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Hop stems, a new fibrous bioresource

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Abstract

The valorization of agricultural wastes in accordance with the concept of biorefinery is currently a subject of great interest. The present deals with hop stem, a co-product of hop cultivation that is currently not properly used. Hop stem was first decorticated to produce ≈ 20 % w/w of technical fibers and shives. Four different degumming processes were investigated: water retting, enzymatic hydrolysis, alkali treatment, and steam explosion at 200°C during 4 min. The fibers produced were comprehensively characterized in terms of chemical composition (Klason lignin and simple sugars by ionic chromatography), mechanical strength, elongation, and morphology by scanning electron microscope (SEM). In contrast to the other processes tested, steam explosion (SE) resulted in efficient defibration due to a significant decrease in pectin (\approx - 70%) and lignin content while maintaining good tensile properties (\approx 500 MPa). It was also shown that the hop single cell fiber has characteristics close to those of hemp. The hop shives were used for the production of an adhesive-free panel with good mechanical properties.

Key words: hop; fibers; shives; steam explosion; degumming

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1. Introduction

The current evolution of our society towards a more sustainable and eco-responsible economy promotes the development of locally available renewable resources. This approach is particularly relevant for natural fibers. Indeed, fibrous plants have always been used and cultivated by mankind especially for the production of fabrics and clothing. In the 20th century, with the development of petrochemicals and intensive cotton cultivation, these traditional productions have almost disappeared. Nowadays, due to their environmental friendliness, attractive properties and low production costs, there is a clear revival of interest in natural fibers for material applications such as reinforcement in composites (Rangappa et al. 2022, Kalia et al. 2009), textile and non-woven. In this context, traditional bast fibers including hemp and flax in Europe, ramie in China, coir and jute in India are increasingly studied and used (Meng et al. 2018, Segovia et al., 2021, Sauvageon et al., 2017). In addition to traditional fiber plants, raw materials that have so far been exploited to a limited extent for their fibers, such as nettle, are considered with interest for future developments (Jeannin et al. 2020).

- 46 Hop (*Humulus lupulus L.*) is a bast fiber plant belonging to *Cannabis* family cultivated for its
- 47 cone-shaped flowers for beer brewing since at least the sixth century. Nowadays in Europe,
- 48 hop culture covers almost 30 000 ha primarily in Germany, Czechia, Poland and Slovenia.
- 49 Hop is a climbing herbaceous plant with lianas that grow to about 10 m in length. Currently
- only the hop flowers are used and the stem is considered as a by-product, non-properly
- valorized. Reddy and Yang (2009) showed that the hop stalk contained high cellulose content
- 52 fibers with properties similar to those of hemp fibers. In human societies, hops never seem to
- have been used on a large scale for fiber production. However, historical researches described
- 54 the utilization of hop fibers for textile application in Scandinavia between the 15th and the 19th
- centuries. A woman's garment partly made of hemp and hop fiber is exposed in the Nordic
- Museum in Stockholm (Skoglund et al., 2020). The utilization of hop stem to produce pillow
- 57 in Danish farms during that period is also documented (Lukešová et al. 2019). Through these
- examples, it appears that already at that time the research for a valorization of the abundant
- 59 co-products resulting from the beer production was relevant.
- As for hemp and for bast fiber plants in general, the fibers in the hop stem are embedded in
- 61 peripheral bast and cemented by non-cellulosic intercellular components, forming bundles

