

Methodologies for Screening Metal-Chelating Peptides in Protein Hydrolysates for their Antioxidant Properties Sarah El Hajj

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Ecole Doctorale Sciences et Ingénierie des Molécules Procédés Produits et Énergie



Thèse de doctorat

Methodologies for Screening Metal-Chelating Peptides in Protein Hydrolysates for their Antioxidant Properties

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par

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Abstract

Currently, the discovery of new biomolecules is essential for various industrial applications. Peptides produced by hydrolysis of plant or animal proteins are of interest because of their potential bioactivities. Some peptides, by their ability to complex iron(II), can inhibit and slow down oxidation phenomena. To date, the discovery of new bioactive molecules is generally based on long and fastidious empirical approaches, involving large quantities of solvents, harmful to the environment. Therefore, it is important to develop new and highly sensitive screening methods before implementing a selective separation process of these peptides of interest present in mixture. The objective of this thesis is therefore to (1) develop highly sensitive screening methods to identify the presence of these metal chelating peptides (MCPs) in hydrolysates, produced in the laboratory, before undertaking a time-consuming separation phase and (2) to study their antioxidant activities, using cellular assays.

In the first approach, time-resolved molecular dynamics (switchSENSE[®]) was first implemented on model peptides capable of complexing metals and then applied to non-filtrated soy and tilapia protein hydrolysates. It has proven to be very sensitive for detecting the presence of MCPs in peptide hydrolysates. This technology is based on the electrical movement of DNA strands, present on the surface of gold microelectrodes, on which are immobilized metal ions. When a peptide has an affinity for an immobilized metal ion and thus forms a peptide-metal complex, a variation of the measured fluorescence signal is observed. On the other hand, MCPs were screened in ultrafiltrated soy and pea protein hydrolysates using Surface Plasmon Resonance (SPR). This advanced technique allows to determine an affinity constant between a peptide and a metal ion immobilized on a microchip at the molecular scale. It is used here in an original way to study different hydrolysates and thus, to screen the best hydrolysis condition to produce MCPs.

The biological interest in exploring metal-chelating activity in these hydrolysates is to evaluate their antioxidant power *in cellulo*. These peptides could be promising for ferroptosis inhibition by chelating excess iron ions and thus contribute to the prevention of cell death in several diseases including atherosclerosis (AS). We aimed to develop a ferroptosis model (induction and rescuing) on human aortic smooth muscle cells to mimic ferroptosis happening during AS development. The ferroptosis model was developed in three steps taking into consideration three essential parameters such as the concentration of ferroptosis inducers (erastin and ferric ions), the time and the medium of incubation. At each step, 2 biomarkers *i.e.,* intracellular concentration of glutathione and peroxidized lipids were followed by NDA and TBARS methods, respectively. The rescue of the ferroptosis model was validated using metal chelators such as deferoxamine and deferiprone, which are also control molecules regarding MCP activity.

Keywords: Metal-chelating peptides, Hydrolysis, Antioxidants, Screening, Ferroptosis.

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List of abbreviations

| Аа | Amino acids |
|---------------------|---|
| ACSL4 | Acyl-Co1 Synthase Long-Chain Family 4 |
| Alc (1h) | Alcalase [®] treatment for 1 hour |
| Alc (1h) + Flv (2h) | Alcalase $^{\circledast}$ treatment for 1 hour followed by Flavourzyme $^{\textcircled{B}}$ treatment for 2 hours |
| Alc (3h) | Alcalase [®] treatment for 3 hours |
| AS | Atherosclerosis |
| ВНТ | Butylated Hydroxytoluene |
| CD | Circular Dichroism |
| CPPs | Caseinphosphopeptides |
| DFO | Deferoxamine |
| DFr | Deferiprone |
| DH | Degree of Hydrolysis |
| DMT1 | Divalent Metal Transporter 1 |
| EPR | Electron Paramagnetic Resonance |
| ESI | Electrospray Ionization |
| ESI-MS | Electrospray Ionization-Mass Spectrometry |
| ESR | Electron Spin Resonance |
| EXAFS | Extended X-ray Absorption Fine Structure |
| Fer-1 | Ferrostatin-1 |
| FIN I | Class 1 Ferroptosis Inducing Compounds |
| FIN II | Class 2 Ferroptosis Inducing Compounds |
| Flv (1h) | Flavourzyme [®] treatment for 1 hour |
| Flv (3h) | Flavourzyme [®] treatment for 3 hours |
| FS | Fluorescence Spectroscopy |
| FTH1 | Ferritin Heavy Chain 1 |
| FTIR | Fourier-Transform InfraRed |
| GPx4 | Glutathione peroxidase 4 |
| GSH | Glutathione |
| HCP1 | Heme Transporter |
| HILIC | Hydrophilic Interaction Liquid Chromatography |
| HNE | 4- Hydroxynonenal |
| HSAB | Hard and Soft Acid and Bases |
| IDA | Iminodiacetic Acid |
| IKE | Imidazole Ketone Erastin |
| IMAC | Immobilized Metal-ion Affinity Chromatography |
| IRE-BP | Iron-Responsive Element Binding Protein |
| IREBP2 | Iron Responsive Element Binding Protein 2 |
| ІТС | Isothermal Titration Calorimetry |

| L-AT | L-Aminoacid Transporter | | |
|--|--|--|--|
| LDL | Low-Density Lipoproteins | | |
| LIP | Labile Iron Pool | | |
| Lip-1 | Liproxstatin-1 | | |
| LOX | Lipoxygenase | | |
| LPCAT3 | Lysophosphatidyl Choline Acyl Transferase 3 | | |
| MBPs | Metal-Binding Peptides | | |
| MCPs | Metal-Chelating Peptides | | |
| MDA | Malondialdehyde | | |
| MnBPs | Mineral-Binding Peptides | | |
| MS | Mass Spectrometry | | |
| MT | Metallothioneins | | |
| NMR | Nuclear Magnetic Resonance | | |
| NTA | Tetradentate Nitriloacetic Acid | | |
| PE | Piperazine-Erastin | | |
| PG | Propyl Gallate | | |
| PPHs | Pea Protein Hydrolysates | | |
| Prt (1h) | Protamex [®] treatment for 1 hour | | |
| Prt (1h) + Flv (2h) | Protamex $^{\circledast}$ treatment for 1 hour followed by Flavourzyme $^{\circledast}$ treatment for 2 hours | | |
| Prt (3h) | Protamex [®] treatment for 3 hours | | |
| PUFA | PolyUnsaturated Fatty Acids | | |
| ROS | Reactive Oxygen Species | | |
| RSL3 | Ras Selective Lethal 3 | | |
| SEC | Size-Exclusion Chromatography | | |
| SOD | Superoxide Dismutase | | |
| SPHs | Soy Protein Hydrolysates | | |
| SPPs | Solid-Phase Peptide Synthesis | | |
| SPR | Surface Plasmon Resonance | | |
| | | | |
| ТВНО | Tert-Butyl Hydroquinone | | |
| TBHQ TFR1 | Tert-Butyl Hydroquinone Transferrin Receptor 1 | | |
| TBHQ TFR1 TFR2 | Tert-Butyl Hydroquinone Transferrin Receptor 1 Transferrin Receptor 2 | | |
| TBHQ TFR1 TFR2 TPHs | Tert-Butyl Hydroquinone Transferrin Receptor 1 Transferrin Receptor 2 Tilapia Protein Hydrolysates | | |
| TBHQ TFR1 TFR2 TPHs TRPV6 | Tert-Butyl Hydroquinone Transferrin Receptor 1 Transferrin Receptor 2 Tilapia Protein Hydrolysates Transient Receptor Potential V6 | | |
| TBHQ TFR1 TFR2 TPHs TRPV6 XANES | Tert-Butyl Hydroquinone Transferrin Receptor 1 Transferrin Receptor 2 Tilapia Protein Hydrolysates Transient Receptor Potential V6 X-ray Absorption Near Edge Structure | | |

Chapter 1 Introduction

The human body is constantly at risk of developing serious diseases due to lifestyle stresses and environmental toxins. Therefore, the discovery or/and the development of healthpromoting agents is a worldwide scientific interest. Food-derived bioactive peptides are widely studied nowadays as alternatives to pharmacological treatments. These peptides have shown a variety of bioactivities such as anticancer, anti-inflammation, antihypertensive and antioxidant activities. While this thesis focuses specifically on metal-chelation related to antioxidant activity, it is worth to have a brief look in this chapter on the health and biotechnological aspects that lead to our interest in metal-chelation.

1.1 Oxidative stress and antioxidant: terms and concepts

"Oxidative stress" is a term used to describe the situation in which pro-oxidants concentration is transiently or chronically higher than that of antioxidants, causing metabolic disorders and cellular damages (Lushchak, 2014). Reactive oxygen species (**ROS**), byproducts of the physiological metabolism of oxygen, are present at low levels in normal cells. However, their accumulation caused by the exposure to ultraviolet radiation and other environmental stresses leads to oxidative damage (Gross and Bhattacharya, 2010). The three main biological components attacked and modified by ROS are proteins, lipids and nucleic acids. The attack on lipids causes lipid peroxidation, which ultimately leads to cellular membrane breakdown; the attack on DNA causes mutagenic lesions, and the attack on proteins leads to modifications in their activities or to their elimination (Halliwell, 1994). Oxidative stress-induced damages are involved in the process of aging as well as several chronic diseases (Liguori *et al.*, 2018) (*i.e.*, cancer, cardiovascular, and neurodegenerative diseases). The study of oxidative stress is an important field of research with thousands of publications related to its causes, consequences and prevention (Breitenbach and Eckl, 2015).

Antioxidants are compounds that reacts - directly or indirectly - against or / and inhibits oxidative phenomena. Living organisms have set up a complex, multilevel antioxidant defense mechanisms. There are plenty of mitochondrial and cytosolic antioxidant enzymes such as, the superoxide dismutase (**SOD**) that converts superoxide ions $(2O_2^{\circ} + 2 \text{ H}^+ \rightarrow O_2 + H_2O_2)$ to

hydrogen peroxide, the catalase that removes hydrogen peroxide, and the glutathione peroxidase that reduces peroxides like lipid peroxides or H_2O_2 to the corresponding alcohol or H_2O , respectively, while oxidizing glutathione (**GSH**) (Lushchak, 2014). In reality, the power of oxidative stress is higher than that of the organisms' antioxidant defense (Poljsak, 2011). Therefore, exogenous antioxidants are required (**Figure 1.1.**).

Exogenous antioxidant substances can be either synthetic or natural. The most known synthetic antioxidants are butylated hydroxytoluene (**BHT**), propyl gallate (**PG**) and tert-butyl hydroquinone (**TBHQ**) and are commonly used in cosmetic products to stabilize the products' raw materials. These display higher stability and performance than natural antioxidants but also higher health risks. Natural antioxidants are obtained from plant resources such as vegetables, fruits, herbs and seeds. Vitamins C and E, carotenoids and polyphenols are examples of natural antioxidants that can re-equilibrate the oxidation state (Lourenço, Moldão-Martins, and Alves, 2019). Due to consumers' demand for natural antioxidant ingredients, research studies to obtain, process, increase and preserve their nutritional value has been a scientific spotlight since so many years.



Figure 1.1. Oxidation state balance

1.2 Ferroptosis: Iron-catalyzed oxidative cell damage

Free iron ions catalyzes the formation of hydroxyl radicals *via* the Haber-Weiss reaction (Haber and Weiss, 1934), or can be a direct reactant for their production such as Fe(II) in the Fenton reaction (Fenton, 1894). Recommended dietary allowance for iron is 1.5 mg per day for adult

males and 1.5 mg to 2 mg (to compensate the losses during menstrual bleeding) per day for adult females. Maintaining iron homeostasis is critically essential for human health to prevent diseases such as iron deficiency anemia and hemochromatosis caused by iron overload **(Figure 1.2.)**. Concentration of intracellular iron is regulated at several cellular levels that comprise: iron uptake *via* transferrin receptors (**TFR1 and TFR2**), iron storage in ferritin and transferrin, and iron export *via* ferroportin. Dysregulation of iron homeostasis causes iron-mediated cell death, recently described as ferroptosis (Mou *et al.* 2019; Tang *et al.* 2019).



Figure 1.2. Effect of free and bound iron ions on the formation of ROS

The main feature of ferroptosis is lipid peroxidation catalysed by iron-overload. It is first discovered as a pathway to kill cancer cells, and then it was reported in several diseases such as atherosclerosis **(AS)**, Alzheimer disease, type I diabetes, acute kidney injury, *etc.* (Wu *et al.*, 2020; Yang and Stockwell, 2016) **(Figure 1.3)**. However, very few studies in literature report treatments for ferroptosis related to these diseases. AS refers to the restriction or even the blockage of blood flow due to the narrowing of blood vessels as a result of the build-up of plaques made up of oxidized lipids (Kobayashi *et al.*, 2018; Ross, 1990). To date, there is no model of ferroptosis based on cardiovascular cells in order to test molecules able to inhibit ferroptosis with potential application in cardiovascular diseases treatment.



Figure 1.3. Diseases where ferroptosis is reported (left). Plaques buildups in arteries in atherosclerosis (AS) disease (Right)

1.3 Metal-chelating peptides: antioxidant properties and discovery limitations

Plant (or animal)-based proteins can inhibit multiple oxidative pathways by reducing ROS, scavenging free radicals, and chelating transient metals. Sometimes, the antioxidant power of these proteins is trapped within their 3-dimentional structures. Therefore, enzymatic hydrolysis can reveal this antioxidant activity. Indeed, during proteolysis, bioactive peptides are released with exposure of characteristic amino acids, which are inaccessible prior the disruption of proteins' tertiary structure (Puntarulo, 2005; Luza and Speisky, 1996). In our work, we focus our attention on the metal-chelation capacity of peptides. Indeed, amino acids residues present in the peptide sequence can participate to coordination bonds with metals through their α -amino group, carboxyl group, and R side-chain for some of them. The carboxylate function, COO⁻, and the nitrogen element, N, interact with metals to establish metal carboxylate salt, amine complex, and 5 or 6 membered chelating rings (Wang *et al.*, 2018; Chen *et al.*, 1998). The reaction between amino acids and metals is a general acid-base reaction and is applied according to the Hard and Soft Acid and Bases theory (HSAB) (Table 1.1). In general, reactions take place between soft acid and soft base or, between hard acid and hard base (Hancock, 1992). Metal-chelating peptides (MCPs) can be promising bioactive

peptides to treat ferroptosis in cardiovascular diseases. MCPs are known to reduce cell oxidative stress caused by the Haber-Weiss and Fenton reactions, which are catalyzed by Fe²⁺.

| | Hard | Moderate | Soft |
|-------|--|---|--|
| Acids | Li ⁺ , Na ⁺ , Mg ²⁺ , Ca ²⁺ , Ba ²⁺ , Al ³⁺ , Ga ³⁺ , V ³⁺ , Cr ³⁺ , Co ³⁺ , Fe ³⁺ | Mn ²⁺ , Fe ²⁺ , Co ²⁺ , Ni ²⁺ , Cu ²⁺ , Zn ²⁺ , Pd ²⁺ | Cu ⁺ , Ag ⁺ , Cd ²⁺ , Au ⁺ , Hg ⁺ |
| Bases | Carboxylates (Glu & Asp), hydroxyl group (Ser, Thr, Tyr), guanidinium (Arg) | Imidazole (His), amides (Asn, Gln), indole (Trp) | Thiols (Cys), thioethers (Met), phenyl (Phe) |

Table 1.1. The HSAB theory

To date, many experimental limitations are encountered by researchers who are trying to screen or identify MCPs in protein hydrolysates from natural resources. The empirical approach to discover MCPs consists in separating hydrolysates in various fractions and in evaluating their antioxidant activity. These sequential steps are reiterated until reaching pure MCPs identified by mass spectrometry (Figure 1.4). Nevertheless, this empirical approach is fastidious, presents a high cost and is uncertain regarding the presence of desired peptides in hydrolysates, which would make it time consuming.



Figure 1.4. The empirical approach to discover MCPs

1.4 General context and objective of this PhD

Nowadays, there is an increasing need for new biomolecules for various industrial applications related to pharmacy, foods or cosmetics. As some synthetic antioxidants are considered hazardous for human health, the interest in bioactive peptides generated from protein

hydrolysis has been widely studied to fulfill consumers' needs. MCPs from food proteins present great health benefits due to their ability to suppress the formation of free radicals catalyzed by transient metal ions. The scientific field of MCPs is interdisciplinary and can cover studies related to: their production (by proteolysis or chemical synthesis), biotechnological tools used for their screening and/or separation in a complex mixture of biomolecules, their interaction with metal ions and/or the surrounding environment, and their applications in human health, cosmetics, environment, biotechnology...

As biotechnological objective, this PhD project aimed at discovering and testing MCPs produced by enzymatic proteolysis of natural resources, taking advantage of the efficiency of Surface Plasmon Resonance (SPR) technique to screen MCPs in hydrolysates. However, since SPR showed some limitations related to the length of peptides when present in non-ultrafiltrated hydrolysates, we set up a methodology to screen MCPs in non-filtrated hydrolysates based on an electrically switchable nanolever technology, switchSENSE[®]. For the biological objective, the interest is to evaluate the effect of MCPs in inhibiting ferroptosis in cardiovascular cells by chelating iron ions. To do so, we aimed first to develop the ferroptosis model based on human aortic smooth muscle cells **(Figure 1.5)**.



Figure 1.5. The fields covered in this interdisciplinary PhD project

1.5 Thesis structure

After this introducing chapter (Chapter 1), a literature review will be conducted to gain an in depth understanding of concepts (Chapter 2). Then three main contributions will be made to fulfill PhD objectives (Chapters 3, 4 and 5 mainly).

- Chapter 3: Developing a novel methodology based on electrically switchable DNA nanolevers to cross peptides' size limitations for screening MCPs in hydrolysates.
- Chapter 4: Screening of metal-chelating activity of soy and pea protein hydrolysates obtained after different enzymatic treatments using surface plasmon resonance.
- Chapter 5: Developing a cardiovascular cell-based ferroptosis model in order to test MCPs antioxidant activity.

Finally, conclusions will be then drawn and perspectives to go deeper in this research area will be stressed out (Chapter 6) (Figure 1.6).



Figure 1.6. The thesis structure

Chapitre 1 Introduction

Le corps humain est constamment exposé au stress de son mode de vie et aux toxines environnementales augmentant le risque de développement des maladies graves. C'est pourquoi, la découverte et/ou le développement d'agents bénéfiques pour la santé suscite un intérêt scientifique. Les peptides bioactifs d'origine alimentaire sont aujourd'hui largement étudiés comme alternative aux traitements pharmacologiques. Ces peptides ont montré une variété de bioactivités telles que des activités anticancéreuses, anti-inflammatoires, antihypertensives et antioxydantes. Bien que cette thèse se concentre spécifiquement sur la chélation des métaux en lien avec leur activité antioxydante, il est nécessaire de contextualiser brièvement dans ce chapitre, les aspects sanitaires et biotechnologiques qui ont conduit à notre intérêt pour les peptides chélateurs de métaux.

1.1 Stress oxydant et antioxydant : termes et concepts.

" Le stress oxydant " est un terme utilisé pour décrire la situation dans laquelle la concentration en pro-oxydants est transitoirement ou chroniquement supérieure à celle des antioxydants, provoquant des troubles métaboliques et des dommages cellulaires (Lushchak, 2014). Les espèces réactives de l'oxygène (ERO), sous-produits du métabolisme de l'oxygène, sont maintenues à de faibles concentration dans les cellules saines. Cependant, leur accumulation causée par l'exposition aux rayons ultraviolets et à d'autres stress environnementaux entraîne des dommages oxydatifs (Gross et Bhattacharya, 2010). Les trois principaux composants biologiques attaqués et modifiés par les ERO sont les protéines, les lipides et les acides nucléiques. L'attaque des lipides provoque la peroxydation lipidique, qui conduit finalement à la dégradation de la membrane cellulaire ; l'attaque de l'ADN provoque des lésions mutagènes, et celle des protéines conduit à des modifications de leurs activités ou à leur élimination (Halliwell, 1994). Les dommages induits par le stress oxydant sont impliqués dans le processus de vieillissement ainsi que dans plusieurs maladies chroniques (Liguori *et al.,* 2018) (ex. le cancer, les maladies cardiovasculaires et neurodégénératives). L'étude du

stress oxydant est un domaine de recherche important avec des milliers de publications concernant ses causes, ses conséquences et les moyens de le prévenir (Breitenbach et Eckl, 2015).

Les antioxydants sont des composés qui inhibent - directement ou indirectement - les phénomènes oxydants. Les organismes vivants ont mis en place des mécanismes de défense complexes agissant à plusieurs niveaux appelés « antioxydants ». Il existe de nombreuses enzymes antioxydantes mitochondriales et cytosoliques telles que, les superoxyde dismutases (SOD) qui convertissent les ions superoxydes ($2O_2^{\circ-} + 2 H^+ \rightarrow O_2 + H_2O_2$) en peroxyde d'hydrogène (H₂O₂), les catalases qui éliminent ce dernier, et les glutathion peroxydases qui réduisent les peroxydes lipidique ou H_2O_2 en l'alcol correspondant ou H_2O , respectivement tout en oxydant le glutathion (GSH) (Lushchak, 2014). La puissance du stress oxydant est plus grande que celle de la défense antioxydante des organismes (Poljsak, 2011). Par conséquent, des antioxydants exogènes sont nécessaires pour lutter contre le stress oxydant (Figure 1.1). Les substances antioxydantes peuvent être synthétiques ou naturelles. Les antioxydants synthétiques les plus connus sont l'hydroxytoluène butylé (BHT), le gallate de propyle (PG) et la tert-butyl hydroquinone (TBHQ) et sont couramment utilisés dans les produits cosmétiques pour stabiliser les matières premières des produits. Ils présentent une stabilité et des performances supérieures à celles des antioxydants naturels, mais aussi des risques plus élevés pour la santé. Les antioxydants naturels sont obtenus à partir de ressources végétales telles que les légumes, les fruits, les herbes et les graines. Les vitamines C et E, les caroténoïdes et les polyphénols sont des exemples d'antioxydants naturels qui peuvent rééquilibrer la balance redox (Lourenço, Moldão-Martins et Alves, 2019). En raison de la demande des consommateurs pour des ingrédients antioxydants naturels, les études de recherche pour obtenir, traiter, augmenter et préserver leur valeur nutritionnelle constitue un challenge scientifique depuis de nombreuses années.



Figure 1.7. Équilibre de l'état d'oxydation

1.2 Ferroptose : dommages cellulaires oxydants catalysés par le fer

Les ions fer libres catalysent la formation de radicaux hydroxyles *via* la réaction de Haber-Weiss (Haber et Weiss, 1934), ou peuvent être un réactif direct pour leur production comme le Fe(II) dans la réaction de Fenton (Fenton, 1894). Les apports nutritionnels recommandés en fer sont de 1,5 mg par jour pour les hommes adultes et de 1,5 mg à 2 mg (pour compenser les pertes menstruelles) par jour pour les femmes adultes. Le maintien de l'homéostasie du fer est essentiel pour la santé humaine afin de prévenir des maladies telles que l'anémie ferriprive et l'hémochromatose causée par une surcharge en fer (Figure 1.2). La concentration de fer intracellulaire est régulée à plusieurs niveaux cellulaires qui comprennent : l'absorption du fer *via* les récepteurs de la transferrine (TFR1 et TFR2), le stockage du fer dans la ferritine et la transferrine, et l'exportation du fer *via* la ferroportine. La dérégulation de l'homéostasie du fer entraîne la mort cellulaire médiée par le fer, récemment décrite comme la ferroptose (Mou *et al.*, 2019 ; Tang *et al.*, 2019).



Figure 1.8. Effet des ions fer libres et liés sur la formation de ERO

La principale caractéristique de la ferroptose est la peroxydation lipidique catalysée par la surcharge en fer. Elle est d'abord découverte comme une voie pour tuer les cellules cancéreuses, puis elle a été rapportée dans plusieurs maladies dont l'athérosclérose (**AS**), la maladie d'Alzheimer, le diabète de type I, les lésions rénales aiguës (Wu *et al.*, 2020 ; Yang et Stockwell, 2016) (Figure 1.3). Cependant, très peu d'études dans la littérature rapportent des traitements de la ferroptose liés à ces maladies. L'AS désigne la restriction, voire le blocage, de la circulation sanguine en raison du rétrécissement des vaisseaux sanguins suite à l'accumulation de plaques constituées de lipides oxydés (Kobayashi *et al.*, 2018 ; Ross, 1990). A ce jour, il n'existe pas de modèle de ferroptose développé sur des cellules cardiovasculaires qui permettrait de tester des molécules potentiellement capables d'inhiber la ferroptose, avec une application ultérieure dans le traitement des maladies cardiovasculaires.



