

Comparison of markers for the monitoring of freshwater benthic biodiversity through DNA metabarcoding

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1	Comparison of markers for the monitoring of freshwater benthic biodiversity through
2	DNA metabarcoding
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16	Running title:
17	Markers for freshwater biomonitoring
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Abstract

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Metabarcoding of bulk or environmental DNA has great potential for biomonitoring freshwater environments. However, successful application of metabarcoding to biodiversity monitoring requires universal primers with high taxonomic coverage that amplify highly variable, short metabarcodes with high taxonomic resolution. Moreover, reliable and extensive reference databases are essential to match the outcome of metabarcoding analyses with the available taxonomy and biomonitoring indices. Benthic invertebrates, particularly insects, are key taxa for freshwater bioassessment. Nevertheless, few studies have so far assessed markers for metabarcoding of freshwater macrobenthos. Here we combined in silico and laboratory analyses to test the performance of different markers amplifying regions in the 18S rDNA (Euka02), 16S rDNA (Inse01), and COI (BF1 BR2-COI) genes, and developed an extensive database of benthic macroinvertebrates of France and Europe, with a special focus on key insect orders (Ephemeroptera, Plecoptera and Trichoptera). Analyses on 1514 individuals representing different taxa of benthic macroinvertebrates showed very different amplification success across primer combinations. The Euka02 marker showed the highest universality, while the Inse01 marker showed excellent performance for the amplification of insects. BF1 BR2-COI showed the highest resolution, while the resolution of Euka02 was often limited. By combining our data with GenBank information, we developed a curated database including sequences representing 822 genera. The heterogeneous performance of the different primers highlights the complexity of the identification of the best markers, and advocates for the integration of multiple metabarcodes for a more comprehensive and accurate understanding of ecological impacts on freshwater biodiversity.

- 43 Keywords: amplification rate; cytochrome c oxidase I; biomonitoring; biotic indices;
- environmental DNA; freshwater biodiversity; macroinvertebrates; primer bias; taxonomic
- 45 resolution; universality.

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1 INTRODUCTION

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Freshwater environments are essential providers of clean water and other services for human society. They also host a substantial biodiversity, still they are globally subjected to the joint impact of multiple stressors such as pollution, eutrophication, climate change and hydrological and hydromorphological modifications (Noges et al. 2016; Iversen et al. 2019). As a consequence, numerous regulations have been adopted at both the national and international level for the protection of water resources, such as the European Water Framework Directive (Directive 2000/60/EC) and the Clean Water Act of the US Environmental Protection Agency (33 U.S.C. §§1251-1387 1972; Pawlowski et al. 2018). These regulations generally require the monitoring of freshwater environments through a combination of physical, chemical hydrological, and biotic parameters to obtain prompt measurements of water quality and of the ecological status of ecosystems. Multiple approaches exist to assess freshwater quality using aquatic organisms. Benthic macroinvertebrates are perhaps the most frequently used biological group in aquatic bioassessment (Birk et al. 2012), because (i) they are taxonomically, biologically and functionally diverse (Usseglio-Polatera et al. 2000; Usseglio-Polatera et al. 2001), (ii) they are rather easy to identify at the genus or family levels (Tachet et al. 2010), (iii) they are often sedentary and react rapidly to anthropogenic pressures in all types of freshwater bodies

Macroinvertebrate assemblages are thus a tool of choice to assess the ecological status of water bodies (e.g. Marzin et al. 2012; Hering et al. 2013; Mondy & Usseglio-Polatera 2013)

integrates the effects of environmental changes over several months (Floury et al. 2013).

and to demonstrate environmental degradation (Miler et al. 2013; Mondy & Usseglio-Polatera

(Hering et al. 2006b; Archaimbault et al. 2010; Hering et al. 2013), and (iv) their occurrence

2013; Theodoropoulos *et al.* 2020) or restoration (Arce *et al.* 2014; Kupilas *et al.* 2016; Camargo 2017; Carlson *et al.* 2018).

Generally, bioassessment indices relying on benthic communities are based on the standardized collection of macroinvertebrate assemblages from monitored sites, followed by organism sorting and taxonomic identification using morphological criteria. Then, quality scores can be attributed on the basis of the presence and/or abundance of certain taxa (Friberg et al. 2006; Birk et al. 2012). As morphological identification is often challenging, in many case protocols do not require species-level identification, and identification at the genus or family level (and, in some cases, even at coarser levels) can be enough for the calculation of many biotic indices evaluating the ecological status of rivers (Bailey et al. 2001; Chessman et al. 2007; Birk et al. 2012). Nevertheless, the morphological identification of hundreds collected individuals, including young, small-sized, larval stages and organisms damaged during sampling, remains time-consuming and requires a substantial taxonomic expertise, increasing the cost and time required for in-depth assessment of water quality (Haase et al. 2004; Hering et al. 2018).

