

# **Effect of Empagliflozin on Circulating Proteomics in Heart Failure: Mechanistic Insights from the EMPEROR Program**

Faiez Zannad, João Pedro Ferreira, Javed Butler, Gerasimos Filippatos, James L Januzzi, Mikhail Sumin, Matthias Zwick, Maral Saadati, Stuart J Pocock, Naveed Sattar, et al.

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#### 1 **Effect of Empagliflozin on Circulating Proteomics in Heart Failure: Mechanistic**  2 **Insights from the EMPEROR Program**

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- 45 Short tile: Empagliflozin proteomics in heart failure
- 46

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#### **Abstract**

- *Background*: Sodium glucose co-transporter 2 (SGLT2) inhibitors improve
- cardiovascular outcomes in diverse patient populations, but their mechanism of
- action requires further study.

 *Aims*: To explore the effect of empagliflozin on circulating levels of intracellular proteins in patients with heart failure, using large-scale proteomics. 4*lms*: To explore the effect of empaglifiozin on circulating levels of intracellular<br>
6 proteins in patients with heart failure, using large-scale proteomics.<br>
4 Methods: Over 1250 circulating proteins were measured at

- *Methods*: Over 1250 circulating proteins were measured at baseline, week 12 and
- week 52 in 1134 patients from EMPEROR-Reduced and EMPEROR-Preserved,

using the Olink® Explore 1536 platform. Statistical and bioinformatical analyses

- identified differentially expressed proteins (empagliflozin vs placebo), which were
- then linked to demonstrated biological actions in the heart and kidneys.
- *Results*: At week 12, 32 of 1283 proteins fulfilled our threshold for being differentially
- expressed, i.e., their levels were changed by ≥10% with a false discovery rate < 1%
- (empagliflozin vs placebo). Among these, nine proteins demonstrated the largest
- treatment effect of empagliflozin: insulin-like growth factor-binding protein 1,
- transferrin receptor protein 1, carbonic anhydrase 2, erythropoietin, protein-
- glutamine gamma-glutamyltransferase 2, thymosin beta-10, U-type mitochondrial
- creatine kinase, insulin-like growth factor-binding protein 4, and adipocyte fatty acid-
- binding protein 4. The changes of the proteins from baseline to week 52 were
- generally concordant with the changes from baseline to week 12, except
- empagliflozin reduced levels of kidney injury molecule-1 by ≥10% at week 52, but not
- at week 12. The most common biological action of differentially-expressed proteins
- appeared to be the promotion of autophagic flux in the heart, kidney or endothelium,
- 24 a feature of 6 proteins. Other effects of differentially-expressed proteins on the heart
- included the reduction of oxidative stress, inhibition of inflammation and fibrosis, and
- the enhancement of mitochondrial health and energy, repair and regenerative
- capacity. The actions of differentially expressed proteins in the kidney involved

promotion of autophagy, integrity and regeneration, suppression of renal

inflammation and fibrosis, and modulation of renal tubular sodium reabsorption.

 *Conclusions*: Changes in circulating protein levels in patients with heart failure are consistent with the findings of experimental studies that have shown that the effects of SGLT2 inhibitors are likely related to actions on the heart and kidney to promote autophagic flux, nutrient deprivation signaling and transmembrane sodium transport.

*Key words*: heart failure; proteomics; SGLT2 inhibitors; differentially expressed

proteins





Protective effects on the heart are shown in red; protective effects on the kidney are shown in blue. Empagliflozin had the largest treatment effect on proteins shown in larger font and in italics. Abbreviations: IGFBP1, insulin-like growth factor-binding protein 1; TfR1, transferrin receptor protein 1; EPO, erythropoietin; TGM2, protein-glutamine gamma-glutamyltransferase 2; TMSB10, thymosin beta-10; uMtCK, mitochondrial creatine kinase U-type; IGFBP4, insulin-like growth factor-binding protein 4; EpCAM, epithelial cell adhesion molecule; PLA2, phospholipase A2; ANGPTL4, angiopoietin-related protein 4; RBP2, retinol-binding protein 2; CCN5, CCN family member 5; ANGPTL4, angiopoietin-related protein 4; FST, follistatin; Mdk, midkine; GUCA, guanylin. RBP2 has both cardioprotective and nephroprotective effects.

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- UMOD uromodulin
- uMtCK U-type mitochondrial creatine kinase
- 
- 

#### **Introduction**

 Sodium-glucose co-transporter 2 (SGLT2) inhibitors improve cardiovascular outcomes across a wide range of high-risk patients, including those with type 2 diabetes, chronic kidney disease, and heart failure with a reduced or preserved ejection fraction.<sup>1</sup> These benefits have been characterized by a decrease in the risk of cardiovascular mortality and heart failure hospitalizations and a reduction in major adverse renal events.<sup>2</sup> 