Figure 1.9. Maladies où la ferroptose est signalée (à gauche). Accumulation de plaques dans les artères dans l'athérosclérose (AS) (à droite)

1.3 Peptides chélateurs de métaux : propriétés antioxydantes et verrous liés à leur découverte

Les protéines d'origine végétale (ou animale) peuvent inhiber de multiples voies d'oxydation en réduisant les ERO en piégeant les radicaux libres et en chélatant les métaux de transition. Parfois, le pouvoir antioxydant de ces protéines est « piégé » dans leurs structures tridimensionnelles. Par conséquent, l'hydrolyse enzymatique peut révéler cette activité antioxydante. En effet, au cours de la protéolyse, les peptides bioactifs sont libérés avec l'exposition des acides aminés caractéristiques, inaccessibles avant la rupture des structures tertiaires des protéines (Puntarulo, 2005 ; Luza et Speisky, 1996). Dans notre travail, nous nous sommes intéressés à la capacité qu'ont certains peptides de chélater des métaux. En effet, les résidus d'acides aminés présents dans la séquence peptidique peuvent établir des liaisons de coordination avec les métaux par l'intermédiaire de leur groupe α -aminé, carboxyle, et de leur chaîne latérale R pour certains d'entre eux. La fonction carboxylate (COO⁻) et l'atome d'azote (N) interagissent avec les métaux pour établir un carboxylate métallique, un complexe aminé et des cycles chélateurs à 5 ou 6 chaînons (Wang *et al.*, 2018 ; Chen *et al.*, 1998). La réaction entre les acides aminés et les métaux est une réaction acide-base générale et s'applique selon la théorie des acides et des bases durs et mous (**HSAB**) (**Tableau 1.1**). En général, les réactions ont lieu entre un acide mou et une base molle, ou entre un acide dur et une base dure (Hancock, 1992). Les peptides chélateurs de métaux (**PCMs**) peuvent être des peptides bioactifs prometteurs pour inhiber la ferroptose dans les maladies cardiovasculaires. En effet, les PCMs sont connus pour réduire le stress oxydant cellulaire causé par les réactions d'Haber-Weiss et de Fenton, qui sont catalysées par le Fe²⁺.

| 「ableau | 1.1. | La | théorie | HSAB |
|---------|------|----|---------|-------------|
|---------|------|----|---------|-------------|

| | Durs | Modéré | Doux |
|--------|--|---|--|
| Acides | Li ⁺ , Na ⁺ , Mg ²⁺ , Ca ²⁺ , Ba ²⁺ , Al ³⁺ , Ga ³⁺ , V ³⁺ , Cr ³⁺ , Co ³⁺ , Fe ³⁺ | Mn ²⁺ , Fe ²⁺ , Co ²⁺ , Ni ²⁺ , Cu ²⁺ , Zn ²⁺ , Pd ²⁺ | Cu ⁺ , Ag ⁺ , Cd ²⁺ , Au ⁺ , Hg ⁺ |
| Bases | Carboxylates (Glu & Asp), groupe hydroxyle (Ser, Thr, Tyr), guanidinium (Arg) | Imidazole (His), amides (Asn, Gln), indole (Trp) | Thiols (Cys), thioéthers (Met), phényl (Phe) |

Jusqu'à présent, de nombreuses limitations expérimentales ont été rencontrées par les chercheurs qui tentent de cribler ou d'identifier les PCMs dans les hydrolysats de protéines provenant de ressources naturelles. L'approche empirique pour découvrir les PCMs consiste à séparer les hydrolysats en différentes fractions et à évaluer leur activité antioxydante. Ces étapes séquentielles sont répétées jusqu'à obtenir une fraction pure en PCMs, dont la séquence est identifiée par spectrométrie de masse (Figure 1.4). Néanmoins, cette approche empirique est longue et fastidieuse : elle présente un coût élevé et une présence incertaine en peptides cibles dans les hydrolysats.



Figure 1.10. L'approche empirique pour découvrir les PCMs

1.4 Contexte général et objectifs de cette thèse

De nos jours, il existe un besoin croissant de nouvelles biomolécules pour diverses applications industrielles liées à la pharmacie, à l'alimentation ou aux cosmétiques. Certains antioxydants synthétiques étant considérés comme dangereux pour la santé humaine, l'intérêt pour les peptides bioactifs générés par l'hydrolyse des protéines a été largement étudié pour répondre aux besoins des consommateurs. Les PCMs issus des protéines alimentaires présentent de grands avantages pour la santé en raison de leur capacité à ralentir/inhiber la formation de radicaux libres catalysés par des ions métalliques de transition. Les recherches autour des PCMs sont interdisciplinaires et concernent leur production (par protéolyse ou synthèse chimique), les outils biotechnologiques utilisés pour leur criblage et/ou leur séparation dans un mélange complexe de biomolécules, leur interaction avec les ions métalliques et/ou le milieu environnant, et leurs applications en santé humaine, cosmétique, en environnement, biotechnologie...

Ce projet de thèse visait à découvrir et à tester les PCMs produits par hydrolyse enzymatique de protéines issues de ressources naturelles, en utilisant notamment la résonance plasmonique de surface (SPR) pour cribler les PCMs dans les hydrolysats peptidiques. Cependant, la SPR a montré certaines limites liées à la taille des peptides lorsqu'ils sont présents dans des hydrolysats non ultrafiltrés. Aussi, une autre méthodologie de criblage des PCMs dans les hydrolysats a été mise au point à l'aide du switchSENSE[®]. Par ailleurs, nous avions comme second objectif d'évaluer l'effet des PCMs dans l'inhibition de la ferroptose dans les cellules cardiovasculaires. Pour ce faire, nous avons d'abord cherché à développer un modèle de ferroptose basé sur les cellules musculaires lisses aortiques humaines **(Figure 1.5)**.



Figure 1.11. Les matières couvertes par ce projet de doctorat interdisciplinaire

1.5 Structure de la thèse

Après cette introduction (Chapitre 1), une étude bibliographique sera effectuée afin de comprendre en profondeur les différents concepts (Chapitre 2). Ensuite, trois contributions principales seront apportées pour répondre aux objectifs de la thèse (Chapitres 3, 4 et 5 principalement).

- Chapitre 3 : Développement d'une nouvelle méthodologie basée sur des nanolevers d'ADN électriquement commutables pour dépasser les limites de taille des peptides afin de cribler les PCMs dans les hydrolysats.
- Chapitre 4 : Activité chélatrice de métaux des hydrolysats de protéines de soja et de pois obtenus après différents traitements enzymatiques.
- Chapitre 5 : Développement d'un modèle de ferroptose à base de cellules cardiovasculaires afin de tester l'activité antioxydante des PCMs.

Enfin, des conclusions seront tirées et les perspectives d'approfondissement de ce domaine de recherche seront soulignées en chapitre 6 (Figure 1.6).



Figure 1.12. Structure de la thèse
1.6 References

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Chapter 2 State of the art

This chapter provides a comprehensive overview about the current knowledge concerning the scientific field of metal-chelating peptides, related to our main objectives. The chapter is divided into 2 part:

- 2.1 Applications of mineral (metal)-binding peptides in nutrition: Here, the chemical and biotechnological aspects of the thesis are mainly covered. This part gives a wide range of information and studies concerning several mineral (metal) elements, their interactions with peptides and a variety of methodologies related to their production, screening and separation. However, it is worth to note that this PhD focused mainly on the following metal ions, Fe^{3+}/Fe^{2+} , Cu^{2+} and Ni^{2+} , the production of metal-binding peptides (MBPs) by proteolysis and their screening using surface plasmon resonance and switchSENSE[®] as novel approach. This part led to the writing of a book chapter already published in Elsevier. El Hajj, Sarah, Tatiana Sepulveda-Rincon, Cédric Paris, Tristan Giraud, Gizella Csire, Loic Stefan, Katalin Selmeczi, Jean-Michel Girardet, Stéphane Desobry, Said Bouhallab, Laurence Muhr, Caroline Gaucher, Laetitia Canabady-Rochelle. 2021. "Chapter 19 - Application in Nutrition: Mineral Binding." In Biologically Active Peptides, edited by Fidel Toldrá and Jianping Wu, 455–94. Academic Press. https://doi.org/10.1016/B978-0-12-821389-6.00016-9.
- **2.2 Ferroptosis: A cell death mechanism driven by iron overload:** The biological aspect of the PhD is introduced here. The literature on ferroptosis is described in this part. We present its timeline discoveries, mechanisms, and its relation with several human diseases. In fact, ferroptosis is a health illness, which can be targeted by the antioxidant activity of metal-binding peptides.

2.1 Mineral-Binding Peptides: applications in nutrition

2.1.1 Introduction

Minerals are essentials for human health since they are involved in the inherent structure of the organism (bone and teeth constitution), in its metabolism (enzyme, hormone composition) or its functions (cardiac rhythm, muscle contraction, neuronal conductivity, and acid-basic equilibrium). Constituting about 4% of the body weight, their presence varies in the organism according to the type of mineral. They are either classified as main minerals (needs higher than 100 mg/day; including calcium, magnesium, potassium, phosphorus, sulfur, sodium and chlorine) or as trace elements (less than 15 g in total in a human body, including iron, zinc, copper, fluorine, iodine, chrome and selenium). An equilibrated and diversified nutrition brings the required daily intake in minerals and compensates their natural loss in urine, sweat or cell peeling. Nevertheless, due to our industrial way of life, the level of minerals in food decreases related either to the intensive agriculture that depletes the soil in mineral or to the industrial processes (pre-washing treatment, ionization, pasteurization). Besides, some external factors increase our needs, notably the stress of daily life, smoking, pollution, sport, age or drugs consumption.

In this part, we focus our attention principally on calcium and magnesium as examples of main minerals, and iron and copper as trace elements. First, we report on the importance of minerals for nutrition. Secondly, the potential applications of mineral-binding peptides (MnBPs), their natural source of obtention and their way of production are discussed. In the third part, the peptide-metal ion interactions, the various ways for MBP screening and separation processes commonly used - based on these specific peptide-metal interactions - are reviewed. The last part of this chapter is dedicated to the evident effects of mineral-binding peptides on nutrition.



Figure 2.1. Synoptic scheme of this bibliographic part

2.1.2 Importance of minerals for nutrition

2.1.2.1 Main mineral involved in nutrition and their needs in human

As essential micro-nutrients, minerals needs are satisfied with diet. Their repartition and their role in the human body depends on the nature of the mineral, and on physiological parameters of each individual (*i.e.* age, sex, specific period of life such as pregnancy, lactation, or illness). For instance, calcium accounts for about 1-2% of the body weight (1200 g for an adult). Mainly related to the skeleton edification (99% in bone and teeth), calcium is also involved in other functions such as intracellular metabolism, muscles contraction, cardiac functions, cellular exchange, membrane permeability, hormone release and transmission of the nerve impulses (Peng *et al.*, 2017). Magnesium is one of the most important minerals in human, with half of its total mass located in bones as well. An adult body contains approximately 25 g of magnesium (DiNicolantonio *et al.*, 2018). It regulates the metabolism of carbohydrates (*via* the glucose degradation) and lipids present in the muscular, cardiac and nerves tissues. This latter mineral participates also to the protein synthesis, to hormones activity (*i.e.* insulin) and is involved in the functioning of more than 300 enzymes.

In humans, iron is present in the body at about 3-4 g (~ 50 mg/kg body weight) and is mainly included in the hemoglobin of red blood cells, the remaining being incorporated in the myoglobin present in skeletal muscle cells or stored (ferritin) in liver, spleen or bone marrow. Iron is mainly involved in the oxygen transport and in antioxidant enzymes activity (*e.g.*, peroxidase, catalase).

Finally, copper plays a vital role as a cofactor for various enzymes, although as a trace element (1.4-2.1 mg/kg body weight). It is involved in anti-inflammation, neural communication, and acts as anti-bacterial. More, copper is involved in the metabolism of iron, taking part in the heme synthesis through its insertion in the cytochrome oxidase and also being able to inhibit iron absorption by binding to transferrin receptors (Chan *et al.*, 1980).

2.1.2.2 Safety considerations and standards/regulation

The recommended daily allowance for the various minerals investigated is stated hereafter according to the FAO specifications (**Table 2.1**).

| Mineral | Repartition within the human body | Role | Recommended Daily Allowances | Specific needs | Illness in case of deficiency or excess | Mineral-containg food | Reference |
|-----------|---|--|---|---|---|--|--------------------------------------|
| Calcium | 2% of the body-weight, 99% in skeleton | Skeleton, metabolism (muscles activity, nerves impulse, enzymes, hormone activity) | 400-550 mg/day (children), 700 mg/day (adult), 1200 mg/day (lactation) | Growth, pregnancy , lactation, ageing | Deficiency (osteoporosis), toxicity in case of high calcium when calcium given as carbohydrate form. | Dairy products, some vegetables and legumes | FAO, Guegen and Pointillard, 2000 |
| Magnesium | In muscles and soft tissues (30- 40%), 1% in extracellular fluid, the reminder in skeleton (50-60%) | Involved in metabolism (protein, RNA, DNA), cofactor of many enzymes | 280-370 mg/day for an adult (France) | Supplementary needs: lactation(50-55 mg/day) | Rare dietary deficiency, Hypermagnesia (nausea, hypotension, diarrhoea, relatively innocuous) | Green vegetables, legume seeds, cocoa, nuts, seaffood, cereals, dried fruits | In: Hong <i>et al.,</i> 2015 |
| Iron | 3-4 g (haemoglobine in red globules, myoglobines, ferritine) | O₂ transport, enzymes activity (peroxydases, catalases, cytochromes) | 0.7-0.9 mg/day for infant (< 1 year)), 1.46 mg/day in adult women, 1.06 mg/day in adult men. | Women of childbearing age, pregnancy, lactation, children | Ferriprive anemia or hemochromatosis | Meat (liver), fish, poultry, eggs, legume, green vegetables | FAO |
| Zinc | All body tissues and fluid. 60% in the skeletal muscle. 2-3 g (Adult) | In the skeleton, enzymes involved in metabolism (carbohydrate, lipid, proteins and nucleic acid), maintenance of cell and organ integrity, immune system | 2.1 mg/day (adult women), 3.2 mg/day (Adult men) | Children, adolescence, pregnant women | Zinc deficiency: growth retardation, delay sexual & bone maturation, skin lesion, diarrhoea, alopecia, defects of immune system. Zinc toxicity (nausea, vomiting, diarrhoea, fever) in case of excess. | Meat (liver), fish, eggs | FAO |
| Copper | 1.4-2.1 mg /kg | Constituting several enzymes, iron metabolism, anti-inflammatory and antibacterian process, neural communication | 1.5-2 mg/day (adult) | | Anemia, Menkes syndrome (copper malabsorption) or neurodegenerative pathologies (excess) | Liver, shellfish, chocolate, legume | www.musculaction.c |

Calcium needs are comprised between 400-500 mg/day and up to 1 g/day for adults, with recommendations varying between countries (Guegen and Pointillart, 2000). Calcium needs are higher during growth (400-700 mg/day for a child) or specific periods such as pregnancy or lactation. Milk and dairy products are the main natural sources of highly bioavailable calcium. Calcium deficiency involves rickets in children and osteoporosis in the elderly, a disease that affects more than 75 million people in the world (Guéguen and Pointillard, 2000). Calcium nutrition, bioavailability, and fortification were nicely reviewed by Vavrusova and Skibsted (2014).

Concerning magnesium, the recommended daily intake of 6 mg/kg/day is raised to 25 mg during growth, 40 mg during pregnancy and 30 mg during lactation. Magnesium is found in cocoa, various nuts, seafood, cereals or dried fruits. Normal magnesium concentration protects against various diseases and its deficiency induces anxiety, headache, a general fatigue in addition to a low morale (Vormann, 2003).

Iron needs are about 10 mg/day for an adult, with higher recommended daily intake for children (increase of the blood volume during growth), childbearing-aged women due to menses, during pregnancy and lactation. Anemia is related to iron-deficiency while hemochromatosis is due to an excess of iron in the body. In this latter genetic illness, responsible of an excessive iron intestinal absorption, iron excess settles down in the liver, the heart and the skin with chronic fatigue as main symptom. Meat (animal liver, especially), fish, seafood, eggs, beans, legumes, and green vegetables (spinach, broccoli...) are the main sources of iron-containing food.

Adult daily recommended intake for copper is ~2-5 mg/day, while 0.8-1.9 mg/day is recommended for children (Lonnërdal, 1996). These recommendations are easily satisfied by copper-containing food (*i.e.* animal liver and kidney, shellfish, chocolate, legumes, cereals, and nuts), which are reviewed in Lönnerdal (1996). Although copper intake in infants and adults is often lower than the recommendations, the status of this element is still adequate for the majority of the people. Hence, copper deficiency is rare but responsible for anemia or Menkes syndrome rather related to copper malabsorption. Inversely, an excess of copper (also known as Wilson's disease) is toxic; it would act as a pro-oxidant and is involved in neurodegenerative diseases (*i.e.* Parkinson and Alzheimer disease) as reported in the literature (Kaden *et al.*,

2011; Rivera-Mancia *et al.*, 2010). Similarly, to other sources of trace elements, iron and copper in the diet depends on their concentration in the soil (Lönnerdal, 1996).

2.1.3 Bioavailability and metabolism of minerals

The metabolism of minerals from food depends first on their bioavailability. In nutrition, this is defined as the part of nutrients present in food, effectively assimilated by the organism, and is dependent on various parameters, either physiological (age, sex, *etc.*) or related to supplementation. Indeed, the nature of salt, the quantity used for supplementation, and the presence or absence of other components in the formulation can increase or decrease the mineral bioavailability. For instance, mineral-binding peptides and non-digestible carbohydrates are reported to improve mineral absorption (Greger, 1999). On the contrary, some components (*i.e.* phytate, cellulose and fat) present in food can negatively affect the mineral absorption, in particular calcium (Reinhold *et al.*, 1973; Slavin & Marlett, 1980 in: Chen *et al.*, 2014), magnesium (Pallauf, 1998), and iron, which can be inhibited by the presence of some phytates, oxalate, and tannins. In a general way, free minerals cannot cross the intestinal barrier; they need either to be solubilized or complexed with other components in order to cross the intestinal barrier to become bioavailable.

Calcium is hardly absorbed from foods due to the precipitation of its insoluble salts formed in a basic environment (Jin *et al.*, 2011 in Peng *et al.*, 2017). Calcium needs to be dissolved as Ca²⁺ in an acidic environment or complexed to organic molecules such as peptides in order to be absorbed by the small intestine (Wasserman, 2004; in Vavrusova and Skibsted, 2014). Besides, vitamin D also aids to increase the calcium intestinal absorption since it is a fatsoluble secosteroid (Holick, 2004). Calcium absorption decreases from 55-60 years old in women or 60-65 years old in men, (Bullamore *et al.*, 1970). In the elderly, calcium malabsorption is related to the reduced production of gastric acid, inducing the entrance of calcium in the intestines under the precipitated form (Straub, 2007; Vavrusova and Skibsted, 2014).

Magnesium is absorbed all over the intestine, especially on the distal part of the small intestine (jejunum and ileum), *via* a passive intercellular process mainly (concomitant with an electrochemical gradient and solvent drag) and an active transport for a small part solely

(Coudray *et al.*, 2005). Considering this passive process of absorption, the quantity of Mg absorbed depends on the quantity of the Mg concentration in the intestine. The bioavailability of Mg salt used for supplementation also depends on the type of salt (Coudray *et al.*, 2005).

Dietary iron is provided either under heme or non-heme form. The first one, present in food of animal origin, is mainly absorbed at 15-35% mainly in the duodenum (Pereira and Vicente, 2013; in Sun et al., 2017). In comparison, less than 10% of the non-heme form of iron is absorbed (in Guo et al., 2013). The poorer absorption of this latter form of iron is related to its low solubility at pH near neutrality and its complexation to phytic acid, polyphenols, or fibers. Indeed, as inhibitors of iron-absorption, these food components decrease its bioavailability (Hurrell and Egli, 2010, mentioned in Sun et al., 2017). Inversely, some other dietary compounds such as peptides or amino acids can form soluble complexes with iron, which improve its absorption. Compared to the widely used inorganic iron salts (*i.e.* ferrous sulfate, ferrous gluconate, ferrous fumarate), iron entrapped into biomolecules/organic molecules has a better bioavailability and lower side effects, as reviewed by Li and co-workers, (2017b) on protein hydrolysates, which promote iron absorption. Indeed, the mineral-binding peptides present in hydrolysate complex iron, increase its stability and facilitate its direct absorption in the small intestine (Wang et al., 2013; mentioned in Kim et al., 2014), which finally improve the bioavailability of iron. As stated latter in this chapter, mineral-binding peptides obtained from various proteins constitute potential resources to overcome the mineral deficiency.

Copper is absorbed mainly from the stomach but also from the duodenum to some extent. The absorption of this trace element is greatly affected by age. As reviewed by Lönnerdal (1996), the bioavailability of copper is also affected by the source of proteins (animal *versus* vegetal) and the presence of specific amino acids (*e.g.*, histidine has a high affinity for copper). Other compounds negatively affect the copper bioavailability, such as phytate and fibers, ascorbic acid, or other minerals with similar properties than copper (*e.g.*, zinc, iron). Finally, copper bioavailability can be disturbed upon illness, particularly in the case of Alzheimer's disease (Kaden *et al.*, 2011).

2.1.4 Mineral-binding peptides: potential applications, sources, production and commercialization

2.1.4.1 Application of mineral-binding peptides in nutrition

i) In case of mineral deficiency

Some mineral-binding-peptides obtained from protein hydrolysis were reported for their positive effect on mineral absorption. Indeed, such peptides could be used as potential functional ingredients to prevent mineral deficiency. Calcium-chelating peptides were obtained from various hydrolyzed resources such as shrimp (Huang *et al.*, 2011; Le Vo *et al.*, 2018), whey proteins (Huang *et al.*, 2015; Zhao *et al.*, 2014), soy proteins (Lv *et al.*, 2009), tilapia protein hydrolysate (Charoenphun *et al.*, 2013), and pacific cod bone (Peng *et al.*, 2017). Calcium-chelating peptide (GPAGPHGPPG) derived from skin Alaska pollock improved calcium absorption up to 113% in Caco-2 intestinal cells (Chen *et al.*, 2017). There are few reports on the effects of magnesium-chelating peptides on regulating magnesium absorption. The main dietary protein source studied is milk caseins which yield bioactive multiphosphorylated peptides (Cuomo *et al.*, 2011; Zidane *et al.*, 2012; Cao *et al.*, 2017). The latter remain stable chelates during *in vitro* simulated gastrointestinal digestion (Hong *et al.*, 2015). Whey proteins are also source of bioactive peptides that carry various minerals like magnesium and enhance their bioavailability (Vegarud *et al.*, 2000).

Several natural protein resources are potentially rich in iron-chelating peptides, once hydrolyzed, notably those from sugar cane (De la Hoz, 2014), barley (Eckert *et al.*, 2016), whey (Caestano-Silva *et al.*, 2015 and 2017), Alaska pollock skin (Guo *et al.*, 2013 and 2015), hairtail (Huang *et al.*, 2015), α_s -casein (Jaishwal *et al.*, 2015), spirulina (Kim *et al.*, 2014), porcine blood plasma (Lee *et al.*, 2009) or anchovy muscle (Wu *et al.*, 2012). Li *et al* (2017) nicely reviewed the potential of protein hydrolysates for improving non-heme iron absorption. Indeed, protein hydrolysates can promote iron absorption either by keeping the iron soluble, by reducing the Fe(III) to Fe(II), or by promoting the iron transport through the intestinal cell membrane. Lin *et al.* (2016) investigated the effect of ferrous-chelating hairtail peptides on iron deficiency and demonstrated that such functional peptides could improve the iron-deficiency status in anemic patients. In an extensive study, our group showed that iron deficiency in rats was repleted with iron complexed with CPP from casein (Aît-Oukhatar *et al.*, 1999). Similarly, the binding of copper ion to small peptides or amino acids (*i.e.* histidine, methionine, cysteine)

favors the absorption of copper through an amino acid transporter. Copper-chelating peptides were produced by the hydrolysis of sunflower proteins, with various enzymes used either pure (Megias *et al.*, 2008) or in mixture (Megias *et al.*, 2007). Phaseolin hydrolysate was also reported to be rich in Cu²⁺-chelating peptides (Carasco-Castilla *et al.*, 2012).

ii) In case of oxidation phenomena

Transition metals, such as iron and copper, are powerful promoters for the production of ROS since they are able to donate and accept electrons via intracellular reactions and help in creating free radicals. Metals can act as catalysts accelerating the formation of hydroxyl radicals via the Haber-Weiss reaction (Haber and Weiss 1934), or can be a direct reactant for their production such as Fe(II) in Fenton reaction (Fenton, 1894). Copper is also able to catalyze such reactions (Gutteridge and Wilkins, 1982). Aging and neurodegenerative diseases (i.e. Alzheimer) are mainly caused by the dysregulation of metal ion homeostasis, which induces oxidative stress in the brain (Adlard and Bush, 2006). Since the free forms of metals are powerful pro-oxidants, a network of transport and storage systems is expected in order to control their absorption, distribution and excretion. Besides, once stored or bound to biomolecules, bioactive metals are much less toxic and cannot induce as much oxidative stress than when present in their free form (Halliwel, 1994). In addition, the exogenous metalchelators reduce the oxidative stress resulting from environmental toxins and modern life stresses. Nevertheless, related to the Alzheimer's disease, a recent study evidenced that copper can still catalyze the formation of ROS in the brain when complexed to the amyloid- β peptide (Cheignon et al., 2017).

The antioxidant metal-chelating properties of peptides are related to characteristic amino acids and their proper positioning within the peptide sequence. Indeed, amino acids can form coordination bounds with metals through their α -amino group, carboxyl group, and the side chain of certain amino acids. The carboxylate function (COO⁻) as well as nitrogen atoms (NH₂) can coordinate metals to form metal carboxylate salt, amine complex, and 5 or 6 membered chelating rings (Hancock, 1992; Wong, Albright, and Wang 1991). Among all 20 amino acids, histidine, cysteine and tryptophan are well-known for their metal chelating affinity *via* their respective functional groups (*i.e.* imidazole, thiol, and indole) (Nieba *et al.*, 1997). Thus, the

metal-chelating capacity of bioactive peptides strongly depends on various parameters (see part 2.1.5.1. Peptide-metal ion interactions).