composed of several dozen single cell fibers (Bismarck et al. 2005). For industrial crops like hemp or flax, a field retting is traditionally done to facilitate the separation of the fibers from the stem after mowing. The goal of this step is to eliminate the gum composed of pectins, lignin and hemicelluloses by the action of the soil microorganisms and to release fine fibers (Dodd and Kin, 2005). However, the difficult-to-control character of this process makes it not very reproducible and sometimes inefficient. Moreover, this type of field retting which is carried out for plants like hemp or flax would not be possible for hops considering the cultivation techniques and the size of the plant. The conversion of technical fibers into cottonlike fibers, called degumming or "cottonization", can also performed using chemical (alkali) or enzymatic processes. To the best of our knowledge, the degumming of hop stem has been reported in only one publication (Reddy and Yang, 2009) using alkali. Degumming is generally a limiting step in bast fiber plants conversion, as the development of an efficient and environmentally friendly process is challenging. In addition, this step greatly impacts the chemical, morphological and mechanical properties of the fine fibers produced. Innovative processes have been reported including ultra-sons, enzymatic treatments (Zhang and Yang, 2013)), deep eutectic solvents (Huang et al., 2021; Song et al., 2019), ionic liquid (Yang et al., 2016), organosolv process (Qu and Zhang, 2020). However, the development of a credible industrial-scale degumming method requires a cost-effective process with low operating costs and low water consumption. Steam explosion (SE) has been described as a green and efficient alternative to traditional degumming processes. SE process can be divided into 2 stages: in the first stage, technical bast fibers are treated with hot steam at T = 180°C - 210°C during few minutes (Ziegler-Devin et al., 2021). During this cooking step, a preferential hydrolysis of the pectin-rich middle lamella occurred. The second stage consists of an explosive decompression generating high mechanical stress and promoting defibration. In our group, this technic has been successfully employed for the degumming of hemp (Sauvageon et al 2017) and ramie (Segovia et al., 2021). In addition to its effectiveness for defibration, the interest of this process is twofold: scaling up is feasible and it can be carried out only with water without any chemical product. The production of binderless panels by thermo-pressing of steam exploded fibers is a longknown process that was industrialized before the Second World War. Gluing is based on the thermo-cross-linking of wood components, primarily lignin, relocated on the surface of the fibers during the steam explosion (Zhang et al., 2015). This type of process is currently gaining interest because of the absence of adhesive in the wood panel and formaldehyde

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emission. The management of the end of life and the recycling of the adhesive-free material are also greatly facilitated. The work described in the literature concerns primarily the use of exploded wood fibers but, due to shortage of wood supply, the production of panels based on alternative feedstock such as agricultural co-products was also reported (Quintana et al 2009, Gerardi et al. 1998, Velasquez et al. 2002).

In the present paper, the decortication of hop stem and the degumming of resulting raw fibers for the production of fine hop fibers was studied. The hop fibers were extracted using traditional water retting, enzymes, alkali treatment and SE. A binderless panel was also produced and characterized from the woody cores tissues (shives) of the hop stem.

2. Material and methods

2.1 Feedstock and decortication.

The hop stems were collected in September 2020 in Obernai (France, Lycée agricole) and air dried. Technical fibers were first extracted from the dried hop stems manually by peeling.

2.2 Degumming

Water retting was done by immersing the fibers in distilled water (S/L = 1/20) at room temperature for 1 week. The enzymatic degumming was performed at 50°C, pH5 during 2 h using Viscozyme ® (Novozyme) 50 μ L/1 g of fibers. *The alcali degumming* was performed according to a method described by Jiang et al. (ref) using NaOH 1%, H₂O₂ 3%, NaSiO₃ 3%, carbamide 3% and sodium polyphosphate 3%, in boiling water during 1 h. *SE degumming:* Technical fibers were impregnated in water during 15 hours at room temperature (L/S = 15/1). The fibers (50 g) were transferred into a 2 L steam gun and cooked at 200°C for 4 minutes by addition of steam. The pressure was then released into the blast chamber by sudden depressurization. The fibers are recovered after filtration.

2.3 Binderless panel

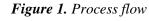
The wood (shives) was crushed, impregnated in dilute acid (sulfuric acid, 1%) during 15 hours at room temperature and then pretreated by SE (200°C, 5 min). The exploded particles were separated from the liquid fraction by vacuum filtration and dried. Binderless particleboard of 200 x 200 x 5 mm, were prepared by pressing at 230°C 200 g of exploded wood. The pressing is carried out by applying a charge of 4.2 MPa for 5 min followed by a

one-minute discharge at 1 MPa and a second charge of 4.2 MPa for 5 min. After pressing, the resulting panels are allowed to cool to room temperature before characterization.

