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Evaluation of environmental contamination by toxic trace elements in Kazakhstan based on reviews of available scientific data

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Keywords

Kazakhstan • Metals • Soil - Sediments • Water • Sustainability • Risk management

Abstract

The environmental situation concerning pollution by (eco)toxic and persistent trace elements in Kazakhstan has been investigated by analytical reviews of scientific studies published over the past 20 years reporting concentrations of 10 toxic trace elements (TTE) observed in soil, sediments or surface water. A database of 62 articles published in Kazakh, Russian or English covered the majority of the territory of the country for soil and water samples but to a lesser extent for sediments. Reported concentrations were summarized using statistical parameters, then spatialized and finally classified in contamination classes according to local legislation. This analysis revealed some hotspots of TTE in surface waters (Cd and Pb), soil (As) and sediments (Cd and As). Hotspots of less toxic Cu, Zn and Mn were also detected. Spatialization of results allowed localization of these hotspots close to industrial sites, such as smelters or mining and metallurgic combines. Others have been shown to be close to disused mining sites or landfills with municipal waste. Methodological improvements for further studies have been suggested, such as to integrate more West Kazakhstan or remote areas in sampling campaigns, but also to describe more exhaustively the used analytical methods and to be more attentive to the speciation of the analyzed form of the element. Finally, a management strategy to strengthen a sustainable food policy has been proposed: to reduce emissions by modernization of industrial facilities and better waste management, to organize land use depending on the contamination levels and to reduce the bioavailability of the toxic elements.

1. Introduction

Kazakhstan is a landlocked country in Central Asia having the ninth largest territory in the world with 2724 km², but a population of only 18 million inhabitants, distributed very heterogeneously. There are three, densely populated large cities with over one million inhabitants: the capital Nur-Sultan, Almaty and Shymkent. In contrast, only very few people live in the center or the west of the country. The sheer size of such territory makes the implementation of a rigorous environmental management of human activities exceedingly difficult, and need therefore to increase the education of all the citizens.

Ranking third of the industrial powers in the Commonwealth of Independent States, Kazakhstan has

considerable mineral resources (copper, gold, iron, lead, titanium and zinc) and its economy was mainly built on mining and heavy industry. Indeed, there are more than 5000 mineral deposits and, consequently, facilities for concentration of metal ores (KazakhMys in East Kazakhstan, Nova Zinc in Akshatau, Aktyubinsk Copper Corporation in the Aktobe region or Yuzhpolimetall in Turkestan region) and finally different metal smelters as KazZinc (Oskemen and Ridder in the East) or KazakhMys (Karagandy region) (Brunet 2001; Safirova 2019). As a consequence of these numerous anthropogenic activities with metal emissions into the environment, persistent historic pollutions are observed today (Akhmetsadykova 2012; Shepelev 2017). Moreover, the dispersions of pollutants in the environment and contamination of food chains are facilitated by strong erosions and droughts in

Kazakhstan, both due to soil structure fragility and continental climate. The climate change could increase the frequency of strong precipitations with consequences for transfer and dispersion of pollutants.

Today, a crucial challenge for Kazakhstan is conciliating the exploitation of metals necessary for the economic development of the country and limiting their emission into the environment. This will help protect natural resources, the food chains and, thus human health. Indeed, environmental pollutions with toxic trace elements (TTE) as heavy metals have become one of the serious ecological problems near large cities or industrial complexes in Eastern and Northern Kazakhstan as well as on petrol exploration sites in Mangystau or mining sites in Southern Kazakhstan (Brunet 2001). The contamination of environmental matrices, such as soil, but also of the aquatic chain (i.e. sediments and water) reflects emitting activities over a long period. It therefore seems necessary to inventory TTE measurements carried out on the territory of Kazakhstan and to evaluate them afterwards. An evaluation should focus on local norms and regulations that can then be extended by comparison with toxicological thresholds and regulations of other countries.

In this way, the aim of the present article is to analyse the environmental metal pollutions revealed in the country and to link them to their potential source(s). All scientific publications of the last 20 years reporting concentrations of TTE in environmental matters sampled on the territory of the Republic of Kazakhstan were analyzed. Hence, this article represents a very large literature overview of the situation concerning environmental pollution by TTE and offers a new view of the environmental state in Kazakhstan in order to give concrete perspectives to improve environment and food qualities.

2. Material and Methods.

2.1. Data Collection

The literature research was performed until February 2020 using different research databases (Web of Science, Google Scholar and Scopus) to extract peer-reviewed articles published in local academic journals in Russian or in Kazakh but also articles from internationally referenced journals published in English. Moreover, data from a governmental monitoring survey on trace elements in soils, sediments and water (GMS 2019) has been added. The data were integrated if sampling had been made on the territory of the Republic of Kazakhstan and the results reported field concentrations of TTE in soil, sediments or surface water. Water has been defined as only surface water focusing on the effects of anthropogenic emissions, and no analysis of groundwater has been taken into account. Finally, the reported concentrations should reflect a “not induced” pollution, i.e. artificial contaminations of environmental matrices for experimental purposes (“spiking”) have been excluded. Then, the concentrations of

elements have been extracted from the tables or - if not available from the figures - in the article. Each recorded data corresponded to the mean concentration issued from one studied modality mentioned in the article, representing generally one specific place at one specific moment. This data is sometimes the result of several elementary analyses (expressed as a mean) but sometimes only of one replica carried out by the authors. In this way, 62 studies listed in table S1 (supplementary material) have been browsed reporting TTE measurements in at least one of the three studied matrices. They have been carried out over the period 2002 to 2020 and covered all administrative regions of Kazakhstan as illustrated in figure 1.

These studies reported, in decreasing frequency, concentrations of copper, zinc, lead, cadmium, chromium, manganese and nickel, but also to a lesser extent, arsenic, mercury and cobalt. In soil, numerous elements were indicated as total concentration or their mobile fraction, which were recorded separately. Except clear indications in the article, we considered that an acid extraction would measure the total concentration, and a pH neutral extraction (i.e. aqueous phase or salt extraction with CaCl_2) would indicate the mobile fraction of the element. In absence of such distinction in sediment or water, concentrations were expressed as total concentration of the considered element. Moreover, the content of the very toxic hexavalent form of Cr has been noted separately from total concentration, when available.

Additional data as geographic coordinates (GIS) of sampling points (given in the article or estimated by us), the potential emitting source(s), the sampling time and analytical specificities have also been noted in order to interpret reported concentrations.

Thus, the realized data set was composed by 3558 individual concentrations of 10 toxic trace elements, mainly heavy metals, published in 62 articles.