 The underlying mechanisms by which SGLT2 inhibitors improve heart failure and renal outcomes are incompletely understood. Recent evidence suggests that SGLT2 inhibitors may induce a state of starvation mimicry, characterized by enhanced nutrient deprivation signalling and autophagic flux, which leads to an improvement in mitochondrial function, a decrease in oxidative stress, and suppression of 15 proinflammatory and profibrotic pathways.<sup>3</sup> It has also been hypothesized that SGLT2 inhibitors may decrease the activity of sodium-hydrogen exchangers in the heart and kidneys, which may reduce intracellular sodium in cardiomyocytes and 18 Promote urinary sodium excretion.<sup>4</sup> Mediation analyses have identified increases in haemoglobin and decreases in uric acid as statistical intermediaries of the benefits of SGLT2 inhibitors on heart failure and renal outcomes.<sup>5,6</sup> Changes in haemoglobin 21 and uric acid may reflect the effects of enhanced nutrient deprivation signalling on erythropoietin production and the effects of augmented autophagic flux on oxidative 23 stress. $3,7$ diabetes, chronic kidney disease, and heart failure with a reduced or preserved<br>
6 ejection fraction.<sup>1</sup> These benefits have been characterized by a decrease in the risk<br>
7 of cardiovascular mortality and heart failure hos

 We performed large-scale proteomic analyses of biosamples collected in the EMPEROR-Reduced and EMPEROR-Preserved trials before and following short- and long-term treatment with empagliflozin to gain insights into the potential mechanisms of action of SGLT2 inhibitors in patients with chronic heart failure. 

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#### **Methods**

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#### *Study Populations and Biosampling*

 A total of 9718 patients were randomized into the EMPEROR-Reduced (n=3730) and EMPEROR-Preserved (n=5988) trials. Participation in sampling for biobanking of plasma, serum, DNA, and urine was voluntary and not a prerequisite for participation in the trials. Biosamples were collected only if a separate informed consent had been signed, in accordance with local ethical and regulatory requirements. The countries that participated in the biobanking substudy and the methodology of sample collection are described in *Supplementary Methods 1.* In EMPEROR-Reduced, 3831 patients gave consent for the collection of biosamples, and of these, 1963 patients had samples available at baseline (i.e., before randomization) and at one or both on-treatment sampling visits (at week 12 or week 52). In EMPEROR-Preserved, of the 3067 patients who gave consent for the collection of biosamples, 1463 patients had samples available at baseline and at one or both on-treatment sampling visits (at week 12 or week 52). The plasma samples of 600 patients (out of 1963) in EMPEROR-Reduced and of 539 (out of 1463) in EMPEROR-Preserved were randomly selected, and patients were stratified by treatment assignment and data availability. This sample size was determined by budgetary constraints. A total of 599 patients (out of the 600) in EMPEROR- Reduced and 535 (out of 539) in EMPEROR-Preserved had good quality samples 24 with available data both at baseline and at one or both post-randomization visits; thus, a total of 1134 patients were included in the pooled analysis (EMPEROR- Pooled), see *Supplementary Methods 2*. 6 and EMPEROR-Preserved (n=5988) trials, Participation in sampling for bioban<sup>R</sup>ing<br>
7 of plasma, serum, DNA, and urine was voluntary and not a prerequisite for<br>
8 participation in the trials. Biosamples were collected on

 In these 1134 patients, measurements of circulating proteins were performed using the Olink® Explore 1536 platform, which utilizes proximity extension assay (PEA) technology with a dual-recognition DNA-coupled readout, in which oligonucleotide-

1 labelled antibody probe pairs bind to their respective targets.<sup>8</sup> The Olink<sup>®</sup> Explore 1536 platform consists of 1472 protein assays and 64 internal controls, and divided into four 384-plex panels, and in each panel, overlapping assays of interleukin-6, 4 interleukin-8, and tumor necrosis factor- $\alpha$  are included as an additional quality 5 control. The platform provides  $log<sub>2</sub>$  normalized protein expression values with relative quantification. Performance of the assays was blinded to the treatment allocation. Samples were allocated in a random order to avoid any systematic influence of study or timepoint. Protein expression values were missing when samples failed quality control (as specified by the manufacturer), and missing values were not imputed. Proteins that were below the limit of detection in >33% of baseline samples were excluded from the analysis. A total of 1283 proteins were evaluated.

#### *Statistical and Bioinformatical Analysis*

 Differences in the level of proteins were assessed using mixed models for repeated measurements, in which we calculated the between-group difference (empagliflozin vs placebo) in the change in plasma concentrations for each protein from baseline to week 12 and week 52, while adjusting for the baseline covariates that had been prespecified in the statistical plan for each trial (i.e., age, sex, geographical region, diabetes, left ventricular ejection fraction, estimated glomerular filtration rate [eGFR]). We also prespecified an adjustment for the baseline protein expression and trial assignment (EMPEROR-Reduced and EMPEROR-Preserved). The change from baseline in eGFR was included as a covariate in a post hoc sensitivity analysis. sontrol. The platform provides log<sub>2</sub> normalized protein expression values with relative<br>
6 quantification. Performance of the assays was blinded to the treatment allocation.<br>
7 Samples were allocated in a random order to

25 We identified differentially-expressed proteins as those fulfilling two independent 26 criteria: (1) proteins with  $|log_2$  fold change  $|log_2(1.1)$ , corresponding to a  $\geq 10\%$ 27 increase from baseline ( $log_2$  fold change  $> 0.1375$ ) or a symmetric  $> 9.09\%$  decrease from baseline; and (2) a false discovery rate q-value (FDRq) <1%, which applies a Benjamini-Hochberg correction to the raw P-value, in order to minimize inflation of a

1 false positive error rate due to multiplicity of comparisons.<sup>9</sup> Significance of differences between treatment effects at week 12 and 52 were investigated by a

treatment-by-visit interaction term in the model.

