Supplementary material – Paper III

Supplementary Figure 1: Flowchart of patient participation in the trial



* All patients completing at least one scan (n = 138) included in an intention to treat analysis as missingness was deemed to be missing at random or missing completely at random.

Supplementary table 1: Additional echocardiographic measures at baseline

	Plac	cebo	Eplerenone			
Structure						
IVSD, cm	1.2	(0.2)	1.2	(0.2)		
LVID, cm	4.4	(0.6)	4.4	(0.6)		
LVPW, cm	1.2	(0.2)	1.2	(0.2)		
Left ventricular function						
Systolic function						
EDV, mL	84.2	(22.6)	90.7	(23.0)		
ESV, mL	35.7	(13.9)	37.5	(12.8)		
Heart rate, beat/min	72.0	(13.3)	69.5	(11.5)		
Diastolic function						
e', cm/s	6.9	(1.7)	7.4	(1.7)		
E-wave, m/s	0.7	(0.2)	0.8	(0.2)		
A-wave, m/s	0.8	(0.2)	0.8	(0.2)		
E/A-ratio	1.1	(0.6)	1.1	(0.4)		
E-wave deceleration time, ms	260.9	(73.9)	268.3	(72.1)		
Right ventricular function						
GLS, %	-16.1	(5.3)	-16.6	(5.6)		
S', cm/s	12.2	(3.0)	12.0	(2.6)		
TAPSE, mm/s	22.6	(3.8)	22.5	(4.8)		

Additional echocardiographic values measured at baseline. Abbreviations: IVSD, intraventricular septal diameter at end-diastole; LVID, left ventricular internal diameter at end-diastole; LVPW, left ventricular posterior wall diameter at end-diastole; EDV end-diastolic volume; ESV, end-systolic volume; GLS, global longitudinal strain; TAPSE, triscupid annular plane systolic excursion

	Baseline		I	Placebo		Р	Eplerenone			Р	Treatment effect		ect	Р	
Structure															
IVSD, cm	1.2	[1.2 to	1.2]	0.0	[0.0 to	0.1]	0.370	0.0	[-0.1 to	0.0]	0.922	0.0	[-0.1 to	0.0]	0.445
LVID, cm	4.4	[4.3 to	4.5]	0.0	[-0.1 to	0.2]	0.543	0.0	[-0.1 to	0.1]	0.887	0.0	[-0.2 to	0.1]	0.728
LVPW, cm	1.2	[1.2 to	1.2]	0.0	[-0.1 to	0.0]	0.586	0.0	[-0.1 to	0.0]	0.135	0.0	[-0.1 to	0.0]	0.461
Systolic function															
LV SV, mL	50.8	[48.6 to	53.1]	1.5	[-1.3 to	4.2]	0.287	0.1	[-2.7 to	2.8]	0.971	-1.4	[-5.1 to	2.3]	0.445
Diastolic function															
A', cm/s	9.6	[9.2 to	10.0]	-0.3	[-0.8 to	0.2]	0.218	0.2	[-0.3 to	0.7]	0.444	0.5	[-0.2 to	1.1]	0.140
S', cm/s	7.1	[6.9 to	7.4]	0.0	[-0.3 to	0.4]	0.790	0.2	[-0.1 to	0.5]	0.188	0.2	[-0.3 to	0.6]	0.427
Right ventricular function															
GLS, %*	-16.6	[-17.6 to	-15.6]	1.4	[0.0 to	2.8]	0.057	-1.2	[-2.7 to	0.3]	0.107	-2.6	[-4.5 to	-0.7]	0.009
S', cm/s	12.1	[11.6 to	12.6]	-0.1	[-0.8 to	0.6]	0.790	0.0	[-0.7 to	0.8]	0.916	0.1	[-0.8 to	1.1]	0.774
TAPSE, mm/s	22.6	[21.9 to	23.4]	-0.4	[-1.6 to	0.8]	0.482	0.3	[-0.9 to	1.5]	0.636	0.7	[-0.9 to	2.3]	0.378

Supplementary table 2: Analyses of conventional echocardiographic measures of cardiac function

Treatment effects across additional measures of cardiovascular function measured at baseline and after 26 weeks. The analyses are performed using a constrained linear mixed model. Abbreviations: IVSD, intraventricular septal diameter at end-diastole; LVID, left ventricular internal diameter at end-diastole; LVPW, left ventricular posterior wall at end-diastole; LV SV, left ventricular stroke volume; GLS, global longitudinal strain; TAPSE, tricuspid annular plane systolic excursion.