DNA metabarcoding and environmental DNA (eDNA) are revolutionizing the monitoring of biodiversity at all levels, because they circumvent the challenge of morphological identification and allow the efficient detection of many taxa that are difficult to capture and detect using traditional methods (Taberlet *et al.* 2018). Environmental DNA and metabarcoding are therefore extremely promising for the assessment of freshwater communities (Hering *et al.* 2018; Li *et al.* 2018; Kuntke *et al.* 2020). For metabarcoding, DNA can be extracted from the tissue of pooled macroinvertebrate communities, amplified using universal primers, sequenced, and identified on the basis of reference databases (Baird & Hajibabaei 2012; Yu *et al.* 2012; Andújar *et al.* 2018). This approach uses the same starting material than traditional biomonitoring, but allows skipping the complexity of morphology-

based taxonomy (Baird & Hajibabaei 2012). Alternatively, DNA can be obtained directly from the water (Ficetola *et al.* 2008). Environmental DNA extracted from freshwaters allows the detection of many taxa that are difficult to capture and detect using traditional methods, but also poses new challenges compared to metabarcoding performed on the tissues of captured individuals. In aquatic environments, DNA undergoes rapid degradation (Eichmiller *et al.* 2016; Buxton *et al.* 2017); therefore eDNA is generally characterized by short fragment sizes (Jo *et al.* 2017; Bylemans *et al.* 2018), but see also (Sigsgaard *et al.* 2017). Therefore, primers amplifying short regions can provide a better detection compared to "standard" barcode primers, which often amplify long DNA fragments (e.g. >300 bp in the most frequently used COI markers; Andújar *et al.* 2018). Furthermore, highly degenerated primers increase the risk of non-specific amplification, thus this kind of primers is not really suitable for the amplification of the complex mix of DNA extracted from the environment. As a consequence, the monitoring of benthic macroinvertebrates using eDNA requires the development and assessment of primers with appropriate features.

Besides the length of the amplified region, three main characteristics are essential for satisfactory eDNA metabarcodes (Ficetola *et al.* 2010; Wilcox *et al.* 2013). First, the eDNA amplification success generally decreases with the number of mismatches between target fragments and primers. Primers must therefore be designed in order to have a consistently low number of mismatches within sequences of the target group (high universality or taxonomic coverage; Ficetola *et al.* 2010; Piñol *et al.* 2015; Marquina *et al.* 2019). Taxonomic coverage can be assessed through both *in silico* and laboratory analyses. *In silico* analyses can allow the rapid assessment of all the taxa for which information is publicly available in databases, but laboratory tests (hereafter, *in vitro* tests) are still needed to confirm the actual performance of primers. Second, the amplified region must be highly variable, to ensure the identification of amplified organisms at the desired taxonomic level (high resolution; Ficetola *et al.* 2010;

Tang et al. 2012; Marquina et al. 2019). Finally, extensive databases are essential if we want to assign the amplified sequences to known taxa. Even though attempts have been made for the assessment of environmental quality without a taxonomic assignment of DNA fragments (Ji et al. 2013; Apothéloz-Perret-Gentil et al. 2017; Cordier et al. 2018; Cordier et al. 2019), taxonomic assignment is essential if we want to produce data comparable with traditional indices of water quality, or if we want to combine eDNA data with information obtained through traditional methods (e.g. to analyze long-term series of water body surveys). Despite several attempts to assess freshwater quality using eDNA (Hering et al. 2018; Li et al. 2018; Serrana et al. 2019; Czechowski et al. 2020; Pont et al. 2020; Yang & Zhang 2020), so far limited formal comparisons have been performed among short primers suitable for eDNA metabarcoding of freshwater macrobenthos (but see Elbrecht et al. 2016; Elbrecht & Leese 2017). In addition, there is a pressing need for exhaustive reference databases for taxonomic assignment (see Moriniere et al. 2017; Morinière et al. 2019; Weigand et al. 2019 for remarkable examples).

In this study we combined *in vitro* and *in silico* analyses to compare the performance of three primer pairs potentially suitable for the metabarcoding of bulk or environmental DNA from freshwater macroinvertebrates (macrobenthos), and we developed an extensive reference database for benthic macroinvertebrates living in European freshwaters. We mostly focused on three insect orders (Ephemeroptera, Plecoptera and Trichoptera), which are among the most frequently used macroinvertebrates for the bioassessment of streams (e.g. Brabec *et al.* 2004; Hering *et al.* 2006a; Gabriels *et al.* 2010; Arman *et al.* 2019; but see also Cox *et al.* 2019). We also considered a broad range of organisms belonging to other orders of insects and other classes. We first used high-throughput DNA barcoding (Vivien *et al.* 2020) of reference individuals identified by experts to obtain sequences on the broadest available number of taxa from France, and then combined the obtained sequences with those available

in public database, to obtain extensive and reliable measures of the performance of markers, and to produce an extensive reference database for the monitoring of freshwaters through eDNA.

2 MATERIAL AND METHODS

We used the standardized database of European freshwater organisms (Schmidt-Kloiber & Hering 2015; download on 01 March 2018) as taxonomic reference for our analyses, considering all the benthic macroinvertebrates. Although in some cases this database considers non-monophyletic groups (*e.g.* Crustacea), it provides an exhaustive checklist of benthic macroinvertebrates that serve as an essential basis for bioassessment and monitoring.

2.1 Analyses of reference individuals

Most of the reference individuals were provided by OPIE-Benthos which is a working group of OPIE (Office Pour les Insectes et leur Environnement) especially dedicated to aquatic insect studies and aquatic ecosystem protection in France. OPIE-Benthos has developed a national inventory and reference collection of aquatic insects (http://www.opie-benthos.fr/opie/insecte.php), including Ephemeroptera, Plecoptera, Trichoptera, and more recently aquatic Coleoptera, aquatic and semi-aquatic Heteroptera, aquatic larval stages of Megaloptera, Neuroptera and Diptera (Ptychopteridae). Corresponding organisms, identified at the highest possible level (species, if possible) by experienced taxonomists, were provided in triplicates (*i.e.* three individuals per taxon, if possible). The collection was completed by

additional taxa (e.g. non-insect taxa) specifically sampled by the authors for this reference database.