5 All proteins measured in the Olink® platform are known to exert diverse function

- across many biological domains. We initially grouped differentially-expressed
- proteins according to their reported actions in oncology, but these groupings had
- little meaning in cardiology and nephrology. Therefore, we performed an extensive

biomedical literature search to identify the biological effects of differentially-

expressed proteins in the heart and kidneys.

### **Results**

### *Patient Characteristics*

 The 1134 patients had a mean age of 70 years, 32% were women, 85% were White, and 57% were recruited in Europe. In addition, 48% had type 2 diabetes, the mean left ventricular ejection fraction was 40%, and the mean eGFR was 61 ml/min/1.73  $19 \text{ m}^2$ . When the 1134 patients whose biosamples were analysed were compared with the 8584 patients who were randomized in the EMPEROR trial but were not represented in the current analyses, patients not in the current analysis were more likely to be women (37% vs 32%), less likely to be White (72% vs 85%), or from Europe (40% vs 57%), and had a higher ejection fraction (45% vs 40%), *Supplementary Table 1.* S All proteins measured in the Olink<sup>®</sup> platform are known to exert diverse function<br>
6 across many biological domains. We initially grouped differentially-expressed<br>
7 proteins according to their reported actions in oncol

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*Differentially Expressed Proteins at Week 12*

 Based on our prespecified criteria and covariate adjustment, 32 of 1283 proteins fulfilled our threshold for being differentially expressed at week 12; all were 5 increased by  $\geq 10\%$  (log<sub>2</sub> fold change > 0.1375) and had a false discovery rate < 1% (corresponding generally to a raw P-value < 0.0007 for the difference between empagliflozin and placebo), Table 1. Among these, nine proteins demonstrated the largest treatment effect of 10 empagliflozin ( $log<sub>2</sub>$  fold change  $> 0.201$  (corresponding to a  $>15\%$  increase with a false discovery rate < 1%. These were insulin-like growth factor-binding protein 1 (IGFBP1), transferrin receptor protein 1 (TfR1), carbonic anhydrase 2 (CA2), erythropoietin (EPO), protein-glutamine gamma-glutamyltransferase 2 (TGM2), thymosin beta-10 (TMSB10), mitochondrial creatine kinase U-type (uMtCK), insulin- like growth factor-binding protein 4 (IGFBP4), and adipocyte fatty acid-binding protein 4 (AFABP4). Among these, the effect of empagliflozin on TfR1 was particularly noteworthy with a nearly 20% increase and an exceptionally low false 18 discovery rate  $(2.5 \times 10^{-10})$  with a raw P-value of 1.9 x 10<sup>-13</sup>. The effects of empagliflozin (corrected for placebo) on all measured circulating proteins (corrected for placebo) from baseline to week 12 are shown in *Supplementary Table 2* and displayed in *Supplementary Figure 1*. No differentially increased by  $\geq 10\%$  (log. fold change > 0.1375) and had a false discovery rate  $\leq 1\%$ <br>
6 (corresponding generally to a raw P-value < 0.0007 for the difference between<br>
7 empaglifiozin and placebo), Table 1.<br>
8 Amon

 expressed protein showed a statistically significant interaction between EMPEROR- Reduced and EMPEROR-Preserved at week 12, *Supplementary Table 3*. No differentially expressed protein met the criteria for a meaningful decrease in level at week 12. Of note, N-terminal prohormone B-type natriuretic peptide declined at 12 weeks, but the change was not statistically significant.

 In a post hoc sensitivity analysis, we examined the effects of empagliflozin vs placebo on the changes in protein levels from baseline for all 1283 proteins after the inclusion of the change in eGFR from baseline to week 12 as an additional covariate. No new proteins were found to be differentially expressed. Of the 32 differentially expressed proteins in our original model, adjustment for the change in eGFR did not meaningfully influence the effect size for proteins with the largest treatment effect, 7 but 5 of the 6 proteins with the smallest changes in our original model now fell 8 meaningfully below the threshold of  $log<sub>2</sub>$  fold change of 0.1375 following adjustment (Table 1). For the remaining 27 proteins, the false discovery rate generally increased modestly, but remained < 5% for all proteins, and was < 2% for all but 4 proteins. *Differentially Expressed Proteins at Week 52* The changes of the proteins from baseline to week 52 were generally concordant with the changes from baseline to week 12 (Supplementary Figure 1), as demonstrated by a lack of significant treatment-by-time interactions for all proteins, with one exception. When compared with placebo, empagliflozin did not have a meaningful effect on kidney injury molecule-1 (KIM-1) at week 12, but it decreased 20 KIM-1 at week 52 (Figure 1),  $log_2$  fold change  $-0.18$  (95% CI  $-0.10$  to  $-0.27$ ), a 12% decrease with a false discovery rate of 0.006%. The effect of empagliflozin on KIM-1 s expressed proteins in our original model, adjustment for the change in eGFR glid not<br>
6 meaningfully influence the effect size for proteins with the largest treatment effect,<br>
7 but 5 of the 6 proteins with the smallest

 at 52 weeks was significantly different from that at 12 weeks, visit-by-treatment interaction false discovery rate of 0.008%.