2.1.4.2 Sources of mineral-binding peptides

i) MnBP in natural ressources

MnBPs in living organisms, such as microorganisms and plants play various biological functions, namely defensive and absorption functions. Rauser reviewed in his work the metalbinding peptides present in plants (Rauser, 1995). Generally known as metallothioneins (MT), these conserved sequences of peptides are rich in cysteine and comprise three classes: MT-I, MT-II, and MT-III, the later one constituting the so-called phytochelatins. As oligomers of glutathione, phytochelatins are found in plant cell's cytosol and serve as chelators useful for metal tolerance and detoxification (Rascio and Navari-Izzo, 2011). More, minerals uptake by the plants' roots is an important phenomenon for their growth; therefore, MnBPs with mineral ion homeostasis roles can be extracted from the roots of plants (Nakayama *et al.,* 2017).

Besides, microbial communities can be found wherever minerals are present and their various mechanisms of interaction with such elements have always served themselves as energy providers (Dunbar, 2017). In fact, minerals were key players in the evolution of microbes over the years (Hazen and Ferry, 2010). In a recent study, the term "mineral microbiome" was identified for the first time as the reservoir of microbial communities, in and near mineral sources. This rich source of genetic information could be used either to create synthetic and/or modified microbiomes or to modify and/or extract MnBPs (Gilbert *et al.*, 2014). Microorganisms were even engineered to take advantage of the MnBPs they produce. By constructing clones in *Escherichia coli*, Kjærgaard and colleagues discovered a unique peptide sequence (HARAERHHQ) able to bind Zn²⁺ independently from the protein scaffold (Kjærgaard, Schembri, and Klemm, 2001). As another example, it was shown that the parasitic glutathione S-transferase, *Schistosoma japonicum* (SjGST) can bind Ni²⁺ with high affinity when its Glu26 residue is muted to His residue, and thus can be used in recombinant *E.coli* to purify recombinant proteins (Han *et al.*, 2010).

Due to their numerous advantages related to their metal-chelation properties, the metalbinding peptides naturally produced in plants and microorganisms were a source of bioinspiration for their biological and chemical production. Therefore, many studies have developed certain methodologies to produce pure MBPs such as proteolysis of proteins and chemical synthesis of peptides.

ii) Production of MBPs by proteolysis and chemical synthesis

Over the past few decades, protein hydrolysates have been widely considered in human nutrition applications. Indeed, the short-chain peptides obtained upon proteolysis contain characteristic amino acid residues, some of them being highly advantageous for targeting specific physiological or nutritional requirements (Clemente, 2000). The hydrolysis of proteins changes their functionality, resulting in the loss of their native structures, and the production of low molecular weight peptides, with enhanced interactions with their surrounding environment. Mineral-binding peptides obtained by proteolysis can improve minerals absorption (by avoiding precipitation) and bioavailability *via* peptide transporter *in vivo*. For the *in vitro* hydrolysis carried out in a reactor, the protein source and the used proteolytic enzymes specificity are important parameters to consider in addition to other physicochemical parameters in order to control the MBPs production (**Figure 2.2**). Digestive enzymes panel, with many and various proteinases activity and their combinations – including pure (trypsin, pepsin, chymotrypsin) and crude (Alcalase[®], Protamex[®], Flavourzyme[®]) enzymes – have been listed in the literature with their hydrolyzing optimum conditions (Korhonen and Pihlanto, 2006).



Figure 2.2. Proteolysis parameters to act on to produce various MBP sequences and most common mode of action of the commonly used enzymes. Figure adapted from Chabanon, 2005

As an example, many MBPs were produced from the proteolysis of milk proteins, especially casein and whey proteins, and have been widely reported in the literature. Calcium and ironbinding motifs were discovered in these proteins after enzymatic hydrolysis (Vegarud, Langsrud, and Svenning, 2000). For instance, the tryptic digestion of α_{S1} - α_{S2} - and β caseins produce specific sequences of caseinphosphopeptides (**CPPs**) featured with variable calciumbinding properties depending on their content in phosphoryl groups (Bouhallab and Bouglé, 2004; Hartmann and Meisel, 2007). More generally, metal-binding peptides were discovered in animals' protein hydrolysates. Calcium-binding peptides were notably derived from the hydrolysis of tilapia protein and shrimp processing by-products (Charoenphun *et al.*, 2013; Chen *et al.*, 2014; Cheung *et al.*, 2012). From the digestion of other fish related proteins, scientists evidenced iron and zinc-chelating peptides and identified the contributing amino acid sequences (Wu *et al.*, 2017; Sun *et al.*, 2017; Chen *et al.*, 2017).

Similarly, MBPs were obtained from food proteins derived from plant sources. Due to their wide nutritional values, soybean protein hydrolysates were extensively examined for their bioactivity, and many studies reported the extraction and screening of calcium, copper and iron-chelating peptides after various enzymatic soy proteolysis (Bao *et al.*, 2007; Bao *et al.*,

2008; Canabady-Rochelle *et al.*, 2018; Lv *et al.*, 2009). Other protein hydrolysates from plants such as chickpea, rapeseed, sunflower, and bean proteins also contain bioactive MBPs (Torres-Fuentes, Alaiz, and Vioque, 2011; Xie *et al.*, 2015; Megías *et al.*, 2007; Carrasco-Castilla *et al.*, 2012).

For MBPs production, chemical peptide synthesis is an alternative to proteolysis. Peptides are chains of amino acids (Aa) linearly linked together via amide bonds. The synthetic formation of an amide function requires the condensation of a carboxylic acid and an amine group. However, this coupling does not occur spontaneously at ambient temperature (Valeur and Bradley, 2009) and needs to be activated. Despite the existence of thermal activation techniques (Pedersen et al., 2012), in most cases, chemical activation is performed by turning the acid group into a more reactive specie like an acyl halide, an azide, an active ester or an anhydride (Pattabiraman et al., 2011). The main challenge is then to choose an efficient activator (e.g., DCC, CDI, onium salts) compatible with the experimental conditions and which prevents from side-reactions (e.g., epimerization, guanidinization, formation of Ncarboxyanhydride) (El-Faham et al., 2011). The original whole protocol for synthetizing peptides was developed by Fisher in the 1900's (Fischer, 1903, 1907) in solution phase. This method, still used for short peptides synthesis, is very laborious for long sequences mainly due to many isolation and purification steps between each coupling (Verlander, 2007). In the 1960's, Merrifield proposed the so-called solid phase peptide synthesis (SPPS) (Merrifield et a/. 1963); this new procedure enables to perform all coupling reactions successively in a single reactor. SPPS is based on the covalent attachment of the first amino acid on a solid phase followed by the stepwise addition of each amino acid of the sequence (Figure 2.3), the peptide sequence being usually synthesized from C-term to the N-term, whereas other strategies are possible (e.g., reversed SPPS (Jaradat et al., 2017)). For SPPS, peptides are fixed on insoluble solid particles, generally polymer-based resin beads, which offer good contact of the grafted compound with the dissolved reagents (Moss, 2005); hence, the reaction media can easily be washed, getting rid of reagent excess and byproducts, renewing completely the medium before the next coupling step.

To avoid side reactions, lateral chains of the amino acids must be protected until the end of the synthesis, whereas N-terminal amino protecting groups are removed at the beginning of each coupling cycle. Several systems of orthogonal protective groups have been elaborated,

like the popular Boc/Cbz and Fmoc/^tBu couples (Isidro-Llobet *et al.*, 2009). Once the whole sequence synthetized, the peptide is cleaved from the solid support and the side chain protecting groups are discarded – sometimes both steps at once (Moss, 2005), and purification are performed through precipitation, crystallization and/or chromatography techniques. SPPS is therefore a simple and fast method offering high efficiency and yields (Palomo *et al.*, 2014), widely used in both academia and industry. Thus, plenty of antioxidant peptides with an original design or with a sequence previously determined from antioxidant hydrolysates have been reported in the literature (Zheng *et al.*, 2016; Wu *et al.*, 2019; Liu *et al.*, 2020), including from our group (Csire *et al.*, 2020). However, peptide synthesis still suffers from deficiencies regarding "difficult peptide sequences" prone to side reactions or aggregation, requiring other chemical synthesis strategies (Paradis-Bas *et al.*, 2016, Coin *et al.*, 2007, Bondalapati *et al.*, 2016). Recently, new methodologies to form peptide bonds have been established, in a greener and healthier way using green solvents and reagents (Varnava and Sarojini, 2019) or no solvent at all (Friscic *et al.*, 2020), or seeking for atom economy through original amide formation pathways (Pattabiraman *et al.*, 2011).



Figure 2.3. Principle of solid phase synthesis commonly used for peptide synthesis

2.1.5 Selective extraction of mineral-binding peptides from complex hydrolysates

2.1.5.1 Peptides- metal ion interactions

Peptides are very efficient and versatile ligands for almost all groups of metal ions (Rodzik et al. 2020). Both the thermodynamic stability and the coordination geometry of metal-peptide complexes are greatly influenced by the amino acid composition and their sequence. Naturally-occurring amino acids (Aa) are usually classified by their structure, side-chain nature, electronic, hydrophilic, or steric properties according to the specific research needs (Wu, 2010). In coordination chemistry, two classes are distinguished: Aa with noncoordinating side chains and those with side chains carrying functional groups, endowed with metal coordinating properties (strong donor atom, Lewis base character). The latter includes the imidazole group of histidine (His), the extra carboxylate function of aspartate (Asp) and glutamate (Glu), the phenolic-OH of tyrosine (Tyr), alcoholic-OH of serine (Ser) and threonine (Thr), the extra amino nitrogen of lysine (Lys) and arginine (Arg) and the sulphur atom from cysteine (Cys) and methionine (Met) side chains. His is able to strongly coordinate metal cations by the imidazole nitrogen (Sóvágó et al. 2016). Besides, the thioether S-donors in Met or in S-methyl-cysteine (MeCys) have a rather low basicity compared to the thiolate-type Sdonor atom in Cys, which is one of the most frequent metal binding sites (like His) of proteinous molecules (Farkas and Sovago, 2017). Despite being a strong donor, the γ carboxylic group of Glu forms only a low stability 7-membered chelate ring, as the ε -amino function of Lys is too far to form stable chelate with other N/O-donor atoms of the chain (Sóvágó et al. 2012). In addition of the Aa residue composition of a peptide, their arrangement within the primary sequence also affect the peptide-metal ion interaction. Indeed, due to the large number and many different arrangements of donor atoms both in the backbone and in the side chains, small modifications in the amino acid sequences can cause significant changes in the formation processes of peptide-metal complex.

On the other side, peptides with non-coordinating side chains can use terminal-amino and amide nitrogens and/or carbonyl and terminal-carboxyl oxygens as donor atoms. At acidic pH, the metal ion is anchored to the N-terminal α -amino nitrogen, and with increasing pH, the Cu²⁺ and Ni²⁺ metal ion can deprotonate the skeletal amide nitrogen atoms with formation of metal–anionic nitrogen bonds. This metal ion-promoted amide deprotonation and

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coordination process has a pK values around 4 - 8 (Sóvágó *et al.* 2006), much lower than the pK value of the amide N-donor atom deprotonation (pK ~15) (Sigel and Matin, 1982).

Other factors affect the binding of a metal to peptide including the properties of metal ion, such as the oxidation state, the ionic radius, and the Lewis acidity. The hard/soft acid distinction introduced by Pearson (Pearson, 1963) is often used to explain the metal ion behaviour in the presence of peptide. According to this so-called Pearson theory, Fe(III), Ca(II) and Mg(II) have hard acidic character, Cu(II), Ni(II), Fe(II) are classed as borderline, while Cu(I) is presented as soft Lewis acidic metal ion. The more stable complexes are formed between Lewis acid and Lewis base having the same character, namely hard acid with hard base, and soft acid with soft base. For example, Cu(I) has a particular affinity to bind sulphur-containing ligands. The deprotonated phenol of Tyr, β - and γ -carboxylic group of Asp and Glu, as oxygen donor atom, are good ligands for Fe(III), alkali and alkaline earth metal ions (Shimazaki *et al.* 2009). Transition metals like nickel(II), copper(II) and iron(II) interact preferentially with N-donor atoms from His or N-terminal amino groups (Kozłowski *et al.* 2005, Sóvágó *et al.* 2016).

Finally, the effect of pH on such interactions should also be mentioned because the protonation state of amino acids in peptides depends on this former parameter. As stated above, metal ion promoted deprotonation and coordination process can also occur for all O/N/S-donor atom containing groups with pKs lower than their natural pK values in the absence of metal ion. However, at acidic pH, the dissociation of the complexes takes place by protonation of the same donor atoms, this process being a reversible equilibrium depending on pH. In addition, the ionic strength, the type of buffers used, as well as the effect of temperature on the binding constants are important factors.

2.1.5.2 MBP screening techniques

i) Spectroscopic techniques

Spectroscopic techniques (**Figure 2.4**), commonly applied for examining the interaction, structure and conformational changes of peptides in metal-peptide complexes, go from simple instrumental analytical techniques to combined application of thermodynamic (potentiometric), spectroscopic, and theoretical (density functional theory) tools.



Figure 2.4. Various complementary spectroscopic techniques used for the investigation of peptidemetal interaction

Electronic absorption (**UV-Vis-NIR**) and Circular Dichroism (**CD**) spectra consist of a series of bands, corresponding to the transition from an electronic ground state to an excited state after absorption of isotropic or circularly polarized light, respectively (Jiskoot and Crommelin, 2005; Polavarapu, 2017). Each band is characterized by its position (λ_{max} or v_{max}), intensity (ε_{max} for absorption and $\Delta \varepsilon_{max}$ for CD), and shape (negative or positive Cotton effect in CD). Peptide molecules can be divided into identifiable functional groups, so-called chromophores, including the amide group and the phenyl, phenolic, imidazolyl and indolyl groups of the side chains in Phe, Tyr, His and Trp, respectively. Upon metal ion binding, the electronic distribution at various atoms of these chromophores is altered in the UV region, the intensity depending on the binding strength. More, the presence of transition metal ions involves two less intense transitions in the visible and near infrared regions: the charge-transfer transition (metal-to-ligand (MLCT) or ligand-to-metal (LMCT)), and the d-d transition of the metal ion. The addition of metal ions can induce hypo-/hyperchromic (decrease/increase in band intensity) and hypso-/bathochromic shifts (blue/red shift) of the characteristic spectral bands.

The isosbestic points, seen in the spectra upon cations addition, indicates the presence of two species in equilibrium and enable the binding constant determination. For peptides conformational analysis, changes caused by metal ion binding, if any, are monitored by CD spectra variation.

Vibrational spectroscopies, *i.e.* Fourier-Transform InfraRed (**FTIR**; Barth, 2007) and Raman (Buckley and Ryder, 2017), are sensitive tools to analyse the effect of metal ions interactions on the peptide conformations. Raman, based on an inelastic scattering process of light, results in polarizability change during the molecular motion, while IR absorption spectroscopy is associated with changes in the dipole moment during molecular vibrations. Thus, both spectroscopies are complementary: transitions allowed in Raman may be forbidden in IR or *vice versa*. For example, O-H stretching modes of water and alcohols absorb strongly in the IR region but give relatively weak bands in Raman, which is ideal for solution measurements. The effect of the metal ion coordination to the specific peptide groups is revealed by comparing the band frequencies of the complex with those of the peptide alone (shift in wavenumber, Δv).

Nuclear Magnetic Resonance (**NMR**) is a powerful spectroscopy for determining the structural and dynamic properties of metal–peptide interactions in solution (de Ricco *et al.* 2014). Any change in the electronic environment surrounding the nuclei due to interactions with metal ions leads to selective variations in the NMR parameters (chemical shifts and nuclear relaxation rates (¹H, ¹³C, ¹⁵N) of the residues directly involved in the metal coordination or close to the metal binding site). For example, metal ion can induce an electric field *via* its charge only (*i.e.* Ca(II), Mg(II), Cu(I), tetra-coordinated Ni(II), low spin Fe(II); classical diamagnetic NMR) or by the presence of unpaired electrons (*i.e.* Cu(II), hexa-coordinated Ni(II), high spin Fe(II) and Fe(III) ions; paramagnetic NMR). The latter group can also cause line broadening, the effect of which can be selective and used to locate the metal binding sites.

Electron Paramagnetic Resonance (**EPR**) or Electron Spin Resonance (**ESR**) is a versatile tool for probing structural information on systems with unpaired electrons such as organic radicals or biological systems with paramagnetic metal centres (Sahu *et al.* 2013). The EPR active metal ions have an odd spin, *e.g.* Cu(II) (S = 1/2), high spin Fe(III) (S = 5/2) and the not common Ni(I) and Ni(III) (S = 1/2) ions. The EPR 'silent' metals are the diamagnetic metals with spin equal to zero (Ca(II), Mg(II), Cu(I)) or those with even spin (Ni(II) (S = 1) and Fe(II) (S = 2) high spin) for

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which in most cases the signals cannot be detected. The values of g-factor and hyperfine coupling constant (A) determined by simulation of the experimental spectra, and the line shape are necessary to characterise the type of metal ion, its spin state, the type and number of donor atoms and the geometry around the metal ion (Abragam and Bleaney, 1970).

X-ray Absorption Spectroscopy (**XAS**) is an element-specific spectroscopy, sensitive to the local chemical and structural order of the absorber element. X-ray Absorption Near Edge Structure (**XANES**) and Extended X-ray Absorption Fine Structure (**EXAFS**) are two complementary methods. While XANES provides information on the metal oxidation state and the geometry of coordination sphere, EXAFS gives structural information on the metal binding site (*i.e.* coordinating atoms (O/N/S), coordination number and bond lengths; Ortega *et al.* 2012).

Another important technique, Fluorescence Spectroscopy (**FS**) allows the binding affinity determination by measuring in static manner the fluorescence quenching of the peptide upon metal ion addition (Tabak *et al.* 1989). For FS, peptide must contain aromatic amino acids (Trp, Tyr, Phe), inherently fluorescent when excited with UV light. Due to tryptophan's greater absorptivity, higher quantum yield, and resonance energy transfer, the fluorescence spectrum of a peptide containing the three amino acids usually resembles that of tryptophan (Ghisaidoobe *et al.* 2014). The metal sensitive property of Tyr near the chelation site highly depends on metal binding strength. While no change is observed in fluorescence emission intensity for weak complexes, strong metal-peptide complexes cause dramatic changes in the electronic environment of Tyr, strongly quenching the fluorescence. FS, suitable for moderate/strong affinities, includes some details to consider during measurements (van de Weert *et al.* 2011).

The previously detailed analytical techniques, particularly suitable to characterise metalpeptide complexes (Rolinger *et al.* 2020, Faller *et al.* 2012), are more advantageous when combined given their complementarity. They are chosen according to the metal ion and its spin state, which determines the type of bonding and the donor atoms involved. The stoichiometry and geometry of the complex depending mainly on the metal-ligand ratio and the applied pH, the effect of these latter parameters must be investigated upon spectroscopic measurements. The chemistry of metal–peptide complexes has long been studied spectroscopically and thermodynamically by coupling spectroscopic techniques to potentiometry in bioinorganic chemistry field (Farkas and Sovago, 2012 and 2017).

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The potentiometric measurement allows to describe the solution equilibria (stability constants, logK or logβ) with a species distribution model containing complexes with different metal (M) and ligand (L: peptide, Aa) stoichiometry at various protonation degrees ($M_pL_qH_r$) according to pM + qL + rH = $M_pL_qH_r$ equilibrium (Irving and Williams, 1953). Thus, information on the $M_pL_qH_r$ species present in solution supplemented by spectral parameters observed as a function of the pH allows to deduce the inner coordination sphere of the metal-peptide complexes. Complemented by theoretical calculations and the solid phase structure, more and more information can be obtained on the interaction of peptides with metal ions (Lamshöft and Ivana, 2011).

ii) Isothermal Titration Calorimetry

Biomolecular interactions, and especially mineral-peptide interactions, can be investigated by Isothermal Titration Calorimetry (ITC) (Ladbury and Chowdhry, 1996). This technology presents the advantage of allowing characterization of weak interactions between two partner biomolecules (defined as ligands). Theory of the ITC approach of metal chelation by proteins was developed by Nielsen et al. (2003). ITC is a thermodynamic approach where the binding equilibrium is directly determined by measuring the heat involved in the association of a ligand with its binding partner. When two molecules interact, heat is either absorbed or released. The measurement of this heat allows the accurate determination of the Gibbs free energy $\Delta G = \Delta H - T\Delta S$ of the reaction, where ΔH is the enthalpy change and ΔS the entropy change of the thermodynamic system. According to the enthalpy change, the reaction is characterized either of endothermic ($\Delta H > 0$) or exothermic ($\Delta H < 0$). This determination provides general information on the nature of the linkages, *i.e.* either electrostatic bonds enthalpically driven such as van der Waals interactions or hydrogen bonds, or hydrophobic bonds entropically driven, or both. In addition, the molar ratio of mineral bound with peptides (stoichiometry, N) and the binding constants (KA) can be measured (in: Vanhooren et al., 2002). More, the temperature dependence of the ΔH parameter, measured by performing the titration at various temperatures, describes the heat capacity (ΔCp). Finally, the stronger the binding, the less positive the Δ Cp is. In a typical ITC experiment, a syringe containing a "ligand" solution is titrated into a cell containing a solution of the "macromolecule" kept at constant temperature as described hereafter (Figure 2.5). When ligand is injected into the cell, the two materials interact. The heat (and also ΔH), released or absorbed, is related to the amount of binding occurring over the time (**Figure 2.5**, top panel, right). As the macromolecule in the cell becomes saturated with ligand, the heat signal diminishes until the background heat of dilution is observed only. A binding curve and its specific binding parameters (N, K_A , ΔH , ΔS) are then obtained after integration from a plot of the heats of binding obtained from each injection against the ratio of ligand (**Figure 2.5**, **down panel**, **right**). The binding titration curve and the appropriate fit of experimental data determine whether there are one or more classes of mineral binding sites, independent or not, involving or not cooperativity phenomenon. A modern ITC instrument operates on the heat compensation principle. Upon titration, the amount of uncomplexed peptide available progressively decreases after each injection and the magnitude of the peak becomes progressively smaller. Once the saturation reached, subsequent injections produce similar peaks corresponding to dilution or mechanical effects.



Figure 2.5. Principle of Isothermal Titration Calorimetry. Example of the VP-ITC microcalorimeter from microCal (North-Hampton, MA, U.S.A)

Several studies reported the use of isothermal titration calorimetry for the thermodynamic characterization of the interaction between metal and peptides, mainly pure synthetic peptides as short fragment of proteins. For instance, Grossoehme *et al.* (2005) investigated

metal-binding thermodynamics of the histidine-rich sequence from the metal-transport protein IRT1 of Arabidopsis thaliana, an iron transporter overexpressed in iron-deficient conditions. The sequence investigated showed high and low binding to Fe³⁺ and Fe²⁺, respectively. Comba et al. (2013) studied the copper binding with synthetic derivatives of naturally-occurring pseudo-octapeptides by ITC combined with square wave voltammetry (SWV) and they observed that the complex stabilities of these derivatives to Cu^{2+} are in agreement with stabilities corresponding to natural ligands. In all of these studies, pure synthetic peptides were considered as model for a better understanding of their biological function in vivo (Guillereau et al., 2006; Rich et al., 2012; Sacco et al., 2012; Sheftic et al., 2012). Regarding natural peptides released by digestion, Zidane and co-workers (2012) reported the chelation of calcium, magnesium, zinc, and copper by the caseinophosphopeptide β -CN(1-25)4P investigated by ITC under experimental conditions mimicking the physiological conditions of ileum. At pH 8.0, the peptide binds 2 ions of calcium, magnesium or zinc, but no copper ion. In another application, ITC is used for screening the presence of metal-binding peptides in hydrolysates. In their work, Canabady-Rochelle et al. (2009, 2010) investigated the calcium-peptide interactions in the soy protein hydrolysate and in other proteinous systems (soy or milk proteins). Whatever the system, former authors evidenced a calcium-peptide interaction endothermic in nature and fitted by a one set of site model. As compared to non-hydrolyzed protein, soy protein hydrolysate bound less calcium (2 mg/g of proteins), probably due to the conformational change and destructuration of the protein. The coupling with electrophoretic measurement or pH-cycle enabled a better understanding of calcium-peptide interactions. More recently, ITC experiments were completed by tandem mass spectrometry (MS/MS) to study the interaction between iron(II) and an heptapeptide (SNVVPLY) from barley protein hydrolysate under physiological conditions (Eckert et al., 2016). The peptide complexed iron(II) spontaneously, with a binding constant reaching 10⁷ M⁻¹ suggesting its potential application as dietary supplement to improve iron absorption.

Similarly, Liao *et al.* (2019) evidenced a novel calcium-binding peptides (VLPVPQK) from casein hydrolysate, that could potentially be developed as nutraceutical additive.

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iii) Surface Plasmon Resonance

Developed recently, Surface Plasmon Resonance (SPR) is at the forefront of evolving technologies in terms of medical, nutritional and environmental applications (Rich and Myszka 2011; Shankaran, Gobi, and Miura 2007; Mir and Shinohara 2013). Wood (1902) was the first to observe surface plasmons, however, surface plasmon resonance for biosensing goals was illustrated by Liedberg in 1983 (Liedberg, Nylander, and Lunström 1983). The Biacore® technology was the first to evolve in the commercial markets based on the SPR principle, and has been developed for its application since 1990. Since then, researchers have screened various interactions by SPR technology among them drug-protein, antigen-antibody, inhibitorenzyme, and small molecule-nucleic acid (Sandblad et al., 2009; Tam et al., 2017; Navratilova et al., 2007; Liu and Wilson, 2010). In SPR, the so-called "ligand" is immobilized onto the surface of the sensor chip and when there is an affinity, captures the target molecule or "analyte", this latter being directly injected in solution and flows over the sensor chip. In case of ligand-analyte binding, the refractive index (RI) is modified at the chip surface, proportionally to the change in mass concentration (Figure 2.6). The analyte capture produces measurable signals represented by the sensorgram and expressed in resonance unit. Among various advantages, the SPR technology is simple, in real-time and rapid, and does not require analyte pre-labeling. Applied with low amounts of the interacting partners - pure or in a mixture -, the obtained sensorgram can determine the rate of complex formation and dissociation (k_{on} , and k_{off} , respectively). Finally, the sensor chip can be reused several times due to the regeneration treatment (Treiber et al., 2007; Achilleos et al., 2009; Maalouli et al., 2011).



