ms/pix) are consistent with a lower degree of order because of incomplete graphitization, while the data from the higher dwell times (80−110 ms/pix) are consistent with disorder arising from unwanted oxidation or ablation.

The laser-treated films were further characterized by XPS. Figure 6 shows XPS surveys of LIGs obtained at 20, 50, 80, and 110 ms/pix, showing how the surface was mainly constituted by carbon, oxygen, and nitrogen. The deconvolution of the main C_{1s} peak in its components (the main peak C−C sp² and C−C sp³ carbon bonds, C−O(H) epoxides and hydroxides, carbonyls C=O, and carboxyls $O-C=O(H)$ and

Figure 6. Survey scans of LIG electrodes fabricated at 20 (black line), 50 (red line), 80 (blue line), and 110 (pink line) ms/pix laser dwell times.

the $\pi-\pi^*$ transition loss) showed low contribution from polyimide O-C=O and C=O bonds, whereas the con t ribution from sp²-C−C bonds was the highest in the 20–80 ms/pix dwell time interval. In contrast, at 110 ms/pix, the majority of carbon was sp³-type, supporting the previous hypothesis that deterioration of the surface or ablation occurred at this high dwell time. The N_{1s} peak (shown in [Figure S7\)](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf) consists of one component at samples 20, 50, and 80 ms/pix centered at 400.1 eV, whereas in the 110 ms/pix irradiated sample, a second component appeared at ∼402 eV, commonly assigned to oxidized nitrogen atoms. The atomic content of the constituent atoms is presented in Table 1. From the core level peaks of C 1s, O 1s, and N 1s, the percentage atomic concentration of carbon, oxygen, and nitrogen was determined by dividing the peak intensities with the appropriate relative sensitivity factor after correcting them from the experimentally determined EA10 analyzer transmission characteristics. High percentages of carbon sp²-type and low percentages of oxygen and nitrogen in the 20−80 ms/ pix dwell time interval confirmed the rapid breaking and removal of C−N, C−O, and C=O and sp² carbon atoms occurring during the LIG process responsible for the formation of the porous morphology. Also, the C−O peak becomes more prominent than the $C=O$ in the 20−50 ms/pix dwell time interval ([Figure S6\)](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf). In contrast, at 110 ms/pix, lower percentage of carbon sp²-type, increased presence of carbon sp³-type, and atomic oxygen atomic concentration occurs. Moreover, the presence of the nitrogen oxide component in the N 1s peak was detected under this burning condition.

Finally, the electrochemical behavior of LIG electrodes was investigated by cyclic voltammetry (CV) measurements performed with two redox systems: outer-sphere Ru- $\left(\text{NH}_3\right)_{6}^{3+/2+}$ and inner sphere Fe $\left(\text{CN}\right)_{6}^{3-/4-}$. In order to accurately monitor the electrochemical behavior of the LIG working electrode and to accurately compare HET values with literature data, CVs were recorded in a three electrode system with a Pt wire as the counter electrode and Ag/AgCl as the reference electrode. CVs were also recorded in [Ru- $(NH_3)_6]^{3+/2+}$ for systems including LIG as counter and working electrodes (see [Figure S9](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)) to show versatility and easiness of use of the fabricated systems. Quasi-reversible behavior between 5 and 500 mV/s scan rates and monotonic increase of the oxidation peak current with the square root of the scan rate was observed for both systems [\(Figure S9](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf)).

The electrochemical characteristics of LIG working electrodes fabricated between 20 and 110 ms/pix are illustrated in Figure 7a. The electrodes showed decreasing values of differential peak potential (ΔE_p) until a minimum value of 74.5 and 85.6 mV was reached at 50 ms/pix for [Ru- $(NH_3)_6]^{3+/2+}$ and $[Fe(CN)_6]^{3-/4-}$, respectively. The ΔE_p value

sample (ms/pix)	% C-C sp^2	% C-C sp^3	% $C-O(H)$	% $C=O$	$% C-OOH$	$% \pi - \pi^*$	%C	%O	%N
20	56.8	13.6	15.4	6.6	3.7	3.9	88.1	6.2	
50	52.3	16.7	20.1	6.9	2.4	1.6	85.2		5.2
80	60.2	19.4	13.8	3.2	2.1	1.3	84.2	10.8	
110	40.9	40.9	23.8	2.6	2.6		80	17.5	2.5
a The % carbon, oxygen, and nitrogen atomic concentration is also presented for the 20, 50, 80, and 110 ms/pix irradiated samples.									