#### *Biological Actions of Differential Expressed Proteins on the Heart and Kidney*

 As noted above, after adjustment for changes in eGFR, the circulating levels of 27 29 proteins were increased by  $\approx$ 10% or more by empagliflozin at 12 weeks, and one

protein was decreased by at least 10% by the drug at 52 weeks. The known

biological effects of these 28 proteins are shown in Table 2.<sup>10-62</sup>

 Fourteen proteins have established effects in the heart, and of these, the most common effect was the promotion of autophagic flux (5 proteins), which was particularly characteristic of the three cardiac-acting proteins that had the largest 7 effect size (IGFBP1, TfR1 and EPO), Table 1.<sup>10,13,15</sup> Most of the other 11 proteins have been shown to reduce oxidative stress or its consequences, inhibit apoptosis, inflammation and fibrosis, and enhance the energy, repair and regenerative capacity of the heart (Table 2 and Figure 2). s common effect was the promotion of autophagic flux (5 proteins), which was<br>
6 particularly characteristic of the three cardiac-acting proteins that had the fargest<br>
7 effect size (IGFBP1, TIR1 and EPO), Table 1.<sup>10,13,1</sup>

 Nine proteins have established effects in the kidney (Table 2), and of these, three proteins (carbonic anhydrase 2, guanylin and uromodulin) have actions on sodium transport in the renal tubules.  $46,47,50$  Two proteins have been shown to inhibit renal 15 injury, inflammation, and fibrosis (uromodulin and KIM-1),<sup>51,54</sup> and three proteins play a role in promoting renal autophagy, tubular integrity and regeneration (RBP2, 17 TSMB10 and EpCAM), Figure 2 and Table 2.<sup>24,56,57</sup>

## **Discussion**

 Our proteomics analysis of blood samples taken from participants pooled from the 21 EMPEROR-Reduced and EMPEROR-Preserved trials indicate that circulating levels of approximately 30 proteins changed meaningfully during SGLT2 inhibition with empagliflozin (Structured Graphical Abstract). Concentrations of these proteins changed by at least 10%, and they did so with substantial consistency, yielding results that were highly statistically significant, even after major adjustment for multiplicity of testing. Our thresholds for identifying differentially expressed proteins were similar to or more stringent than those used in other cardiovascular proteomics analyses; we used a false discovery rate of < 1%, rather than the < 5% that has

been commonly used in other studies. Importantly, the changes in the circulating levels of most differentially-expressed proteins were not related to changes in renal clearance than may have been produced by empagliflozin as a result of its action to reduce intraglomerular filtration pressures, since our results did not meaningfully change following adjustment for changes in glomerular filtration rate. It should be understood that most of the proteins that we assessed act intracellularly, and it is plausible that changes in circulating levels parallel changes in the intracellular concentration of these proteins with subsequent release from cytosol. However, the magnitude of this release does not necessarily reflect the intracellular expression or activation of these proteins, whose stochiometric relationships may not be linear. Furthermore, our proteomics analyses cannot identify the organ sources of this protein release.

 In experimental studies, SGLT2 inhibitors have been shown to exert cardioprotective and nephroprotective effects by promoting autophagic flux and mitigating apoptosis, muting oxidative and other cellular stresses, inhibiting proinflammatory and 17 profibrotic pathways, and enhancing cellular energy stores and metabolism.<sup>3,64-68</sup> It is therefore noteworthy that most of the 33 differentially expressed proteins identified in our proteomics analyses have been shown to exert favourable effects on the heart and kidney in hypothesis-driven experimental studies performed in animal models of cardiac and renal injury (Table 2). Of particular note, six proteins have been shown to promote autophagic flux in the heart, kidney or endothelium, i.e., IGFBP1, TfR1, 23 EPO, follistatin, ANGPTL4 and RBP2.<sup>10,11,13,15,19, 24,30</sup> 5 change following adjustment for changes in glomerular filtration rate. It should be<br>
a understood that most of the proteins that we assessed act intracellularity, and it is<br>
7 plausible that changes in circulating level

 Five proteins have been shown to reduce the levels or consequences of oxidative stress and improve mitochondrial health in the myocardium (TfR1, PLA2,

27 ANGLPTL4, IGFBP4 and uMtCK).<sup>13,28,29,31,36</sup> Four proteins have been reported to

enhance energy metabolism, cardiac repair or the renewal of cardiomyocytes

29 (RBP2, IGFBP4, TGM2 and uMtCK).<sup>23,32-35</sup> As a result of these and other actions,

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1 many of the differentially-expressed proteins have favourable effects to retard 2 maladaptive ventricular hypertrophy or remodelling, Table 2. In addition, two 3 proteins have demonstrated effects to mitigate renal injury and inflammation 4 (uromodulin and KIM-1);<sup>49,52</sup> three proteins have been shown to promote renal 5 autophagy or enhance the integrity or regeneration of renal tubular cells (RBP2, 6 TSMB10 and EpCAM),  $55,57$  and three proteins (carbonic anhydrase 2, quanylin and 7 uromodulin) play a role in renal tubular sodium transport.<sup>47,49</sup> Therefore, our 8 proteomics analyses suggest that the pathways that are influenced by SGLT2 9 inhibitors in patients with heart failure are similar to those influenced by these drugs 10 in animal models of cardiac or renal stress.  $64-69$ 