Figure 2.6. Principle of the Surface Plasmon Resonance

No longer after its introduction to the biochemical society, SPR technology has gained the scientists curiosity to detect interactions between metal ions and proteins/peptides. It offers the clearest advantages in speed and sample quantity over other alternative techniques such as Immobilized Metal-ion Affinity Chromatography (IMAC) (Bernaudat and Bülow, 2005). In fact, SPR signal is detected when the peptide/protein is surrounding the ion in its favorable geometry. Some available tetradentate nitriloacetic acid (NTA) sensor chips were commercialized by Biacore^{*} and allowed the development of a sensitive and selective screening of mineral-peptide complexes. In literature, nickel and copper ions immobilized on NTA chip were the most common methodology to screen MBPs (Knecht *et al.*, 2009; Canabady-Rochelle *et al.*, 2018; Maalouli *et al.*, 2011). Inversely, in other studies, peptides were immobilized on the sensor chips surface and minerals were injected as the analytes. With convenient and well-functional platforms, the kinetics of interactions between peptides/proteins and minerals such as copper, magnesium, calcium, and zinc, can be determined (Chen *et al.*, 2015; Balliu and Baltzer, 2017).

iv) Electrically switchable nanolever technology

The innovative switchSENSE[®] technology utilizes a novel electro-switchable biosurface to characterize interactions between molecules in real-time. This technology is unlike existing methodologies in that it combines high sensitivity kinetics with structural information on size, shape and conformation providing a new depth and understanding of the interaction. Studies are performed on a re-usable biochip, generated using familiar coupling and hybridization methods. Within this biochip, DNA levers are embedded onto a series of gold electrodes. These nanolevers serve either as target for molecular interactions themselves, or hold other interaction partners. To characterize interactions, the DRX instrument is used to bring about deliberate movement of these nanolevers by altering the voltage across the gold surface. When interactions occur, these movements (expressed as dynamic response DR) are affected and in turn, used in the calculation of kinetic and biophysical information, such as the kinetics constants of association (k_{on}) and dissociation (k_{off}), the affinity constant (K_D) and the hydrodynamic diameter (D_H) in the case where the ligand is a protein immobilized on the DNA nanolevers (Knezevic et al. 2012).

For proteins or peptides adsorption onto an immobilized-metal chromatographic column for instance, nickel ions are widely used due to their affinity with the exposed side chains of histidine and cysteine residues (Hainfeld et al. 1999). With six coordination sites, Ni²⁺ can strongly bind to a complexing agent e.g. the tetradentate nitrilotriacetic acid (NTA) while some sites remains available to interact with the target peptide (Hainfeld et al. 1999). With the switchSENSE[®] technology, the ssDNA bound on the chip gold surface is hybridized with a cDNA-trisNTA, and a multivalent ion like Ni²⁺ is loaded onto trisNTA; an excess of Ni²⁺ is used in order to load each NTA moiety with one Ni²⁺ ion (Figure 2.7-A). Binding of nickel-chelating peptides increases friction forces and leads to decrease the dynamic response DR of the nanolevers (Figure 2.7-B). The kinetic (k_{on} , k_{off}) and affinity constants ($K_D = k_{off}/k_{on}$) of the interaction between Ni²⁺ and MCP can be determined by real-time measurements of the quenching of the fluorescence (Figure 2.7-C). Hence, direct evidence of MCPs using switchSENSE[®] would enable the faster detection of metal-chelating peptides before launching time-consuming separation, which should be engaged solely in the case of positive screening. For the first time, our team just developed a new screening method to highlight MCPs in dietary hydrolysates with the switchSENSE[®] technology using immobilized nickel (El Hajj et al., 2021).



Figure 2.7. Principle of switchSENSE adapted for peptide-metal interaction study. (A) Single strands of DNA having 48 base pairs are bound on the chip gold surface and hybridized with a complementary DNA activated by trisNTA. The hybridization is followed by fluorescence measurement of a Cy5 probe fixed at the extremity of the nanolever (kcps: kilocounts per second). A multivalent ion like Ni²⁺ is then immobilized onto the trisNTA group. (B) Binding of metal-chelating peptides (MCP) increases friction forces and leads to decrease the dynamic response DR (dru: dynamic response unit) of the nanolevers. (C) The kinetic (k_{on}, k_{off}) and affinity constants (K_D = k_{off}/k_{on}) of the interaction between Ni²⁺ and MCP can be determined by real-time measurements of the quenching of the normalized fluorescence F_{norm}.

v) Electro-Spray Ionisation Mass spectrometry

Electrospray ionization-mass spectrometry (**ESI-MS**) is a well-known technique for the structural analysis of small and large biomolecules of variable polarity (Ho *et al.*, 2003). For several years, ESI-MS has shown a great potential for the qualitative analysis of metal-organic ligand complexes (Keith-Roach, 2010).

Electrospray ionization (ESI) is a soft atmospheric pressure ionization allowing the ions transfer from the liquid phase to the gas phase, before their filtering according to their mass-to-charge ratio (m/z) in a mass spectrometer (MS). The near-total absence of fragmentation in the electrospray source allows preferential observation of the pseudo-molecular ion,

corresponding to a simple case where the analyte is in its mono-protonated (ESI⁺) or monodeprotonated (ESI⁻) form. In addition, non-covalent bonds can be preserved, which is of major interest for coordination complexes study.

In practice, a liquid sample circulates at a low flow rate in a capillary tube (made of stainless steel or quartz) maintained at a high electrical potential (positive or negative) relative to the entry into the MS (2.5 - 6 kV) (Ho *et al.*, 2003). Under the influence of this electric field and an inert nebulizing gas (N₂) applied coaxially to the capillary, fine charged droplets are formed with the same polarity as the applied potential. The solvent is then evaporated by application of a drying gas (N₂) and / or gentle heating of the capillary tube (100 to 300 °C) leading to the gradual decrease in droplets size. When the droplets are small enough, the electric field on the surface reaches a critical intensity allowing the direct expulsion of ions in the gas phase (Schalley and Armentrout, 2003).

With ESI-MS, the MS signature is directly provided from samples in solution, and therefore the species of interest are analyzed *in situ* (Di Marco and Bombi, 2006). Thanks to its high sensitivity, this method can be applied to biological samples containing very low concentrations of complexes (10^{-6} M). ESI-MS is an effective tool for determining the number of coordination species formed in solution as well as their stoichiometry, since these parameters are directly obtained from the mass spectrum (Di Marco and Bombi, 2006). In fact, the values of *m/z* ratios at low or high resolution as well as the isotopic patterns enable to identify the complex structure with reliability (**Figure 2.8**). In addition, the complexes stoichiometry can be studied with robustness as a function of the metal:organic ligand ratio and of the pH (Keith-Roach, 2010).



Figure 2.8. Mass spectrum of a solution containing 2.5 mM Cd (II) and 10 mM glutathione-**G.** The inset shows the comparison of the enlarged experimental isotopic pattern (solid line) and the theoritical pattern (histogram) for selected cadmium complexes. Reprinted from Keith-Roach (2010) with kind permission from Elsevier.

ESI-MS has notably been used to characterize a few metal-peptide complexes. The study of the interaction between the small synthetic peptide (α MeAla-Ha AGHa, GGGHa) and nickel(II) or copper(II) was carried out and validated the formation of different complexes in solution (Selmeczi *et al.* 2010, Gizzi, *et al.*, 2005, Jancsó *et al.* 2011). Another work - based on histidine-containing synthetic oligopeptides - successfully used the ESI-MS technique to study the impact of conformational changes on the binding affinity with copper(II) and nickel(II) (Murariu *et al.*, 2010). A recent study also described the identification of several iron(II)-peptide complexes from purified peptides, thanks to a ESI-MS differential analysis conducted in the absence and in the presence of iron(II) (Wu *et al.*, 2017).

In the case of complex samples, coupled LC-ESI-MS technique allows the matrix effects suppression and is therefore able to provide relevant information on stable non-covalent species (Keith-Roach, 2010). As an example, hydrophilic interaction liquid chromatography (**HILIC**) and ESI-MS, the so-called HILIC-ESI-MS, was proven effective for the targeted analysis of iron(II)- and iron(III)-phytosiderophore complexes (Xuan *et al.*, 2006).

Recently, a promising preliminary study carried out on a pool of small synthetic peptides showed that a LC-ESI-MS based methodology (**Figure 2.9**) could be used for an efficient non-targeted screening of peptides with high iron(II)-chelating abilities (Paris *et al.*, 2020).



Figure 2.9. Principle of MBP-screening in complex mixture of peptides such as hydrolysates using mass spectra differential analysis

vi) IMAC separation

IMAC principle is briefly constituted of 4 main steps (**Figure 2.10**): (1) metal ion immobilization onto the matrix, (2) Sample injection and target protein/peptide retention, (3) washing step to eliminate the unbound components and (4) finally, elution of the target biomolecule. IMAC is constituted of several parts (Amiri, 2017). First, the matrix (*i.e.* agarose, sepharose, cellulose, silica, dextran) must be highly hydrophilic and characterized by low non-specific adsorption, in addition to a high porosity for a high amount of ligand immobilization, or fairly large pore size and narrow pore size distribution (Gutierrez *et al.*, 2007). *Via* a spacer arm (usually short alkyl chain), a chelating agent is covalently bound onto the matrix for further Mⁿ⁺ immobilization, this latter is generally tridentate such as iminodiacetic acid (**IDA**) or tretradentate such as NTA. The higher its denticity, the stronger the immobilization of metalions, and hence, a lower metal-ion leakage. Yet, the fewer coordination bonds remain available for protein or peptides adsorption (Garberc-Porekar and Menart, 2001). Once the Mⁿ⁺ loaded onto the column, the complexing agent and the metal ions form complexes, letting

some free coordination sites on the immobilized metal ions to further coordinate peptides or proteins (Gutierrez *et al.*, 2007). Besides the specific coordination interactions of some aminoacid residues exposed on the biomolecule surface with the immobilized metal-ions, some other aspecific interactions may occur notably, like electrostatic and hydrophobic interactions (Gutierrez *et al.*, 2007). The nature of the surrounding chemical environment (*i.e.*, buffer salts used and their concentration, pH, and ionic strength) can reduce these aspecific interactions. In this aim, relatively high-ionic strength buffers (often NaCl, 0.1–1.0 M) could be used during adsorption or washing while the buffer itself should not coordinate to the immobilized metal-ions (Garberc-Porekar and Menart, 2001). Various ways of elution are considered in IMAC like acting on pH (González-Ortega & Guzman, 2015), on higher salt concentration, using a competition elution (*e.g.*, EDTA) (Sun *et al.*, 2013). Sometimes, IMAC protocols couple two way of elution to obtain a better chromatographic resolution (Gutierrez *et al.*, 2007).



Figure 2.10. Principle of Immobilized Metal ion Affinity Chromatography (IMAC)

More, IMAC chromatography columns can be modelled using mathematical equations. Simulations are useful to predict liquid and solid phase concentration profiles as a function of time, for given operating parameters. The influence of various operating parameters is thus studied numerically, reducing the number of experiments to perform for unit operation optimization. Modelling requires an understanding of the mechanisms governing the chromatographical process, *i.e.* equilibria, hydrodynamics and kinetics. The simulation of IMAC chromatographic separation of metal-chelating peptides was carried out in our team, from binding parameters determined in SPR (Muhr *et al.*, 2020). Despite the high interest of this approach and considering the readership of this book, modelling of IMAC separation was not developed in this chapter.

Introduced by Porath and colleagues (1975), IMAC was first applied on proteins fractionation, based on their differential affinity towards immobilized metal ions due to their specific coordinating amino acid residues exposed in surface (Gutiérrez *et al.*, 2007). In the late 1980s, recombined proteins with engineered histidine tag were efficiently purified, especially using Ni²⁺-NTA matrix, selective for adjacent histidine groups binding (Hochuli *et al.*, 1987).

However, other matrices can be used: For instance, Fe³⁺-IDA matrix was used to investigate the role of the phosphoseryl cluster (Ser*P*-Ser*P*-Glu-Glu or 222EE) and diphosphoseryl pattern in the complexation of ferric iron and calcium by the purified caseins and the proteose peptone 3 component of milk and to determine the adsorption efficiency of free amino acids (Tyr, Trp, Cys, His, etc.) with the immobilized Fe³⁺-IDA matrix (Bernos *et al.*, 1997). IMAC has a high selectivity, a high recovery yield of the target proteins/peptide, a high protein loading, and a complete regeneration of the solid supports (Ha *et al.*, 2008). Today, this is one of the main methodologies used for peptide or protein purification, from laboratory to pilot/industrial scale.

2.1.6 Evidence of health effects of mineral-binding peptides

The presence of several minerals is required in food diets for life. Mineral absorption occurs across the gastrointestinal mucosa *via* passive and active transport mechanisms. Sometimes minerals can interact with other substances in the diet during their gastrointestinal tract crossing, which may consequently enhance or impair mineral permeability in the small intestine (Kiela and Ghishan 2016). Mineral-chelating peptides derived from food proteins

display stability properties, enabling mineral transport across the gastrointestinal tract and improving the mineral bioavailability (Chen *et al.*, 2017). The effect of mineral-chelating peptides on mineral bioavailability - especially calcium and iron - have been widely evaluated *in vitro* on cell models and *in vivo* in animal and human studies (Guo *et al.*, 2014).

Calcium is one of the major required minerals in human physiology. Its absorption is mediated by passive paracellular diffusive pathway via the epithelial tight junctions claudins Cldn-2, Cldn-12 and Cldn-15 (Kiela and Ghishan 2016). Calcium-rich foods (milk, cheese and other dairy products) contain key proteins such as caseins, hydrolyzed upon tryptic digestion in CPPs (Cross, Hug, and Reynolds 2007). Extensively reported in mineral absorption studies, CPPs promoted calcium permeability through Caco-2 cells intestinal barrier model (Cosentino et al., 2010). Ferraretto et al. 2001, suggested that CPPs enhance calcium absorption by acting either on calcium channels at plasma membranes or as calcium-carrier proteins by endocytosis (Ferraretto et al. 2001). To favour calcium absorption, CPPs directly interact with Transient Receptor Potential V6 (TRPV6), a selective calcium channel (Perego et al., 2013). Sato, Noguchi, and Naito (1985) evidenced that the increase of calcium absorption at the rat small intestine level (ligated loops) was related to the inhibition of calcium precipitation due to CPPs calcium chelation properties. Indeed, increased calcium absorption by rats small intestine level was also observed when calcium solution and phytate deficient deaminated soybean globulins (another calcium chelator) were administrated together (Kumagai et al., 2004). Chabance et al. (1998) recovered casein-derived peptides from the duodenum of six healthy individuals after milk ingestion, in addition to other peptides related to casein found in the subjects' plasma. In addition, researchers detected in human volunteers with ileostomy, the presence of CPPs in ileostomy fluid after 10 hours of milk ingestion, evidencing that these peptides can survive to the intestinal tract environment up to the ileum (Meisel et al., 2003). Moreover, fish bone peptides from fish meals prevent also calcium deficiency by increasing calcium absorption and bone mineral density in ovariectomised rats (Jung, Lee, and Kim, 2006).

Iron absorption occurs at the level of duodenal brush border, where cytochrome b reductase 1 reduces the ferric form of iron (Fe³⁺) to its ferrous form (Fe²⁺), the latter crossing through the brush membrane *via* the Divalent Metal Transporter 1 (**DMT1**). Only heme iron is not absorbed *via* DMT1 but *via* a Heme Transporter (**HCP1**) (Kiela and Ghishan, 2016). Certain

studies demonstrated the positive effect of iron bound to peptides for iron deficiency treatment. Kapsokefalou and Miller (1995) explained that the solubility of iron in the small intestine was related to its binding to peptides and not to the free amino acids or fatty acids. Indeed, iron bound to CPPs was shown to be soluble and stable in the digestive tract of iron deficient rats with increased bioavailability compared to the free iron forms (Aît-Oukhatar *et al.*, 2002; Kibangou *et al.* 2008; Pérès *et al.* 1999). Kibangou *et al.* (2008) followed the protective effect of CPPs against enterocyte peroxidation, induced by the increase of iron absorption. Layrisse *et al.* (1984) conducted a study on 113 subjects to determine the effect of cysteine, histidine, reduced glutathione and beef consumption on iron bioavailability. They showed that free cysteine had the same effect as beef consumption concerning the enhancement of food iron bioavailability and that this amino acid residue maintained its activity when present in the reduced form of glutathione peptide.

Although mineral absorption is physiologically a well-regulated phenomenon, pre-clinical and clinical trials on mineral-chelating peptides are needed in order to prove their health benefits in malabsorption syndromes.

2.1.7 Summary

Minerals are essential to different biological processes in living beings. Likewise, free transition metals such as copper and iron promote the formation of reactive oxygen species (ROSs). However, metal-binding-peptides obtained by enzymatic hydrolysis of proteins or synthesized by solid-phase peptide synthesis (**SPPS**) avoid ROS formation catalysed by free transition metals. Interactions between metals and mineral-binding-peptides are usually studied using spectroscopic techniques, ITC, and more recently by SPR and switchSENSE[®]. Through electrospray ionization-mass spectrometry, the changes on the binding affinities can be studied. Mineral-binding-peptides can be purified using immobilized IMAC, and its process simulation. Various cellular models are used to investigate the health effects of mineral-binding peptides.
2.1.8 References

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2.2 Ferroptosis: A cell death mechanism driven by Iron overload

2.2.1 Introduction

The definition of cell death was first coined in 1858 by the biologist Rudolf Virchow, but the apoptosis mechanism (programmed cell death) was only elucidated in the 20th century. Besides canonical mechanisms of cell death (apoptosis, necrosis), more exotic ones such as efferocytosis, necroptosis, pyroptosis, parthanatos, and ferroptosis have been described. Ferroptosis is a non-apoptotic cell death characterized by lipid peroxidation catalysed by iron-overload. In this bibliographic part, we answer questions concerning ferroptosis milestones, its importance in physiopathologic mechanisms and its downstream regulatory mechanisms.

2.2.2 Lipid peroxidation

Lipids are fundamental building blocks of cells as key components of the plasma membrane and membranes of cell compartments such as the nucleus, the endoplasmic reticulum, the Golgi apparatus, and trafficking vesicles (endosomes and lysosomes). Unsaturated lipids are sensitive to uncontrolled oxidative stress that causes lipid peroxidation. The process of lipid peroxidation involves 3 main steps: initiation, propagation, and termination (Figure 2.11). For initiation, the lipid (L-H) is attacked by highly reactive species such as the hydroxyl radical OH[•], which pulls a hydrogen atom from the lipid converting it to a radical (L^{\bullet}) . L^{\bullet} quickly reacts with dioxygen (O₂) and thus forms a lipid peroxyl radical (LOO[•]), which in turn extracts a hydrogen from another L-H to form lipid hydroperoxide (LOOH) and a new L[•]. This is the propagation step. Termination happens when a high concentration of lipid radical species is reached, so the probability of collision between two of them is high. When 2 radical lipid species interact (2L[•], 2LOO[•], L[•] + LOO[•]), a non-radical species is formed. (Ayala, Muñoz, and Argüelles 2014; Yin, Xu, and Porter 2011) Reactive aldehydes such as malondialdehyde (MDA) and 4hydroxynonenal (HNE) are products formed due to the decomposition of lipid peroxides and that can be mutagenic and carcinogenic (Guéraud et al., 2010; Negre-Salvayre et al., 2010; Vaca, Wilhelm, and Harms-Ringdahl 1988). If lipid peroxidation is not rapidly terminated,

damage for cell membranes takes place. Moreover, lipid peroxidation is involved in the initiation and development of pathologies such as atherosclerosis. Atherosclerosis is a cardiovascular disease induced by an accumulation of oxidized lipids in the vascular wall forming atherosclerotic plaques. The early stage of plaque formation involves the oxidation of low-density lipoproteins (LDL), which attracts macrophages. Those macrophages phagocyte oxidized LDL forming foam cells, that compose the atherosclerotic plaque (Benzie 1996; Natto, Kawamura, and Yamamoto 1993; Nilsson *et al.*, 1992).



Figure 2.11. Process of lipid peroxidation

2.2.3 Iron catalysed lipid peroxidation in cells

Iron is an important trace element for cell functions (Abbaspour, Hurrell, and Kelishadi 2014). However, its distribution and content should be controlled constantly in order to prevent iron overload or iron deficiency related diseases (Yiannikourides and Latunde-Dada 2019). The safety of iron uptake is already presented in part 1. Iron is absorbed by the intestines at the duodenum and proximal jejunum level, where it exists in its ferrous (Fe²⁺) form because of the low pH (~ 5-6) in the duodenum. When absorbed, Fe²⁺ is oxidized to Fe³⁺ by hephaestin and ceruloplasmin in the blood. The majority of iron is transported and stored as a complex with proteins. Indeed, in the bloodstream, Fe³⁺ binds to transferrin protein as a transport protein, which distributes Fe³⁺ to tissues by binding to transferrin receptors on the plasma membrane of target cells. The transferrin-Fe³⁺ complex is then endocytosed. The low pH of endocytosis vesicles associated with a ferrireductase reduce Fe^{3+} to Fe^{2+} . Inside cells, Fe^{2+} is stored in ferritin and/or the labile iron pool (LIP) (Ems, St Lucia, and Huecker 2021; Knutson 2017; Andrews and Schmidt 2007). Free iron ions (Fe^{2+} and Fe^{3+}) provokes harmful reactions with proteins, nucleic acids and lipids in membrane. Notably, iron excess participates to lipid peroxidation *via* hydroxyl-dependent and hydroxyl-independent mechanisms (Minotti and Aust 1987). In the first mechanism, Fe^{2+} is oxidized in Fe^{3+} by hydrogen peroxide H_2O_2 through the Fenton reaction that also produces hydroxyl radical OH[•]. In cells, Fe^{3+} produced by the Fenton reaction can be reduced back to Fe^{2+} by the oxidation of $O_2^{\bullet-}$ to O_2 originating a catalytic cycle (Fenton, 1894). The formed hydroxyl radical is a highly reactive oxidant (halflife of 10⁻⁹ s) extracting hydrogen atom from lipid molecules and starting lipid peroxidation as previously mentioned (Yaman and Ayhanci 2021).

In the second mechanism, scientists argue that iron-oxygen complexes, *i.e.*, preferryl and ferryl ions, are strong oxidants that can initiate lipid peroxidation alone (Aruoma *et al*, 1989). Moreover, during the propagation step of lipid peroxidation, Fe²⁺ can react with LOOH to form alkoxyl radical (LO[•]), which is believed to extract a hydrogen atom from L-H and thus starting another chain of lipid peroxidation (Gardner 1989).

2.2.4 Discovery of ferroptosis and speed of research in this field

The mechanism leading to ferroptosis has evolved from a sequence of atmospheric and ecological events. Since the early days on earth, trace amounts of oxygen was produced from photosynthesis, and then became abundant after the Great Oxygenation Event (Blaustein 2016). O₂ is a strong oxidant that needs to be activated to be reactive. For example, O₂ is a last acceptor of electrons and protons produced by the respiratory chain. The Great Oxygenation Event was the starting point for the formation of free radicals inside eukaryotic cells (Carter 2003). The polyunsaturated fatty acids (PUFA) of cell lipid membrane are very susceptible to lipid peroxidation and the abundant iron-dependent cellular mechanisms made this oxidation phenomenon even faster (Fischer, Hemp, and Valentine 2016). Early cell studies suggested the evolution of defense mechanisms to counteract the iron/oxygen-driven lipid peroxidation or to cause cell death (Benzie 2000). Therefore, ferroptosis is an ancestral type of cell death, that was discovered in 2012 by Dixon through pharmacological approaches. Dixon proposed this mechanism as a possible cancer therapy (Dixon *et al.*, 2012). Several

complex discoveries have led to the current definition of ferroptosis mechanism. The timeline of these discoveries is presented in **Figure 2.12**. Ferroptosis comes from the Latin word "Ferrum" meaning "iron", and the Greek word "ptosis" that means "to fall" (Sun *et al.*, 2020). It is an emerging form of cell death with 1,285 articles published between 2012 and 2020, where lipid peroxidation catalyzed by iron overload is the main hallmark (Yang and Stockwell 2016). Research concerning targeted cancer therapy *via* ferroptosis is well-advancing. A lot of ferroptosis inducers are spotlighted in recent research for their actions against cancer (Valashedi *et al.*, 2021; Liang *et al.*, 2019). However, the implication and treatment of ferroptosis in several diseases is still an ill-defined subject. According to PubMed statistics, 616 articles concerned with ferroptosis inducers are published in 2021 ("PubMed" n.d.).