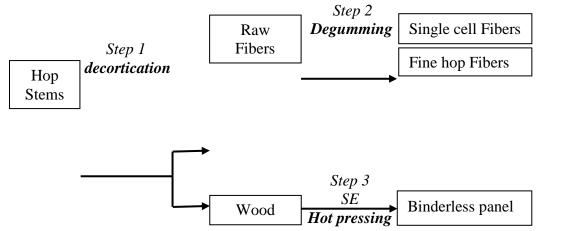
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diagram



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2.4 Chemical characterization

Hydrolysis and the sugars analysis was performed according to a protocol described previously. Briefly, approximately 0.175 g of ground extractible-free fiber was hydrolyzed in two steps with 72 % sulfuric acid at 30°C for 1 h and then at 4 % at 121°C for 1 h. The sample is filtered (glass microfilmer, 1.2 μ m), the solid residue is washed with water, dried and weighed. The soluble fraction is diluted with water and analyzed by high-performance anion exchange chromatography – pulse amperometric detection (HPAE-PAD).

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2.5 Mechanical and microscopical characterization

- Scanning electron microscopy (SEM) analysis was carried out with Hitachi 3000 microscope.
- All images were taken at an accelerating voltage of 15 kV. For measuring single fiber
- properties, Favimat (Textechno Herbert Stein GmbH and Co. KG, Möchengladbach,
- 150 Germany) was used. The fiber ends are clamped between two sets of jaws. The displacement
- is insured by a constant speed motor with interchangeable equipment to vary the rate of
- elongation. The data of the load and elongation are transferred to a computer to be plotted and
- analyzed.

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2.6 Panels mechanical tests

The density and the swelling were determined by the EN 323 and EN 317 standard

respectively. The strength and flexural modulus of the panels were evaluated using an

158 INSTRON (model 4206) in a climate-controlled room at 20°C and 65 % RH with a charge of

159 1 kN according to EN 310.

The internal bond of the panels was determined in accordance with the requirements of the

European standard EN 311 using specimens of 50 x 50 mm with \pm 1 mm attached to steel

plates.

3. Results and discussion

A micrograph of hop stem cross section is given in Fig. 2A. The hop stem has a structure comparable to that of all bast fiber crops and close to that of the hemp stem. From inside to outside, the stalk is composed of (a) hollow core, (b) pith composed of woody tissue, (c) cambium, (d) phloem (e) bast fibers layer and (f) bark. The bast fibers are thus located between the bark and the woody core and are associated in bundles, by gummy components mainly composed of pectin (Di Virgilio et al., 2015) As seen in Fig 2B, the adhesion between the fibers layer and the wood is relatively weak, the outside layer containing the fibers being easily peeled off from the rest of the dry stem. As a result, a mechanical decortication using breaking rollers with a shaped cross section was efficiently processed from the dry hop stems to isolate the outer layer composed of technical fibers (step 1, Fig. 1). The technical hop fibers yields was ≈ 20 % w/w (based on dry hop stem) which is comparable to hemp fibers yield.

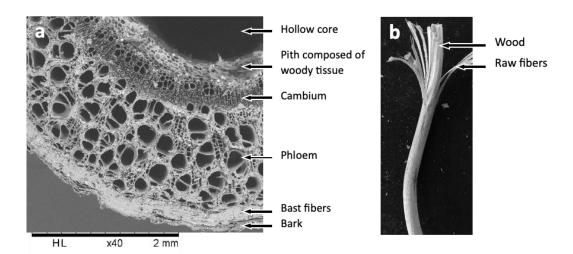


Figure 2: (a) Anatomical description of a cross section of hop stem by SEM and (b) Row fibers peeled off the stem

For the degumming step (step 2, Fig. 1) and based on literature data, four processes were experimented and compared: (1) water retting (2) enzymatic degumming performed using a

commercial pectinase- and hemicellulose-rich mixture (Tahri et al. 2016) and (3) a traditional

		Chemical composition %						Single cell fibers		Technical fibers	
Retting process	Lignin	Glc	Xyl	Man	GalUA ¹	Rha +Ara	Other sugars	Diameter (µm)	DI% ²	Tensile strength (MPa)	Elongation %
no	20.35 ± 0.4	45.96 ± 0.33	1.99 ± 0.34	1.52 ± 0.1	4.51 ± 0.21	2.42 ± 0.6	4.56	21.7	1.9	580 ±99	2.5 ±0.92
Water	23.11 ±0.49	33.41 ±0.17	1.33 ± 0.01	0.97 ±0.03	8.02 ±0.01	1.93 ±0.04	4.69	16.9	17.8	261 ±69	3.84 ±1.78
Enzymatic	18.39 ±1.50	34.60 ±47.3 0	1.80 ±2.17	0.94 ±1.27	3.52 ±12.13	2.35 ±2.48	2.56	15	20	479 ±70	2.60 ±0.61
Chemical	28.45 ±0.69	52.79 ±0.49	1.88 ±0.09	1.34 ±0.12	n.d.	0.44 ±0.08	1.79	16.6	22.7	196 ±68	3.86 ±0.81
Steam explosion	19.02 +0.46	53.92 +0.39	3.51 +0.02	1.77 +0.07	1.59 +0.002	0.39 +0.04	2.31	16.3	29.1	501 ±50	2.97 ±1.33