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12 Importantly, our conclusions remained unaltered even when we focused on proteins 13 with the most marked changes, Figure 1. The protein that showed the most striking 14 increase was IGFBP1, which binds to insulin-like growth factor 1 (IGF1) to limit its 15 activity. IGF1 has demonstrable deleterious effects on the heart to suppress autophagy, and its upregulation promotes the development of cardiomyopathy.<sup>10</sup> 17 The protein that showed the second largest treatment effect in the current study was 18 TfR1, which is required for iron transport into cardiomyocytes to prevent contractile 19 dysfunction,<sup>70</sup> but it also enhances nutrient deprivation signaling.<sup>14</sup> Knockout of TfR1 20 leads to mitochondrial derangements, suppression of autophagy and the 21 development of cardiomyopathy.<sup>13</sup> The third most differentially expressed protein 22 related to heart function was EPO, which is classically known as the principal 23 stimulus to red blood cell production. However, EPO also exerts direct effects on the 24 heart (independent of its actions on erythrocytosis) to promote autophagy, prevent 25 adverse ventricular remodelling, and mute proinflammatory and profibrotic signaling 26 in the myocardium.<sup>15-17</sup> Interestingly, all three proteins are functionally related to the 27 increases in haemoglobin seen in clinical trials with SGLT2 inhibitors, a physiological 28 change that is the most important statistical mediator of the benefit of SGLT2 29 inhibitors to reduce heart failure and major adverse renal events.<sup>5,6</sup> Specifically, s autophagy or enhance the integrity or regeneration of renal tubular cells (RBP2,<br>
6 TSMB10 and EpCAM),<sup>55,57</sup> and three proteins (carbonic anhydrase 2, guanyin and<br>
7 uromodulin) play a role in renal tubular sodium tran

1 IGFBP1 promotes the stability of hypoxic inducible factor 1- $\alpha$ ,<sup>11</sup> an important 2 endogenous stimulus to the production or erythropoietin, while TfR1 ensures the adequacy of intracellular levels of iron in erythrocytes.<sup>71</sup> Interestingly, increased 4 levels of ANGPTL2 may also serve as an indicator of increased hypoxic inducible 5 factor 1- $\alpha$  signaling.<sup>62</sup>

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 Three prior studies have reported the results of proteomics analyses before and after SGLT2 inhibition, but the three studies each evaluated fewer than 80 patients, less than 10% of the patients in the current EMPEROR proteomics substudy.<sup>63,72,73</sup> Of the three, the study most comparable to our analyses was carried out by Ferrannini et 11 al,<sup>63</sup> although that study differed from ours in several important respects. First, Ferrannini et al studied the effects of empagliflozin in patients with type 2 diabetes, whereas we studied the effects of empagliflozin in patients with chronic heart failure. Ferrannini et al measured proteins using an aptamer-based assay, whereas we performed measurements using a proximity extension assay method. Ferrannini et al performed measurements after only 4 weeks of treatment, whereas we carried out our assessments after 12 and 52 weeks of therapy. Despite these differences, it is noteworthy that Ferrannini et al. also observed that the proteins most prominently affected by SGLT2 inhibition were IGFBP1, TfR1, EPO and adipocyte fatty acid binding protein 4 (AFABP4), findings that are strikingly concordant with the major 21 observations of the current proteomics analyses from the EMPEROR trials. Interestingly, IGFBP1, TfR1, EPO and AFABP4 are all linked to increased activity of sirtuin-1, a nutrient deprivation sensor that promotes autophagy and is known to be increased by SGLT2 inhibitors in experimental studies and that appears to be essential to mediating their benefits.<sup>74</sup> Experimentally, the effects of SGLT2 inhibitors to reduce cellular stress and attenuate apoptosis in cardiomyocytes are 27 abolished when the actions of sirtuin-1 are inhibited.<sup>75</sup> It is therefore noteworthy that 28 sirtuin-1 directly stimulates the expression of both IGFBP1 and AFABP4;<sup>12,42</sup> TfR1 is 5 factor 1-u signaling.<sup>62</sup><br>
6 factor 1-u signaling.<sup>62</sup><br>
6 factor 1-u signaling.<sup>62</sup><br>
6 factor 1-u signaling.<sup>62</sup><br>
8 Three prior studies have reported the results of proteomics analyses before and after<br>
8 SGLT2 inhibiti required for sirtuin-1 synthesis;<sup>14</sup> and sirtuin-1 can stimulate the production of EPO 2 by an action on hypoxia-inducible factor 2- $\alpha$ .<sup>18</sup>

 Our proteomics findings are also consistent with the upregulation of proteins that have favourable effects on renal structure and function. Upregulation of RBP2 may enhance the ability of retinoic acid to prevent renal injury by promoting z autophagic flux in renal parenchymal cells. $^{24}$  Increases in circulating levels of TSAMB10 and EpCAM may be critical to establishment of the adhesion and polarity of renal tubular cells, a critical step in their regeneration following injury.<sup>55-58</sup> During long-term treatment, SGLT2 inhibition produced meaningful decreases in KIM-1, which mediates renal tubular cell injury and apoptosis and promotes tubulointerstitial 12 inflammation and fibrosis.<sup>52-54</sup> The concerted actions of these differentially-increased proteins closely mimic the known effects of SGLT2 inhibitors to prevent renal injury, 14 inflammation, and fibrosis in experimental studies of renal stress in animal models. Shave favourable effects on renal structure and function. Upregulation of RBP2 may<br>
of enhance the ability of retinoic acid to prevent renal injury by promoting<br>
7 autophagic flux in renal parenchymal cells.<sup>24</sup> Increases