Figure 2.12. Timeline for the major discoveries concerning ferroptosis

2.2.5 Morphological and biochemical features of ferroptosis

Ferroptosis is a regulated form of cell death with distinct morphological and biochemical feature from apoptosis and necrosis (Table 2.2). Ferroptosis can propagate to adjacent cells, which are swollen, rounded up and detached from each other (Riegman et al., 2020; Dixon et al., 2012; Yagoda et al. 2007). Nuclear integrity is maintained but chromatin condensation is missing during ferroptosis (Friedmann Angeli et al., 2014). Mitochondrial alterations are the most obvious changes observed during ferroptosis. The mitochondria appears small sized with thick membrane density and reduced crista that will eventually lead to its destruction (Jie Li et al., 2020; Dixon et al., 2012; Dolma et al., 2003). In physiological condition, mitochondrial iron content is regulated by iron exporters and mitochondrial ferritin. However, the mitochondrial iron content is very high in certain ferroptosis-related diseases or in ferroptosisinduced cancer cells (An et al., 2021; Karmi et al., 2021; Alim et al., 2019; Homma, Kobayashi, and Fujii 2020). Iron overload is accompanied with increased mitochondrial ROS production and reduced mitochondrial GSH content (Karmi et al., 2021; Jang et al., 2021; Dixon et al., 2014). Decreased mitochondrial potential and increased mitochondrial permeability are other ferroptosis signs (Chen et al., 2021; Wei et al., 2020). Recently, Jingyi Guo et al., 2021 showed that inhibiting the replication of mitochondrial DNA can induce ferroptosis. Internal lysosomal autophagy of ferritin is also observed in ferroptotic cells. This mechanism is called "ferritinophagy" (Fuhrmann et al., 2020; Wei et al., 2020). Ferroptosis is similar to H₂O₂induced necrosis by the rupture of plasma membrane but is not accompanied by ATP depletion (Stockwell et al., 2017; Dixon et al., 2012; H. Yang et al., 2010). All in all, ferroptotic cells accumulate iron, lipid peroxides, oxidized NADPH and glutamate. They are depleted in cystine/cysteine and GSH (Mou et al., 2019; J. Li et al., 2020; Shimada et al., 2016a).

| | Apoptosis | Necrosis | Ferroptosis |
|----------------------|---|--|--|
| Signaling pathway | Physiological caspase-dependent process | Pathological process caused by external toxins | Iron and ROS-dependent process |
| Biochemical features | Caspase activation DNA fragmentation | Drop in ATP levels | Iron, lipid peroxides and glutamate accumulations GSH and GPx4 downregulations Cysteine/Cystine depletion |
| Morphology | Cell shrinkage | Break down of plasma membrane | Shrunken mitochondria |
| | Release of apoptotic bodies | Inflammation | Vanishing of mitochondial crista |
| | | Organelle swelling | Ferritinophagy |

Table 2.2. Comparison between apoptosis, necrosis and ferroptosis cell deaths

For properly functioning of cells, biomolecular regulations are fundamental processes that adapt to internal and external environments. Cell oxidation caused by aerobic respiration is a physiologic phenomenon that maintains cell redox homeostasis. Impairments in the homeostatic control between cell oxidation and reduction reactions cause oxidative stress eventually leading to lipid peroxidation and ferroptosis (**Figure 2.13**).

The regulation of intracellular iron content is an important factor for resisting to ferroptosis. Cell iron content is regulated at genes, cytosolic and plasma membrane levels. Indeed, the Iron responsive element protein 2 (**IREBP2**) gene encodes for the iron-responsive element binding protein (**IRE-BP**) that binds to iron-responsive elements (stem loop RNA structures) of many genes such as ferritin heavy chain 1 (**FTH1**) and transferrin receptor (**TFRC**) to control cell iron homeostasis. So, variants in the IREBP2 gene affect the physiological cell iron metabolism and can aid in ferroptosis (Dixon *et al.*, 2012). In the cytosol, ferritinophagy is caused by the upregulation of autophagy-related proteins (**ATG5 and ARC7**), that will release the ferritin-stored iron and thus induce ferroptosis (Hou *et al.*, 2016). Finally, at the plasma membrane, a too high activity of transferrin and transferrin receptor mediates ferroptosis by iron overload inside cells (Gao *et al.*, 2015)

The hallmark of ferroptosis might also be modulated by enzymes implicated in lipid peroxidation processes. Indeed, several cell knockout studies for Acyl-Co1 synthase long-chain family 4 (ACSL4) and lysophosphatidyl choline acyl transferase 3 (LPCAT3), implicated in the oxidation of membrane constituted of poly-unsaturated fatty acids (Doll et al., 2017; Dixon et al., 2015), revealed resistance for ferroptosis. In addition, lipoxygenase (LOX) is a ferroptosispromoting enzyme that can oxidize phosphatidylethanolamine found in cell membranes (Yang et al., 2016). In a study, Shah et al., (2018) have overexpressed LOX enzyme in kidney human cells by transfection with recombinant DNA resulting in a higher sucepptibility of cells to ferroptosis. Finally, the antioxidant enzyme, glutathione peroxidase 4 (GPx4) can reduce peroxidized lipids and thus prevents ferroptosis (Park et al., 2019). Indeed, among the eight human GPxs, GPx4 is the only one that can reduce oxidized phospholipids in membranes, thus its catalytic activity is critically important for cell health and the conditional deficiency of GPx4 in cells causes ferroptosis (Park et al., 2019). GPx4 is a selenoprotein, which requires selenocysteine for its antioxidant activity (Doll and Conrad, 2017). Isopentenyl-PP is an intermediate by-product of the mevalonate pathway that is essential for the synthesis of selenoproteins (Fradejas et al., 2013). The mevalonate pathway produces in addition the coenzyme Q₁₀, which has an antioxidant function at membrane level (Shimada et al., 2016a). Depletion of selenium provokes ferroptosis due to GPx4 misfunctioning (Cardoso *et al.*, 2017). Moreover, the activity of GPx4 strongly relies on the content of GSH inside cells (Ursini and Maiorino, 2020).

The synthesis of intracellular GSH requires cysteine metabolism and/or uptake (Gaucher et al., 2018), which can be either provided via the transsulfuration pathway where methionine is converted to S-adenosylhomocysteine and cysteine (Mou et al., 2019) or via transmembrane proteins responsible for intracellular cysteine transport such as the L-aminoacid transporter (L-AT) or the system X_c^- . The system X_c^- is a glutamate/cystine antiporter critical for providing cystine to cells. Cystine is then reduced to cysteine, which is required for GSH synthesis.

In summary, ferroptosis is an intrinsic cellular event that can be modulated by the cell's autonomous properties including iron metabolism and redox reactions. However, the discovery and the understanding of ferroptosis is being initiated in several studies through the action of pharmacological ferroptosis inducers and inhibitors.



Figure 2.13. Network of ferroptosis signalling pathways

2.2.6 Pharmacological modulation of ferroptosis

2.2.6.1 Ferroptosis inducers

Ferroptosis, as previously clarified, was first discovered as a novel therapeutic approach to kill cancer cells using pharmacological reagents (Dixon *et al.*, 2012). Nowadays, a variety of reagents is used to induce ferroptosis whether to treat cancer or to clarify cell pathways implicated in its development (**Figure 2.14**). Ferroptosis inducers are reviewed in several publications (Hassannia, Vandenabeele, and Berghe, 2019; Stockwell *et al.*, 2017; Cao and Dixon, 2016). The two most popular targets for ferroptosis inducers are, the system X_c⁻ and the GPx4 (**Figure 2.15**). Inhibitors of the system X_c⁻ such as erastin, sulfasalazine and sorafenib are class 1 ferroptosis inducing compounds (**FIN I**), whereas inhibitors of GPx4 such as Ras selective lethal 3 (**RSL3**) are class 2 ferroptosis inducing compounds (**FIN II**).

Blocking the system X_c⁻ is a well-known mechanism to provoke ferroptosis (Dixon *et al.*, 2014). To that purpose, different strategies are at our disposal such as glutamate excess as well as glutaminolysis pathway (Gao *et al.*, 2015), and system X_c⁻ direct inhibition by erastin. Erastin is a well-known inhibitor of the system X_c - decreasing the intracellular concentration of GSH (Yang et al., 2014; Skouta et al. 2014). It was initially described as a cancer cell killer via a pathway different from apoptosis (Dolma et al., 2003), which was lately identified as ferroptosis (Dixon et al., 2012). Erastin-induced ferroptosis can promote endoplasmic reticulum stress (Riegman et al., 2020). Indeed, Erastin has been shown to enhance cell sensitivity to chemotherapy in lung cancer, rhabdomyosarcoma and glioblastoma models (Jipeng Guo et al., 2018; Pennafort et al., 2018; Chen et al., 2015; Yamaguchi et al., 2013) and to alleviate cell resistance to chemotherapeutic drugs in head, neck and ovarian cancer cell (Sato et al., 2018; Roh et al., 2016). Erastin is also a radiosensitizer in radiotherapy (Pan et al., 2019; Shibata et al., 2019; Cobler et al., 2018). However, erastin is rarely tested in vivo because of its poor water solubility. Piperazine-erastin (PE) and imidazole ketone Erastin (IKE) are water soluble erastin-based compounds. PE was shown to decrease tumor cell growth in mice, and IKE induced ferroptosis in B cell lymphoma model (Zhang et al., 2019; Yang et al. 2014). Sulfasalazine and sorafenib are also pharmacological reagents that induces ferroptosis in several cancer types by inactivating the system X_c (Takayama *et al.*, 2016; Ma *et al.* 2015; Dixon *et al.*, 2014; Lachaier *et al.*, 2014; Louandre *et al.*, 2013; Guo *et al.*, 2011; Gout *et al.*, 2001). However, erastin has a higher inhibitory effect on system X_c⁻ than the two other

molecules (Dixon *et al.*, 2014). Other pathways have been explored that have similar result to blocking the system X_c^- . Cramer *et al.*, (2017) treated lymphatic leukaemia by engineering "cyst(e)inase", which degrades cellular cystine required for GSH production. Also, GSH synthesis can be inhibited by buthionine sulfoximine through inactivating γ -glutamylcysteine synthase.

The second target to induce ferroptosis is the GPx4. RSL3, a FIN II, reduces the catalytic activity of GPx4 enzyme and thus drives cells to ferroptosis (Shin et al., 2018) in order to treat colorectal cancer for example (Sui et al., 2018). On the contrary, overexpressing GPx4 can inhibit RSL3-driven ferroptosis (Yang et al., 2014). Withaferin A and Altretamine belong as well to FINs II and induce ferroptosis in neuroblastoma as well as ovarian cells, respectively (Hassannia et al., 2018; Woo et al., 2015). Other compounds such as ML-210 (DPI10) and ML-162 (DPI7) are also classified as FINs II (Eaton et al., 2018). FIN56 is a ferroptosis inducer classified in the class 3 ferroptosis inducers although it promotes the degradation of GPx4 through a not fully described mechanism (Sun et al., 2021). It can be potentiated by statins (Shimada et al., 2016b). It also binds and activates squalene synthase leading to the depletion of the lipophilic antioxidant, coenzyme Q10. Also, there is FINO₂ that indirectly inactivates GPx4 through an unknown pathway. This molecule is an endoperoxide-containing 1,2dioxolane and can react with Fe²⁺ to produce radicals and aids in lipid peroxidation (Gaschler et al., 2018). Ferroptosis can as well be initiated by increasing the labile iron pool (LIP) through excessive expression of transferrin, limit expression of ferritin or activation of hemeoxygenase (Chang et al., 2018; Hassannia et al., 2018; S. Ma et al., 2016).



Figure 2.14. Chemical structures for ferroptosis inducers

2.2.6.2 Ferroptosis inhibitors

Following the research around ferroptosis mechanisms, specific ferroptosis inhibitors such as metal-chelators like deferoxamine (DFO) and Deferiprone (DFr), and lipophilic antioxidants like ferrostatin-1 (Fer-1), liproxstatin-1 (Lip-1), and vitamin E (α -tocopherol) have been discovered (Figure 2.15).

Deferoxamine (Figure 2.16, A) is a metal-chelating agent for trivalent cations such as ferric and aluminium ions. The affinity constants of complex formation are very high, 10³¹ M⁻¹ and 10²⁵ M⁻¹, respectively, and is carried out on a 1:1 molar basis. DFO is able to bind free iron in plasma or cells to form the ferrioxamine complex. It can also chelate iron bound to ferritin but cannot chelate iron in haemoglobin. As a result, DFO promotes the excretion of iron and aluminium in urine and faeces, thereby reducing their pathological effects in organs. Interestingly, iron and aluminium overload can be screened by the DFO test. This test is based on the fact that DFO does not increase the excretion of iron and aluminium above a certain threshold in healthy subjects. DFO is prescribed for patients suffering from primary hemochromatosis (extra iron builds up in the body to harmful levels caused by gene disorders), which is not curable by phlebotomy, secondary hemochromatosis (extra iron builds up in the body to harmful levels caused by another disease), and renal aluminium poisoning. It can be administered either subcutaneously, intravenously by infusion, intramuscularly, or intraperitoneally. DFO have shown interesting results in ferroptosis-based studies. DFO inhibits ferroptosis in lung cancer cells by decreasing free iron concentration (Cheng et al., 2021), in ovarian cancer cells where the expression of GPx4 is reduced (Li, Zhang, and Chao 2021) and in liver cancer cells (Liu et al., 2021). Spinal cord injury in mice was treated by DFO that decreased iron concentration and promoted the expression of GPx4, system X_c⁻ and GSH (Yao et al., 2019). DFO is also reported to preserve neurons in the early stages of Parkinson disease (Do Van et al., 2016) and to reduce ROS formation in breast cancer cells and corneal epithelial cells driven to ferroptosis (Otsu et al., 2021; Chen et al., 2017).

Deferiprone (**Figure 2.16, B**) is a bidentate ligand, which binds to iron in a molar ratio of 3:1. Unlike DFO, DFr is a membrane-permeant molecule. DFr promotes iron excretion in transfusion-dependent β -thalassemia. This drug is administered orally and prescribed either as a monotherapy to treat iron-overload when current chelation therapy is unsuitable, or in combination with another chelating drug (mainly DFO) when the monotherapy is not effective or in case of life-threatening iron overload. To date, DFr has never been tested on a ferroptosis model although it presents similar properties as DFO. For example, it was shown to reduce intracellular iron levels and inhibit lipid peroxidation in hepatocytes (Barnabé *et al.*, 2002). DFr was able also to chelate iron deposits in red blood cells of patients with thalassemia and alleviate plasma membrane dysfunction (Shalev *et al.*, 1995).

Ferrostatin-1 (Figure 2.16, C) is a ferroptosis inhibitor that prevents lipid peroxidation by scavenging lipid alkoxyl radicals (Miotto *et al.*, 2020). Dixon *et al.*, (2012), were the first to identify its rescuing effect on glutamate-induced ferroptosis in rat brain. This molecule was also able to restore mitochondrial function in ferroptosis-based neuronal cells model and prevent their death. Furthermore, Fer-1 showed antioxidant effects in cell models of Huntington disease, kidney dysfunction, atherosclerosis, and lung cancer by reducing oxidation of lipids and ROS production, and it had an indirect effect on promoting the expression of GPx4 (Li *et al.*, 2021, Bai *et al.*, 2020; Skouta *et al.*, 2014). These later findings suggest that ferroptosis is a key event in the progression of these diseases.

The other lipophilic antioxidants that showed anti-ferroptosis effects are Lip-1 and vitamin E. The mode of action of Lip-1 is not well explained in literature but it is believed to have a scavenging activity just like Fer-1 due to the presence of 2 amine groups in its structure (**Figure 2.16, D**) (Hinman *et al.*, 2018). This molecule was able to inhibit ferroptosis in mice fibroblasts where GPx4 was knocked-out (Friedmann Angeli *et al.*, 2014). Vitamin E - the lipid soluble form of α -tocopherol that blocks oxidation-chain reaction in the membrane - is less efficient than Fer-1 and Lip-1 (Sun *et al.*, 2020; Princen *et al.*, 1995). Vitamin E suppressed FIN56-induced ferroptosis in fibrosarcoma cells, and prevented lipid peroxidation-induced cell death in acute liver failure (Yamada *et al.*, 2020; Shimada *et al.*, 2016b).



Figure 2.15. Network of ferroptosis inducers and inhibitors



Figure 2.16. Chemical structures of iron chelators: (A) Deferoxamine chelating iron and (B) 3 deferiprones chelating iron, and lipophilic antioxidants: (C) Ferrostatin-1 and (D) Lipoxstatin-1

2.2.7 Ferroptosis and human diseases

2.2.7.1 Bad omen in cardiovascular and neurodegenerative diseases

Atheresclorosis (**AS**) is a cardiovascular disease characterized by the formation of plaques at arteries wall, narrowing the blood flow passage. In a context of inflammation and oxidative stress, AS starts with an endothelial dysfunction associated with LDL entry and oxidation in the sub-endothelium. Macrophages at that site phagocyte oxidized LDL and become foam cells appearing as fatty streaks (Miotto *et al.*, 2020). Although the mechanism leading to AS *via* ferroptosis has not been yet clarified, several studies have provided a reliable correlation between ferroptosis

marker and AS (Figure 2.17). Oxidized phospholipids and iron overload are master players in ferroptosis (Li et al., 2018) and they are well-known for their role in the context of oxidative stress leading to AS (Hörkkö et al., 1999; Margues et al., 2019; Wu et al., 2018). Moreover, ferroptosis inhibitors such as Fer-1 and DFO, GPx4, and vitamin E can prevent AS (Wang and Tang 2019; Liu, Xu, and Huang 2017; Veiner et al., 2015). Indeed, Bai et al., (2020) showed that Fer-1 inhibits lipid peroxidation and iron accumulation, and induces GPx4 overexpression as well as GSH production in an AS mice model. Moreover, foam cells of atherosclerotic plagues are found to be overloaded in transferrin-receptor proteins, one of the endogenous ferroptosis inducers (Wei Li et al., 2008). In the same context, LOX overexpression - a cell ferroptosis inducer - also leads to AS (Li et al., 2018). In a recent study, Sampilvanjil et al., (2020) induced ferroptosis in vascular smooth muscle cells with tobacco smoking, which is known since 1998 as a key cause for the development of AS (Howard et al., 1998). Other cardiovascular diseases such as cardiomyopathy and cardiac dysfunction are also induced by iron overload (Gujja et al., 2010; Ravingerová et al., 2020). Indeed, cardiomyopathy appears in cancer patients treated with doxorubicin, due to its ability to accumulate iron and thus to induce ferroptosis (Koleini et al., 2019). According to some studies, ferroptosis is a leading cause for myocardial Ischemia/Reperfusion (I/R) injury (tissue damage caused by the return of blood supply after a period of oxygen lack), whose damages can be decreased by Fer-1 and DFO (Li et al., 2019; Fang et al., 2019; Gao et al., 2015).



Figure 2.17. Ferroptosis evidence in Atherosclerosis

Several scientific data support the relation between ferroptosis and other chronic disease such as the Huntington disease, a genetic neurodegenerative disease. Biomarkers of this disease are also markers of ferroptosis such as, excessive iron metabolism, glutamate toxicity, dysregulation in GSH-mediated redox potential and lipid peroxidation (Johnson, Wilson-Delfosse, and Mieyal, 2012; Ross and Tabrizi, 2011; Sadagurski *et al.*, 2011). DFO and Fer-1 protected the death of neurons in Huntington models (Skouta *et al.*, 2014; Chen *et al.*, 2013). Alzheimer and Parkinson's diseases are also common neurodegenerative diseases associated with loss of memory and automaticity, respectively. Oxidative destruction of neurons of the hippocampus and substantia nigra are driven by iron accumulation in Alzheimer disease and Parkinson's disease, respectively (Devos *et al.*, 2020; Lane, Ayton, and Bush, 2018; Raven *et al.*, 2013). Neuronal loss in Parkinson disease was prevented by DFO and Fer-1 (Do Van *et al.*, 2016). Traumatic brain injury is as well characterized by ferroptosis features such as elevated iron content, reduced GPx4 activity and ROS accumulation (Xie *et al.*, 2019).

Ferroptosis has contribution in acute and chronic liver disease as well. Indeed, Zhou *et al.*, (2019) and, Afonso Castro and Rodrigues (2019) observed the accumulation of iron and lipid peroxidation in hepatocytes of alcoholic and non-alcoholic liver diseases. In the immune system, GPx4-deficient T-Cells are accompanied with membrane lipid peroxidation (Matsushita *et al.*, 2015). In acute kidney injury model, cell death was prevented by Fer-1 (Skouta *et al.*, 2014) and in a mice model where GPx4 was absent, Lip-1 slowed down renal failure (*Friedmann Angeli et al.*, 2014).

2.2.7.2 A novel landscape in cancer therapy

Ferroptosis was first discovered as a pathway to kill cancer cells. Now, it represents a promising therapy for several types of cancers. Scientists discovered that many drugs such as, the antidiabetic drug, Metformin, the anaesthetic drug, Lidocaine, the anti-malaria drug, Dihydroartemisinin, and the chemotherapeutic drug, Paclitaxel, induce ferroptosis mechanism in cancer cells. Metformin and Lidocaine can lead to ferroptosis in breast and ovarian cancers by destabilizing the system X_c⁻ (Yang *et al.*, 2021; Sun, Li, and Zhang 2021). Dihydroartemisinin and Paclitaxel revealed their activity to downregulate the expression of system X_c^- and to enhance ferritinophagy in lung and colorectal cancers (Chen et al., 2020; Wei Li et al., 2008; C. Lv et al., 2017; Giannakakou et al., 2001). Ferroptosis inducers, Erastin, Sorafenib and Sulfasalazine promoted ferroptosis in gastric cancer, hepatocellular carcinoma, pancreatic cancer and lung cancer cell lines (Li et al., 2020; Y. Yamaguchi, Kasukabe, and Kumakura 2018; Hao et al., 2017; Louandre et al., 2015). The inactivation of system X_c⁻ is very efficient in diffuse large B cell lymphoma, that already have a weak transsulfuration pathway making its survival dependent on the extracellular uptake of cystine/ cysteine (Gout et al., 2001). Erastin can attenuate the resistance of leukemic cells to doxorubicin (Yu et al., 2015). Artesunate can provoke ferroptotic cell death by accumulating ROS in adenocarcinoma cell lines (Eling et al., 2015). Ding et al., (2021) provoked ferroptosis in triple negative breast cancer cells by ubiquitinating GPx4 through binding of a small molecule called "DMOCPTL" to GPx4. In fact, the downregulation of GPx4 activity is considered as a biomarker for the efficiency of chemotherapy against breast cancer (Sha et al., 2021).

2.2.8 Conclusion

In summary, the discovery of ferroptosis was a huge scientific progress in the biological domain. The great value of identifying ferroptosis inducers and inhibitors was translated in diseasestreatment studies. No studies have been yet reported the effect of nutrition on ferroptosis. Proteins and peptides provided from natural resources and having metal-chelation activity are interesting bioactive molecules to be studied on ferroptosis models in order to prevent/delay this cellar death pathway.

2.2.9 References

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Chapter 3 Electrically switchable nanolever technology for the screening of metal-chelating peptides in hydrolysates

Metal-chelating peptides (MCPs) are considered as indirect antioxidants due to their capacity to inhibit radical chain reaction and oxidation. Here, we propose a new proof-of-concept for the screening of MCPs present in protein hydrolysates for valorizing their antioxidant properties by using emerging time-resolved molecular dynamics technology, switchSENSE[®]. This method unveils possible interactions between MCPs and immobilized nickel ions using fluorescence and electro-switchable DNA chip. The switchSENSE[®] method was first set up on synthetic peptides known for their metal-chelating properties. Then, it was applied to soy and tilapia viscera protein hydrolysates (Figure 3.1). Their Cu²⁺-chelation capacity was, in addition, determined by UV-visible spectrophotometry as a reference method. The switchSENSE[®] method has displayed a high sensitivity to evidence the presence of MCPs in both hydrolysates. Hence, we demonstrate for the first time that this newly introduced technology is a convenient methodology to screen protein hydrolysates in order to determine the presence of MCPs before launching time-consuming separations.

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Figure 3.1. The switchSENSE[®] method was first set up on synthetic peptides known for their metal-chelating properties and on soy and tilapia viscera protein hydrolysates

3.1 Introduction

Nowadays, biomolecules are gaining attention as alternatives to chemicals in various industrial applications such as nutrition, cosmetics, and pharmaceutics. Bioactive peptides with biological activities (*e.g.*, antioxidant, antihypertensive, anticancer activity) (El Hajj *et al.*, 2021) based on their amino acid composition and their primary structures, have been produced by enzymatic hydrolysis (Megías *et al.*, 2007). Metal ion chelation is a functional property commonly investigated in literature (Canabady-Rochelle *et al.*, 2015; Yousef *et al.*, 2019). Indeed, metals ions such as iron, zinc, calcium and copper are essential for several biological functions such as enzyme catalysis, oxygen transport, and neurotransmitter release (Guo *et al.*, 2014). However, their bioavailability is poor due to their low solubility in human fluids (Ma *et al.*, 2019). MCPs contribute to minerals absorption and bioavailability (Ma *et al.*, 2019), thus regulating ion concentrations through selective bindings (Yousef *et al.*, 2019). Finally, iron and copper-chelating peptides - while complexing these transient metal ions - can act as indirect antioxidants by inhibiting *in vivo* the Fenton and Haber-Weiss reactions responsible for the formation of reactive oxygen species (including the hydroxyl radical) and subsequent radical chain reactions.

Protein hydrolysates constitute interesting sources of metal-chelating peptides to explore. Among natural resources, hydrolysates produced from soy proteins (Chen *et al.*, 1998), barley hordein (Bamdad and Chen 2013), and milk whey (Peng *et al.*, 2010), were reported to contain MCPs. In the present study, two sources of potential MCPs were investigated: a tilapia by-product and soy protein isolate. Tilapia is one of the species with the highest aquaculture production in the world, and represents 10% of all finfish species (FAO 2018). Yet, by-products generated by its aquaculture production are about 60% of the animal total weight (Robert *et al.*, 2015). Enzymatic hydrolysis of tilapia by-products is a convenient method to generate protein hydrolysates with high content of bioactive peptides (Gómez *et al.*, 2020; Sierra *et al.*, 2021; S. B. Zhang, Wang, and Xu 2007). In the case of soy protein isolates, enzyme technology is often developed to unveil protein-encrypted bioactive sequences with potential health benefits (*e.g.*, antioxidant activities), and to improve the techno-functional properties for instance (Ashaolu 2020).