Supplementary table 3: Complete case analyses of effect of high-dose eplerenone after 26 weeks of treatment

	Baseline			Placebo		P Eplerenone			P Treatment effect		ect	Р			
Structure															
LVMi. g/m2	92.4	[88.4 to	96.4]	2.0	[-2.8 to	6.8]	0.401	-1.7	[-6.6 to	3.1]	0.481	-3.8	[-10.2 to	2.7]	0.247
IVS, cm	1.2	[1.2 to	1.3]	0.0	[0.0 to	0.1]	0.459	0.0	[-0.1 to	0.0]	0.811	0.0	[-0.1 to	0.0]	0.444
LVID, cm	4.4	[4.3 to	4.5]	0.0	[-0.1 to	0.2]	0.461	0.0	[-0.1 to	0.2]	0.784	0.0	[-0.2 to	0.1]	0.728
LVPW, cm	1.2	[1.2 to	1.2]	0.0	[-0.1 to	0.0]	0.549	0.0	[-0.1 to	0.0]	0.124	0.0	[-0.1 to	0.0]	0.461
Left ventricular function															
GLS, %*	-15.1	[-15.7 to	-14.5]	0.5	[-0.3 to	1.3]	0.240	0.0	[-0.7 to	0.8]	0.905	-0.4	[-1.5 to	0.6]	0.427
EF, %*	59.0	[57.7 to	60.4]	0.0	[-1.6 to	1.6]	0.972	0.9	[-0.7 to	2.5]	0.273	0.9	[-1.1 to	2.8]	0.382
EDV, mL	87.4	[83.2 to	91.6]	1.9	[-2.3 to	6.1]	0.376	-2.1	[-6.3 to	2.1]	0.328	-3.9	[-9.6 to	1.7]	0.167
ESV, mL	36.3	[34.0 to	38.5]	0.2	[-2.1 to	2.6]	0.837	-1.7	[-4.1 to	0.6]	0.145	-2.0	[-5.0 to	1.1]	0.201
SV, mL	51.1	[48.7 to	53.6]	1.4	[-1.4 to	4.2]	0.330	-0.1	[-2.8 to	2.7]	0.965	-1.4	[-5.1 to	2.3]	0.445
Heart rate, beat/min	70.3	[68.0 to	72.6]	1.3	[-1.1 to	3.7]	0.296	0.5	[-2.0 to	3.0]	0.671	-0.7	[-3.9 to	2.4]	0.643
Diastolic function															
E-wave, m/s	0.8	[0.7 to	0.8]	0.0	[0.0 to	0.0]	0.563	0.0	[0.0 to	0.0]	0.897	0.0	[0.0 to	0.1]	0.749
A-wave, m/s	0.8	[0.7 to	0.8]	0.0	[0.0 to	0.0]	0.484	0.0	[0.0 to	0.1]	0.158	0.0	[0.0 to	0.1]	0.129
E/A-ratio	1.1	[1.0 to	1.2]	0.0	[-0.1 to	0.1]	0.719	-0.1	[-0.1 to	0.0]	0.152	-0.1	[-0.2 to	0.0]	0.193
e', cm/s	7.1	[6.8 to	7.4]	0.0	[-0.3 to	0.4]	0.893	0.1	[-0.2 to	0.5]	0.483	0.1	[-0.4 to	0.6]	0.669
E/e'-ratio	11.2	[10.4 to	12.0]	0.0	[-1.6 to	1.6]	0.972	0.9	[-0.7 to	2.5]	0.273	0.0	[-1.2 to	1.2]	0.991
E-wave desceleration time	266.0	[252.5 to	279.4]	1.7	[-15.1 to	18.5]	0.844	13.3	[-3.6 to	30.3]	0.122	11.7	[-9.7 to	33.1]	0.283
A', cm/s	9.6	[9.2 to	10.0]	-0.3	[-0.8 to	0.2]	0.198	0.2	[-0.3 to	0.6]	0.481	0.5	[-0.2 to	1.1]	0.140
S', cm/s	7.1	[6.8 to	7.4]	0.0	[-0.3 to	0.4]	0.760	0.2	[-0.1 to	0.5]	0.178	0.2	[-0.3 to	0.6]	0.427
LA volume. mL	53.1	[49.7 to	56.4]	-2.1	[-5.2 to	1.1]	0.195	-4.4	[-7.6 to	-1.3]	0.006	-2.3	[-6.6 to	1.9]	0.279
Right ventricular function															
GLS, %*	-16.5	[-17.6 to	-15.4]	1.4	[0.0 to	2.9]	0.048	-1.1	[-2.6 to	0.3]	0.130	-2.6	[-4.5 to	-0.7]	0.008
S', cm/s	12.0	[11.5 to	12.6]	-0.1	[-0.8 to	0.6]	0.845	0.1	[-0.7 to	0.8]	0.861	0.1	[-0.8 to	1.1]	0.771
TAPSE, mm/s	22.5	[21.7 to	23.4]	-0.4	[-1.6 to	0.8]	0.537	0.3	[-0.9 to	1.5]	0.583	0.7	[-0.9 to	2.3]	0.379