2.2. Analysis of extracted concentrations

Firstly, statistical parameters were carried out separately for each element in each matrix, starting with the number (noticed n) of samples under the limit of quantification (LQ; used in the published study) ($n_{(<LQ)}$). Then the normality of the distribution of the concentration data, collected from very different studies, was checked by a Shapiro-Wilk test according to the methodology of (Danieli et al. 2012). Then, the mean concentration of all quantified samples (arithmetic but also geometric average), the 95th percentile (the “upper group” without isolated outliers) and the maximum concentration were determined using only the quantified concentrations, i.e. excluding concentrations $<LQ$. Then, the parameters were summarized in form of violin plots and box plots for each element in each matrix calculated using the software R (version 1.3.959, R Studio PBC, 2020). Adobe Illustrator CC (version 22.0.1, Adobe, 2018). Finally, the violin plots of all matrices were grouped in one synthetic figure per matrix.

Secondly, a **spatialization** of different sampling places as well as revealed hotspots (i.e. high or extremely high concentration data for a given element in a given matrix, see also classification in table 1) on the Kazakh territory was carried out using NextGIS QGIS version: 20.2.0 (qgis.osgeo.org). The geographic coordinates (GIS) of the points were either indicated in the article or calculated from the geographic details mentioned in the article. Moreover, emission sources near these hotspots were revealed.

Thirdly, all individual concentration data were sorted by a **classification according to their contamination level** in comparison to reference values. The chosen comparison scales were national regulations. Therefore, all concentration data were classified based on thresholds, which derive from the Kazakh soil regulation (2004). Moreover, Kazakh standards for environmental safety (2015) distinguish four safety levels for soil uses: safe (we use the term “lightly contaminated” **LC**, based on natural concentrations in soil without anthropogenic activities), moderately contaminated (**MC**: 10 times higher than the concentration considered as safe), heavily contaminated (**HC**: up to 25 times higher than the considered safe concentration) and extremely contaminated (**EC**) soils (more than 25 times higher than considered safe concentration). Thus, all thresholds were a multiple of the initial LC level, which was considered as the “safe” level.

This regulation expresses the content of the element in soil as the total concentration (Cu, Pb, Mn, As, and Hg) or the mobile fraction (Co). All elements or fractions missing in this regulation (i.e. total concentrations of Zn, Cd, Ni, Cr and Co as well as the mobile fractions of Pb and Mn) have been classified according to the Russian soil regulation (2006). Indeed, this standard can be considered as the root of Kazakh regulations because of its origin from former Soviet Union regulations, which has been in force up to its replacement by national regulations after the creation of the Republic of Kazakhstan. Thus, all threshold concentrations to classify elements (total or its mobile form) in soil were presented in table 1.

The concentration data of all elements in surface water have been classified according to Kazakh water guidelines (2015) concerning “water sources destined for household purposes except drinking”. The safe level (i.e. LC) corresponded to the concentration data in water under the level indicated in these guidelines. Concentration data up to 10 times more were classified as moderately contaminated (MC) and as highly contaminated (HC) when 10 times exceeded as shown in table 1. The definition of the EC class corresponded to concentration data 25 times higher than the ‘safe’ level despite the fact that in surface water no such high concentrations were revealed.

Finally, no specific guidelines for the concentrations in sediments were available in neither the Republic of Kazakhstan nor the Russian Federation. Numerous countries edited such guidelines to evaluate the quality of their sediments, but the threshold concentrations varied largely between them, which may be attributed to national specificities. Therefore, the most restrictive guidelines have

been chosen to determine the safe or LC level, corresponding to the quality level in the guidelines of the Canadian State of Ontario (CCME 2008). We then applied the same multiplication steps as previously in soil to determine the higher levels: the moderately contaminated (MC) sediments correspond up to 10 times of these concentrations, heavily contaminated (HC) to more than 10 times and finally extremely contaminated (EC) corresponding to 25 times higher than the “safe” threshold (i.e. LC).

All these classification thresholds have been summarized in table 1. Moreover, revealed hotspots, i.e. highest outliers, were presented and discussed in the context of local emission source(s).

3. Results

The statistical parameters of the distribution of each element in each matrix are presented in table 2. Their distribution was shown as violin plots in figure 2 separately for each of the studied environmental matrices soil (total element and mobile fraction), sediments and surface water respectively in the figures 2a, 2b, 2c and 2d. Finally, the frequency of data within the different contamination classes have been summarized in table 3.

Generally, much more concentration data in soil (n=1478) and surface water (n=1305) were available than in sediments (n=775). The frequency of analyses permits to distribute the elements in three main groups:

- very frequently measured (>500 individual concentration data) were Cu (n=667), Zn (n=603), Pb (n=593) and Cd (n=503).
- intermediate frequency of analysis for Cr (n=344), Mn (n=252) and Ni (n=247)
- rarely analyzed (<150 concentration data) were As (n=143), Hg (n=127) and especially Co (n=79).

The results were presented below separately for the terrestrial and the aquatic environment. The elements were grouped within both environmental media by their toxicity presenting inside the main hotspots or highest values with their potential emission sources nearby. Indeed, we renounced to a detailed presentation of mean concentration data, always available in table 2 or figures 2, which seems less relevant at the level of a country.

Highly toxic elements

Generally, the mean **cadmium** contamination was modest with 0.5 or 0.75 mg Cd kg⁻¹ soil respectively for the total and mobile fraction (table 2). Nevertheless, several hotspots were revealed (figure 3) with the highest data from the town of Shymkent (without indications about the precise sampling place) where the spring sample was reported at 32.2 mg kg⁻¹ (GMS 2019). Several hotspots have also been mentioned around the metal smelters in East Kazakhstan (towns Ridder and Oskemen) especially in the residential zone at 1.5 km from the smelter, with soil concentrations