alkali-based chemical method (Jianget al., 2018) (4) SE performed in neutral conditions. In the present study, a water impregnation of the fibers was performed followed by a SE at 200°C during 4 min. The chemical composition of hop technical and treated fibers are gathered in Table 1. The mechanical and morphological properties of the fibers are also given. The diameter of single cell fibers and the defibration rate (DI %) were established by image processing of SEM pictures of the cross section.

Table 1. Chemical composition and physical properties of technical and retted hop fibers

¹Galacturonic acid; ²Defibration index determined from fibers cross section SEM pictures DI % = $[\Sigma$ (area of single cell fibers) / Σ (area of all the fibers)] x 100

Fig 3 gives the SEM pictures of the raw and treated fibers. Hop technical fibers displayed a relatively high lignin content (≈ 20 %), significantly higher compared to hemp and ramie technical fibers (x % and 10 % respectively). This lignin content, comparable to that of wood, is explained by the structure of the hop stem, which is very different from that of herbaceous plants and similar to that of woody plants. The raw fibers also retained relatively high glucan sugars (≈ 46 %) but also galacturonan, rhamnann and arabinan sugars (≈ 4.5 % and ≈ 2.4 %) suggesting high cellulose and pectin contents. It can be seen in Fig. 3A that the raw hop fibers are composed of large bundles with a very low content in single cell fibers (DI ≈ 2 %, see Table 1). As seen in Table 1, water and enzymatic retting did not lead to an efficient degumming, the content of non-cellulosic compounds being little impacted. An increase of the DI was observed (DI $\approx 18-20$ %) nevertheless, the SEM photos (Fig. 3 A and C) showed relatively little separated fibers and the presence of thick bundles. For both processes, a significant decrease in glucose content was observed, implying a degradation of the cellulosic

fibers. This cellulose degradation was confirmed by a decrease in mechanical strength of the fibers especially after water retting (from 580 Mpa for raw fibers to 260 MPa for water retted fibers). This result suggested the presence of cellulolytic enzymes degrading the fibers.

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For chemical and SE retting, the Glc content relatively increased (≈ 53-54 %) meaning that cellulose of the fibers was globally preserved during both processes. On the other hand, a strong and significant decrease in pectin and hemicellulose markers (GalUA, Rha, and Ara) for both chemical and steam explosion treatments suggested efficient degumming. In accordance with a previous paper (Wang et al., 2003), the alkali treatment allowed an almost total pectin removal characterized by a complete hydrolysis of galacturonans. Interestingly, it is noted that the SE treatment performed in neutral conditions led to a lower lignin content in the resulting fibers than that obtained by the alkali-based chemical treatment (lignin = ≈ 19.0 % and ≈ 28.5 % respectively). This result was unexpected because the SE process performed under neutral (or acid) conditions is not described as delignifying. Indeed, previous studies have shown that lignin is impacted, depolymerized and relocalized at the fiber surface but is not removed. In our study and in accordance with a previous work performed on ramie fibers (Segovia et al., 2021), a joint and significant decrease in lignin and pectin content by the SE process led to an efficient defibration. Indeed, well separated and thinner fibers were observed by SEM, with significantly more elementary fibers (DI = 29.1 %). In addition, the tensile properties of the SE fibers displayed higher properties than the other retted fibers. In our previous works carried out using hemp and ramie fibers, we have shown that a basic impregnation prior to SE resulted in a very efficient fiber degumming, producing fine fibers with a low variability. However, these basic conditions also produced damaged fibers with cracks and lower tensile properties. The use of SE in neutral conditions seems to be more suitable to produce fibers with low degradation and high tensile properties.