Complete case analysis regarding effects of treatment on all reported endpoints. The analyses are performed using a constrained linear mixed model. Abbreviations: LVMi, left ventricular mass indexed to body surface area; IVSD, intraventricular septal diameter at end-diastole; LVID, left ventricular internal diameter at end-diastole; LVPW, left ventricular posterior wall diameter at end-diastole; GLS, global longitudinal strain; EF, ejection fraction; EDV, end-diastolic volume; ESV, end-systolic volume; SV, stroke volume; LA, left atrial volume; TAPSE, tricuspid annular plane systolic excursion.

Supplementary table 4: Testing for effect medication of	prescribed medication on	diastolic function and l	eft ventricular
mass			

	Treatment	Prescribed		P-value	Not prescribed		P-value	Interaction
LAi, mL/m2	ACE-i	1.4	[-2.5 to 5.2]	0.485	-2.0	[-4.4 to 0.3]	0.094	0.142
	ARB	-2.3	[-5.1 to 0.5]	0.111	0.1	[-2.8 to 2.9]	0.953	0.248
	Beta-blockade	-3.1	[-6.4 to 0.2]	0.064	0.1	[-2.5 to 2.6]	0.965	0.132
E/e', %	ACE-i	1.0	[-1.3 to 3.2]	0.385	-0.4	[-1.8 to 1.0]	0.561	0.296
	ARB	0.1	[-1.6 to 1.8]	0.900	-0.1	[-1.8 to 1.6]	0.889	0.851
	Beta-blockade	0.6	[-1.3 to 2.6]	0.521	-0.4	[-1.9 to 1.1]	0.620	0.418
LVMi, g/m2	ACE-i	-6.0	[-18.1 to 6.2]	0.332	-2.9	[-10.6 to 4.8]	0.455	0.676
	ARB	-5.7	[-14.9 to 3.5]	0.221	-1.7	[-10.9 to 7.5]	0.713	0.541
	Beta-blockade	-1.8	[-12.6 to 9.0]	0.742	-4.6	[-12.6 to 3.4]	0.254	0.677

Treatment effects of the primary focus are tested for the presence of effect modification of concurrent therapy prescribed at baseline, first according to the presence or absence and finally a formal test of interaction. The analyses are performed using a modified constrained linear mixed model expanded the primary analysis to include the fixed effects: *'time-precribed interaction'* and *'time-prescribed-treatment interaction'*. Abbreviations: LAi, left atrial volume indexed to body surface area; LVMi, left ventricular mass indexed to body surface area; ACE-i, angiotensin converting enzyme; ARB, angiotensin receptor blocker.