systematically $>15 \text{ mg kg}^{-1}$ Cd and a maximum of 27.4 mg kg^{-1} (Woszczyk et al. 2018). This general tendency was confirmed, but with lower concentrations, by other studies for the same smelter in Oskemen (Boluspaeva and Panin 2012) and another KazZinc smelter in the town of Ridder (Kirshibaev et al. 2012). The Cd concentrations decreased rapidly with the distance to the smelter to be $<10 \text{ mg kg}^{-1}$ when the soil was sampled at more than 2 km. Another hotspot had been reported near Almaty around the Karasai landfill with compacted municipal waste (Kaliaskarova et al. 2019). Excluding samples, which have been taken within the landfill, soil samples of $12 \text{ to } 18 \text{ mg Cd kg}^{-1}$ were reported at some hundred meters around. Finally, a last hotspot appeared in West Kazakhstan around the Caspi Cement factory (near the village of Shetpe, Mangystau region) reported by Kenzhetayev et al. (2018). They reported soil concentrations of $8 \text{ to } 10 \text{ mg kg}^{-1}$ at sampling sites situated at less than 2.5 km from this factory (figure 3). The Cd contents in the aquatic chain remained generally modest with geometric means at 0.32 mg kg^{-1} in sediments and $1 \mu\text{g L}^{-1}$ in water (table 2). The maximum has been reported in sediments of the delta of the River Ili emptying into the Balkhash Lake with $6.2 \text{ mg Cd kg}^{-1}$ (Moore et al. 2003). Highest concentrations of $14 \text{ to } 77 \mu\text{g Cd L}^{-1}$ were reported in the surface water of rivers Tikhaya and Breksa in the town of Ridder (East Kazakhstan) by Yanygina and Evseeva (2019) with a hotspot at $182 \mu\text{g L}^{-1}$ (figure 3).

Soil samples averaged at 22.3 and 0.8 mg kg^{-1} respectively for total and mobile **lead**. Real hotspots were reported around the KazZinc metal smelters especially in the towns of Ridder and Oskemen with $> 500 \text{ mg kg}^{-1}$ at less than 2 km of the industrial area (Woszczyk et al. 2018). The highest value of $3.87 \text{ g (!) kg}^{-1}$ was reported at 1 km from the KazZinc facilities in Oskemen by the governmental monitoring report (GMS 2019). This survey indicated also hotspots around the metal treatment factories of the Yuzhpolimetall Corp. in Kentau with $600 \text{ to } 700 \text{ mg kg}^{-1}$ and even $1.2 \text{ to } 1.5 \text{ g kg}^{-1}$ at 0.5 km of their industrial facilities in the town of Shymkent (Turkestan region). Finally, seriously increased lead concentrations in soil of 870 mg kg^{-1} were reported beside the Balkhash Mining and Metallurgical Combine (BMMC) (GMS 2019) (figure 3). The **lead** concentrations in the aquatic chain were much lower than in soil with a geometric mean of 2 mg kg^{-1} in sediments and $10 \mu\text{g L}^{-1}$ in surface water (table 2). The highest data in sediments of $124 \text{ mg Pb kg}^{-1}$ were reported in the northwest part of the Lake Balkhash, by the way close to BMMC (Sharipova 2015). The highest value in water has been reported by (Burlibayev et al. 2013b) for the River Arys in Turkestan with 2.6 mg L^{-1} (figure 3). By the way, Krupa et al. (2017) reported that in the basin of this particular river, one of the main tributary to the River Syr Darya, the presence of cement factories and important industrial waste dumps of the Yuzhpolimetall Corp.

The concentration of total **chromium** and its mobile fraction averaged in soil respectively 61.1 and 0.5 mg kg^{-1} (table 2). Over 70% of the available measurements in soil investigated its mobile fraction without revealing real hotspots. The mean concentrations of total Cr were at 0.7 mg kg^{-1} and $4 \mu\text{g L}^{-1}$ respectively in sediments and surface water (table 2) without a real hotspot in sediments. In water,

the very toxic hexavalent Cr has been investigated in 38 samples out of 99 with some concentrations $> 100 \mu\text{g Cr}^{6+} \text{ L}^{-1}$ in the River Elek just downstream the town of Aktobe (figure 3) and a maximum of $273 \mu\text{g Cr}^{6+} \text{ L}^{-1}$ measured during the dry autumn (GMS 2019).

The soil concentration of **arsenic** was 31.2 mg kg^{-1} (table 2). Numerous samples with really high concentrations reflected real problems at different places in Kazakhstan, such as 38 mg kg^{-1} reported by Salbu et al. (2013) at the ancient Uranium mining site of Kurday (Zhambyl region), but also $32 \text{ to } 46 \text{ mg kg}^{-1}$ in the coastal zone of the River Ili and $72 \text{ to } 75 \text{ mg kg}^{-1}$ the Northern Balkhash region (Tilekova et al. 2015). The highest concentrations of 721 mg kg^{-1} were reported for the Vasilkovsky gold ore deposit near Kokshetau (Akmola region) by Tazitdinova et al. (2019) (figure 3). In comparison to soil, its concentrations in sediments seem less problematic as their geometric means was at 2.5 mg kg^{-1} and no reported concentration exceeded 20.2 mg kg^{-1} measured on the Mangystau coast of the Caspian Sea. In surface water, the revealed concentrations were less worrying with an average of $3 \mu\text{g L}^{-1}$ (table 2) with a maximum at $70 \mu\text{g L}^{-1}$ in the Aral Sea reported by Rzymiski et al. (2019).

With regard to soil, only 19 analyses of total **mercury** were available which averaged at 0.2 mg kg^{-1} (table 2). Despite a maximum of 19 mg kg^{-1} reported in the Northern Industrial zone of Pavlodar (Panin and Geldymamedova 2006) (figure 3), one third of the Hg concentrations in soil were indicated $< \text{LQ}$ (table 2, figure 2a). The highest **mercury** concentrations in sediments were issued from one single study (Ullrich et al. 2007) focusing on Hg contamination near a derelict chloralkali plant in Pavlodar (Northern Kazakhstan) (figure 3). The concentrations in surface sediments of the storage lake were extremely high (152 mg kg^{-1} on average of 23 individual samples of 0-2.5 cm sediments) and contrast with concentrations reported in the same study in surface sediments of the River Irtysh and its oxbow lakes of 0.007 and 0.17 mg kg^{-1} , respectively. Nevertheless, the other 28 sediment samples (out of 32, figure 2c) did not exceed 3 mg kg^{-1} (GMS, 2019) for the River Nura (Karagandy region). The geometric mean of the data from surface water of 5.1 ng L^{-1} hides large variations (table 2). Ullrich et al. (2007) reported from the water of the same storage lake a median concentration of $1 \mu\text{g L}^{-1}$ but also a maximum concentration of $7.5 \mu\text{g L}^{-1}$ at 200 m from the outfall point. Finally, Slivinsky et al. (2009) reported $4 \mu\text{g L}^{-1}$ in a wastewater channel of the Termitau Karagandy industrial complex (Karagandy region).

Less toxic elements

In comparison to the previously highly toxic elements, the following elements are generally much less toxic, even with relatively high concentrations.