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Individuals were stored in 99% ethanol before DNA extraction. Total DNA was extracted from the entire organism. Samples (constituted of one individual) were initially incubated overnight at 56 °C in 0.5 ml of lysis buffer (Tris-HCl 0.1 M, EDTA 0.1 M, NaCl 0.01 M and N-lauroyl sarcosine 1%, pH 7.5–8.0). Extractions were then completed using the DNeasy Blood & Tissue Kit (Qiagen GmbH, Hilden, Germany), according to the manufacturer's instructions. DNA extracts were recovered in a total volume of 300 µl of elution buffer. Negative extractions without individuals were systematically performed to monitor possible contaminations. Three DNA amplifications were carried out for each sample using the following primer pairs: Inse01, amplifying a ~155 bp region of the 16S mitochondrial rDNA (Taberlet et al. 2018); Euka02, amplifying a ~123 bp region of the 18S rDNA (Guardiola et al. 2015; Taberlet et al. 2018); and the BF1 and BR2 primers, which amplify a ~316 bp region of the cytochrome c oxidase I (Elbrecht & Leese 2017). Inse01 has been developed mostly to amplify insects, Euka02 to amplify all eukaryotes, while BF1 and BR2 were designed to amplify freshwater macroinvertebrates (Elbrecht & Leese 2017; Taberlet et al. 2018). The DNA of each individual was amplified in one PCR replicate per each marker considered. DNA amplifications were performed in a final volume of 20 µL, using 2 µL of DNA extract as template. The amplification mixture contained 10 µL of Applied BiosystemsTM Master Mix AmpliTaq GoldTM 360, 0.2 μg/μL of bovine serum albumin (BSA, Roche Diagnostic, Basel, Switzerland) and 0.5 µM of each primer for COI and Inse01, or 0.2 µM of each primer for Euka2. Forward and reverse primers were 5'-labeled with eight-nucleotide tags with at least three differences between any pair of tags, so that each PCR reaction was identified by a unique combination of tags. This allowed the assignment of each sequence to the corresponding sample during sequence analysis (Coissac 2012; Taberlet

et al. 2018). The PCR mixture was denatured at 95°C for 10 min, followed by 35 cycles of 30 s at 95°C, 30 s at 52°C for COI and Inse01 or 45°C for Euka2, and 1 min at 72°C (1m 30 s for COI), and followed by a final elongation at 72°C for 7 min. Ten negative DNA extraction and 18 PCR controls (ultrapure water) were analyzed in parallel with the samples to monitor possible contaminations during the experimental process.

Library preparation was performed using the MetaFast protocol by Fasteris (Geneva, Switzerland; https://www.fasteris.com/dna/?q=content/metafast-protocol-amplicon-metagenomic-analysis), which significantly limits the tag-jump problem (Taberlet *et al.* 2018). For Euka02 and Inse01, sequencing was performed by 2 × 125-bp paired-end sequencing on the Illumina HiSeq 2500 platform, while for BF1_BR2-COI sequencing was performed by 2 × 250-bp paired-end sequencing on the Illumina MiSeq platform using default settings at Fasteris (Geneva, Switzerland).

Sequencing data were processed using the OBITools (Boyer *et al.* 2016). All libraries were processed using the same pipeline whatever the primer pair used for amplification. Raw sequences were first aligned (program *illuminapairedend*) to recover the amplicon sequence. Based on the alignment score, sequences were filtered for badly aligned paired-end, i.e. all alignment with a score of less than 40 were discarded (a score of 40 corresponds to 10bp of high sequencing quality perfectly aligned). Then sequences were demultiplexed (program *ngsfilter*) to assign them to the samples, primers with up to two errors were allowed whereas the tags used for demultiplexing had to be strictly conserved. The last step was dereplication (program *obiuniq*) keeping track for each unique sequence of its count in the different samples. For each sample, the most abundant sequence was kept as the most likely barcode. Sequences having a count lesser than 1000 or an abundance ratio with the second most abundant sequence above 1/10 were tagged as belonging to badly amplified samples or

samples where several products amplified. These sequences were given particular attention in the further manual selection of barcodes.

As a further validation step, all the retrieved metabarcodes were matched against NCBI using BLAST, to identify eventual cases in which the obtained metabarcode is a spurious amplification of a non-target organism (e.g. fungi or algae). For each taxon, the amplification success was measured as the proportion of individuals for which we obtained valid metabarcodes with a given marker. Such measure of amplification success includes the proportion of individuals that cannot be amplified for a given marker (e.g. because of mismatches in the primer region), and also possible lab failures that can reduce amplification even if the primers have a good match with the primer region (e.g. low DNA quality or other issues occurring during laboratory procedures), thus it provides a value comparable to what can occur in real-world biodiversity analyses performed using metabarcoding.