Table 1. Percentage C−C sp², C−C sp³, Epoxides-Hydroxides, Carbonyls Carboxyls, and π−π* Bonding as Derived from C 1s XPS Spectrum Deconvolution^a

Figure 7. (a) ΔE_p values recorded in the interval 20−120 ms/pix scan rate for 5 mM $\text{Ru(NH}_3)_{6}^{3+/2+}$ and $\text{Fe(CN)}_{6}^{3-/4-}$ in 0.1 M KCl solution as the supporting electrolyte at 100 mV/s; (b) cyclic voltammograms at LIG electrode 50 ms/pix at different scan rates in 5 mM $Ru(NH_3)_6^{3+/2+}$ 0.1 M KCl. Inset: peak oxidation values versus square root of the potential scan rate; (c) repeat CVs at LIG electrode 50 ms/pix at 100 mV/s in 5 mM $\text{Fe(CN)}_{6}^{3-/4-}$ 0.1 M KCl; and (d) CV of 0.5 mM benzocaine at the LIG electrode 50 ms/pix in 0.1 M KCl at 100 mV/s, $pH = 2$. Inset: benzocaine square wave voltammetric response measured for the same electrode.

obtained for $\left[\mathrm{Ru(NH_3)_{6}}\right]^{3+/2+}$ was lower than the average 85.6 mV value, reported by Nayak et al., for LIG structures obtained by $CO₂$ laser fabrication and was comparable with the average 74.5 mV value reported by the same authors for hybrid LIG/Pt electrodes.¹⁴ In contrast, the value obtained for [Fe- $(CN)_{6}]^{3-74-}$ was comparable with the average value of 85.6 mV, reported by Nayak et al., for LIG electrodes. Figure 7b shows CVs of an LIG working electrode fabricated at 50 ms/ pix recorded between 5 and 200 mV/s for $\text{[Ru(NH_3)_6]}^{3+/2+}$, showing quasi-reversible reaction versus Ag/AgCl reference electrode, evidenced by the monotonic increase/decrease of the oxidation/reduction peak current with square root of the scan rate (inset of Figure 7b). Equivalent CVs for all dwell times in the interval 30−120 ms/pix are showed in [Figure S11](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf). The average HET (k_0) value calculated by the Nicholson method³⁶ over three 50 ms/pix electrodes was 0.0146 ± 2.08 cm/s , comparable to other $sp²$ carbon materials, such as graphene on a copper electrode $((15 \pm 2) \times 10^{-3} \text{ cm/s})^{37}$ and Q-graphene $(18 \times 10^{-3} \text{ cm/s})^{38}$ Favorable ET kinetic was found compared to other graphene materials such as monolayer graphene (1.1 \times 10⁻³ cm/s) and quasi-graphene $(1.6 \times 10^{-3} \text{ cm/s})$ and graphite-based electrodes (edge plane pyrolytic graphite EPPG = 8.8×10^{-3} cm/s and basal plane pyrolytic graphite BPPG = 38×10^{-3} cm/s).³⁹ This is

interesting because $\left[\text{Ru(NH_3)_6}\right]^{3+/2+}$ being an outer sphere redox mediator is insensitive to the oxygen content and the surface structure, and only sensitive to the density of electronic states (DOS). This means that the reversible redox reaction of $\left[\text{Ru(NH₃)₆}\right]^{3+/2+}$ (i.e., rapid ET) on the LIG electrode must be supported by a sufficient DOS. This in turn can only be due to the increased DOS at the edges of graphene (compared to basal planes), resulting in a faster electrode kinetics and associated with the high 3D porous network rich in edge sites. The average HET (k_0) value calculated for $[Fe(CN)_6]^{3-4}$ by the Nicholson method over three electrodes was $(13 \pm 1) \times$ 10^{-3} cm/s (data not shown), comparable with reported literature data of CVD-Gr and Q-graphene.¹⁴