To date, the selective separation of bioactive peptides from a hydrolysate is still studied empirically: peptides are separated into various fractions, each one being evaluated for its bioactivity up to isolate the target peptide and to identify its sequence by tandem mass spectrometry. For MCPs separation, immobilized metal ion affinity chromatography (IMAC) is a technique that takes advantage of the interaction between an immobilized metal ion and a protein or a peptide present in complex biological samples. IMAC can separate peptides or proteins efficiently (Alhazmi *et al.*, 2015) and has been investigated for several years (Helfferich 1961). Nevertheless, the IMAC phase has a moderate sensitivity (Alhazmi *et al.*, 2015), limited performance and flexibility, in addition to the waste of molecules of interest upon the washing up of the non-specific binding molecules (Weinberger, Morris, and Pawlak 2000), which constitute main disadvantages of IMAC.

Hence, MCP screening in hydrolysates is a priority before launching time-consuming separation. Among various screening approaches, the differential analysis of mass spectra of hydrolysates was carried out in the presence and in the absence of metal ion using liquid chromatography coupled to high resolution mass spectrometry in order to detect iron(II)-chelating peptide in protein hydrolysates (Paris et al., 2021). In addition, Surface Plasmon Resonance (SPR) was reported to compare the affinity constant of different tagged proteins bound to metal ions (Bernaudat and Bülow 2005; Kurzątkowska et al., 2014; Nieba et al., 1997) or to study the affinity of His-tag peptides to Ni²⁺ ions (Knecht *et al.*, 2009). Recently, our team developed a strategy to screen MCPs using affinity constants determined in SPR (Canabady-Rochelle et al., 2018) and to simulate their IMAC separation (Muhr et al., 2020). Like SPR, the newly introduced switchSENSE[®] technology allows to analyse biomolecular interactions in real time. The originality of this latter technology is based on the use of electro-switchable fluorescent DNA nanolevers in which one DNA strand bears a fluorophore while its complementary strand is functionalized by a capture molecule (*i.e.* complexing agent), itself coupled to a ligand (*e.g.*, metal ion) (Langer *et al.*, 2013). Once the target MCP interacts with the metal ion immobilized on the complexing agent, the fluorescence is guenched and the alternating mobility of the DNA nanolevers is altered. These changes allow to determine kinetics and affinity constants in addition to other information related to the analyte (MCPs herein) such as structural and conformational characteristics. As immobilized metals, nickel ions are widely used for protein purification due to their affinity with the exposed side chains of histidine and cysteine in proteins (Hainfeld et al., 1999). With six coordination sites, Ni²⁺ can strongly bind to a complexing agent such as the tetradentate nitrilotriacetic acid (NTA), while some sites still remain available to interact with the target peptide (Hainfeld *et al.*, 1999).

The aim of this study is to make a proof-of-concept for the screening of metal-chelation activity of peptides present in protein hydrolysates. To that purpose, the switchSENSE[®] methodology was first set up under static and dynamic modes with small synthetic MCPs, and then with protein hydrolysates, *i.e.* soy protein hydrolysate (SPH) and Tilapia protein hydrolysate (TPH). Prior to that, the global capacity of protein hydrolysates to chelate nickel was checked by standard spectrometry methods.

3.2 Material and Methods

3.2.1 Production of protein hydrolysates

Soy protein hydrolysate. Soy protein isolate (kindly provided by SAS improve, Dury, France) was composed of 87% (w/w) pure proteins. The soy protein isolate powder was dissolved in 50 mM ammonium bicarbonate (2% w/v) and pre-heated at 90 °C for 5 min. Indeed, this ammonium bicarbonate solution has a good buffering capacity in order to regulate well the pH of the medium according to the optimum activity of the enzymes. Besides, this solution does not contain ionic element that might interfere in metal-chelation.

Alcalase[®] (\geq 2.4 U/g), Protamex[®] (\geq 1.5 U/g), or Flavourzyme[®] (\geq 500 U/g), purchased from Sigma-Aldrich (St. Louis, MO, USA) were the proteolytic enzymes used. Hydrolysis was performed with Enzyme/ Substrate ratio equal to 1% (w/w) for 1 h or 3 h, in a beaker equipped with a thermostatic water jacket at the enzymes' optimal working temperature (55 °C) at pH 8.0 (with Alcalase[®]) and pH 7.0 (with Protamex[®], or Flavourzyme[®]). As described in **Figure 3.2**, enzymes were then inactivated at 100 °C for 15 min by incubating in boiling water. Then, soy protein hydrolysates (SPHs) were cooled at room temperature, centrifuged (10,000 *g*, 15 min), freeze-dried by lyophilization for 48 hours and stored at -20°C until used.



Figure 3.2. Production of the soy protein hydrolysate

Tilapia viscera protein hydrolysate. Fresh red tilapia viscera (Oreochromis spp.; kindly provided by Piscícola El Gaitero Antioquia, Colombia) were minced immediately upon arrival using a blender (Black & Decker, Hampstead, MD, USA). Hydrolysate preparation is schematized on Figure 3.3. Tilapia viscera were heated at 90 °C for 20 min to inactivate endogenous enzymes. Upon heating, the fat melted and separated from other components of the viscera. Then, sample was frozen at -20 °C for 24 h to easily remove the solidified fat by phase separation. Viscera were then packed in PVC bags and stored at -20 °C until further use. Enzymatic hydrolysis of tilapia viscera was carried out in a batch reactor Bioflo 310 (New Brunswick Scientific Co., Enfield, CT, USA) with pH and temperature maintained at 10 and 59 °C, respectively, through the automatic control of the Bioflo reactor 310[®] (New Brunswick Scientific Co., Inc. USA). The reaction was started by the addition of Alcalase[®] 2.4 L (Novozymes, Copenhagen, Denmark) at enzyme/substrate mass ratio of 1:10. The hydrolysis was monitored by pH-stat method for 3 h. Once produced, the tilapia protein hydrolysate (TPH) was freeze-dried and stored at -20 °C until use. Then, a purification step was carried out on Sep-Pak C18 cartridges (Waters Associates, Milford, MA, USA) to remove salts and other impurities. The cartridges were equilibrated with an aqueous eluent containing 1% (v/v) acetonitrile and 0.01% (v/v) trifluoroacetic acid. The TPH hydrolysate was solubilized at 10 mg/mL in the same equilibration eluent and loaded (1 mL) onto the cartridge. After loading, the cartridge

was washed with the same eluent (3 mL), and TPH was then eluted with a mixture of 30% acetonitrile and 0.01% trifluoroacetic acid in water. The eluted desalted hydrolysate was then freeze-dried and stored at -20 °C until further analyses (Sepúlveda and Zapata 2020).



Figure 3.3. Production of the Tilapia protein hydrolysate

3.2.2 Peptide characterization

Peptide concentration in hydrolysates (*i.e.*, TPH and SPHs) was quantified using orthophthaldialdehyde-based assay (OPA; ThermoFisher Scientific, Loughborough, UK) in the presence of *N*,*N*-dimethyl-2-mercaptoethyl-ammonium (ThermoFisher) (Canabady-Rochelle et al. 2018; Frister, Meisel, and Schlimme 1988). The results were expressed as mM equivalent (eq.) NH₂ using a calibration curve performed with glycine **(Table 3.1)**.

| Hydrolysates | Peptide concentration | |
|------------------------------------|---------------------------|--|
| (1g/L) | (mM eq. NH ₂) | |
| SPH (Alcalase [®] 1 h) | 1.39 | |
| SPH (Alcalase [®] 3 h) | 1.55 | |
| SPH (Protamex [®] 1 h) | 1.19 | |
| SPH (Protamex [®] 3 h) | 1.42 | |
| SPH (Flavourzyme [®] 1 h) | 0.83 | |
| SPH (Flavourzyme [®] 3 h) | 1.19 | |
| TPH (Alcalase® 3 h) | 0.94 | |

Table 3.1. Peptide concentrations in tilapia protein hydrolysate (TPH) and soy protein hydrolysate (SPH)determined by OPA quantification

SPHs fractions were analyzed for size distribution by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) 15% (v/v) by comparison with molecular weight marker (Bio-Rad, Marnes La Coquette, France) according to the Laemmli method (Laemmli and Favre 1973).

The molecular weight distribution of tilapia hydrolysate was determined by size-exclusion chromatography in a previous study that showed the presence of peptides below 6511 Da, with a striking amount around 336 Da (Sepúlveda *et al.,* 2020).

3.2.3 Real-time switchSENSE[®] analysis

Synthetic peptides (*i.e.* HHHHHH, HHH, HGH, HW, and β-AH also called carnosine; Sigma-Aldrich), able to bind nickel ions (see peptide chemical structures on Figure 3.4), TPH, and SPH were prepared in 10 mM Tris-HCl buffer, pH 7.4, containing 40 mM NaCl, and 0.05% (v/v) Tween 20 (buffer T40). The switchSENSE[®] experiments were carried out with a biosensor analyzer DRX (SwitchSENSE[®] Dynamic Biosensors GmbH, Planegg, Germany). An electro-switchable DNA chip MPC-48-2-R1-S containing tris-nitrilotriacetic acid and the fluorescent probe Cy5, was used according to the instructions supplied with the Tris-NTA kit of Dynamic Biosensors. The chip is composed by 6 electrodes connected to 2 spots used as references and 4 sample spots carrying the Ni²⁺ functionalized acid (NTA₃)-tagged DNA nanolevers. The principle of the switchSENSE[®] technology (Figure 3.5, panels A and B) is explained in details by Langer et al. Fluorescence static measurements (at 25 °C) were performed on one spot out of the 4 sample spots. Several concentrations of synthetic peptides (0.5, 1 and 10 μ M), TPH (5 and 10 μ M eq. NH₂), and SPH (10, 100, and 1000 μ M eq. NH₂) were injected in the microfluidic device at a flow rate of 10 μ L.min⁻¹ for 10 min (association phase). Then, buffer was injected at 30 µL.min⁻¹ for 120 min to release the analytes (dissociation phase). All over the kinetic experiments (static measurements), a blank control was performed with peptide-free buffer and subtracted to normalize the signal.

Between the former association and dissociation phases, the flow was stopped, and dynamic measurements were performed with all samples in order to determine the specificity of the interaction. The dynamic response (DR) was deduced from fluorescence relaxation measurements of the switching nanolevers present on all the 6 spots of the chip (reference and sample spots). The difference in motion rates between peptide-free DNA nanolevers and MCP-carrying nanolevers was expressed as relative Δ DR (in %). All curves were analysed by nonlinear fitting of single-exponential functions with the switchANALYSIS[®] software from Dynamic Biosensors. The error presented with the results corresponds to the global fit error of all measurements.

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(c) **HW**

(d) **HGH**

(e) **HHH**





Figure 3.4. Chemical structures of the investigated peptides



Figure 3.5. (A) Schematic principles of switchSENSE[®] and (B) Structures of the NTA-Ni2+ chelate bound at the extremity of the DNA nanolever and on the surface of the biosensor chip

3.2.4 Metal-chelation test

The global chelation capacity of hydrolysates was determined upon Cu²⁺ chelation by spectrophotometry using murexide as colour indicator. This test was carried out as described in several studies (Canabady-Rochelle et al. 2018; Wong, Leong, and Williamkoh 2006; Wu et al. 2003). Hydrolysates were prepared at different concentrations varying between 2 and 40 g·L⁻¹ also expressed in mM eq. NH₂. EDTA and carnosine were both used as positive controls for metal chelation and prepared in a range of 0.4 - 40mM. EDTA, carnosine and hydrolysate solutions were directly diluted in a microplate with hexamine buffer for a total volume of 143 µL. Then, 143 µL of a 3 mM CuSO₄ in hexamine buffer and 14 µL of 1 mM murexide solution were added in each well (total volume: 300 µL). The 96-well plate was incubated for 3 min at room temperature and the absorbance was read at two wavelengths, *i.e.* 485 nm and 520 nm, for the copper-murexide complex and the murexide alone, respectively. The A₄₈₅/A₅₂₀ ratio was considered as proportional to the free copper ion (Cu²⁺) concentration.

$$Cu^{2+} \text{ complexation } (\%) = \frac{\left[(A_{485}/A_{520})_0 - (A_{485}/A_{520})_5 \right]}{(A_{485}/A_{520})_0} \times 100$$
[1]

With $(A_{485}/A_{520})_0$ = ratio of absorbances measured in the absence of sample, and $(A_{485}/A_{520})_s$ = ratio of absorbances measured in the presence of sample (EDTA, carnosine or hydrolysate).

3.3 Results and Discussion

3.3.1 SwitchSENSE[®] measurements with model peptides

As a starting point, static and dynamic measurements of switchSENSE[®] were performed with synthetic peptides having 2–6 residues in order to test if this new emerging biosensing technology was sensitive enough to detect the binding of small-sized MCPs. Carnosine, HHHHHH, HHH, HW and HGH are known to chelate transition metals due to the presence of histidine residues (Willett et al. 1995).

Static measurement for fluorescence proximity sensing is a real-time measurement of kinetics responding to changes to the molecular environment upon analyte binding. The fluorescence is partly quenched when the analyte binds to nickel ions (association), which is close to the fluorescent probe while it increases if the analyte is released (dissociation). The real-time

molecular interaction kinetics are shown in **Figure 3.6**. As observed for all the samples, the measured fluorescence signal has always decreased (fluorescence quenching), highlighting an association of the peptides on the immobilized nickel ions. However, the dissociation phase was not observed for the investigated synthetic peptides. This can be explained by their high affinity for nickel ions (three nickel ions are immobilized per DNA nanolever) leading to a very slow dissociation that cannot be observed within the two hours of the dissociation phase measurement.



Figure 3.6. Association kinetics analysis of synthetic peptides onto immobilized nickel ions by using the switchSENSE[®] technology. Raw data are superimposed by global exponential fits for various concentrations of each peptide. A blank control performed with T40 buffer instead of analyte was subtracted to normalize the signal. The k_{obs} were determined for each kinetics measurement. F_{norm}, normalized fluorescence.

The observed rate constant (k_{obs}) determined for carnosine, HHHHHH, HW, HGH and HHH according to the data depicted in **Figure 3.6** are summarized in **Table 3.2**. The results showed no significant variation in the k_{obs} values as a function of peptide concentrations, suggesting that saturation has been reached with the peptide concentrations ($K_D < 0.5 \mu$ M) used. Due to the low signal intensity, it is not possible to use lower concentrations of peptides. Therefore, the values of the equilibrium constants of association and dissociation (K_A and K_D) cannot be determined. In addition, comparison of the association k_{obs} values at a defined peptide concentration could give information on the relative association rate. Consequently, and according to **Table 3.2**, the fastest observed association rate is obtained with HHHHHH, then with the di- and tri-peptides and finally with carnosine.

| Sample | $k_{obs} (s^{-1})^a$ | $k_{obs} (s^{-1})^b$ |
|------------------------------------|-------------------------------|--------------------------------|
| Carnosine (βAH) | 0.013 ± 0.001 | 0.046 ± 0.003 |
| ннннн | 0.140 ± 0.015 | 0.07 ± 0.02 |
| нพ | 0.095 ± 0.008 | 0.067 ± 0.007 |
| HGH | 0.130 ± 0.006 | 0.085 ± 0.010 |
| ннн | 0.10 ± 0.02 | 0.064 ± 0.004 |
| SPH (Alcalase [®] 1 h) | 0.09 ± 0.01 | 0.08 ± 0.01 |
| SPH (Protamex [®] 1 h) | (1.1 ± 0.9) x10 ⁻³ | (1.0 ± 0.2) ×10 ⁻³ |
| SPH (Flavourzyme [®] 1 h) | not observed | not observed |
| TPH (Alcalase [®] 3 h) | (1.9 ± 0.2) x10 ⁻³ | (29.5 ± 5.4) ×10 ⁻³ |

| Table 3.2. Observed rate constants (kobs) of synthetic peptides, SPHs and TPH association to |
|--|
| immobilized nickel ions determined with the switchSENSE [®] method. Results are presented as mean ± |
| standard deviation. |

^a k_{obs} determined at 0.5 μM for synthetic peptides, 5 μM and 0.1 mM eq. NH₂ for TPH and SPHs, respectively ^b k_{obs} determined at 1 μM for synthetic peptides, 10 μM and 1 mM eq. NH₂ for TPH and SPHs, respectively In order to find a more sensitive approach, the effect of bounded peptides on molecular motion of the nanolevers was studied by carrying out experiments in dynamic mode. To that purpose, the up-to-down motion of the nanolevers was tracked in real time through fluorescence measurement. Upon binding of an analyte (MCP herein), the hydrodynamic friction and the subsequent motion of the nanolevers are in theory both affected. The dynamic response (**DR**) decreases when an analyte (peptide herein) binds to the immobilized ligand (nickel ions in the present study). The strategy used is explained on **Figure 3.7**. First, T40 buffer (see Materials and Methods) was injected through the microfluidic of the biochip and the DR of the reference electrodes E1 and E2 (in the absence of Ni²⁺ immobilized) and of the sample electrodes E3 to E6 (in the presence of Ni²⁺ immobilized) were determined. Secondly, peptide samples were loaded and the DR was determined.



Figure 3.7. Real-time switchSENSE[®] analysis of molecular interaction between the investigated analyte (synthetic peptides or hydrolysates (TPH, SPHs)) and nickel ions immobilized on DNA nanolevers attached to the gold surface of the chip. The chip is composed of six switchable electrodes, all in contact with the running buffer or analytes loaded into the microfluidic. In molecular dynamics mode, nanolevers are deliberately moved by way of alternating the voltage across the surface. The motion of the levers is tracked in real time. Upon analyte binding, the hydrodynamic friction of the nanolevers and their movement are affected. (A) Reference electrodes E1 and E2 in the presence of T40 buffer, (B)
Sample electrodes E3 to E6 in the presence of T40 buffer, (C) Reference electrodes in the presence of analyte (i.e. synthetic peptides or hydrolysates), (D) Sample electrodes in the presence of analyte.

Thus, the five synthetic peptides (10 μ M in T40 buffer) were investigated by the molecular dynamic mode. The differences of dynamic response between control (*i.e.* peptide-free buffer) and investigated synthetic peptides, defined as Δ DR, are depicted in **Figure 3.8**. The conformational study displays poor sensitivity for low-molecular weight and small-sized peptides (2 or 3 amino-acid residues) probably because the molecular friction was not sufficiently slowed down by the binding of such small-sized materials onto the nanolevers. However, it was possible to unveil weak response for HHH, which marked the sensitivity limit of the dynamic mode, while the hexapeptide HHHHHH led to a strong dynamic response.



Figure 3.8. Molecular dynamics experiments performed by switchSENSE[®] technology with synthetic peptides. Experiments were performed in T40 buffer, then in the presence of sample (at 10 μ M). Nanolevers' motions were expressed as dynamic response (DR). The relative difference Δ DR (in %) was calculated from the various motions determined in the presence and in the absence of sample. Unspecific binding onto the DNA double strands was determined from the Δ DR of the reference electrodes E1 and E2 free of nickel, whereas specific interaction with nickel was determined from the Δ DR of the sample electrodes E3 to E6

Therefore, these results show that switchSENSE[®] technology is applicable on small synthetic MCPs and that the two modes can give different information, as the static mode is size-independent but not very sensitive for high affinity MCP-Ni²⁺ association, whereas the dynamic mode seems to have restrictions for very low molecular weight peptides but is much sensitive with peptides able to alter the motion of the nanolevers.

3.3.2 Metal-chelation capacity of Tilapia viscera and soy proteins hydrolysates

Based on their protein composition, and in particular in histidyl residues usually involved in metal ions chelation, soy and Tilapia viscera protein hydrolysates were selected for this study. Indeed, in the soy protein isolate, β -conglycinin 7S (30 His; UniProtKB accession numbers P11827 and P25974) and glycinin G5 (5 His; P04347) represent 80% of the total protein (Adachi *et al.*, 2003; Nishinari *et al.*, 2014). In TPH, histidine was found at a concentration of 12 mg/g of protein (Sepúlveda *et al.*, 2020). Besides, the chelating activity may also be influenced by the presence of negatively charged amino acids, present in 63 mg/g of protein in TPH (Sepúlveda *et al.*, 2020; Zhang, Duan, and Zhuang 2012).

Many studies have extracted and screened metal-chelating peptides after similar enzymatic hydrolysis for soy and tilapia proteins (Charoenphun *et al.,* 2013; Q. Zhang *et al.,* 2018). Alcalase[®], Protamex[®] and Flavourzyme[®] enzymes are widely listed in literature for producing antioxidant hydrolysates with their hydrolysing optimum conditions (Korhonen and Pihlanto 2006).

Prior to launching switchSENSE[®] measurements, the ability of TPH and SPH to bind copper ion was investigated by UV-visible spectrophotometry. It is noteworthy to mention that despite the difference in metal ion used, Ni²⁺ in switchSENSE[®] or Cu²⁺ in spectrophotometry, these two metal ions have similar metal chelation properties in regards to the HSAB theory. Indeed, both belong to the intermediate acids according to the HSAB theory and are able to deprotonate the peptide's amide functions, and induce metal coordination (Sóvágó and Ősz 2006). **Figure 3.9, Panel A**, presents the Cu²⁺ chelation capacity as a function of molar ratio (mM eq. NH₂ of hydrolysate /mM CuSO₄). Saturation was observed for all hydrolysates, showing the presence of peptides with affinity for copper. Moreover, a quantitative method previously developed in our group was

applied in order to compare M²⁺ chelation capacities between hydrolysates (Canabady-Rochelle et al., 2018). Two indices, EDTA Equivalent Chelating Capacity (EECC) and Carnosine Equivalent Chelating Capacity (CECC) were calculated from the slopes of the linear parts of the Cu²⁺ chelation graphs of SPH, EDTA and carnosine (Figure 3.9, Panels A & B), where:

| EECC= (slope) _H / (slope) _{EDTA} | [2] |
|---|-----|
| CECC= (slope) _H / (slope) _{carnosine} | [3] |

 $CECC = (slope)_H / (slope)_{carnosine}$

The EECC and CECC values were calculated for all hydrolysates (H is either TPH or SPH) and presented in Table 3.3. From this latter, TPH is clearly the best preparation in terms of copper chelation activity. Concerning SPHs, a limited hydrolysis time (1 h) is sufficient to reveal metal chelation activity. Besides, the SPH obtained with Flavourzyme[®] is largely better in terms of chelation capacity than the two other SPHs although hydrolysis by Flavourzyme[®] is not completed. Note that the hydrolysis with Alcalase[®] and Protamex[®] were more extensive as shown by SDS-PAGE analysis (Figure 3.10). Therefore, the metal-chelation test validates the presence of MCPs in all investigated hydrolysates.



Figure 3.9. Copper chelation capacity (%) of the different hydrolysates **(A)**, EDTA and carnosine **(B)** as a function of molar ratio (mM eq NH₂ of hydrolysate or mM EDTA, carnosine/ mM CuSO₄). SPHs were prepared by Alcalase[®], Protamex[®], or Flavourzyme[®] one- or three-hour treatment. The TPH was prepared by Alcalase[®] three-hours treatment

| | EECC ^a | CECC ^b |
|---|--------------------------|-------------------|
| EDTA | 1 | - |
| Carnosine | - | 1 |
| SPH (Alcalase [®] 1 h) | 2.53 | 3.60 |
| SPH (Alcalase [®] 3 h) | 2.85 | 4.06 |
| SPH (Protamex [®] 1 h) | 4.51 | 6.41 |
| SPH (Protamex [®] 3 h) | 3.37 | 4.79 |
| SPH ^c (Flavourzyme [®] 1 h) | 11.23 | 15.96 |
| SPH (Flavourzyme [®] 3 h) | 5.38 | 7.65 |
| TPH (Alcalase [®] 3 h) | 13.84 | 19.67 |

Table 3.3. EECC and CECC values determined for TPH and SPHs

^{*a*}EECC (EDTA Equivalent Chelating Capacity)

^bCECC (Carnosine Equivalent Chelating Capacity)



Figure 3.10. SDS-PAGE analysis of the soy protein hydrolysates generated after 1 or 3 h treatment by Alcalase[®] (Alc), Protamex[®] (Prt) and Flavourzyme[®] (Flv). Std, molecular mass standards

3.3.3 SwitchSENSE[®] measurements for screening MCPs in hydrolysates

To check if the switchSENSE[®] technology is sensitive enough to detect MCPs present in a complex mixture of peptides, the static and the dynamic fluorescent measurements were applied to SPHs (1 h hydrolysis) and TPH.

The static measurements carried out on all the hydrolysates showed that they display a specific interaction with nickel ions, except the SPH obtained by Flavourzyme[®] treatment, even at its highest concentration of 1 mM eq. NH₂ (Figure 3.11 A). This result suggests that MCP concentration in this latter hydrolysate is lower than in the two other SPHs, as shown by the low yield of hydrolysis of this sample (Figure 3.10). In addition, the observed rate constants (k_{obs}) determined for the two other SPHs (obtained by Alcalase[®] and Protamex[®]) were largely slower than k_{obs} determined for TPH (Table 3.2). Indeed, a minimal concentration of 100 μ M eq. NH₂ of each kind of SPH was required to allow the determination of a k_{obs} value with accuracy whereas 5 μ M is sufficient for TPH (Table 3.2). These results evidence the presence of MCPs able to bind nickel ions specifically, at least in 3 of 4 investigated hydrolysates.

When the dynamic mode was applied for the 4 hydrolysates, no or almost no peptides were stuck onto the DNA nanolevers, showing that there is no unspecific binding also with complex mixtures (reference electrodes E1 and E2) (**Figure 3.11 B**). However, it was difficult to determine any change in the motion of the DNA nanolevers with TPH. Based on the size distribution chromatographic analysis carried out on TPH (Sepúlveda *et al.*, 2020), this can be due to the presence of a majority of small size peptides (di- and tri-peptides). On the other hand, a great change of the molecular friction of the DNA nanolevers was observed for all SPHs. Especially, the hydrolysate produced with Flavourzyme[®] displayed the most important decrease in motion, probably due to the presence of longer-sized peptides.