2.2 Setting up the composite reference databases

For each species within the database of European freshwater organisms (Schmidt-Kloiber & Hering 2015), we matched the binomial name with the NCBI taxonomy database to retrieve their NCBI taxonomic code (taxid). All the available metabarcodes for the three regions of interest, together with their associated taxid, were extracted from the EMBL sequence data repository (release 136) using the ecoPCR program (Ficetola *et al.* 2010) by matching the primer sequences with up to three errors and restricting the metabarcodes to relevant lengths (lengths >30 bp for Euka02, lengths 70-270 bp for Inse01, lengths 100-500 for BF1_BR2-COI). The three composite reference databases (one for each metabarcoding region) were then built by aggregating metabarcodes for each genus with those obtained from analysed specimens. In order to obtain the most complete coverage of genera found in France, we

obtained the taxid of all metabarcodes produced through *in vitro* analyses as well as metabarcodes extracted from EMBL and associated to the taxid of a species found in France. For genera for which no such metabarcode existed, we included the metabarcodes extracted from EMBL and associated to the taxid of a species of the same genus found in Europe. If no such metabarcode existed, we included all the metabarcodes extracted from EMBL, and associated to a taxid belonging to this genus, also considering species that are not native in Europe.

2.3 Assessing the resolution of metabarcodes

We assessed the resolution of each metabarcoding region with the same procedure. First, the metabarcodes obtained as described above were compared against the ones of each specimen to find identical metabarcodes; this allowed producing a list of unique metabarcodes. For each unique metabarcode, we obtained the list of all the associated taxids. We tested taxonomic resolution at four levels: order, family, genus, and species. More specifically, we tested if, at a given taxonomic level, the list of associated taxids would collapse to a unique taxid or not (*i.e.* all taxids have the same ancestor taxid at that level). If a list collapsed to more than one taxid for the tested taxonomic level, it meant that this metabarcode was not discriminant for this taxonomic level. Consider for instance a given metabarcode associated to multiple species within multiple genera within one single family. This particular metabarcode showed a family-level resolution, but not a species- or a genus-level resolution. It should be noted that these measures of taxonomic resolution heavily depend on the available database (Weigand *et al.* 2019). For example, if the database includes the metabarcode of only one species within a

genus, this analysis could return a species-level resolution, even though it is possible that unanalyzed species within the same genus share the same metabarcode.

2.4 Statistical analyses

We used generalized linear mixed models (GLMMs) to test the significance of differences in amplification success and resolution among markers. GLMMs allowed taking into account non-independence, i.e. the fact that same individual and the same taxon were tested with multiple markers (Pinheiro & Bates 2000). For the comparison of amplification success, we used binomial GLMMs; the amplification of each individual with each marker was the dependent variable, while marker and class identity were the independent factors. To take into account the possibility that markers can have a different performance across taxa, we also tested the interaction between marker and taxonomic class. We also considered the identity of the individual, and the finest taxonomic information available for each individual (e.g. species, or genus identity if species information was not available) as random effects. The main GLMM detected significant differences among markers and among taxa, therefore we repeated the GLMM for each of the 12 major taxonomic groups considered here (six classes and six insect orders; see Table S1). Significant GLMMs were followed by Tukey's post-hoc tests, to assess differences in performance of the three markers within each taxon (Hothorn *et al.* 2008).

For the comparison of taxonomic resolutions, we used GLMMs with Gaussian error.

The taxonomic resolution of each marker within each taxonomic group was the dependent variable, marker identity was the independent factor, and taxonomic group was included as a random effect. Tukey's post-hoc tests were also used to compare the performance of the three

markers (Hothorn *et al.* 2008). GLMMs were built using the *lme4* package in R (Bates *et al.* 2015). Significance of GLMMs was assessed using likelihood ratio tests (binomial GLMMs) or using a F test with approximated degrees of freedom (lmerTest Package in R; Kuznetsova *et al.* 2017).

3 RESULTS

3.1 Analyses of reference individuals

We extracted and amplified DNA from 1514 individuals, belonging to 578 different taxa (species, genera or families, depending on the identification level; Table 1). The majority of individuals were insects, and three insect orders with macrobenthic larvae (Ephemeroptera, Plecoptera and Trichoptera) altogether accounted for 80% of all the analyzed individuals. Out of these individuals, 99% were morphologically identified at the family level or higher, 95% at the genus level or higher, and 62% at the species level. The average number of sampled individuals was 2.6 individuals per taxon (range: 1-12; median: 3). For Ephemeroptera, Plecoptera, Trichoptera and Megaloptera, the analyzed specimens covered well the diversity of French and European benthic fauna (100%, 74%, 78% and 100% of genera recorded in France for these orders, respectively; 70%, 52%, 65% and 100% of all the genera recorded in Europe; Table 2). Representation was relatively good for Coleoptera, Hemiptera and Neuroptera, whereas coverage was weaker for the remaining orders of insects and for non-insects.

Sequencing returned a total of 15 328 548 reads for Euka02, 14 872 950 reads for Inse01 and 6 023 376 reads for BF1_BR2-COI. After filtering, the average number of reads per individual was high for all the markers (Euka02: 6800; Inse01: 5951; BF1_BR2-COI: 1801 reads).

The amplification success was significantly different between the three markers and among classes (GLMM: differences between markers: $\chi^2_2 = 736.1$, P < 0.0001; differences among classes: $\chi^2_6 = 15.1$, P = 0.020). Furthermore, a significant interaction between class and metabarcodes indicated that the performance of markers was heterogeneous across taxonomic classes ($\chi^2_{12} = 164.5$, P < 0.0001). Differences in amplification success between markers were significant for all the classes except Crustacea (Fig. 1, Supplementary Table S1). Euka02 showed the highest average amplification success (88%), with consistently high amplification success in all the taxa except Malacostraca (Fig. 1). According to Tukey's post-hoc tests, Euka02 showed a particularly high amplification success for Gastropoda and Clitellata (Table S1). Within insects, Euka02 showed excellent amplification success in most of orders, with particularly good performance for Ephemeroptera and Trichoptera, while its amplification success was significantly lower than the other markers for Diptera (Fig. 1b, Table S1).