The geometric means in soil were at 12.9 and 3.0 mg kg^{-1} respectively for total **copper** and its mobile fraction (table 2). Maximum values in soil were reported always in the same zone of the town of Oskemen with 856 mg kg^{-1} (Woszczyk et al. 2018). Another hotspot around the town of

Balkhash and its Mining and Metallurgic combine (BMMC) measured 133 mg of mobile Cu kg⁻¹ (GMS 2019) (figure 3). Its concentrations of mobile fraction around the sites of Yuzhpolimetall Corp in Shymkent were reported between 40 and 80 mg kg⁻¹. In sediments, Cu concentrations averaged at 3.3 mg kg⁻¹ (table 2) with hotspots of 220 mg kg⁻¹ in sediments of the River Shilosek near Kurday (Zhambyl Region) beside an ancient uranium mining site (Salbu et al. 2013) but also up to 211 mg Cu kg⁻¹ in sediments sampled in the northwest (Bertys Bay and Torangalyk Bay) of the Lake Balkhash (Sharipova 2015) (figure 3), The latter may be attributed to the previously mentioned BMMC plant nearby. The Cu concentration in surface water averaged at 10 µg L⁻¹ (table 2). Nevertheless, high concentrations between 1 and 6 mg L⁻¹ have been reported along the River Syr Darya by Mustafayev et al. (2017a) but also an absolute hotspot of 18,8 mg L⁻¹ in the River Saryozek close to the Altay Polymetals LLP in the sub-region of Karkaraly (Karaganda region) (figure 3) by the governmental survey (GMS 2019).

Zinc concentrations in soil averaged at 38.7 and 15.9 mg kg⁻¹ respectively for the total and its mobile fraction (table 2). Different studies in the industrial zones of the towns of Oskemen and Ridder reported concentrations exceeding 1 g Zn kg⁻¹ as previously mentioned for Cd and Pb. The maximum of 2.4 g Zn kg⁻¹ came from the residential zone in Oskemen at 1.5 km from the KazZinc smelter (Woszczyk et al. 2018) (figure 3). Geometric mean of the zinc concentration data was 4.9 mg kg⁻¹ in sediments and 20 µg L⁻¹ of surface water. No real hotspots have been reported in sediments, but high concentration in surface water were published again for the River Syr Darya between the town of Kyzylorda and the Aral sea (Mustafaev et al. 2017b) with several points between 5 and 8.8 mg Zn L⁻¹ (figure 3).

The mean concentration of **nickel** in soil was 31.6 and 2.8 mg kg⁻¹ respectively for total and mobile form (table 2). Without real hotspots, some slightly elevated concentrations around 60 mg kg⁻¹ were reported in the town of Almaty (Mynbaeva 2012), up to 80 mg kg⁻¹ close to the KazakhMys smelter north of the Lake Balkhash (Karagandy region) (Tilekova et al. 2015) and concentration maximum of nearly 160 mg Ni kg⁻¹ in the industrial zone of Pavlodar (Panin and Geldymamedova 2006). In sediments, nickel averaged at 3.8 mg kg⁻¹ and a maximum of 54.9 mg kg⁻¹ was reported in the delta of the River Zhayik (Ural river) in the Caspian Sea (de Mora et al. 2004) (figure 2c). The geometric mean in surface water was at 11 µg Ni L⁻¹ (table 2). Several samples of lightly contaminated surface water have been reported at 101 µg L⁻¹ for the ancient mining site Kurday (Zhambyl region) (Salbu et al. 2013), 118 µg L⁻¹ in the Kapshagay reservoir north of Almaty (Amirgaliev and Ismukhanova 2013), 107 to 152 µg L⁻¹ in different rivers around Kostanay at the Russian borderline (Kostanay region) and finally 254 µg L⁻¹ in the water reservoir beside the Lake Sarykol (GMS 2019). A real hotspot of 2.62 mg (!) L⁻¹ was reported by Slivinski and Krupa (2013) in the lake Tengiz (Akmola region) measured during the dry July where elements concentrated in a reduced water volume (figure 3).

Manganese concentrations in soil averaged at 562 mg kg⁻¹ (table 2) with the highest concentration of 1784 mg kg⁻¹ in the industrial area of the town of Pavlodar (Panin and Geldymamedova 2006) (figure 2b). In sediments and surface water, geometric means for Mn were respectively 29.1 mg kg⁻¹ and 30 µg L⁻¹ (table 2). No real hotspots were noticed for sediments but in surface water, samples over 1 mg L⁻¹ were reported (GMS 2019) for the River Kylshykty (Akmola region) and 3.36 mg L⁻¹ for the River Saryozek (Karagandy region) close to Altay Polimetal LLP cited previously for its copper hotspot (figure 3).

Finally, 26 **cobalt** concentration data in soil were available, within four expressed only the mobile fraction. The mean of total Co was at 12.6 mg kg⁻¹ soil (table 2) with a maximum of 63.4 mg kg⁻¹ reported for the eastern industrial zone of Pavlodar (Panin and Geldymamedova 2006). Only 7 concentrations of Co were found in sediments with an average of 5.8 mg kg⁻¹ and a maximum of 12.3 mg kg⁻¹ in the River Topar (Almaty region) close to its mouth in the River Ili (Shalakhmetova et al. 2018). The mean Co concentrations in surface water was at 4 µg L⁻¹ with a very high result of 105 µg L⁻¹ in the River Syr Darya (Zhang et al. 2020) near the town of Kyzylorda (figure 3).

Classification of contamination levels

The frequency of the different contamination levels of available data about HMs concentrations in soil, sediments and surface water are presented in table 3.

Globally, the majority of revealed concentrations were classified in the two lowest contamination classes LC and MC. The most highly contaminated samples (i.e. classified HC or EC) represented 8.4% (124 out of 1478). Such high contaminations concerned Cu (21/302), Zn (28/291), Pb (29/294), Cd (29/235) and As (17/44) but absence of highly contaminated soil samples were noticed for Cr, Mn, Ni, Hg and Co. The problematic samples corresponded to the hotspots presented previously.

Highly contaminated samples were much rarer in sediments of which only 8 out 775 (1%) were classified in HC or EC (table 3). The contaminations concerned sporadically Cu (2/117) and Cd (1/97) but more seriously Hg (5/32). Nevertheless, all EC samples for Hg in sediments were reported by the same study (Ullrich et al. 2007) and the specific sampling conditions have always been presented here above.