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Figure 3.11. Association kinetics analysis (A) and Molecular dynamics experiments (B) of SPHs and TPH onto immobilized nickel ions by using the switchSENSE[®] technology. The SPHs were prepared by Alcalase[®], Protamex[®], or Flavourzyme[®] one-hour treatment. The TPH was prepared by Alcalase[®] three-hours treatment. The kinetics raw data are superimposed by global exponential fits for various concentrations of each analyte. The k_{obs} were determined for each kinetics measurement. F_{norm}, normalized fluorescence. For the motion determination, experiments were performed in T40 buffer, then in the presence of sample (SPH at 1000 µM eq. NH₂ & TPH at 100 µM eq. NH₂) and the nanolevers' motions were expressed as dynamic response (DR). The relative difference ΔDR (in %) was calculated from the various motions determined in the presence and in the absence of sample. Unspecific binding onto the DNA double strands was determined from the ΔDR of the reference electrodes E1 and E2 free of nickel, whereas specific interaction with nickel was determined from the ΔDR of the sample electrodes E3 to E6.

Altogether, it is interesting to note that the presence of small MCPs in TPH is only detectable with the static mode, whereas long MCPs present in SPH produced with Flavourzyme^{*} are only revealed with the dynamic mode. Thus, switchSENSE^{*} technology is relevant to screen MCPs in complex mixtures of peptides such as hydrolysates. As already observed for the synthetic peptides, the static and dynamic modes give different but complementary pieces of information. Static mode is relevant for high concentration and small peptides, whereas dynamic mode is more sensitive for longer peptides. Tilapia viscera as well as soy isolates were good sources of MCPs and therefore, their by-products might be studied for their putative biological properties, related especially to their antioxidant properties. For the future, IMAC coupled to mass spectrometry experiments will be performed on-line in order to isolate and to identify some MCPs present in these hydrolysates and that possess potential interesting antioxidant properties.

3.4 References

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Chapter 4 Metal-chelating activity of soy and pea protein hydrolysates obtained after different enzymatic treatments

In this chapter we talk about how we took advantage of another novel biotechnological tool in order to screen the best hydrolysis condition to produce MCPs in the lab. This technique, called surface plasmon resonance **(SPR)** has been previously developed to screen MCPs in commercial hydrolysates.

Soy and pea proteins are two rich sources of essential amino acids. The hydrolysis of these proteins reveals functional and bioactive properties of the produced small peptide mixtures. In our study, we employed the hydrolysis of soy protein isolates with the endopeptidases Alcalase[®] and Protamex[®], alone or followed by the exopeptidase Flavourzyme[®]. The sequential enzyme treatments were the most efficient regarding the degree of hydrolysis. Then, soy and pea protein hydrolysates (SPHs and PPHs, respectively) were ultrafiltrated in order to select peptides of molecular weight \leq 1kDa. Whatever the protein source or the hydrolysis treatment, the hydrolysates showed similar molecular weight distributions and amino acid compositions. In addition, all the ultrafiltrated hydrolysates possess metal-chelating activities, as determined by UV-spectrophotometry and Surface Plasmon Resonance (SPR). However, the SPR data revealed better chelating affinities in sequentially produced SPHs and PPHs.

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4.1 Introduction

Transition metals, such as iron II (Fe²⁺) and copper II (Cu²⁺) ions, are powerful promoters for the production of ROSs since they are able to donate and accept electrons *via* intracellular reactions, such as the Haber-Weiss and Fenton reactions, and thus induce the production of free radicals (Hancock 1992). Brought by nutrition, the exogenous metal-chelators help to reduce oxidative stress resulting from environmental toxins and modern life related factors such as environmental pollution, smoking, UV exposition *etc.* The antioxidant metal-chelating properties of peptides are related to their characteristic amino acid composition and their proper positioning within the peptide sequence. Indeed, certain amino acids can form coordination compounds with metals through their α -amino group, carboxyl group, and R side chain of amino acids. The carboxylate group (COO⁻) and the nitrogen atom (N) attach to metals to establish metal carboxylate salt, amine complex, and 5 or 6 membered chelating rings (El Hajj *et al.*, 2021a).

Over the past few decades, protein hydrolysates have been widely engaged in human nutrition applications. Upon proteolysis, the obtained small-sized peptides containing characteristic amino acids are considered as highly advantageous for targeting specific physiological or nutritional requirements (Clemente, 2000). The importance of hydrolysis relies behind the functional changes of proteins. Indeed, with the loss of their native structures, the produced low-molecular-weight peptides enhance their interactions with the environment. Food-derived proteins have popularly undergone proteolysis to obtain a broad range of bioactive and functional peptides, notably MCPs. For instance, the MCPs produced from the proteolysis of milk proteins, especially casein and whey proteins, have been widely reported in the literature. Calcium, iron and zinc binding motifs were discovered in these proteins after submitting them to enzymatic hydrolysis (Vegarud, Langsrud, and Svenning 2000). Calcium-binding peptides were derived from the hydrolysis of tilapia proteins and shrimp processing by-products as well (Chen et al., 2014; Charoenphun et al., 2013; Cheung et al., 2012). Other protein hydrolysates produced for instance from chickpea, rapeseed, sunflower, and bean protein contain also bioactive MCPs (Xie et al., 2015; Carrasco-Castilla et al., 2012; Torres-Fuentes et al., 2011; Megías et al., 2007) . As for the choice of digestive enzymes, many various proteinases and their combinations – including pure (e.g., trypsin, pepsin, thermolysin) and crude (Alcalase[®], Protamex[®], Flavourzyme[®], *etc.*) enzymes – were

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listed in literature with their hydrolysing optimum conditions (Korhonen and Pihlanto 2006). Different hydrolysis conditions can lead to the production of hydrolysates with variations among their physio-chemical characteristics and bioactivities, such as the metal-chelating activity.

Soy and peas are the two most produced legumins in France (Simmen and Lacampagne 2020). Soy proteins, generally cheaper than other proteins, are the only vegetable protein sources that contain all the essential amino acids, and are considered as relevant substitutes of animal proteins, especially for vegetarians and vegans. They are linked to multiple health benefits for pregnancy, cardiovascular and gastrointestinal systems, cancer prevention, and lactose intolerance condition (Barrett 2006; Montgomery 2003). Similarly, pea proteins are also a lowcost source of proteins and can be used as substitute for animal proteins, mainly in smoothies and shakes to increase protein content. As main advantage, pea proteins do not cause allergic reactions, aids in kidneys and heart health, weight loss, and muscle growth and repair (Strauch and Lila 2021; Babault et al., 2015; Tömösközi et al., 2001). Certain studies have identified MCPs with antioxidant activities in soy and pea protein hydrolysates produced by different enzymatic treatments. For example, Lv et al., (2009) used IMAC to identify iron-chelating peptides from soy proteins hydrolysates produced by protease M. Also, Bao et al., (2008) used FTIR to study complexes formed between peptides of soy hydrolysates produced after pepsin, flavourzyme[®] and protease M treatments. Iron-chelating activity was determined as well using UV-spectrophotometry in pea protein hydrolysates produced by thermolysin (Pownall, Udenigwe, and Aluko 2010).

The aim of this research is to compare the effect of different enzymatic hydrolysis conditions and of two types of interesting protein sources (soy and pea) on the production of metalchelating peptides.

4.2 Material and Methods

4.2.1 Production of protein hydrolysates

The raw materials, soy protein isolates (SPI) and pea protein isolates (PPI), were kindly provided from SAS IMPROVE (Dury, France). The two protein isolates (2%, w/v) were dispersed in 50 mM ammonium bicarbonate buffer and preheated at 90°C for 5 minutes. Their enzymatic hydrolysis was performed in thermostatically controlled reaction vessels at 55°C with various proteases. The enzymes Alcalase[®] (Protease from Bacillus licheniformis, ≥ 2.4 U/g, Sigma-Aldrich; **Alc**) and Protamex[®] (Protease from Bacillus sp., \geq 1.5 U/g, Sigma-Aldrich; Prt) were added individually to the SPI solution for a complete 1-hour and 3-hours hydrolysis, carried out at pH = 8 for the Alcalase[®] treatment or pH = 7 for the Protamex[®] treatment. Two sequential hydrolysis were also performed on SPI and PPI solutions using an additional enzymatic treatment with Flavourzyme[®] (Protease from Aspergillus oryzae, ≥ 500 U/g, Sigma-Aldrich; **Flv**). For these sequential treatments, Alcalase[®] was applied for 1 hour (pH = 8) followed by Flavourzyme[®] treatment for 2 hours (pH = 7; **Alc+Flv**). Similarly, Protamex[®] was applied for 1 hour followed by Flavourzyme[®] treatment for 2 hours, both at pH = 7 (**Prt+Flv**). The enzyme to substrate ratio (E/S) was always set at 1% (v/v). Whatever the enzymatic treatment, the mixture was stirred while monitoring and maintaining the temperature and pH. The first enzyme was always inactivated at 95°C for 15 min before adding the second enzyme. Following the hydrolysis by the second enzyme, this latter was also inactivated at 95°C for 15 min and the samples were centrifuged (10 000 g; 15min) in order to precipitate and remove both large unhydrolyzed proteins and both enzymes. Finally, the six SPHs and the two PPHs prepared were lyophilized to obtain a powder, subsequently stored at -20°C until further analysis. The hydrolysates were named by their respective protein source (SPH or PPH) followed by their enzymatic treatment (Alc, Prt, Alc+Flv, Prt+ Flv) and the time defined for their hydrolysis.

4.2.2 Ultrafiltration

Parts of the hydrolysates were dispersed in MilliQ water ($18 \text{ m}\Omega \cdot \text{cm}^{-1}$) and fractionated under stirring, using consecutively 10 kDa and 1 kDa Ultracel[®] ultrafiltration membranes (Millipore, Jaffry, USA) in 100 mL ultrafiltration cell (Millipore, Jaffery, USA). Ultrafiltration through 10 kDa membrane was first required in order to facilitate then the ultrafiltration of the hydrolysates through the 1 kDa membrane. The retentates were frozen at -20°C and denoted as > 10 kDa fraction, while the permeates were passed through the 1 kDa membrane, thus forming two fractions for each hydrolysate: a first fraction comprised within 1-10 kDa (frozen at -20°C) and a second one less or equal to 1 kDa (lyophilized for further assays).

4.2.3 Efficiency of the different hydrolysis protocols

4.2.3.1 OPA quantification

The molar concentration of each hydrolysate defined as the primary amino groups revealed by hydrolysis was determined by the OPA (for *o*-phthaldialdehyde) quantification. This method was adapted from Canabady-Rochelle *et al.*, (2018). The OPA solution was prepared by dissolving 40 mg of OPA (ThermoFisher Scientific, Loughborough, UK) in 1 mL of pure methanol and 100 mg of *N*,*N*-dimethyl-2-mercaptoethyl ammonium (ThermoFisher Scientific) in a few milliliters of Borax buffer (sodium tetraborate 100 mM, 1% w/v sodium dodecyl sulfate, pH 9.3, Sigma-Aldrich). These two former solutions were mixed in a volumetric flask, qsf 50 mL Borax buffer. Each solution of peptide hydrolysate (20 µL, 1 mg.mL⁻¹) prepared in Borax buffer was mixed with the OPA solution (200 µL) directly in a 96-well plate (NunclonTM Delta Surface, ThermoFicher Scientific). The absorbance was read at 340 nm (Multiskan Go spectrophotometer, ThermoFicher Scientific) after 3 min of incubation under stirring at room temperature. The molar concentration of each peptide hydrolysate was calculated in mM eq. glycine with the help of a Glycine calibration curve (1-5 mM).

4.2.3.2 Determination of the degree of hydrolysis

The degree of hydrolysis (**DH**) defined as the proportion of cleaved peptide bonds in a protein hydrolysate was evaluated by the OPA quantification of the primary amino groups liberated during hydrolysis. The value of DH (%) was calculated according to the following formula conducted from Romero-Garay *et al.*, (2020).

$$DH(\%) = \frac{(NH_{2(t)} - NH_{2(0)})}{(NH_{2(max)} - NH_{2(0)})} \times 100$$
[1]

Where $NH_{2(t)}$ = concentration of amino groups in 1g/L hydrolysates at the end of hydrolysis, $NH_{2(0)}$ = concentration of amino groups of SPI (without hydrolysis), and $NH_{2(max)}$ = concentration of amino groups after a complete chemical hydrolysis of SPI, performed with 6N HCl at 130°C for 24 h (Romero-Garay *et al.*, 2020). Note that the DH was only determined for whole soy protein hydrolysates, not those submitted to an ultrafiltration step. Indeed, upon ultrafiltration, some peptides are lost, which do affect the DH determination.

4.2.4 Physico-chemical characterization of the produced hydrolysates

4.2.4.1 Size exclusion chromatography (SEC)

The molecular weight distribution of the 1 kDa-ultrafiltrated SPHs and PPHs was determined by GFC (for gel filtration chromatography) using a Waters 515 HPLC pump, a degazer and a RID 10-A Shimadzu detector. The mobile phase was composed of a water containing sodium nitrate at 0.1 M and sodium azide at 0.2% (w/v). The stationary phase was composed of a Phenomenex PolySep-GFC-P 2000 (7.8 x 35 mm) guard column to help remove contaminants and free amino acids, followed by a same phase column (7.8 x 300 mm) that have a separation range comprised between 0.1 and 10 kDa. Each sample (200 μ L) was injected at 5 mg/mL and separated at room temperature with a flow rate of 0.7 mL/min. PolyEthylenGlycol (**PEG**: 200, 600, 1000, 3000 and 8000 Da, Sigma Aldrich, USA) were used as standards for GFC calibration. Data were collected and analysed with the software ASTRA (Wyatt Technology).

4.2.4.2 Identification of amino acid composition

Quantitative analysis of amino acids was realized on a UHPLC system (Thermo Fisher Scientific) in-line with an Orbitrap ID-X Tribrid mass spectrometer (Thermo Fisher Scientific) equipped with an atmospheric pressure ionization interface.

Five microliters of samples (SPI, PPI, and 4 hydrolysates: 1kDa-Ultrafiltrated SPH and PPH, either prepared by Alcalase[®] followed by Flavourzyme[®] or by Protamex[®] followed by Flavourzyme[®]) were separated on C18 Alltima reverse phase column (150 x 2.1mm, 5µm – Grace/Alltech, Darmstadt, Germany) equipped with a C18 Alltima pre-column (7.5 x2.1mm, 5µm) at 10°C. The flow rate was set at 0.2 mL.min⁻¹ and the mobile phases consisted in water supplemented with nonafluoropentanoic acid (20 mM) as ion-pairing reagent for A and pure acetonitrile for B. Amino acids were eluted using a linear gradient from 5 % to 25 % of B for 12 min, and then an isocratic step at 25 % of B for 18 min. Mass analysis was carried out in heated electrospray positive ion mode (H-ESI⁺) and mass spectrometry conditions were as follows: spray voltage was set at 4.0 kV; source gases were set (in arbitrary units/min) for

sheath gas, auxiliary gas and sweep gas at 30, 5, and 5, respectively; vaporizer temperature and ion transfer tube temperature were both set at 300°C. MS scans were performed from 70 to 210 m/z at 60 K resolution (full width of the peak at its half maximum, fwphm, at 200 m/z) with MS parameters as follows: RF-lens, 35%; maximum injection time, 50 ms; data type, profile; AGC target: custom; normalized AGC target: 25 %. The mass spectrometer calibration was performed using the Pierce FlexMix calibration solution (Thermo Scientific). MS data acquisition was carried out utilizing the Xcalibur v. 4.3 software (Thermo Scientific).

4.2.5 Determination of the metal-chelation properties

4.2.5.1 UV-spectrophotometry

The Cu²⁺ chelation properties of the 1 kDa-ultrafiltrated SPHs and PPHs were determined as an indirect antioxidant capacity and measured by spectrophotometry using murexide as colour indicator, similarly as in Canabady-Rochelle *et al.*, 2018. Hydrolysates were prepared in hexamine buffer between 0.42 and 40 g/L, and then, their concentration was expressed in mM eq. NH₂. As good complexing agents, EDTA and carnosine were both considered as positive controls and prepared in a range of 0.42–40 mM. EDTA, carnosine and the 1 kDaultrafiltrated hydrolysate solutions were directly diluted in a microplate with hexamine buffer for a total volume of 143 µL. Then, 143 µL of a 3 mM CuSO₄ solution in hexamine buffer and 14 µL of a 1 mM murexide solution were added in each well (total volume: 300 µL). The 96well plate was incubated for 3 min at room temperature and the absorbance was measured at two wavelengths, *i.e.*, 485 nm and 520 nm, for the copper-murexide complex and the murexide alone, respectively. The ratio of absorbance (A₄₈₅/A₅₂₀) was considered proportional to the free copper ion (Cu²⁺) concentration.

$$Cu^{2+} \text{ complexation } (\%) = \frac{\left[(A_{485}/A_{520})_0 - (A_{485}/A_{520})_5 \right]}{(A_{485}/A_{520})_0} \times 100$$
[2]

With $(A_{485}/A_{520})_0$ = ratio of absorbances measured in the absence of sample, and $(A_{485}/A_{520})_s$ = ratio of absorbances measured in the presence of sample (EDTA, carnosine or hydrolysate).

4.2.5.2 Surface Plasmon Resonance

SPR experiments were carried out similarly to Canabady-Rochelle *et al.*, (2018). The binding affinity of protein hydrolysates for Ni²⁺ was analysed by SPR at 25°C using a Biacore X100

instrument (GE Healthcare, Uppsala, Sweden) equipped with Ni²⁺-NTA sensor chips. All binding experiments were performed at a flow rate of 20 μ L.min⁻¹.

First, Ni²⁺ was injected for 1 min onto the NTA chip using a NiCl₂ solution (500 mM, Biacore kit) and followed by a 1-min stabilization. The NTA flow channel uncharged in Ni²⁺ was used as a reference channel in order to determine the importance of aspecific interactions. Then, each peptide sample was injected on both channels for 270 s followed by 270 s undisturbed dissociation time. The chip was regenerated between each studied concentration with a two steps protocol involving successively imidazole (500 mM) at a flow rate of 20 μ L.min⁻¹ for 1 min and SDS (0.5 % v/v) at a flow rate of 40 μ L.min⁻¹ for 1 min.

The sensorgrams obtained from the SPR experiments were processed with BIAevaluate software. The isotherms obtained were expressed in Resonance Unit (**RU**, corrected by the offset value) as a function of the concentration of protein hydrolysate (expression in mM equivalent glycine according to the OPA quantification). The dissociation constants (K_D , mM equivalent glycine) were determined at equilibrium by fitting the experimental data with the 1:1 binding model. The affinity constant (K_A , mM⁻¹ equivalent glycine) was calculated as the inverse of the dissociation constants.

4.3 Results and Discussion

4.3.1 Efficiency of the different hydrolysis protocols

Alcalase[®] and Protamex[®] are two serine endopeptidases obtained from *Bacillus*. Both comprise the so-called "Subtilisin" enzyme, which has a broad hydrolysing specificity. Yet, according to the literature, these two different commercialized crude enzymes led to different but efficient DH when incubated with soy isolates (Zhang, Huang, and Jiang, 2014; Seo, Lee, and Baek 2008; Penta-Ramos and Xiong, 2002). The degree of hydrolysis (DH) of SPI hydrolysates varies from 13 % (Protamex[®] 1h) to 32 % (Alcalase[®] 1h + Flavourzyme[®] 2h) (Figure 4.1) depending on the enzyme used, the hydrolysis time, and individual or sequential enzymatic hydrolysis. After 1 hour of hydrolysis, Alcalase[®] shows a higher DH than Protamex[®] (19.3 % and 13.2 %, respectively). Raising up the time of hydrolysis by Alcalase[®] to 3 hours does not significantly improve the DH. However, 3 hours of Protamex[®] treatment increases

the DH to 19.7 %. So Alcalase[®] is more efficient than Protamex[®], resulting in a greater number of peptides after 1 h of hydrolysis, but not after 3 hours.

Being an exopeptidase, Flavourzyme[®] is widely used as a second protease in sequential hydrolysis studies with an endopeptidase being the first hydrolysing enzyme. After a sequential enzymatic treatment, using either Alcalase[®] followed by Flavourzyme[®] or Protamex[®] followed by Flavourzyme[®], the DH increased to 31.8 % and 29 % respectively. So, a sequential enzymatic treatment gives a clear advantage in terms of quantities of generated peptides. Hence, our results are in agreement with the literature, which reports that the primary use of an endopeptidase facilitates the reaction of the exopeptidase in order to reach a better hydrolysis (Vioque *et al.*, 1999; Ugolini *et al.*, 2015).

In our work, we demonstrated similar DH than certain other studies. For example, Zhang *et al., (2018)* had a DH value of 20% after a 3-hour Alcalase[®] treatment of soy protein isolates (24% in our study). After a 10-hours Protamex[®] treatment of soy protein isolate, Xie *et al.,* (2012) obtained a DH of 16.6 % (19% after 3 hours in our study). Concerning sequential hydrolysis with Alcalase[®] followed by Flavourzyme[®], we have obtained a larger DH (31.8%) than Ma *et al.,* (2013) (24%).

According to the literature, the increased DH value could be correlated to an increased antioxidant activity of hydrolysates, including metal-chelating property (Zhang, Huang, and Jiang, 2014; Theodore, Raghavan, and Kristinsson 2008; Raghavan and Kristinsson, 2008). Moreover, the hydrolysate fraction collected after ultrafiltration – thus, constituted of low molecular weight peptides – could have better antioxidant activities than the one containing high molecular weight peptides (He *et al.*, 2013; Ranamukhaarachchi, Meissner, and Moresoli, 2013; Tsou *et al.*, 2010; Ren *et al.*, 2010). Thus, we focus our attention on examining the 1kDa-ultrafiltrated samples in this study.



Figure 4.1. Degree of hydrolysis (DH%) of soy protein isolates treated with different enzymes for different durations. Non-filtrated soy hydrolysates are analysed for DH. Results are presented as mean ± standard deviation from 5 replicates

4.3.2 Characterization of the produced hydrolysates

The molecular weight distribution (%) of the 1 kDa-ultrafiltrated SPHs and PPHs was evaluated according to the linear regression of Log (MW) and elution chromatograms obtained by SEC (**Figure 4.2**). The results indicate that the molecular masses of the SPHs (except SPH by Protamex[®] 1h) and PPHs are mostly distributed among 400-200 Da. The highest percentages of peptides in this former range are collected for the SPH by Alcalase[®] 1h followed by Flavourzyme[®] 2h (57%) and for SPH treated by Protamex 3h (65%).



Molecular Weight (Da)

Figure 4.2. Molecular weight distribution of the 1kDa-ultrafiltrated SPHs and PPHs after (A) Alcalase[®] treatment for 1 h or 3 h or 1 h followed by 2 h of Flavourzyme[®] treatment, and (B) Protamex[®] treatment for 1 h or 3 h or 1 h followed by 2 h of Flavourzyme[®] treatment. PPHs were produced only by Alcalase[®] 1 h (or Protamex[®] 1 h) followed by 2 h of Flavourzyme[®]. SPH: Soy Protein Hydrolysate. PPH: Pea Protein Hydrolysate. Alc (1h): Alcalase[®] treatment for 1 h; Alc (3h): Alcalase[®] treatment for 3 h; Prt (1h): Protamex[®] treatment for 1 h; Prt (3h): Protamex[®] treatment for 3 h; Alc (1h) + Flv (2h): Alcalase[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h; Prt (1h) + Flv (2h): Protamex[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

The amino acid composition of four hydrolysates is shown in **figure 4.3**. These compositions are globally similar regardless of the protein source and the hydrolysis process, with some differences. Indeed, regarding acidic amino acids (Asp and Glu), well known for their ability to chelate metal ions through their carboxylic groups (Lv *et al.*, 2013), the highest percentages are observed in PPH by Alcalase[®] (1h) followed by Flavourzyme[®] (2h) with 20% and 12.9%, respectively. Both sequential SPHs show high percentages of aspartic acid as well (14.8 % and 7.9 %, respectively). Besides, the SPH generated by Protamex[®] (1h) followed by Flavourzyme[®] (2h) contains 11.8% of histidine, which is a well-known metal-chelating amino acid (Chen, Shen, and Xia, 2020; Zhang *et al.*, 2018; Sun *et al.*, 2017; Torres-Fuentes, Alaiz, and Vioque, 2011). Finally, proline, arginine and lysine, which are present at similar percentages in SPHs and PPHs, were previously found in Ca²⁺-chelating peptides (Bredderman and Wasserman, 2002). Therefore, those results suggest that the metal-chelating activity observed for the different hydrolysates could reflect the presence of a great variety of MCPs.