Figure 7c shows CVs measured in $[Fe(CN)₆]^{3-/4-}$ for three different electrodes, displaying good current reproducibility. In order to show practical applicability beyond standard redox mediators, Figure 7d shows electrochemical detection of benzocaine, a local anesthetic, frequently used as additive in street samples of cocaine powder.⁴⁰ The CV for 5 mM aqueous solution of benzocaine measured in 0.1 M KCl supporting electrolyte at pH 2 at 100 mV/s scan rate showed an oxidation peak at 0.386 mV and a reduction peak at 0.352 mV (vs Ag/ AgCl). Peak position and sensitivity were comparable to those obtained in literature for carbon screen printed macroscopic electrodes.⁴⁰ Finally, square-wave voltammetry was performed to characterize the electrochemical behavior of LIG electrodes with benzocaine (inset Figure 7d). A scan from 0 to 0.6 V versus Ag/AgCl was applied at a frequency of 100 Hz, with an amplitude of 100 mV and a step potential of 1 mV. All benzocaine measurements were performed using a portable potentiostat apparatus, in order to further show practical use and applicability.

CONCLUSIONS

LIG electrodes were fabricated on flexible polyimide sheets by direct laser irradiation with low cost visible laser engraving machines under ambient conditions. The morphological, structural, electrical, and electrochemical characteristics of LIGs obtained at different laser dwell times between 20 and 120 ms/pix were investigated. It was found that structures obtained at 40−50 ms/pix dwell times displayed 3D porous morphology, low sheet resistance, and graphenelike carbon spectral signatures. The electrochemical characterization performed with outer-sphere $Ru(NH_3)_{6}^{3+/2+}$ and inner sphere $Fe(CN)_{6}^{3-/4-}$ redox mediators showed quasi-reversible ET at the LIG working electrode and fast ET kinetics with k_0 of 0.014 cm/s calculated for $Ru(NH_3)_{6}^{3+/2+}$ for 50 ms/pix working electrodes. Practical usability of fabricated electrodes for low cost screening of analytes was demonstrated by the quasi-reversible ET showed with all carbon systems and by the proof-of-concept detection of benzocaine obtained by low cost, lightweight, and portable electrochemical readout instrumentation. These electrodes display great potential for low cost and

disposable analysis and development of DIY flexible electrochemical platforms.

EXPERIMENTAL SECTION

Materials. Commercial polyimide films with a nominal thickness of 80 μ m were purchased from Radionics and used without further treatment. Hexaammineruthenium(III) chloride, potassium hexacyanoferrate(III), potassium chloride, and benzocaine were purchased from Sigma-Aldrich and used without further purification. Milli-Q water (resistivity 18 $\text{M}\Omega$) cm) was used throughout the experiments.

Electrode Fabrication. LIG electrodes were fabricated using a mini-speed laser engraving machine (Colemeter DK-8 Pro-5 Square Haste Edition) equipped with a diode laser with a wavelength of 405 nm. Polyimide tapes fixed on glass microscope slides for support were irradiated at 500 mW laser power and dwell times (dwell times) between 10 and 120 ms/ pix. LIG electrode structures designed in Microsoft Power-Point were fabricated by raster scanning of the laser beam to create the electrode pattern on the polyimide surface. Fabricated electrodes were washed with acetone and isopropanol and dried with a N_2 gun before use.

Characterization. LIG electrodes were morphologically characterized by using a cold-cathode field-emission scanning electron microscope (SEM, JSM-7500F, JEOL UK Ltd.), operating at 5 kV acceleration voltage. White light optical microscopy images of fabricated LIG electrodes were acquired using an Axioskop II, Carl Zeiss Ltd. Microscope interfaced to a charge-coupled detector camera (Coolsnap CF, Photometrics). LIG height measurements were acquired using a KLA-Tencor p17 profilometer with stylus weight of 2 mg and resolution of 4 μ m.