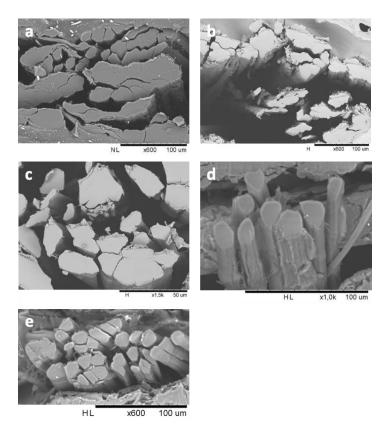


Figure 3. SEM pictures of fibers. Retting process: (a) no, (b) water, (c) chemical, (d) enzymatic, (e) steam explosion

Table 2 gathered the main characteristics of hop single cell obtained in the present study and compared them with data from previous reports performed on hemp, flax, cotton and hop sing cell fibers. The single cells were identified and isolated in each batch of fibers. In addition to the morphological and strength properties of the fibers previously discussed, the microfibrillar angle (MFA) is also considered, MFA being one of the most critical variables to determine the overall properties of the fibers. In our study MFA was determined by X-ray diffraction. The data in the table shows that the results obtained for the hop fiber are relatively close to those described by Reddy and Yang (2009) but with significantly longer individual fiber lengths. Moreover, compared to other industrial natural fibers, it appears that the hop fiber presents morphological and mechanical characteristics close to those of hemp.

Table 2. Comparison of cotton, hemp and flax fibers with hop single cell fibers

Fibre	Diameter (µm)	Length (mm)	Tensile strength (MPa)	Elongation (%)	MFA	ref
flax	20 ± 3	6 ± 4	400 - 1300	2.5 - 3.3	6 - 9	
hemp	27 ± 2	1 ± 0.5	203 - 1100	1 - 5	2 - 6.2	Moriana et al, 2014

Cotton	18 ± 2	3 ±1	300 - 780	6 - 7	/	
Hop	16.5				8	Reddy and Yang, 2009
Hop (this study)	11 - 18	6 ±5	501	2.5 – 3.9	6.7	

Binderless panels were produced from hop shives using SE pretreatment according to a previously described method (Zhang et al., 2015). The shives were presoaked in dilute sulfuric acid and then steam exposed at 200°C - 5 min and the particleboards were obtained using a three-stage pressing method. The mechanical properties of the panels prepared are given in Table 3 and compared with those of panels produced using the same protocol from spruce particles. The internal bond strength IB of the panels is a direct measure of bond performance. The IB of the hop board is close to that of the spruce board (0.49 Mpa and 0.54 Mpa respectively), the densities of the two panels being very similar ($\approx 0.87 \text{ kg/m}^3$). This result shows that the internal cohesion of the hop board is good and met the international standard specifications for interior grade boards (IB > 0.35 MPa). The thickness swelling of the hop board was greater than that of the spruce board (12 % and 5 % respectively). This result is in agreement with previously reported studies that showed better water resistance for woody materials than non-woody materials (Ye et al., 2007). Nevertheless, compared to literature data, the swelling of the hop board is relatively low showing a good resistance to moisture.

Table 3. Characteristics of the binderless panels produced from steam exploded hop shives and spruce wood.

	Hop	Spruce
Density (kg/m ³)	868 ±13	875 ±90
Swelling (%)	12 ±0.31	5.2 ±2.6
IB (MPa)	04.9 ±0.05	0.54 ±0.01
Bending strength (MPa)	16 ±0.59	11 ±0.46
Elasticity (MPa)	2066 ±97	940 ±14

4. Conclusion

In this study a full valorization of the co-products of hop cultivation is proposed. The technical and fine fibers were successfully isolated by a technique without retting. It has been shown that the steam explosion process used in neutral medium allows a particularly efficient

degumming by removing an important part of pectin and lignin and producing fibers with promising mechanical and morphological characteristics. The elementary fiber has characteristics close to those of hemp. Finally, the hop wood recovered during the decortication stage was valorized by the production of an adhesive-free panel. We hope that these results will allow the development of valorization ways for this biomass currently not properly used.

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Canelle Vibert, Karina Antoun: Analysis. Investigation Arnaud Besserer, César Segovia:
Methodology, investigation, analysis. Nicolas Brosse: Project administration and supervision.
Writing- Original draft preparation.

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