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Hop stems, a new fibrous bioresource

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10

11 Abstract

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13 The valorization of agricultural wastes in accordance with the concept of biorefinery is 14 currently a subject of great interest. The present deals with hop stem, a co-product of hop 15 cultivation that is currently not properly used. Hop stem was first decorticated to produce ≈ 20 16 % w/w of technical fibers and shives. Four different degumming processes were investigated: 17 water retting, enzymatic hydrolysis, alkali treatment, and steam explosion at 200°C during 4 min. The fibers produced were comprehensively characterized in terms of chemical 18 19 composition (Klason lignin and simple sugars by ionic chromatography), mechanical strength, 20 elongation, and morphology by scanning electron microscope (SEM). In contrast to the other 21 processes tested, steam explosion (SE) resulted in efficient defibration due to a significant 22 decrease in pectin (\approx - 70%) and lignin content while maintaining good tensile properties (\approx 23 500 MPa). It was also shown that the hop single cell fiber has characteristics close to those of 24 hemp. The hop shives were used for the production of an adhesive-free panel with good 25 mechanical properties.

- 26
- 27
- 28 Key words: hop; fibers; shives; steam explosion; degumming

31 **1. Introduction**

32 The current evolution of our society towards a more sustainable and eco-responsible economy 33 promotes the development of locally available renewable resources. This approach is 34 particularly relevant for natural fibers. Indeed, fibrous plants have always been used and 35 cultivated by mankind especially for the production of fabrics and clothing. In the 20th 36 century, with the development of petrochemicals and intensive cotton cultivation, these 37 traditional productions have almost disappeared. Nowadays, due to their environmental 38 friendliness, attractive properties and low production costs, there is a clear revival of interest 39 in natural fibers for material applications such as reinforcement in composites (Rangappa et 40 al. 2022, Kalia et al. 2009), textile and non-woven. In this context, traditional bast fibers 41 including hemp and flax in Europe, ramie in China, coir and jute in India are increasingly 42 studied and used (Meng et al. 2018, Segovia et al., 2021, Sauvageon et al., 2017). In addition 43 to traditional fiber plants, raw materials that have so far been exploited to a limited extent for 44 their fibers, such as nettle, are considered with interest for future developments (Jeannin et al. 45 2020).

46 Hop (Humulus lupulus L.) is a bast fiber plant belonging to Cannabis family cultivated for its 47 cone-shaped flowers for beer brewing since at least the sixth century. Nowadays in Europe, 48 hop culture covers almost 30 000 ha primarily in Germany, Czechia, Poland and Slovenia. 49 Hop is a climbing herbaceous plant with lianas that grow to about 10 m in length. Currently 50 only the hop flowers are used and the stem is considered as a by-product, non-properly 51 valorized. Reddy and Yang (2009) showed that the hop stalk contained high cellulose content 52 fibers with properties similar to those of hemp fibers. In human societies, hops never seem to 53 have been used on a large scale for fiber production. However, historical researches described the utilization of hop fibers for textile application in Scandinavia between the 15th and the 19th 54 55 centuries. A woman's garment partly made of hemp and hop fiber is exposed in the Nordic 56 Museum in Stockholm (Skoglund et al., 2020). The utilization of hop stem to produce pillow 57 in Danish farms during that period is also documented (Lukešová et al. 2019). Through these 58 examples, it appears that already at that time the research for a valorization of the abundant 59 co-products resulting from the beer production was relevant.

As for hemp and for bast fiber plants in general, the fibers in the hop stem are embedded inperipheral bast and cemented by non-cellulosic intercellular components, forming bundles

62 composed of several dozen single cell fibers (Bismarck et al. 2005). For industrial crops like 63 hemp or flax, a field retting is traditionally done to facilitate the separation of the fibers from 64 the stem after mowing. The goal of this step is to eliminate the gum composed of pectins, 65 lignin and hemicelluloses by the action of the soil microorganisms and to release fine fibers 66 (Dodd and Kin, 2005). However, the difficult-to-control character of this process makes it not 67 very reproducible and sometimes inefficient. Moreover, this type of field retting which is 68 carried out for plants like hemp or flax would not be possible for hops considering the 69 cultivation techniques and the size of the plant. The conversion of technical fibers into cotton-70 like fibers, called degumming or "cottonization", can also performed using chemical (alkali) 71 or enzymatic processes. To the best of our knowledge, the degumming of hop stem has been 72 reported in only one publication (Reddy and Yang, 2009) using alkali.