In surface water, 22 samples out of 1305 (1.7%) were classified as HC (table 3). They concerned sporadically Ni (1/110) and Cu (1/248), but more frequently Mn (4/108) and especially Pb (7/182) and Cd (9/171). The corresponding hotspots of these highly contaminated water samples have been presented in the previous chapter. No revealed water concentration corresponded to the EC class.

Thus, Cu and Cd presented hotspots in all three matrices. Highly concentrations of Pb were revealed in soil and surface water. The other elements cause problems in only

one specific matter: Zn and As in soil, Hg in sediments and finally Mn and Ni only in surface water (table 3).

4. Discussion

Methodological considerations

The majority of studies analyzed the elements *via* atomic absorption. Only four or three studies used methods based on respectively X-ray fluorescence or atomic emission and the most recent works used ICP-MS ($n=7$). Despite these analytical differences, their performances seem adapted to the targeted concentrations of the elements. Indeed, few concentrations were reported <LQ in soil (only Hg: 6 out of 19) and sediments (only Cd: 22 out of 97 and Pb: 23 out of 117). In contrast, nearly all elements (9 out of 11) measured in superficial water showed some samples <LQ (figure 2d). Their proportion did generally not exceed 10% of the samples, except for Hg (38 samples out of 76). By the way, the LQ in water was at least $0.1 \mu\text{g L}^{-1}$, (Co, Mn, Ni, and Zn), but for the most elements at 1 ng L^{-1} (As, Cd, Cr, Cu, Hg, Pb) what appears consistent to the objectives.

We regret the low number of available analyses of the very toxic elements Hg and partially also As. Given their toxicity, they should be investigated more systematically, monitoring mercury concentrations in gold ore of Vasilkovsky.

The results of the actual monitoring program are published on governmental websites (www.ecogofond.kz; www.kazhydromed.kz). These reports (such as GMS 2019) summarize the contents of the main metals (Cd, Cr, Cu, Pb, Zn and more sporadically Ni) on the main towns of each region of Kazakhstan. They would gain informative value by a more detailed description of the used analytical methods, but also by precisizing the speciation of the measured elements. Indeed, special attention should be paid to the most toxic forms as CH_3Hg , Cr^{6+} , As^{5+} or Pb^{2+} .

Generally, the published articles presented only mean concentrations, although some studies reported large variations between the different sampling points, such as along the River Syr Darya in the article of Zhang et al. (2020). The publication of all realized analyses would allow a more detailed analysis in time and/or space and to focus the generally restricted remediation means precisely there. Finally, the assessment of the risk for the food chain would consider the bioavailable fraction of the TTE. The use of different protocols to determine the mobile or bioavailable fraction represented a difficulty to compare the results between different studies. While an element in water can be considered as mobile, this distinction in soil is more difficult and the evaluation of the bioavailable proportion of the total content bring a real add value to the analysis. Finally, it would be interesting to compare the measured concentrations in the soil to the geochemical background, for instance in the study of Woszczyk et al. (2018). Unfortunately, only a few studies considered this natural parameter.

Geographic covering of the dataset

The available data do not allow a complete pattern of the geographic distribution of TTE pollutions in Kazakhstan (figure 1). Indeed, the governmental monitoring focuses on the main towns and the extracted studies targeted generally specific hotspots. Whilst our dataset covers soil analyses in the industrial centers like Oskemen or around Almaty, information about remote regions in the center part of the country was almost non-existent. Indeed, few studies have been found about Western Kazakhstan, especially the regions of Aktobe and Mangystau, with respect to their exploration activities associated to the industrial facilities or the Baikonyr Cosmodrome. Sediment and water samples cover the biggest water reservoirs of the country as the Lake Balkhash, the River Syr Darya and the Northeast of the Caspian Sea, but the rivers Karasu and Irgiz (Karagandy and Aktobe regions) and Ertis (regions of the Northeast) have been poorly investigated. In contrast, very little is known about TTE contaminations in remote areas. Despite the absence of large industrial facilities in these areas, the local waste management, including metallic wastes, is poorly organized and could create a real risk of diffuse emissions. The large distances and sparse transport facilities to these remote areas complicate investigations locally.

Despite these limits, several outcomes can be taken from this dataset. The soil samples taken around the different metal smelters could be easily linked to places with HC or EC concentrations of Cd, Pb, and Zn. Indeed, figure 3 illustrates that the EC concentrations in soil have been sampled around the metallurgic facilities in the East (towns of Ridder and Oskemen) the KazakhMys factory in the North Balkhash zone as well as the Yuzhpolimetall site in Shymkent. The concrete mixing plant in Kokshetau could be linked to extremely high concentrations of arsenic in soil. Soil samples taken in and around the largest city of the country, Almaty, showed mainly a contamination with Cd in water and soil, apparently linked to waste management in the Karasai landfill.

Few sediment samples were classified as HC or EC and has to be viewed in the context of the relatively low number of studies. Indeed, the dataset allows only investigating sediments from some specific sites but without information about others, such as big rivers like Ertis or Zhaiyk (figure 1). The reported analyses of sediments sampled on the Kazakh coast of the Caspian Sea or the Balkhash basin did therefore not reveal problematic contaminations.

In contrast, high contamination levels in different surface waters (rivers or reservoirs) were revealed around metal smelters or mining sites, especially for Cd, Pb and Mn showing a clear impact of these activities (figure 3). Some other high concentrations, especially in the West, were measured during the dry season when low water level concentrated TTE.

These findings show that economic benefits gained from such industrial activities are offset by a very consequential ecological impact on soil and water near related industrial

sites. Highlight these consequences is a crucial step to promote the changes of the industrial practices to reduce the environmental emissions.