As expected, Inse01 showed good amplification success for insects (82%), while it showed a limited amplification for the remaining taxa (Fig. 1a). Within insects, Inse01 showed a particularly good performance for Coleoptera and Diptera, and an amplification success similar to Euka02 for Hemiptera and Plecoptera (Fig. 1b, Table S1). Within insects, the lowest amplification success for this marker was observed for Trichoptera (71%; Fig. 1b).

Finally, BF1_BR2-COI showed an average amplification success of 48%, with highly variable results among taxa (Fig. 1a; Table S1). BF1_BR2-COI showed a relatively good amplification success for Gastropoda, Clitellata and Malacostraca, while the rate was lower

for some orders of insects. Within insects, BF1_BR2-COI showed good performance for Coleoptera and Diptera (amplification success ≥ 74%, significantly better than Euka02; Table S1), while it amplified less than 50% of individuals from Ephemeroptera, Plecoptera and Trichoptera (Fig. 1b; Table S1).

3.2 Combined database

When we combined sequences of reference individuals with those obtained from GenBank, we obtained a total of 18 834 gene sequences (3 441 for Euka02, 9 715 for Inse01 and 5 678 for BF1_BR2-COI). Insects accounted for the majority of sequences, followed by Crustacea and Clitellata (Table 3). The combined database showed a good coverage of the diversity of European benthic fauna. For the Euka02 primer pair, the completeness of the database was particularly good (>80%) for free-living Platyhelminthes, Coleoptera and Odonata. For instance, our database included Euka02 sequences for 35 out of 43 dragonfly genera living in Europe, i.e. 81% of the European fauna. For Inse01, the completeness was particularly good for Coleoptera, Ephemeroptera and Odonata, while BF1_BR2-COI showed a relatively homogeneous completeness across taxa, with values between 50 and 70% for most taxa (Fig. 2).

3.3 Taxonomic resolution of the different markers

The taxonomic resolution was strongly different among markers. At the species level, the best resolution was observed for BF1_BR2-COI, with just 3% of sequences associated with more

than one species, while Inse01 showed an intermediate resolution (10% of sequences associated with more than one species; Fig. 3a). For Euka02, 21% of sequences were associated with more than one species in the database (Fig. 3a). Differences in resolution between markers were strongly significant (linear mixed models: $F_{2,12} = 271.8$, P < 0.001). The resolution of BF1_BR2-COI was significantly better than the one of both Euka02 and Inse01, and the resolution of Inse01 was significantly better than the one of Euka02 (Tukey's post-hoc: both P < 0.001).

The taxonomic resolutions of these markers were clearly better if we consider the identification at the genus level (Fig. 3b). Euka02 showed the weakest performance, with around 6% of sequences associated with more than one genus, while BF1 BR2-COI showed the best performance, with less than 1% of sequences associated with more than one genus. Inse01 showed a generally good performance, with less than 1% of sequences associated with more than one genus for most taxa. The performance was slightly poorer for Plecoptera and Trichoptera, with around 4% of sequences associated with more than one genus. Also in this case, differences in resolution among markers were significant ($F_{2,8} = 32.3, P < 0.001$). At the genus level, BF1 BR2-COI and Inse01 showed a similar resolution (Tukey's post hoc: P = 0.20), and both outperformed Euka02 (both P < 0.001). Family level identification was very good for all the metabarcodes, still Euka02 showed a slightly weaker performance than both BF1 BR2-COI and Inse01 (both $P \le 0.05$). BF1 BR2-COI and Inse01 showed a comparable family-level resolution (P = 0.24; Fig. 3c). It should be noted that these values of resolution are calculated on an incomplete set of data, since our database did not include the sequences of many species and genera. For instance, our database only included sequences for ~60% of genera of European Trichoptera (Table 3), and all resolution estimates would probably be poorer if calculated on a complete database.

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4 DISCUSSION

Metabarcoding-based biomonitoring requires the availability of primers with high performance, as they must amplify all the relevant target taxa, have sufficient resolution to identify them at the desired taxonomic level, and amplify short sequences usable with eDNA (Ficetola *et al.* 2010; Taberlet *et al.* 2018). Finding primers with all these features is challenging, and the identification of "perfect" regions for barcoding and metabarcoding has often been labelled as a "search for the Holy Grail" (Rubinoff *et al.* 2006). By combining an extensive high-throughput DNA barcoding analysis with the assessment of publicly available sequences, our study highlights the complexity of finding all these desired features in one single metabarcode. It also provides a comparison of performances, allowing the identification of most appropriate markers for different aims and taxonomic groups, and it produced a reference database for the taxonomic identification of a large number of benthic insects.

4.1 The importance of good reference databases

Metabarcoding enables biodiversity monitoring either with or without the taxonomic identification of the retrieved taxa. Taxonomic identification clearly requires appropriate reference databases that can be obtained *ad hoc* (*e.g.* by amplifying sequences from all the taxa from the target group; (Moriniere *et al.* 2017; Cilleros *et al.* 2019; Morinière *et al.* 2019) or by searching public databases such as GenBank or BOLD. Public databases offer an evergrowing resource, given that they combine the outcome of thousands of studies and produce a sheer amount of data that would be unreachable by *ad hoc* studies. Public databases are not error-free, still analyses showed that for animals, the error rate of GenBank for genus-level

identification is generally low (\sim 0.7 / 3.5%), suggesting that it can be a formidable data source for applications relying on molecular data to understand the impact of environmental changes on biodiversity (Leray *et al.* 2019). However, public databases are opportunistic collections of the material from multiple studies, thus they do not have the ambition of taxonomic completeness. *Ad-hoc* databases (see also Ratnasingham & Hebert 2007) are thus essential resources to obtain the taxonomic coverage required if we want to identify most of benthic macroinvertebrates.