73 Degumming is generally a limiting step in bast fiber plants conversion, as the development of 74 an efficient and environmentally friendly process is challenging. In addition, this step greatly 75 impacts the chemical, morphological and mechanical properties of the fine fibers produced. 76 Innovative processes have been reported including ultra-sons, enzymatic treatments (Zhang 77 and Yang, 2013)), deep eutectic solvents (Huang et al., 2021; Song et al., 2019), ionic liquid 78 (Yang et al., 2016), organosolv process (Qu and Zhang, 2020). However, the development of 79 a credible industrial-scale degumming method requires a cost-effective process with low 80 operating costs and low water consumption.

81 Steam explosion (SE) has been described as a green and efficient alternative to traditional 82 degumming processes. SE process can be divided into 2 stages: in the first stage, technical 83 bast fibers are treated with hot steam at $T = 180^{\circ}C - 210^{\circ}C$ during few minutes (Ziegler-84 Devin et al., 2021). During this cooking step, a preferential hydrolysis of the pectin-rich 85 middle lamella occurred. The second stage consists of an explosive decompression generating 86 high mechanical stress and promoting defibration. In our group, this technic has been 87 successfully employed for the degumming of hemp (Sauvageon et al 2017) and ramie 88 (Segovia et al., 2021). In addition to its effectiveness for defibration, the interest of this 89 process is twofold: scaling up is feasible and it can be carried out only with water without any 90 chemical product.

The production of binderless panels by thermo-pressing of steam exploded fibers is a longknown process that was industrialized before the Second World War. Gluing is based on the thermo-cross-linking of wood components, primarily lignin, relocated on the surface of the fibers during the steam explosion (Zhang et al., 2015). This type of process is currently gaining interest because of the absence of adhesive in the wood panel and formaldehyde 96 emission. The management of the end of life and the recycling of the adhesive-free material 97 are also greatly facilitated. The work described in the literature concerns primarily the use of 98 exploded wood fibers but, due to shortage of wood supply, the production of panels based on 99 alternative feedstock such as agricultural co-products was also reported (Quintana et al 2009,

100 Gerardi et al. 1998, Velasquez et al. 2002).

In the present paper, the decortication of hop stem and the degumming of resulting raw fibers for the production of fine hop fibers was studied. The hop fibers were extracted using traditional water retting, enzymes, alkali treatment and SE. A binderless panel was also produced and characterized from the woody cores tissues (shives) of the hop stem.

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- 106

2. Material and methods

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2.1 Feedstock and decortication.

109 The hop stems were collected in September 2020 in Obernai (France, Lycée agricole) and air110 dried. Technical fibers were first extracted from the dried hop stems manually by peeling.

111

112 **2.2 Degumming**

113 Water retting was done by immersing the fibers in distilled water (S/L = 1/20) at room 114 temperature for 1 week. The enzymatic degumming was performed at 50°C, pH5 during 2 h 115 using Viscozyme ® (Novozyme) 50 µL/1 g of fibers. The alcali degumming was performed 116 according to a method described by Jiang et al. (ref) using NaOH 1%, H₂O₂ 3%, NaSiO₃ 3%, 117 carbamide 3% and sodium polyphosphate 3%, in boiling water during 1 h. SE degumming: 118 Technical fibers were impregnated in water during 15 hours at room temperature (L/S = 119 15/1). The fibers (50 g) were transferred into a 2 L steam gun and cooked at 200°C for 4 120 minutes by addition of steam. The pressure was then released into the blast chamber by 121 sudden depressurization. The fibers are recovered after filtration.