Surface wettability was measured by using a Dataphysics OCA 20 Wetting angle system in air at ambient temperature by dropping distilled water droplets (1 mm diameter) on the LIG surfaces. The average CA value was acquired by measuring at three different positions of the same sample.

Two-terminal current−voltage measurements (±1 V, 10 mV step) were obtained under ambient conditions on transmission line method (TLM) structures using an Agilent E5270B parameter analyzer interfaced to a LakeShore Desert TTPX probe station. For these TLM structures, arrays of LIG tracks were written at different dwell times, ranging from 20 to 120 ms/pix. Each track had ∼1 mm square LIG pads for electrical probing. Each TLM structure comprised four collinear tracks separated by contact pads, allowing measurement of resistance for four values of track length for each device $(L_1 = 225 \mu m, L_2)$ = 1335 μ m, L_3 = 1920 μ m, and L_4 = 2780 μ m). The track resistance R_i between two consecutive pads could then be related to the track length (L_i) via

$$
R_{\rm i} = R_{\rm c} + (R_{\rm s} \times L_{\rm i})/W \tag{1}
$$

where R_c is the contact resistance, R_s is the sheet resistance of the sample, and W is the track width. Values for R_s and R_c were thus obtained from linear regression of R _i versus L _i.

Raman measurements were performed using a Renishaw inVia Raman system equipped with a 514 nm helium−neon laser. The laser beam was focused onto the sample through a Leica 20× objective with 0.4 NA. Acquisition time was usually 10 s and measured power was 3 mW.

XPS measurements were carried out in an ultrahigh vacuum chamber with a base pressure \sim 5 × 10⁻¹⁰ mbar equipped with a SPECS LHS-10 hemispherical electron analyzer and a dual

anode Al/Mg X-ray gun. All XPS measurements were acquired using the unmonochromatized Mg K α line at 1253.6 eV and an analyzer pass energy of 36 eV, giving a fwhm of 0.9 eV for the Au $4f_{7/2}$ peak. The XPS core level spectra were analyzed by fitting each total spectrum to a series of individual mixed Gaussian−Lorentzian peaks, following a Shirley background subtraction.

Electrochemical measurements were performed with a CHI760 bi-potentiostat electrochemical system using a Pt wire as the counter electrode, Ag/AgCl as the reference electrode, and LIG as the working electrode. The three electrodes were assembled in a Teflon cell (see [Figure S8](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf) for details) with a circular area of 8 mm diameter exposed to the electrolyte. CV experiments were performed in aqueous solution using inner-sphere ($[Fe(CN)_6]^{3-/4-}$) and outersphere $([Ru(NH_3)_6]^{3+/2+})$ redox mediators at a concentration of 5 mM dissolved in 0.1 M KCl. Solutions were purged with N_2 for 30 min prior to measurements and during measurements. HET rate constants were determined from the anodic peak separation using the method of Nicholson 32 by assuming the transfer coefficient α = 0.5 and using the following diffusion coefficient $D = 6.5 \times 10^{-6}$ cm² s⁻¹ for $[Ru(NH_3)_6]^{3+/2+}$. Benzocaine electrochemical characterization was carried out with an EmStatBlue (Palmsens) portable potentiostat at a benzocaine concentration of 5 mM dissolved in 0.1 M KCl.

■ ASSOCIATED CONTENT

4 Supporting Information

The Supporting Information is available free of charge at [https://pubs.acs.org/doi/10.1021/acsomega.9b03418](https://pubs.acs.org/doi/10.1021/acsomega.9b03418?goto=supporting-info).

> LIG optical microscopy images taken at each dwell time; SEM images taken at each dwell time; determination of surface area; CA data; Raman analysis details; XPS analysis details; electrochemical set-up, and CV data ([PDF](http://pubs.acs.org/doi/suppl/10.1021/acsomega.9b03418/suppl_file/ao9b03418_si_001.pdf))

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Author Contributions

M.B. and C.L. contributed equally to the realization of the manuscript. The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

Notes

The authors declare no competing financial interest.

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