Consequences of environmental pollution on for the Food safety

The shown high contamination levels of soil from certain places in Kazakhstan (hotspots) could induce risks for human health, particularly linked to contaminated food consumption (Kacholi and Sahu 2018; Dumat et al. 2019; Deng et al. 2020) or accidental soil ingestion, for instance throughout farming, gardening or leisure activities (Pascaud et al. 2014; Dumat et al. 2019). Contaminated surface water could also enhance an exposure of local populations when these sources were used for gardening, watering of farm animals or even in households. The use of surface water for these activities is favored by a difficult access to water in remote areas of several regions of the country, especially during the very continental summer. Moreover, exposure may act via food of animal origin, which is traditionally produced by extensively outside reared animals ingesting accidentally soil, and has been proven for the majority of species (Abrahams and Steigmajer 2003; Jurjanz et al. 2012, 2014). These facts have great significance in Kazakhstan where 80% of the agricultural land is classified as traditional pasture areas used by local people (Diacono et al. 2008) and the population has a traditionally staple meat diet (WHO 2019). Even the traditional Kazakh camel breeding based on an extensive mode and access to natural resources has been shown to be weakened by Pb and Cd pollution (Akhmetsadykova 2012). Tattibayeva et al. (2016) illustrated another example of the environmental effect of heavy metal contaminations on irrigated rice in Kazakhstan. Intuitively, it seems that the first step to reduce exposure of the population would be simply decreasing the emissions of the previously cited hotspot. Such simplistic solution has to be put in the economical context of a country where ore extraction and manufacturing represent 29% of the GDP (DTTL 2019) and paved the way for the reconstruction of the country after the collapse of the Soviet Union. Indeed, the importance of the heavy industry for the national economy of Kazakhstan underlines the need to maintain these sources of national wealth while reducing the environmental impact. Such compromises should go by a strong modernization of the industrial facilities to firstly reduce the emissions and secondly improve significantly waste management. A second step to reduce exposure of the population is aiming at an improved network of information for the local population concerning soil quality in order to develop adapted soil uses. Heavily contaminated surfaces as shown around some landfills should be excluded from residential areas or outdoor activities. Even food production can be adapted to a (light) presence of some TTEs as Kazakhstan adopted very largely a conservation agriculture (FAO 2017) by zero tillage, systematic land cover and crop rotation. Other factors also influence environmental and sanitary risks such as the solubility of pollutants, their mobility and transfers (promoted by low pH and poverty of organic matter in soil), the clay amount of soil (influencing soil structure and the trend of the soil to more or less adhere to the farmers' hands

causing accidental ingestion), the presence of several pollutants and finally the average daily quantities of soil ingested or inhaled. These agroecological farmers' practices participate to halt soil erosion and increase finally food quality as metals transfers in the environment and soil-biosphere transfers are reduced.

Finally, the third step consists of a joint venture of scientific institutions and local authorities to raise the population's awareness of measures to reduce their exposure including washing and peeling of home-grown vegetables, reducing the consumption of offal, which can especially bioaccumulate some TTE, such as cadmium or simply improving drinking water supply in remote areas.

The assessment of the sanitary risk by the stakeholders needs to identify the main exposure scenarios and to build on it a strategy integrating all these levels: reduced emissions, function of the soil uses, adapted human practices and food habits.

5. Conclusion

The present synthesis of published concentration data concerning 10 toxic trace elements in environmental matrices on the territory of Kazakhstan during the last 20 years showed some very high contamination levels (hotspots), especially with the very toxic cadmium, lead and arsenic, but also with less toxic copper and zinc in the vicinity of industrial sites, mainly in soil and surface water. Although the majority of data was not within a dangerous range, some real hotspots were identified, mainly near sites of metal manufacturing in the East and the North of the country. Despite some limits of our approach, the presented pragmatic analysis of this enormous database gives on the one hand a very useful overview of the environmental situation in the country and indicates on the other hand some elements to improve significantly further field investigations in Kazakhstan, especially on targeted TTE, their speciation and sampling areas.

In order to promote a sustainable food policy development in Kazakhstan, these scientific findings may be a guide to focus on industrial sites where emissions have to be reduced, to adapt the land use to its contamination level and finally, to deploy a policy of education and protection of the local population to improve significantly the food safety and to decrease human exposure.

Table 1. Classification thresholds of heavy metal concentrations in soil or sediments (mg kg⁻¹ of dry matter) as well as in surface water (µg L⁻¹) according to local regulations.

Element			Threshold 1	Threshold 2	Threshold 3
			lightly contaminated	moderately contaminated	heavily contaminated
Cu	total	soil ^a	33	330	825
	mobile	soil ^a	3	30	75
	total	sediments ^c	16	160	400
	total	water ^d	1 000	10 000	Not defined
Zn	total	soil ^b	55	550	1 375
	mobile	soil ^a	23	230	575
	total	sediments ^c	120	1 200	3 000
	total	water ^d	1 000	10 000	Not defined
Pb	total	soil ^a	32	320	800
	mobile	soil ^b	6	60	150
	total	sediments ^c	31	310	775
	total	water ^d	30	300	Not defined
Cd	total	soil ^b	0.5	5	12.5
	total	sediments ^c	0.6	6	15
	total	water ^d	1	10	Not defined
Cr	total	soil ^b	100	1 000	2 500
	mobile	soil ^a	6	60	150
	total	sediments ^c	26	260	650
	total	water ^d	550	5 500	Not defined
Cr⁶⁺		water ^d	5	50	Not defined
Mn	total	soil ^a	1 500	15 000	37 500
	mobile	soil ^b	140	1 400	3 500
	total	sediments ^c	460	4 600	11 500
	total	water ^d	100	1 000	Not defined
Ni	total	soil ^b	20	200	500
	mobile	soil ^a		40	
	total	sediments ^c	16	160	400
	total	water ^d	100	1 000	Not defined
As	total	soil ^a	2	20	50
	total	sediments ^c	6	60	150
	total	water ^d	50	500	Not defined
Hg	total	soil ^a	2,1	21	52,5
	total	sediments ^c	0,2	2	5
	total	water ^d	0,5	5	Not defined
Co	total	soil ^b	20	200	500
	mobile	soil ^a	5	50	125
	total	water ^d	100	1 000	Not defined

^a according to Kazakh soil regulation (2004)

^b according to Russian soil regulation (2006)

^c according to Ontario guidelines for the quality of sediments (2008)

^d according to guidelines for water sources in Kazakhstan (2015)

Table 2. Statistical parameters of the distributions of the reported concentration data of all analyzed toxic trace elements in soil, sediments and surface water in Kazakhstan.