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Several researchers advocated that COI-based markers should be favored for metabarcoding because they are standard barcodes for animals, and thus we can expect a very large availability of sequences in reference databases (Andújar et al. 2018; Leray et al. 2019). For benthic macroinvertebrates, a very large number of COI sequences is available in GenBank (Table 3). For instance, BF1 BR2-COI is largely the marker with the highest number of sequences of benthic Diptera, with nearly 3,000 sequences of BF1 BR2-COI available against just 1000 sequences of Inse01 (16S rDNA), still the number of available sequences is surprisingly variable across taxa. Nevertheless, a very large number of sequences does not necessarily allow a better taxonomic coverage. In fact, most of genera of benthic Diptera do not have GenBank sequences for COI, and Inse01 sequences represent slightly more genera than BF1 BR2-COI (25% for Inse01 against just 15% for BF1 BR2-COI; Fig. 3). The mismatch between number of sequences and database completeness could be related to the different scopes of studies employing the different markers. COI is the most used marker by standard barcoding studies, which often aim at unveiling diversity among closely related, cryptic taxa, thus studies often consider many individuals from closely related, morphologically similar species within genera (Hebert et al. 2004). Conversely, the 16S and 18S rDNA genes are often used to build phylogenies (e.g. Alvarez-Presas et al. 2008; Criscione & Ponder 2013), and many phylogenetic studies aim at representing the largest

number of genera and families. Such process could also explain the strong differences among taxa (*e.g.* a very high completeness for Euka02 with free-living Platyhelminthes, and the better coverage for Inse01 with Gastropoda; Fig. 2). If the aim is the species-level identification, databases should include all the species and markers should have a species-level resolution. Luckily, for freshwater biomonitoring a genus-level identification is often enough (Bailey *et al.* 2001; Mistri & Rossi 2001; Chessman *et al.* 2007; Birk *et al.* 2012), thus our database provides a good completeness that can allow the identification of most of genera, particularly with the markers Euka02 and Inse01. Here we tested our markers against the GenBank database only, because it includes sequences from our three genomic regions. However, an impressive number of additional COI sequences is available at the BOLD database. Integrating GenBank and BOLD data can certainly improve the resolution of COI-based metabarcoding studies.

4.2 Metabarcoding without taxonomic identification

Metabarcoding can provide ecological information even if reference databases are not available, as molecular taxonomic units can allow the comparison of communities among sites with environmental differences (Ji et al. 2013; Apothéloz-Perret-Gentil et al. 2017; Cordier et al. 2019). The taxonomy-free approach allows overcoming the fact that, despite intensive efforts, databases remain incomplete for many taxa (Fig. 3). Primers with high taxonomic coverage and resolution are essential also in this case. High taxonomic coverage is needed to avoid under-representation of some taxa, while resolution allows teasing apart related taxa. Related taxa can have very different ecological properties, and some widespread taxa, tolerant to human disturbance, can be closely related to highly sensitive specialists (Caro

et al. 2005). Therefore, ecological responses of communities can remain obscured if metabarcodes are not able to resolve related taxa with different ecology. Our study focused on European taxa, where taxonomic knowledge is particularly good (Moustakas & Karakassis 2005; Rodrigues et al. 2010; Brewer et al. 2012) and, with targeted studies, we could envisage an improvement of database completeness in the next years. However, our results on primer performance can be also useful in megadiverse, tropical areas, where taxonomy-free biomonitoring is a viable option (Andersen et al. 2019).

4.3 Universality and resolution of primers

Our analysis did not identify one single outperforming metabarcode. The universality of primers was variable among taxa, with Euka02 showing the highest performance for some phyla (platyhelminthes, molluses, annelids and even some arthropods), and Inse01 showing a generally good performance for insects. However, each of these metabarcodes has some drawbacks. For instance, Euka02 amplifies very long sequences for some taxa of crustaceans (Isopoda and Amphipoda; Guardiola *et al.* 2015; Taberlet *et al.* 2018) thus their metabarcoding with this marker is problematic. Conversely, Inse01 is a marker developed specifically for insects, and fails to amplify key freshwater taxa such as free-living Platyhelminthes and molluses (Fig. 1). In our analysis, BF1_BR2-COI showed a moderate amplification success, still for insects a relevant proportion of individuals was not amplified (Fig. 1). This is in contrast with previous analyses that successfully amplified 100% of tested insects using BF1_BR2-COI (Elbrecht & Leese 2017). Differences might be due to DNA quality, as this primer amplifies relatively long metabarcodes (>300 bp). Some of our >1500 specimens were old, and this can cause DNA degradation, while the starting material of

Elbrecht and Leese (2017) was probably of better quality. In fact, a few species (*Ephemerella mucronata*, *Torleya major* and *Odontocerum albicorne*) were successfully amplified by Elbrecht & Leese (2017), while failed amplification here. Furthermore, in several cases BF1_BR2-COI did not amplify the DNA of our target organisms, but amplified the DNA of contaminants, i.e. other organisms for which small body fragments were probably present in the tube, and that perhaps showed excellent match with the primers. Unfortunately, these conditions (degraded DNA, and simultaneous presence of many organisms) are typical of eDNA metabarcoding studies, stressing the complexity of finding appropriate primers.