 Interestingly, several of our differentially-expressed proteins may represent a mechanism by which the kidney may compensate for the renal tubular actions of SGLT2 inhibitors. SGLT2 inhibitors interfere with sodium reabsorption in the proximal renal tubule through an action to inhibit both SGLT2 and sodium-hydrogen 20 exchanger isoform 3 (NHE3).<sup>69,76</sup> Guanylin also acts in the proximal tubule to inhibit 21 NHE3, $^{47}$  but it is secreted following a dietary salt load;<sup>77</sup> its action reinforces the effect of SGLT2 inhibitors to promote the urinary excretion of sodium and bicarbonate.<sup>76,78</sup> Yet, the observed increase in levels of CA2 may represent a compensatory mechanism to these effects. CA2 binds to NHE3 to increase its 25 activity, and CA2 enhances the renal tubular adaptation to the increase in urinary bicarbonate that follows the action of SGLT2 inhibitors and guanylin to inhibit NHE3.<sup>79</sup> In addition, CA2 acts to counter the increase in free water clearance that is seen when glycosuria is induced by SGLT2 inhibitors.<sup>80</sup> Uromodulin can further counteract the natriuretic effect of SGLT2 inhibitors by enhancing sodium

reabsorption more distally in the nephron.<sup>50</sup> The activation of these counterregulatory mechanisms may explain why the initial natriuretic and osmotic diuretic response to SGLT2 inhibitors is not sustained.<sup>81-83</sup> Accordingly, we observed no meaningful decrease in NT-proBNP in the current study, a finding consistent with 5 our earlier observations based on a conventional ELISA assay.<sup>84</sup>

7 Our findings should be considered in light of certain strengths and limitations. Our proteomic analyses examined >1200 proteins in blood collected from >1100 patients who participated in two placebo-controlled randomized trials. Therefore, our study represents the largest proteomic database to date on the effects of SGLT2 inhibitors. Despite this advantage, we had insufficient number of patients in each trial to adequately examine potential differences in the effects of SGLT2 inhibitors between patients with a reduced and preserved ejection fraction, and we needed to pool our data across both trials to maximize statistical power. Another strength of the study is that we assessed changes at both 12 and 52 weeks, enabling us to show that the effects seen early in treatment were generally not meaningfully different during long- term therapy. Although we adjusted for changes in renal function that occurred during the first 12 weeks, we did not adjust for changes in concomitant medications, which have the potential to influence protein expression independent of the study medication; however, changes in background therapy during the first 12 weeks were modest. Solution and the considered in light of ortain stengths and limitations. Our control of the considered in light of certain strengths and limitations. Our control ortain strengths and limitations of the presents the largest

 Most importantly, although our proximal extension assay has certain advantages over aptamer-based methods (which measure protein fragments), our Olink platform measured only a small fraction of the intracellular proteins that have been implicated in the action of SGLT2 inhibitors in experimental studies. Furthermore, we did not 27 measure many of the proteins that Ferrannini et  $a^{63}$  noted to be meaningfully changed by empagliflozin using aptamer-based methods (including growth differentiation factor 15 and ferritin). Most importantly, we did not directly measure

any of the proteins that are involved in enhanced nutrient deprivation signalling and

have been implicated in mediating the actions of SGLT2 inhibitors on

cardiomyocytes and renal tubular cells (e.g., sirtuin-1, proliferator-activated receptor

4 gamma coactivator 1- $\alpha$ , phosphorylated mammalian target of rapamycin, and

phosphorylated AMP-activated protein kinase). These should be the focus of further

investigation.

#### **Conclusion**

 Proteomics is rapidly emerging as an innovative approach to gaining potential insights into the mechanisms of disease and drug action. Our proteomics analysis of blood samples taken from participants pooled from two trials of empagliflozin in heart failure identified differential expression of a small select group of circulating proteins following SGLT2 inhibition. The biological effects of differentially-expressed proteins on the heart were primarily focused on the promotion of autophagic flux, but they also included favorable effects to reduce oxidative stress, inhibit inflammation and fibrosis, and enhance the energy stores and the repair and regenerative capacity of the heart. The effects of differentially-expressed proteins in the kidney involved the enhancement of renal autophagy, suppression of renal inflammation and fibrosis, and promotion of renal tubular integrity and regeneration as well as compensatory mechanisms that can limit the ability of SGLT2 inhibitors to produce sustained increases in sodium and water excretion. The actions of differentially-expressed proteins identified in patients with heart failure are consistent with the findings of experimental studies that have linked the benefits of SGLT2 inhibitors on the heart 24 and kidney to their actions on autophagy, inflammation and fibrosis, and cellular stress and viability. Our findings suggest that the results of these experimental studies are likely to be highly relevant to the clinical setting. spherestigation.<br>
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### **Data sharing**

 To ensure independent interpretation of clinical study results and enable authors to fulfil their role and obligations under the ICMJE criteria, Boehringer Ingelheim grants all external authors access to clinical study data pertinent to the development of the publication. In adherence with the Boehringer Ingelheim Policy on Transparency and Publication of Clinical Study Data, scientific and medical researchers can request access to clinical study data when it becomes available on Vivli - Center for Global Clinical Research Data, and earliest after publication of the primary manuscript in a peer-reviewed journal, regulatory activities are complete, and other criteria are met. Please visit Medical & Clinical Trials | Clinical Research | MyStudyWindow for further information. b<br>
2 Data sharing<br>
2 Data sharing<br>
2 To ensure independent interpretation of clinical study results and enable authors to<br>
10 full their role and obligations under the ICMJE critical, Boehinger Ingelheim grants<br>
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## **Figure 1. Kidney Injury Molecule-1 (KIM-1): Changes from Baseline in the**