122

123 **2.3 Binderless panel**

124 The wood (shives) was crushed, impregnated in dilute acid (sulfuric acid, 1%) during 15

hours at room temperature and then pretreated by SE (200°C, 5 min). The exploded particles

- 126 were separated from the liquid fraction by vacuum filtration and dried. Binderless
- 127 particleboard of 200 x 200 x 5 mm, were prepared by pressing at 230°C 200 g of exploded
- 128 wood. The pressing is carried out by applying a charge of 4.2 MPa for 5 min followed by a

- 129 one-minute discharge at 1 MPa and a second charge of 4.2 MPa for 5 min. After pressing, the
- 130 resulting panels are allowed to cool to room temperature before characterization.
- 131



138 **2.4 Chemical characterization**

139 Hydrolysis and the sugars analysis was performed according to a protocol described 140 previously. Briefly, approximately 0.175 g of ground extractible-free fiber was hydrolyzed in 141 two steps with 72 % sulfuric acid at 30°C for 1 h and then at 4 % at 121°C for 1 h. The 142 sample is filtered (glass microfilmer, 1.2 μ m), the solid residue is washed with water, dried 143 and weighed. The soluble fraction is diluted with water and analyzed by high-performance 144 anion exchange chromatography – pulse amperometric detection (HPAE-PAD).

145

146 **2.5 Mechanical and microscopical characterization**

147 Scanning electron microscopy (SEM) analysis was carried out with Hitachi 3000 microscope.

148 All images were taken at an accelerating voltage of 15 kV. For measuring single fiber

149 properties, Favimat (Textechno Herbert Stein GmbH and Co. KG, Möchengladbach,

150 Germany) was used. The fiber ends are clamped between two sets of jaws. The displacement

151 is insured by a constant speed motor with interchangeable equipment to vary the rate of

elongation. The data of the load and elongation are transferred to a computer to be plotted andanalyzed.

154

155 **2.6 Panels mechanical tests**

- 156 The density and the swelling were determined by the EN 323 and EN 317 standard
- 157 respectively. The strength and flexural modulus of the panels were evaluated using an
- 158 INSTRON (model 4206) in a climate-controlled room at 20°C and 65 % RH with a charge of
- 159 1 kN according to EN 310.
- 160 The internal bond of the panels was determined in accordance with the requirements of the
- 161 European standard EN 311 using specimens of 50 x 50 mm with \pm 1 mm attached to steel
- 162 plates.
- 163 **3. Results and discussion**

164 A micrograph of hop stem cross section is given in Fig. 2A. The hop stem has a structure 165 comparable to that of all bast fiber crops and close to that of the hemp stem. From inside to 166 outside, the stalk is composed of (a) hollow core, (b) pith composed of woody tissue, (c) 167 cambium, (d) phloem (e) bast fibers layer and (f) bark. The bast fibers are thus located 168 between the bark and the woody core and are associated in bundles, by gummy components 169 mainly composed of pectin (Di Virgilio et al., 2015) As seen in Fig 2B, the adhesion between 170 the fibers layer and the wood is relatively weak, the outside layer containing the fibers being 171 easily peeled off from the rest of the dry stem. As a result, a mechanical decortication using 172 breaking rollers with a shaped cross section was efficiently processed from the dry hop stems 173 to isolate the outer layer composed of technical fibers (step 1, Fig. 1). The technical hop fibers 174 yields was ≈ 20 % w/w (based on dry hop stem) which is comparable to hemp fibers yield.





177 *Figure 2 : (a)* Anatomical description of a cross section of hop stem by SEM and (b) Row fibers



For the degumming step (step 2, Fig. 1) and based on literature data, four processes were experimented and compared: (1) water retting (2) enzymatic degumming performed using a

			Chemical composition %					Single cell fibers			Technical fibers	
Retting process	Lignin	Glc	Xyl	Man	GalUA ¹	Rha +Ara	Other sugars	Diameter (µm)	DI% ²	Tensile strength (MPa)	Elongation %	
no	20.35 ± 0.4	45.96 ± 0.33	1.99 ± 0.34	1.52 ± 0.1	4.51 ± 0.21	2.42 ± 0.6	4.56	21.7	1.9	580 ±99	2.5 ±0.92	
Water	23.11 ±0.49	33.41 ±0.17	1.33 ± 0.01	0.97 ±0.03	8.02 ±0.01	1.93 ±0.04	4.69	16.9	17.8	261 ±69	3.84 ±1.78	
Enzymatic	18.39 ±1.50	34.60 ±47.3 0	1.80 ±2.17	0.94 ±1.27	3.52 ±12.13	2.35 ±2.48	2.56	15	20	479 ±70	2.60 ±0.61	
Chemical	28.45 ±0.69	52.79 ±0.49	1.88 ±0.09	1.34 ±0.12	n.d.	0.44 ±0.08	1.79	16.6	22.7	196 ±68	3.86 ±0.81	
Steam explosion	19.02 ±0.46	53.92 ±0.39	3.51 ±0.02	1.77 ±0.07	1.59 ±0.002	0.39 ±0.04	2.31	16.3	29.1	501 ±50	2.97 ±1.33	