Differences in performance were also strong when considering the resolution of the markers. BF1_BR2-COI clearly showed the best resolution while Euka02 showed a very poor performance, as in many cases it failed even at the family level (Fig. 3; see also Tang *et al.* 2012). COI is a highly variable region, and this has promoted its use as standard barcode for animals (Hebert *et al.* 2003; Hebert *et al.* 2004; Andújar *et al.* 2018). The excellent performance of BF1_BR2-COI can also be explained by the relatively long amplified region. Inse01 showed an intermediate performance, as its resolution was insufficient for species-level identification, while genus level identification was good for most of taxa (Fig. 3). It must be remarked that these are optimistic values of resolution, given that our database was far from complete, particularly at the genus-level and for some taxa, therefore a more complete database could yield poorer resolution values.

4.4 No Holy Grail for macrobenthos metabarcodes?

The heterogeneous performance of the different markers highlights the complexity of the identification of the best metabarcodes. No primer showed the best performance for all the

considered metrics, as the most "universal" marker (Euka02) showed a generally poor resolution, while the marker with the highest resolution (BF1_BR2-COI) did not successfully amplify several taxa. The selection of metabarcodes for biomonitoring is therefore a trade-off, depending on the aims of studies. Euka02 can allow a good assessment of overall biodiversity, but it is unable to tease apart closely related taxa, thus it might be not enough to define the ecological status of environments. Furthermore, the poor resolution would hamper the comparison with historical data for most of taxa. Conversely, the excellent resolution of BF1_BR2-COI could allow species-level identification, and might have more power to distinguish different communities. However, this comes at a cost. Several taxa did not amplify either because the level of DNA degradation compromises the amplification of a relatively long metabarcode, or because the poor match of the primer(s) with their target. In fact, the relatively long amplified region could limit its usefulness for application with environmental DNA extracted from water. Finally, Inse01 showed a generally good performance, but it is not appropriate for many non-insect taxa.

Given these limitations, it is unlikely that one single metabarcode will be able to fully replace the traditional biomonitoring using macrobenthic macroinvertebrates. Nevertheless, the data obtained through multiple metabarcodes can be integrated for a more comprehensive and accurate understanding of ecological impacts on freshwater biodiversity. For instance, highly universal markers, providing a complete but coarse picture of animal biodiversity (*e.g.* Euka02) can be combined with markers providing a specific focus on key taxa (*e.g.* Inse01) or a high-resolution level (*e.g.* BF1_BR2-COI). The integration of multiple metabarcodes certainly increases the cost and complexity of studies, still it has the potential to provide an unprecedented amount of data, thus opening unexplored avenues to biodiversity assessment.

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539	
540	Competing interest
541	A.V. and T.D. are research scientists at a private company specializing in the use of eDNA for
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543	
544	References
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773 774	The complete database is available at fighshare:
775	https://doi.org/10.6084/m9.figshare.12046242.v1
776	
777 778 779	The filtered sequences generated by the project with length >100 bp are also available on GenBank (Euka02: accession numbers LR824819 to LR826155; Inse01: LR826156 to LR827357, BF1-BR2 COI: LR827358 to LR828086).
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787	Analyzed data: Gentile Francesco Ficetola, Frédéric Boyer, Aurélie Bonin
788 789	Wrote the paper: Gentile Francesco Ficetola wrote the first draft of the paper, with subsequent contribution of all the authors
790	

Figure legends 791 792 Figure 1. Amplification success of the three markers across benthic macroinvertebrate taxa. 793 A): all taxa; B): insects only. Error bars are standard errors of the mean; * indicate significant 794 differences between markers. See Table S2 for the raw values used to build the plot. 795 796 Figure 2. Completeness of the combined database, combining the sequences produced in this 797 study with sequences retrieved from public databases. For each taxon, the plots report the 798 proportion of European genera of macroinvertebrates with at least one sequence in the 799 database. 800 801 Figure 3. Resolution of the three markers at the species, genus and family levels. The 802 resolution is measured as the proportion of metabarcodes that are associated with a) at least 803 two species; b) at least two genera; c) at least two families (non-identification), therefore low 804 values of non-identification indicate a better performance of the markers. 805

Table 1. Inventory of macrobenthos individuals from which we extracted and amplified DNA.

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Class / subphylum / phylum		N individuals	% identified at the genus level by taxonomists	N genera
Platyhelminthes		7	100%	2
Bivalvia		12	100%	5
Gastropoda		29	97%	11
Clitellata		35	69%	8
Arachnida		11	9%	1
Crustacea		9	100%	4
	Coleoptera	117	97%	40
	Diptera	54	20%	6
	Ephemeroptera	338	100%	35
	Hemiptera	24	100%	14
Insecta	Lepidoptera	2	100%	2
	Megaloptera	4	100%	1
	Neuroptera	2	100%	1
	Odonata	9	78%	2
	Plecoptera	210	100%	20
	Trichoptera	651	100%	84

Table 2. Representativeness of reference individuals used for analyses, relative to European and French genera of benthic macroinvertebrates.