Element			n _{tot}	n _{<LQ}	Normality ^a	G. mean ^b	A. mean ^c	95 th pc ^d	max ^e
Cu	total	soil	137	-	no	12.91	47.72	162.4	856.3
	mobile	soil	165	-	no	3.03	12.29	63.6	132.8
	total	sediments	117	-	no	3.33	12.32	42.9	220.0
	total	water	248	10	no	0.01	0.37	3.0	18.8
Zn	total	soil	107	-	no	38.72	220.82	1482.3	2406.3
	mobile	soil	184	-	no	15.92	88.56	492.0	1136.6
	total	sediments	102	-	no	4.91	11.39	56.8	119.9
	total	water	210	9	no	0.02	0.51	3.8	8.8
Pb	total	soil	276	-	no	22.34	127.65	653.9	3875.2
	mobile	soil	18	-	no	10.17	24.42	60.7	65.0
	total	sediments	117	23	no	2.02	12.10	32.7	124.0
	total	water	182	21	no	0.010	0.114	0.25	2.7
Cd	total	soil	218	-	no	0.50	2.36	13.0	32.3
	mobile	soil	17	-	no	0.76	2.48	5.5	6.8
	total	sediments	97	22	no	0.32	0.64	1.6	6.2
	total	water	171	13	no	0.001	0.005	0.01	0.18
Cr	total	soil	41	1	no	61.13	77.86	146.2	448.7
	mobile	soil	105	-	no	0.48	2.11	7.2	57.0
	total	sediments	97	-	no	0.69	5.74	31.7	103.0
	total	water	63	4	no	0.004	0.021	0.16	0.21
Cr⁶⁺		water	38	5	no	-	-	0.19	0.27
Mn	total	soil	44	-	no	562.47	648.31	1049.9	1784.3
	mobile	soil	8	1	no	2.35	27.04	97.3	130.0
	total	sediments	92	-	no	29.14	217.43	631.5	1080.0
	total	water	108	-	no	0.03	0.21	0.77	3.4
Ni	total	soil	47	-	no	31.56	42.30	79.6	159.7
	mobile	soil	22	-	no	2.77	3.96	8.6	8.9
	total	sediments	68	-	no	3.84	7.87	30.9	54.9
	total	water	110	1	no	0.011	0.05	0.11	2.7
As	total	soil	30	-	yes	31.24	74.17	294.3	721.0
	mobile	soil	14	-	no	0.85	1.43	2.5	2.7
	total	sediments	46	-	no	2.49	3.34	8.8	20.2
	total	water	53	9	no	0.003	0.01	0.05	0.07
Hg	total	soil	19	6	no	0.23	2.01	9.7	19.0
	total	sediments	32	1	no	0.11	9.54	62.5	151.5
	total	water	76	38	no	5.12E-05	3.14E-04	0.001	0.004
Co	total	soil	22	-	no	12.55	16.95	43.6	63.4
	mobile	soil	4	-	no	0.09	0.23	0.7	0.8
	total	sediments	7	-	no	5.77	6.75	12.2	12.3
	total	water	46	6	no	0.004	0.010	0.05	0.11

n_{tot} total number of quantified concentration data

n_{<LQ} number of concentration data reported under the limit of quantification

^a normality of distribution of residues tested by Shapiro test at the threshold $P < 0.05$

^b G. mean – geometric mean of all quantified concentration data

^c A. mean - arithmetic mean of all quantified concentration data

^d 95th percentile

^e maximum concentration data of the whole dataset

Table 3. Sample frequency in contamination levels of toxic trace elements in soil, sediments and surface water in Kazakhstan

Element	Soil					Sediments					Surface water				
	n	LC	MC	HC	EC	n	LC	MC	HC	EC	n	S	LC	HC	EC
Cu total	137	77	59	-	1	117	97	18	2	-	248	228	19	1	-
mobile	165	72	73	14	6	-	-	-	-	-	-	-	-	-	-
Zn total	107	69	26	6	6	102	102	-	-	-	210	186	24	-	-
mobile	184	94	74	8	8	-	-	-	-	-	-	-	-	-	-
Pb total	276	153	95	16	12	117	111	6	-	-	182	125	50	7	-
mobile	18	7	10	1	-	-	-	-	-	-	-	-	-	-	-
Cd total	218	125	63	17	12	97	63	33	1	-	171	63	99	9	-
mobile	17	nc ^a	-	-	-	-	-	-	-	-	-	-	-	-	-
Cr total	41	34	7	-	-	97	91	6	-	-	63	63	-	-	-
mobile	105	97	8	-	-	-	-	-	-	-	Cr⁶⁺ 38	27	11	-	-
Mn total	44	43	1	-	-	92	63	29	-	-	108	64	40	4	-
mobile	8	8	-	-	-	-	-	-	-	-	-	-	-	-	-
Ni total	47	9	38	-	-	68	59	9	-	-	110	100	9	1	-
mobile	22	14	8	-	-	-	-	-	-	-	-	-	-	-	-
As total	30	-	13	7	10	46	42	4	-	-	53	50	3	-	-
mobile	14	nc ^a	-	-	-	-	-	-	-	-	-	-	-	-	-
Hg total	19	17	2	-	-	32	24	2	1	4	76	38	38	-	-
Co total	22	17	5	-	-	7	nc ^a	-	-	-	46	45	1	-	-
mobile	4	4	-	-	-	-	-	-	-	-	-	-	-	-	-

n number of samples;

contamination levels (see table 1): LC – lightly contaminated; MC - Moderately contaminated; HC - Heavily contaminated; EC - Extremely contaminated; S – Safe;

a no classification (generally due to missing reference thresholds)