alkali-based chemical method (Jianget al., 2018) (4) SE performed in neutral conditions. In
the present study, a water impregnation of the fibers was performed followed by a SE at
200°C during 4 min. The chemical composition of hop technical and treated fibers are
gathered in Table 1. The mechanical and morphological properties of the fibers are also given.
The diameter of single cell fibers and the defibration rate (DI %) were established by image
processing of SEM pictures of the cross section.

188 Table 1. Chemical composition and physical properties of technical and retted hop fibers

189

¹Galacturonic acid ; ²Defibration index determined from fibers cross section SEM pictures

191 DI % = [Σ (area of single cell fibers) / Σ (area of all the fibers)] x 100

192

193 Fig 3 gives the SEM pictures of the raw and treated fibers. Hop technical fibers displayed a 194 relatively high lignin content (≈ 20 %), significantly higher compared to hemp and ramie 195 technical fibers (x % and 10 % respectively). This lignin content, comparable to that of wood, 196 is explained by the structure of the hop stem, which is very different from that of herbaceous 197 plants and similar to that of woody plants. The raw fibers also retained relatively high glucan 198 sugars (≈ 46 %) but also galacturonan, rhamnann and arabinan sugars (≈ 4.5 % and ≈ 2.4 %) 199 suggesting high cellulose and pectin contents. It can be seen in Fig. 3A that the raw hop fibers 200 are composed of large bundles with a very low content in single cell fibers (DI ≈ 2 %, see 201 Table 1). As seen in Table 1, water and enzymatic retting did not lead to an efficient 202 degumming, the content of non-cellulosic compounds being little impacted. An increase of 203 the DI was observed (DI \approx 18-20 %) nevertheless, the SEM photos (Fig. 3 A and C) showed 204 relatively little separated fibers and the presence of thick bundles. For both processes, a 205 significant decrease in glucose content was observed, implying a degradation of the cellulosic fibers. This cellulose degradation was confirmed by a decrease in mechanical strength of the
fibers especially after water retting (from 580 Mpa for raw fibers to 260 MPa for water retted
fibers). This result suggested the presence of cellulolytic enzymes degrading the fibers.

209 For chemical and SE retting, the Glc content relatively increased (\approx 53-54 %) meaning that 210 cellulose of the fibers was globally preserved during both processes. On the other hand, a 211 strong and significant decrease in pectin and hemicellulose markers (GalUA, Rha, and Ara) 212 for both chemical and steam explosion treatments suggested efficient degumming. In 213 accordance with a previous paper (Wang et al., 2003), the alkali treatment allowed an almost 214 total pectin removal characterized by a complete hydrolysis of galacturonans. Interestingly, it 215 is noted that the SE treatment performed in neutral conditions led to a lower lignin content in 216 the resulting fibers than that obtained by the alkali-based chemical treatment (lignin = ≈ 19.0 217 % and ≈ 28.5 % respectively). This result was unexpected because the SE process performed 218 under neutral (or acid) conditions is not described as delignifying. Indeed, previous studies have shown that lignin is impacted, depolymerized and relocalized at the fiber surface but is 219 220 not removed. In our study and in accordance with a previous work performed on ramie fibers 221 (Segovia et al., 2021), a joint and significant decrease in lignin and pectin content by the SE 222 process led to an efficient defibration. Indeed, well separated and thinner fibers were observed 223 by SEM, with significantly more elementary fibers (DI = 29.1 %). In addition, the tensile 224 properties of the SE fibers displayed higher properties than the other retted fibers. In our 225 previous works carried out using hemp and ramie fibers, we have shown that a basic 226 impregnation prior to SE resulted in a very efficient fiber degumming, producing fine fibers 227 with a low variability. However, these basic conditions also produced damaged fibers with 228 cracks and lower tensile properties. The use of SE in neutral conditions seems to be more 229 suitable to produce fibers with low degradation and high tensile properties.