Class / subphylum /	Order	N genera	N Genera	N genera for in vitro	
phylum	(insects only)	Europe	France	analyses	
Platyhelminthes		29	23	2	
Bivalvia		18	11	5	
Gastropoda		65	34	11	
Clitellata		102	64	8	
Arachnida*		1	1	1	
Hydracnidia		56	52	0	
Crustacea		72	34	4	
Insecta	Coleoptera	127	95	40	
	Diptera	522	323	6	
	Ephemeroptera	50	35	35	
	Hemiptera	30	28	14	
	Lepidoptera	8	5	2	
	Megaloptera	1	1	1	
	Neuroptera	3	3	1	
	Odonata	43	36	2	
	Plecoptera	38	27	20	
	Trichoptera	130	108	84	

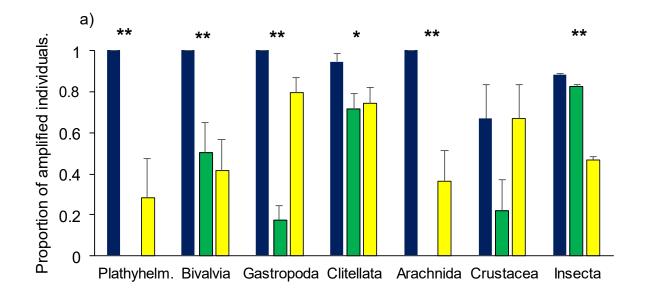
^{*} except Hydracnidia

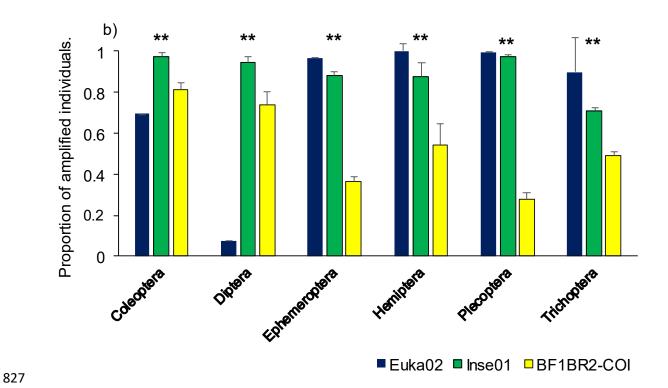
Table 3. Number of sequences and genera represented in the combined database, across taxa. Taxa for which >70% of European genera are represented in the database are highlighted in bold.

Class / subphylum / phylum	Order (insects only)	N sequences in the database		N genera Europe	N genera in the database				
		Euka02	Inse01	COI	Zurope	Euka02	Inse01	COI	Total
Hydrozoa		31	134	21	6	5	5	3	5
Enopla (Nemertini)		4	1	-	1	1	1	0	1
Platyhelminthes		217	25	316	29	25	9	8	26
Gordioida		0			,	_			
(Nematomorpha)		9	-	-	1	1	-	-	1
Bivalvia		66	453	125	18	14	9	11	16
Gastropoda		81	1147	102	65	32	46	31	51
Clitellata		414	838	170	102	79	70	50	86
Polychaeta		33	74	64	11	8	4	2	8
Gymnolaemata		22	4.4		2	2	2		2
(Bryozoa)		23	44	-	3	2	2	-	2
Phylactolaemata		17	36	1	(1	
(Bryozoa)		1 /	36	1	6	6	6	1	6
Arachnida*		2	2	4	1	1	1	1	1
Hydrachnidia		70	-	15	56	24	0	8	24
Crustacea		325	1980	303	72	61	47	34	65
Insecta		2149	4981	4557	981	385	456	327	530
	Coleoptera	450	1809	333	127	107	107	68	115
	Diptera	228	1078	2839	522	64	131	77	170
	Ephemeroptera	396	507	397	50	44	43	29	44
	Hemiptera	46	206	70	30	19	22	16	24
	Hymenoptera	4	21	33	29	3	4	5	9
	Lepidoptera	2	4	5	8	2	3	3	3
	Megaloptera	9	10	6	1	1	1	1	1
	Neuroptera	6	12	5	3	3	3	2	3
	Odonata	164	537	294	43	35	39	27	41
	Plecoptera	243	233	118	38	24	24	21	26
	Trichoptera	601	564	457	130	83	79	78	94

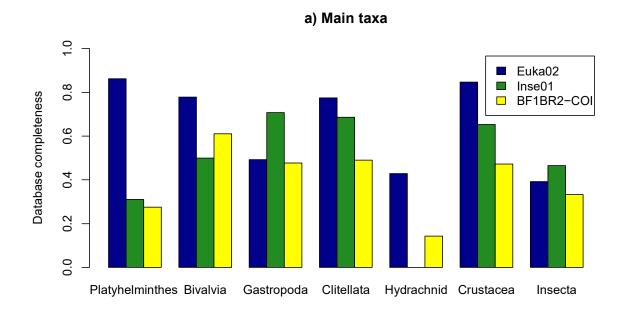
^{*} except Hydracnidia

825 Figure 1





829 Figure 2



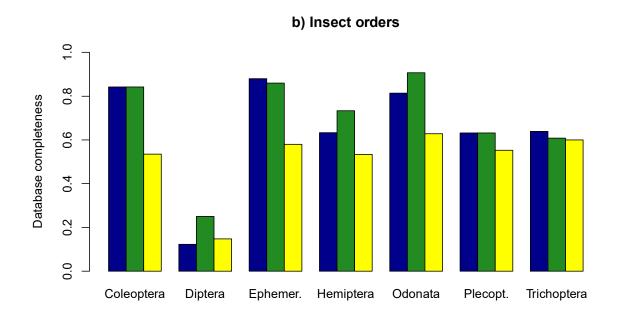


Figure 3