**Empagliflozin and Placebo Groups at Week 12 and Week 52**

 



## 1 **Figure 2. Favorable Biological and Cellular Actions of Differentially Expressed**

2 **Proteins in the Heart and Kidney**

- 3
- 4



#### 8 9LLegend

5 6 7

10Protective effects on the heart are shown in red; protective effects on the kidney are shown in blue. Empagliflozin had the largest treatment effect on proteins shown in larger font and in italics. Abbreviations: IGFBP1, insulin-like growth factor-binding protein 1; TfR1, transferrin receptor protein 1; EPO, erythropoietin; TGM2, protein-glutamine gamma-glutamyltransferase 2; TMSB10, thymosin beta-10; uMtCK, mitochondrial creatine kinase U-type; IGFBP4, insulin-like growth factor-binding protein 4; EpCAM, epithelial cell adhesion molecule; PLA2, phospholipase A2; ANGPTL4, angiopoietin-related protein 4; RBP2, retinol-binding protein 2; CCN5, CCN family member 5; CCL16, C-C motif chemokine 16; NPDC1, neural proliferation differentiation and control protein 1; ANGPTL4, angiopoietin-related protein 4; FST, follistatin; Mdk, midkine; GUCA, guanylin. RBP2 has both cardioprotective and nephroprotective effects.

#### 1**Table 1. Differential Expressed Proteins (Empagliflozin vs Placebo) at Week 12** 2

		<b>Before adjustment for</b>		After adjustment for	
		change in eGFR		change in eGFR	
				Empagliflozin	
<b>Protein</b>	<b>UniprotID</b>	<b>Empagliflozin vs</b>	<b>False</b>	vs placebo,	<b>False</b>
		placebo, log <sub>2</sub> fold	discovery	$log2$ fold	discovery
		change (95%CI)	rate $(\%)$	change	rate (%)
				(95%CI)	
IGFBP1	P08833	$0.27(0.14-0.40)$	0.16	$0.25(0.13-0.38)$	0.55
TfR1	P02786	$0.26(0.19-0.32)$	< 0.0001	$0.25(0.18-0.32)$	< 0.001
CA <sub>2</sub>	P00918	$0.25(0.11-0.39)$	0.81	$0.26(0.12-0.40)$	1.02
<b>EPO</b>	P01588	$0.25(0.11-0.38)$	0.65	$0.24(0.10-0.37)$	1.53
TGM2	P21980	$0.25(0.11-0.38)$	0.60	$0.25(0.12 - 0.38)$	1.02
TMSB10	P63313	$0.22(0.11-0.34)$	0.43	$0.19(0.08-0.31)$	2.18
uMtCK	P12532	$0.21(0.10-0.32)$	0.43	$0.22(0.11-0.33)$	0.69
IGFBP4	P22692	$(0.13 - 0.30)$ 0.21	0.01	$0.17(0.09 - 0.25)$	0.31
AFABP4	P15090	$0.21(0.12 - 0.29)$	0.02	$0.17(0.09 - 0.25)$	0.31
CCL <sub>18</sub>	P55774	$0.20(0.11 - 0.29)$	0.08	$0.19(0.10 - 0.28)$	0.31
Follistatin	P19883	$0.20(0.13-0.26)$	< 0.0001	$0.19(0.12 - 0.26)$	< 0.0001
Midkine	P21741	$0.20(0.11-0.29)$	0.14	$0.18(0.09 - 0.27)$	0.55
Guanylin	Q02747	$0.20(0.13-0.26)$	< 0.0001	$0.17(0.11 - 0.23)$	< 0.001
SPINK1	P00995	$0.20(0.13 - 0.26)$	< 0.01	$0.16(0.10-0.23)$	0.02
Rarres <sub>2</sub>	Q99969	$0.19(0.10 - 0.29)$	0.18	$0.17(0.08-0.27)$	0.96
CNDP1	Q96KN2	$0.19(0.11 - 0.28)$	0.07	$0.19(0.11 - 0.27)$	0.19
<b>EpCAM</b>	P16422	$0.19(0.10 - 0.28)$	0.17	$0.20(0.10-0.29)$	0.29
CCL <sub>27</sub>	Q9Y4X3	$0.19(0.09 - 0.29)$	0.61	$0.17(0.07 - 0.27)$	2.16
<b>SRCR</b>	Q8WTU2	$0.18(0.09 - 0.27)$	0.21	$0.18(0.09 - 0.27)$	0.48
PLA <sub>2</sub>	P14555	$0.18(0.08 - 0.27)$	0.54	$0.16(0.07 - 0.26)$	2.07
Promotilin	P12872	$0.18(0.09 - 0.26)$	0.26	$0.16(0.08-0.25)$	1.02
ANGPTL4	Q9BY76	$0.17(0.11 - 0.23)$	0.00	$0.16(0.09-0.22)$	0.01
RBP <sub>2</sub>	P50120	$0.17(0.07 - 0.26)$	0.98	$0.15(0.05-0.24)$	4.02
Uromodulin	P07911	$0.16(0.10-0.22)$	< 0.0001	$0.18(0.12 - 0.23)$	< 0.0001
Cystatin-F	O76096	$0.16(0.07 - 0.25)$	0.63	$0.15(0.06-0.24)$	1.89
CCN <sub>5</sub>	Q76076	$0.15(0.08-0.22)$	0.14	$0.14(0.07 - 0.21)$	0.69
CCL <sub>16</sub>	O15467	$0.15(0.08-0.22)$	0.19	$0.13(0.06 - 0.21)$	1.02
Osteopontin	P10451	$0.14(0.08-0.21)$	0.18	$0.13(0.06 - 0.20)$	1.02
ANGPTL2	Q9UKU9	$0.14(0.07 - 0.22)$	0.54	$0.14(0.06-0.21)$	1.16
NPDC1	Q9NQX5	$0.14(0.08-0.21)$	0.07	$0.11(0.06 - 0.17)$	1.02
Elafin	P19957	$0.14(0.07 - 0.21)$	0.44	$0.11(0.04 - 0.18)$	3.96
Cystatin-M	Q15828	$0.14(0.08-0.20)$	0.10	$0.11(0.05 - 0.17)$	1.02