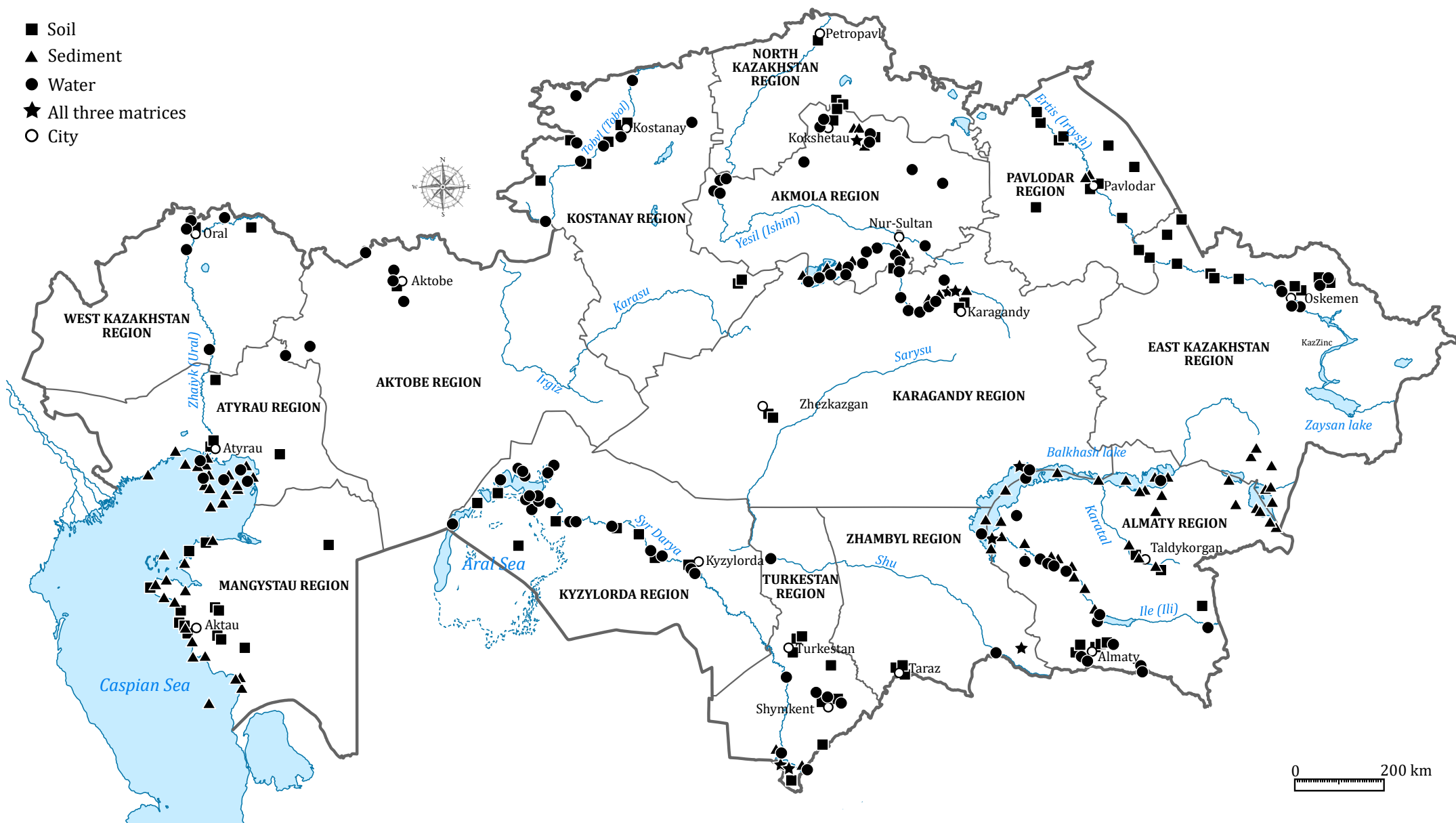


Figure 1. Sampling points for soil (square), sediments (triangle), and surface water (ring) on the territory of the Republic of Kazakhstan

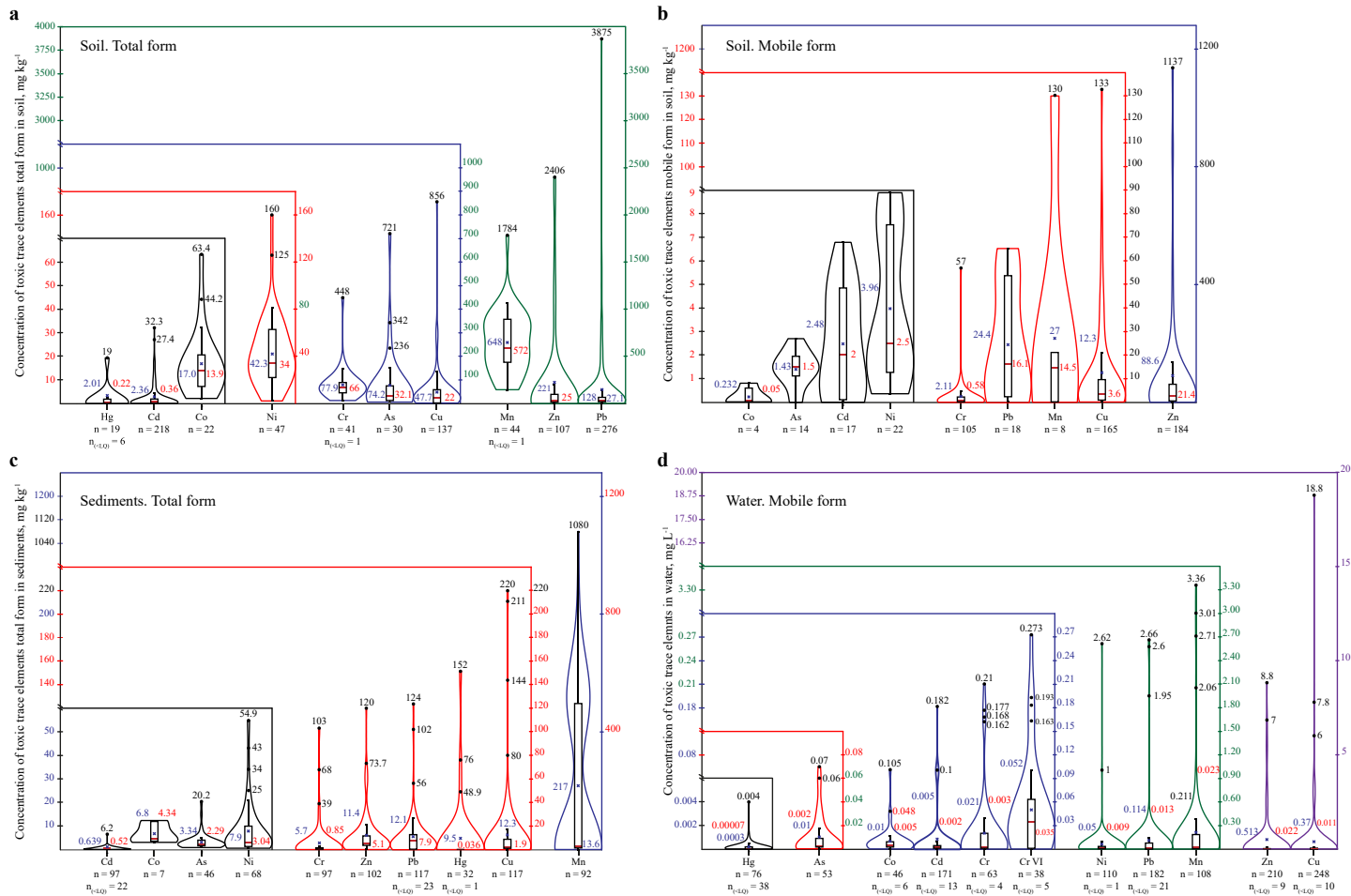


Figure 2. Plots of the heavy metal concentrations in different environmental matters with a box plot for means (blue number), median (red number), and outliers (black numbers) as well as a rotated kernel density plot to illustrate the probability density of the data

- a Plots of the concentration of each heavy metals total form in soil.
- b Plots of the concentration of the mobile fraction of each heavy metal in soil.
- c Plots of the concentration of each heavy metal in sediments
- d Plots of the concentration of each heavy metal in surface water

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Availability of data and materials

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