Figure 3. SEM pictures of fibers. Retting process: (a) no, (b) water, (c) chemical, (d) enzymatic, (e)
steam explosion

233

234 Table 2 gathered the main characteristics of hop single cell obtained in the present study and 235 compared them with data from previous reports performed on hemp, flax, cotton and hop sing 236 cell fibers. The single cells were identified and isolated in each batch of fibers. In addition to 237 the morphological and strength properties of the fibers previously discussed, the microfibrillar 238 angle (MFA) is also considered, MFA being one of the most critical variables to determine 239 the overall properties of the fibers. In our study MFA was determined by X-ray diffraction. 240 The data in the table shows that the results obtained for the hop fiber are relatively close to 241 those described by Reddy and Yang (2009) but with significantly longer individual fiber 242 lengths. Moreover, compared to other industrial natural fibers, it appears that the hop fiber 243 presents morphological and mechanical characteristics close to those of hemp.

244

245Table 2. Comparison of cotton, hemp and flax fibers with hop single cell fibers

Fibre	Diameter (µm)	Length (mm)	Tensile strength (MPa)	Elongation (%)	MFA	ref
flax	20 ± 3	6 ± 4	400 - 1300	2.5 - 3.3	6 - 9	
hemp	27 ± 2	1 ± 0.5	203 - 1100	1 - 5	2-6.2	Moriana et al, 2014

Cotton	18 ± 2	3 ±1	300 - 780	6 - 7	/	
Нор	16.5				8	Reddy and Yang, 2009
Hop (this study)	11 - 18	6 ±5	501	2.5 – 3.9	6.7	

Binderless panels were produced from hop shives using SE pretreatment according to a 248 previously described method (Zhang et al., 2015). The shives were presoaked in dilute 249 sulfuric acid and then steam exposed at 200°C - 5 min and the particleboards were obtained 250 251 using a three-stage pressing method. The mechanical properties of the panels prepared are 252 given in Table 3 and compared with those of panels produced using the same protocol from 253 spruce particles. The internal bond strength IB of the panels is a direct measure of bond 254 performance. The IB of the hop board is close to that of the spruce board (0.49 Mpa and 0.54 255 Mpa respectively), the densities of the two panels being very similar ($\approx 0.87 \text{ kg/m}^3$). This result shows that the internal cohesion of the hop board is good and met the international 256 257 standard specifications for interior grade boards (IB > 0.35 MPa). The thickness swelling of 258 the hop board was greater than that of the spruce board (12 % and 5 % respectively). This 259 result is in agreement with previously reported studies that showed better water resistance for 260 woody materials than non-woody materials (Ye et al., 2007). Nevertheless, compared to 261 literature data, the swelling of the hop board is relatively low showing a good resistance to 262 moisture.

263

Table 3. Characteristics of the binderless panels produced from steam exploded hop shives
and spruce wood.

	Нор	Spruce
Density (kg/m ³)	868 ±13	875 ±90
Swelling (%)	12 ±0.31	5.2 ±2.6
IB (MPa)	04.9 ±0.05	0.54 ±0.01
Bending strength (MPa)	16 ±0.59	11 ±0.46
Elasticity (MPa)	2066 +97	940 ±14

266

4. Conclusion

In this study a full valorization of the co-products of hop cultivation is proposed. The technical and fine fibers were successfully isolated by a technique without retting. It has been shown that the steam explosion process used in neutral medium allows a particularly efficient degumming by removing an important part of pectin and lignin and producing fibers with promising mechanical and morphological characteristics. The elementary fiber has characteristics close to those of hemp. Finally, the hop wood recovered during the decortication stage was valorized by the production of an adhesive-free panel. We hope that these results will allow the development of valorization ways for this biomass currently not properly used.

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 Canelle Vibert, Karina Antoun : Analysis. Investigation Arnaud Besserer, César Segovia:
 Methodology, investigation, analysis. Nicolas Brosse: Project administration and supervision.
 Writing- Original draft preparation.

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