<sup>3</sup>

<sup>4</sup>Legend: IGFBP1, insulin-like growth factor-binding protein 1; TfR1, transferrin receptor protein 1; CA2, carbonic 5anhydrase 2; EPO, erythropoietin; TGM2, protein-glutamine gamma-glutamyltransferase 2; TMSB10, thymosin beta-610; uMtCK, creatine kinase U-type, mitochondrial; IGFBP4, insulin-like growth factor-binding protein 4; AFABP, 7adipocyte fatty acid-binding protein 4; CCL18, C-C motif chemokine 18; SPINK1, serine protease inhibitor Kazal-type 81; Rarres2, retinoic acid receptor responder protein 2; CNDP1, beta-Ala-His dipeptidase; EpCAM, epithelial cell 9adhesion molecule; CCL27, C-C motif chemokine 27; SRCR, scavenger receptor cysteine-rich domain-containing 10group B protein; PLA2, phospholipase A2; ANGPTL4, angiopoietin-related protein 4; RBP2, retinol-binding protein 2; 11CCN5, CCN family member 5; CCL16, C-C motif chemokine 16; NPDC1, neural proliferation differentiation and 12control protein 1; ANGPTL2, angiopoietin-related protein 2.

#### 1

# **Table 2. Biological Effect of Differentially Expressed Proteins on Heart and Kidney**





Epithelial cell adhesion molecule (EpCAM)	Promotion of renal tubular integrity and regeneration	Promotes adhesion and polarity of renal tubular cells. EpCAM is suppressed by nephrotoxic agents and is enhanced during renal tubular regeneration <sup>55,56</sup>				
Thymosin beta-10 (TMSB10)	Promotion of renal tubular integrity and regeneration	Plays important role in organization of cytoskeleton, thus promoting adhesion and polarity of renal parenchymal cells <sup>57,58</sup>				
Beta-Ala-His dipeptidase (carnosinase 1, CNDP1)	Degradation of nephroprotective carnosine	Carnosine protects against the development of nephropathy, and gain-of-function mutations of carnosinase-1 cause carnosine depletion and increase risk of chronic kidney disease. <sup>59</sup>				
Angiopoietin-like protein 2 (ANGPTL2)	Promotes renal inflammation and fibrosis	Expressed in endothelial cells. Promotes oxidative stress, inflammation and fibrosis in the kidney and heart. <sup>60,61</sup> May act as a marker of increased HIF-1 $\alpha$ activity. <sup>62</sup>				
Proteins With Effects Other Than on the Heart and Kidneys						
Promotilin (MLN)	No known action in heart or kidney	Prohormone for motilin, which promotes gastrointestinal motility. Produces relaxation of vascular smooth muscle, leading to systemic vasodilatation				
Serine proteases inhibitor Kazal-type 1 (SPINK1)	No known action in heart or kidney	Inhibits trypsin with proposed role in the pathogenesis of pancreatitis. May be biomarker of renal function, since it increases in proportion to decreases in glomerular filtration rate				
C-C motif chemokine 18 (CCL18)	No known action in heart or kidney	Expressed in lung, antigen-presenting dendritic cells and M2 macrophages and is chemoattractant for T cells and lymphocytes				
C-C motif chemokine 27 (CCL 27)	No known action in heart or kidney	Expressed in skin and mediates homing of memory T lymphocytes to cutaneous sites				
<b>Cystatin F</b> (CYTF, CST6)	No known action in heart or kidney	Inhibits cathepsin C-directed protease. Expressed in immune cells and causes down-regulation of killing efficiency of cytotoxic T lymphocytes				
Scavenger receptor cysteine-rich domain- containing group B protein (SRCR)	No known action in heart or kidney	Expressed in epithelial cells and plays a role in mucosal immunity and innate defense				
September 2022 1 2 RBP2 has effects on the heart and kidneys, but to avoid duplication, t is described only in the section on the heart4 Abbreviations: AMPK= adenosine monophosphate-activated protein kinase; ATP= adenosine						

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RBP2 has effects on the heart and kidneys, but to avoid duplication, t is described only in the section on the heart4 Abbreviations: AMPK= adenosine monophosphate-activated protein kinase; ATP= adenosine triphosphate; IGF1= insulin-like growth factor 1; NAD+= nicotinamide adenine dinucleotide; NHE3-sodiumhydrogen exchanger isoform 3; Wnt= Wingless-related integration site glycoprotein; HIF-1 $\alpha$ = hypoxia-inducible factor71 $\alpha$