Figure 4.3. Amino acid composition of 1kDa-ultrafiltrated SPH and PPH produced by sequential hydrolysis treatment, i.e., Alcalase® or Protamex® followed by Flavourzyme®. SPH: Soy Protein Hydrolysate. PPH: Pea Protein Hydrolysate. Alc (1h): Alcalase[®] treatment for 1 h; Alc (3h): Alcalase[®] treatment for 3 h; Prt (1h): Protamex[®] treatment for 1 h; Prt (3h): Protamex[®] treatment for 3 h; Alc (1h) + Flv (2h): Alcalase[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h; Prt (1h) + Flv (2h): Protamex[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

4.3.3 Determination of the metal-chelation properties

4.3.3.1 By UV-spectrophotometry

The copper-chelation capacities of the 1kDa-ultrafiltrated SPHs and PPHs were evaluated by spectrophotometry and expressed as a function of the molar ratio (mM equiv Glycine for hydrolysate / mM CuSO₄) (**Figure 4.4**). Whatever the hydrolysate treatment, we observed a Langmuir-shaped graphs and a saturation plateau, indicating the presence of peptides able to bind copper ions in all the 1kDa-ultrafiltrated hydrolysates, with similar capacities. From these presented graphs, we determined various indices similarly as in Canabady-Rochelle *et al.*, 2015 and 2018. **Table 4.1** shows the EDTA and carnosine equivalent chelating capacities (**EECC** and **CECC**, no unit) calculated for all the samples. The EECC and CECC values ranged between [1.54 - 2.52] and [2.19 - 3.58] respectively, without significant differences between each hydrolysate. This implies that the ultrafiltrated soy and pea hydrolysates contain copper-chelating peptides, but the spectrophotometry method has a low sensitivity in differentiating between the chelation power of the different hydrolysates. In fact, screening of bioactive peptides by UV-spectrophotometry often depends on their concentration in the hydrolysates.





| | EECC | ± SEM | CECC | ± SEM |
|-------------------------|------|-------|------|-------|
| SPH Alc (1h) | 2.52 | 0.06 | 3.58 | 0.08 |
| SPH Alc (3h) | 1.94 | 0.02 | 2.76 | 0.03 |
| SPH Alc (1h) + Flv (2h) | 2.10 | 0.01 | 2.98 | 0.02 |
| SPH Prt (1h) | 2.33 | 0.05 | 3.31 | 0.07 |
| SPH Prt (3h) | 1.95 | 0.04 | 2.77 | 0.06 |
| SPH Prt (1h) + Flv (2h) | 2.08 | 0.01 | 2.96 | 0.02 |
| PPH Alc (1h) + Flv (2h) | 1.81 | 0.15 | 2.57 | 0.21 |
| PPH Prt (1h) + Flv (2h) | 1.54 | 0.02 | 2.19 | 0.03 |

Table 4.1. EDTA equivalent chelating capacity (EECC) and carnosine equivalent chelating capacity(CECC) values determined for 1kDa-ultrafiltrated SPHs and PPHs. Results are presented as mean ±standard deviation from 5 replicates

SPH: Soy Protein Hydrolysate

PPH: Pea Protein Hydrolysate

Alc 1h: Alcalase[®] treatment for 1 h

Alc 3h: Alcalase[®] treatment for 3 h

Prt 1h: Protamex[®] treatment for 1 h

Prt 3h: Protamex[®] treatment for 3 h

Alc (1h) + Flv (2h): Alcalase[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

Prt (1h) + Flv (2h): Protamex[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

4.3.3.2 By Surface Plasmon Resonance

SPR is a sensitive and selective method for MCPs screening (Canabady-Rochelle *et al.*, 2018; Maalouli *et al.*, 2011; Knecht *et al.*, 2009). The SPR signal is detected when the peptide is interacting and surrounding the metal-ion in its favourable geometry, producing accurate and comparable information about the hydrolysates. The immobilized Ni²⁺ was used due to its similarities with Cu²⁺ in regards to its coordination properties with amino acids according to the HSAB theory (Sóvágó and Ősz, 2006).

The SPR response (RU) is plotted as a function of the hydrolysate concentrations (mM equiv. Glycine) (Figure 4.5). These so-called sorption isotherms indicate the binding response of investigated hydrolysates on the immobilized Ni²⁺ at equilibrium. They are presented either

as a function of the enzymatic treatment applied to soy protein (panel A) or as a function of the source of protein used for proteolysis (soy or pea), using the same enzymatic treatment (panel B). Whatever the enzymatic treatment or protein source used, the isotherms show hyperbolic profiles with saturation or a tendency for saturation. The differences are more visible in the saturation plateau of the metal-binding response, unlike UV-spectrophotometry data. Different parameters are obtained from the fitting of these binding isotherms and reported in **Table 4.2**.

For single protease hydrolysis of SPI, and considering the *K*_A values, apparent affinity of peptides for Ni²⁺ ion varied from 0.12 to 0.38 mM⁻¹ equiv Gly. Hydrolysates produced by Alcalase[®] treatment present better apparent affinity compared to those produced by Protamex[®] treatment, and the best apparent affinity is observed for only 1 hour of Alcalase[®] treatment. This shows that there is no direct correlation between DH and apparent affinity for Ni²⁺. Moreover, addition of exopeptidase (Flv treatment for 2 h) in the hydrolysis procedure give rise to an increase of the apparent affinity (from 0.38 to 0.42 and 0.12 to 0.23 mM⁻¹ equiv Gly, for Alc 1h and Prt 1h, repectively). Finally, the results are independent from the protein source, since similar affinities are observed for PPH after sequential hydrolysis with Flv (0.45 and 0.27 mM⁻¹ equiv Gly for Alc 1h and Prt 1h, respectively). This could be probably due to the fact that both soy and pea are legumins. All in all, sequential hydrolysis processes are better compared to a one step process in terms of metal-chelating properties of the obtained hydrolysates, *i.e.* these hydrolysates globally contain peptides with better affinity for Ni²⁺.



Figure 4.5. SPR response signal (R.U.) of the different 1-kDa ultrafiltrated (A) SPHs and (B) PPHs as a function of different molar concentrations (mM eq Glycine of hydrolysate). SPH: Soy Protein Hydrolysate. PPH: Pea Protein Hydrolysate. Alc (1h): Alcalase[®] treatment for 1 h; Alc (3h): Alcalase[®] treatment for 3 h; Prt (1h): Protamex[®] treatment for 1 h; Prt (3h): Protamex[®] treatment for 3 h; Alc (1h) + Flv (2h): Alcalase[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h; Prt (1h) + Flv (2h): Protamex[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

| Sample | Peptide concentration (mM equiv Gly for 1g/L SPH) | <i>K</i> ₂ (mM equiv Gly) | STD (<i>K</i> ₀) | <i>K</i> ₄ (mM⁻¹ equiv Gly) | R <i>max</i> (RU) | STD (R _{max}) |
|----------------------------|--|------------------------------|-------------------|--------------------------------|----------------------|----------------------------|
| SPH by Alc (1h) | 1.91 | 2.59 | 0.59 | 0.38 | 109.32 | 4.9 |
| SPH by Alc (3h) | 2.39 | 5.35 | 1.80 | 0.19 | 157.01 | 21 |
| SPH by Prt (1h) | 1.92 | 8.18 | 1.50 | 0.12 | 270.34 | 24 |
| SPH by Prt (3h) | 2.41 | 7.43 | 1.00 | 0.13 | 166.49 | 11 |
| SPH by Alc (1h) + Flv (2h) | 1.29 | 2.43 | 0.64 | 0.42 | 192.24 | 10 |
| SPH by Prt (1h) + Flv (2h) | 3.06 | 4.44 | 2.60 | 0.23 | 84.43 | 16 |
| PPH by Alc (1h) + Flv (2h) | 2.54 | 2.23 | 0.44 | 0.45 | 67.84 | 3 |
| PPH by Prt (1h) + Flv (2h) | 3.54 | 3.76 | 0.96 | 0.27 | 27.56 | 2 |

 Table 4.2. Peptide concentration (mM equivalent glycine) determined by OPA dosage, Dissociation (KD, mM), Affinity constants (KA, mM-1), and Rmax (R.U)

 determined by SPR ± standard deviation for the 1kDa-ultrafiltrated SPHs and PPHs

SPH: Soy Protein Hydrolysate

PPH: Pea Protein Hydrolysate

Alc 1h: Alcalase[®] treatment for 1 h

Alc 3h: Alcalase[®] treatment for 3 h

Prt 1h: Protamex[®] treatment for 1 h

Prt 3h: Protamex[®] treatment for 3 h

Alc (1h) + Flv (2h): Alcalase[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

Prt (1h) + Flv (2h): Protamex[®] treatment for 1 h followed by Flavourzyme[®] treatment for 2 h

4.4 Conclusion

In conclusion, soy and peas, which are the two most produced legumins in France, constitute rich sources of metal-chelating peptides. The fact that both soy and pea are from the legume family and that both proteins are complete might reflect the global similarities observed in the molecular weight distributions and amino acid compositions regardless of the hydrolysis condition employed. The hydrolysis treatments had an effect on the metal-chelating activity of the ultrafiltrated produced hydrolysates. A sequential treatment with an endopeptidase (Alcalase[®] or Protamex[®]) followed by an exopeptidase (Flavourzyme[®]) is more efficient than individual hydrolysis by an endopeptidase and the small-sized peptides (≤ 1 kDa) produced have better metal-chelating affinity. This difference could only be detected by a sensitive screening method like SPR.

As perspective of this work, the MCPs present in hydrolysates could be identified by MS experiments (Paris *et al.*, 2021). In addition, IMAC coupled to mass spectrometry experiments is currently under development in order to isolate and determine some MCPs present in these hydrolysates. Then, these MCPs will be purified in order to increase their concentration for further applications related to human oral ingestion.

4.5 References

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Chapter 5 Development of a ferroptosis model on Aortic smooth muscle cells

The biological interest in exploring metal-chelating activity in hydrolysates, with tools mentioned in chapters 3 and 4, is to eventually evaluate their antioxidant power *in cellulo*. These peptides could be promising for ferroptosis inhibition by chelating excess iron ions and thus contribute to the prevention of cell death in several diseases including Atherosclerosis **(AS)**. In this chapter, we described how we aimed to develop a ferroptosis model (induction and rescuing) on human aortic smooth muscle cells to mimic ferroptosis happening during AS development.

5.1 Introduction

Toxic iron ions catalyze the formation of hydroxyl radicals *via* the Haber-Weiss reaction (Haber and Weiss 1934), or can be a direct reactant for their production such as Fe(II) in Fenton reaction (Fenton 1894). Normally, adult males absorb only 1.5 mg of iron per day but adult females require additional 1.5-2 mg per day in order to compensate the losses during menstrual bleeding. Maintaining iron homeostasis is critically essential for human health to prevent diseases such as iron deficiency anemia and hemochromatosis caused by iron overload. Concentration of intracellular iron ions is regulated at several cellular levels that comprise: iron (Fe³⁺) uptake *via* transferrin receptors (TFR1 and TFR2), iron (Fe³⁺) storage in ferritin, and iron (Fe²⁺) export *via* ferroportin. Dysregulation of iron homeostasis causes iron-mediated cell death, recently described as ferroptosis, which is genetically, biochemically and morphologically different from apoptosis and necrosis (Mou *et al.* 2019; Tang *et al.* 2019). (See Figure 2.13, page 95)

Ferroptosis has been reported in several diseases such as hepatic cancer, renal and cardiovascular diseases (heart failure, atherosclerosis). The hallmark feature of ferroptosis is the iron-dependent accumulation of oxidized phospholipids (*i.e.*, lipid peroxides). Ferroptosis

can be induced by the inactivation of system X_c⁻ (glutamate/cystine antiporter) using either erastin, sorafenib, sulfasalazine, or excess glutamate but also, by the inhibition of the glutathione peroxidase 4 (**GPx4**) using Ras Selective Lethal 3 (**RSL3**) (Kobayashi *et al.*, 2018) (See Figure 2.15, page 101). Indeed, the inhibition of the system X_c⁻ induces the depletion of intracellular cysteine pool, the limiting amino acid required for glutathione (**GSH**) synthesis. Yet, the decrease of intracellular GSH concentration causes an imbalance in cell redox homeostasis and antioxidant capacity. Indeed, it inhibits the glutathione-dependent enzymes, such as the **GPx4** that catalyzes the reduction of lipid peroxides while oxidizing GSH and protects cells from oxidative stress-induced plasma membrane injury (Martin and Teismann 2009).

Ferroptosis can be prevented by natural and/or chemical compounds. Vitamin E is a natural exogeneous lipophilic antioxidant that can inhibit ferroptosis by reducing lipid peroxides, so does the synthetic ones such as ferrostatins and Trolox (a hydrophilic analog of vitamin E). Metal-chelating agents such as deferoxamine **(DFO)** and deferiprone **(DFr)** can chelate iron ions (Fe^{2+/3+}) in excess and thus inhibits their catalytic effect known to induce ferroptosis (Cao and Dixon 2016). Although ferroptosis has been identified as a cell death pathway occurring in cardiovascular diseases such as atherosclerosis, very few studies in the literature report treatments inhibiting ferroptosis. Moreover, to the author's knowledge, there is no model of ferroptosis based on cardiovascular cells in order to test molecules able to inhibit ferroptosis with potential application in cardiovascular diseases treatment.

Hence, the objective of this study is to develop a cell-based ferroptosis model upon the inhibition of the system Xc⁻ antiporter and triggering lipid peroxidation with Fe(III) overload. This model will be used to investigate potential Fe(III) chelators using DFO and Dfr as positive controls.

5.2 Material and Methods

5.2.1 Reagents

Erastin (E7781, Sigma-Aldrich) was prepared at an initial concentration of 10 mM in 100% Dimethyl sulfoxide **DMSO** (FLUKA), aliquoted and stored at -80°C. Ferric citrate (F3388-Sigma-Aldrich) was prepared at an initial concentration of 25 mM in warm PBS (37°C) and stored at

4°C. Deferoxamine (D0160000, European Pharmacopia) was prepared at an initial concentration of 30 mM in PBS, aliquoted, and stored at -80°C. Deferiprone (Y0001976, European Pharmacopia) was prepared at an initial concentration of 134 mM in warm ultrapure water, aliquoted and stored at -80°C.

5.2.2 Cell culture

Smooth muscle cells derived from human aorta, AoSMC (CC-2571, LONZA, France) were grown (37°C, 10% CO₂) in smooth muscle complete cell growth medium (CC-3182, LONZA, France) containing SmBMTM Basal Medium and SmGMTM 2 SingleQuots supplements. Supplements comprise 5% (v/v) of fetal bovine serum (FBS), 0.1% (v/v) insulin, 0.2% (v/v) of human basic fibroblast growth factor (hFGF-B), 0.1% (v/v) of gentamicin, 0.1% (v/v) of amphotericin-B, and 0.1% (v/v) of human epidermal growth factor (hEGF).

5.2.3 Cytocompatibility test

The cytocompatibility of Erastin at a concentration range comprised between 0.01 and 10 μ M was evaluated by the MTT test. The AoSMC were seeded at a density of 60.10³ cells/mL of complete growth medium in 96-well plate. After 24 h, cells were incubated with the different concentration of Erastin for another 24 h at 37°C. Then, 50 μ L of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) solution (5 mg/mL) were added to each well for 3 h at 37°C. In viable cells, cellular oxidoreductase can reduce MTT to its insoluble form, called formazan that have a purple color. The formazan crystals were dissolved with 50 μ L of 100% DMSO in each well, and the absorbance was read at 570 nm.

5.2.4 Induction of ferroptosis

AoSMCs were seeded at a density of 60.10^3 cells/mL of complete growth medium in 6-well microplate for further GSH, MDA and protein quantifications. Prior to incubations, DMSO (100%), erastin, ferric citrate, deferoxamine, and deferiprone were diluted in warm (37°C) incubation medium (complete cell growth medium either undiluted or diluted 2 times with PBS) in order to obtain final concentrations of 1 %, 100 µM, 500 µM, 500 µM, and 1500 µM, respectively. Finally, the molecules were further diluted 10 times for 16 hours of incubation (37°C, 10% CO₂) with AoSMC. Final volume in each well was 1 mL.

5.2.5 Quantification of intracellular glutathione concentration

After incubation, the cells were lysed with 250 μ L of 3.3% (v/v) cold perchloric acid (Sigma-Aldrich) and centrifuged at 10,000 g during 15 min at 4°C. 200 μ L of the supernatant was neutralized by 11.5 µL NaOH-40%, whereas the pellet was collected and resuspended in 200 μL of lysis buffer (0.5 M Tris-HCl 1.5 M NaCl, 10% SDS, and pure Triton) and frozen at -80°C for further protein dosage assay (see section 5.2.7). The neutralized supernatant was diluted (4 times for control condition, 2 times for erastin condition, and 1.3 times for erastin + ferric citrate condition and for Erastin + ferric citrate + deferoxamine or deferiprone condition) in a solution containing HCl (0.1 M; Sigma Aldrich) and EDTA (2 mM; Titriplex). Then, 60 μL of each previously diluted supernatant were deposited in triplicates in 96-well black microplate (ThermoFischer Scientific). 120 µL of borate buffer (0.4 M; pH 9.2; Merk) and 20 µL of 2,3naphthalene dicarboxaldehyde (NDA, 5.4 mM; Fluka) were then added to each well. The plate was incubated for 25 minutes at 4°C. The fluorescence intensity was measured at λ_{exc} = 485 nm and λ_{em} = 538 nm using the microplate reader Synergy2 – Bioteck and the Gen5 – 1.08 software. The GSH concentration in each sample was determined from a calibration curve presenting fluorescence intensity as a function of GSH concentration ranging from 0.325 µM to 3.25 μM.

5.2.6 Quantification of peroxidized lipids

Malondialdehyde (MDA) was quantified as a final product of lipid peroxidation using the TBARS method (Janero, 1990). After incubation, cells were lysed in 200 μ L of 10 % (v/v) perchloric acid to collect MDA and centrifuged at 10,000 *g* for 15 min at 4°C for further protein collection. The supernatant was then separated from the pellet. The pellet was resuspended in 200 μ L of lysis buffer (0.5 M Tris-HCl, 1.5 M NaCl, 10 % (v/v) SDS, and 10 % (v/v) pure Triton) and frozen at -80°C for further protein dosage (see section 5.2.7). 200 μ L of TBA solution (15 g of trichloroacetic acid (Sigma-Aldrich) and 0.38 g of thiobarbatic acid (Sigma-Aldrich) dissolved in 100 mL of 0.25 M HCl) and 2 μ L of butylated hydroxytoluene (Fluka) 2% (w/v in absolute ethanol (Sigma-Aldrich)) were added to each supernatant. Samples were incubated at 95°C for 1 h, then placed in ice for 3 minutes. The MDA-TBA adduct was then extracted with 400 μ L of butanol-1 (Sigma-Aldrich) and centrifuged at 15,000 *g* for 5 min at 4°C. 120 μ L of each supernatant were deposited in triplicates in 96-well black microplate (ThermoFischer Scientific). The fluorescence intensity was measured at λ_{exc} = 485 nm and λ_{em} = 538 nm using

the microplate reader *Jasco* and the *Spectra Manager* – *2.10.01* software. The concentration of MDA in each sample was determined from the plotted calibration curve representing the fluorescence intensity as a function of MDA concentration ranging from approximately 0.0625 μ M to 2.5 μ M. Note that the initial concentration of MDA was validated using UV spectrophotometry and by Beer Lambert equation at each experiment.

5.2.7 Quantification of intracellular proteins

The intracellular protein concentration was quantified to evaluate the number of cells remaining after the incubations. The intracellular protein concentration was determined using the bicinchoninic acid (BCA) assay kit (ThermoFisher Scientific) including a calibration curve of bovine serum albumin (BSA) ranging from 25 μ g/mL to 1000 μ g/mL. 25 μ L of each resuspended pellet were deposited in triplicates in 96-well microplate and added with 200 μ L working buffer (50 volumes of reagent A: sodium carbonate, sodium bicarbonate, BCA and sodium tartrate in 0.1 M NaOH; 1 volume of reagent B: 4% (w/v) of copper sulfate). The absorbance was read at 570 nm after 30 min incubation at 37°C using the spectrophotometer equipped with a microplate reader *BioTeck 800TS, J80.13*.

5.2.8 Statistical analysis

Results are shown as mean \pm standard error of the mean (SEM), based on 3 independent experiments. The statistical analysis was performed using GraphPad Prism 9 software with a t-test or one-way ANOVA test followed by a Tukey's post-test. Differences were considered significant when p < 0.05.

5.3 Results and Discussion

The development of the ferroptosis model on AoSMCs was done by first testing the cytocompatibility of Erastin, and then by following the two biomarkers: intracellular concentration of GSH and lipid peroxidation, normalized in reference of the protein content.

5.3.1 Cytocompatibility of Erastin

A range of erastin concentrations (0.01 μ M - 10 μ M) was tested for evaluating their cytocompatibility on AoSMCs as a first required step in order to set the maximum concentration of erastin to be used in developing the ferroptosis model without killing the cells. **Figure 5.1** shows approximately 80% ± 20% of cell viability for all tested concentrations

of erastin. Thus, AoSMCs have maintained their functional properties and growing abilities after 24 hours of treatment with erastin, whatever the investigated concentration. According to some studies, 10 μ M of erastin is the commonly used concentration to induce ferroptosis (Zhang et al., 2020; Sato et al., 2018; Dixon et al., 2014). Therefore, 10 μ M of erastin is the first chosen concentration for the development of the ferroptosis model on AoSMC in our experiments.



Figure 5.1. AoSMC cell viability after 24 h incubation of different erastin concentration. Results are presented as mean ± sem of n=3 and compared using one-way ANOVA. Results are calculated in respect to 100% viability, which is for [Erastin]=0 μM.

5.3.2 Ferroptosis evaluation upon Erastin incubation in different media by GSH quantification

Erastin was incubated in complete culture medium, this latter being either non-diluted, diluted 2 times, or 10 times. Indeed, cystine and glutamate present in culture medium can have inhibitory effect on erastin activity itself when present at high concentrations. Yet, the concentration of these 2 amino acids could not be communicated by LONZA - the culture medium supplier - due to confidentiality.

Figure 5.2 shows the intracellular concentration of GSH and proteins before and after incubation of AoSMC with erastin in different incubation media (diluted or not). In complete medium (non-diluted) and in the absence of erastin, the physiological concentration of GSH is stated at 10 μ M ± 1.4 μ M (**Figure 5.2, A**) and the protein concentration at 520 ± 80 μ g/mL (**Figure 5.2, B**). Following erastin overnight incubation in complete culture medium, the

intracellular GSH concentration (Figure 5.2, A) decreased by 9 times compared to the control condition. The intracellular protein concentration was determined to evaluate the number of cells remaining after the incubation. No significant change was observed in protein concentration between the control condition (520 \pm 80 μ g/mL) and the erastin condition (390 ± 20 µg/mL) (Figure 5.2, B). In complete medium diluted 2 times, the intracellular GSH concentration decreased by 5 times after overnight incubation with 10 μ M erastin in comparison to the control (Figure 5.2, C), and the protein concentration remained constant 450 \pm 20 μ g/mL for both conditions (Figure 5.2, D). Finally, in complete medium diluted 10 times the concentration of intracellular GSH decreased by 2 times following erastin overnight incubation (Figure 5.2, E), and protein concentrations observed were similar for both control and erastin conditions (Figure 5.2, F). GSH and protein concentrations of AoSMC in complete medium diluted 10 times are respectively, 3 μ M ± 0.5 μ M and 63 μ g/mL ± 22 μ g/mL (for the control) and, 1.5 μ M ± 0.2 μ M and 70 μ g/mL ± 20 μ g/mL (in the erastin condition). These former values are much lower than those observed in non-diluted complete medium and complete medium diluted 2 times. So, although erastin can significantly decrease intracellular GSH in complete medium diluted 10 times, cells in this latter medium are suffering after an overnight incubation, even in the absence of erastin. Therefore, only the non-diluted and the 2 times-diluted mediums are not deleterious for AoSMC viability after overnight incubation and for these 2 media, erastin did inhibit the system X_c^- and deprived cells from cystine/cysteine necessary for GSH synthesis.



Figure 5.2. GSH and proteins concentrations in AoSMCs after an overnight incubation with and without erastin in non-diluted complete medium (A & B), complete medium diluted 2 times (C & D) and complete medium diluted 10 times (E & F). Results are presented as mean ± sem of n=3 and compared using one sample t test; *p < 0.05.

5.3.3 Ferroptosis evaluation upon erastin incubation in different media by MDA quantification

MDA was quantified to evaluate lipid peroxidation – the second ferroptosis biomarker - state of cells after overnight incubation with 10 μ M Erastin in non-diluted and in 2 times diluted complete media. In non-diluted complete medium, MDA concentration (Figure 5.3, A) and protein concentration (Figure 5.3, B) were determined at 0.1 ± 0.02 μ M and 470 ± 50 μ g/mL, respectively, and remained constant whatever the investigated conditions (control or in the presence of erastin). In 2 times-diluted medium, MDA concentration fluctuated between 0.08 ± 0.05 μ M in control condition and 0.016 ± 0.05 μ M in erastin condition, without significant difference between both conditions (Figure 5.3, C). Protein concentration in both media (complete or 2 times-diluted) was approximately 400 ± 80 μ g/mL (Figure 5.3, D). So, blocking the system X_c⁻ with erastin does not provoke lipid peroxidation in AoSMCs in both media after an overnight incubation. This result was expected as lipid peroxidation is induced by hydroxyl radicals, produced upon the Haber-Weiss reaction resulting from iron ions oxidation. Therefore, in order to induce lipid peroxidation, we decided to introduce 50 μ M of ferric citrate (FC) during erastin incubation, as a provider for Fe³⁺ ions.



Figure 5.3. MDA quantification and protein dosage of AoSMC after an overnight incubation with and without erastin in non-diluted complete medium (A & B) and, complete medium diluted 2 times (C & D). Results are presented as mean ± sem of n=3 and compared using one sample t test; *p < 0.05.
5.3.4 Ferroptosis evaluation upon iron introduction in different media by MDA quantification

MDA concentration in non-diluted complete medium after overnight incubation of AoSMCs with 10 μ M Erastin + 50 μ M FC did not significantly change compared both to the control and to the 10 μ M Erastin conditions (Figure 5.4, A). However, the protein concentration decreased by 3 times in the 10 μ M Erastin + 50 μ M FC compared to the control and the 10 μ M Erastin conditions (Figure 5.4, B). This means that, in complete medium, the introduction of 50 μ M FC is deleterious to cells. Note that the initial concentration of iron ions in the complete medium could not be communicated by the medium supplier. In complete medium diluted 2 times, the 10 μ M Erastin + 50 μ M FC condition and the 10 μ M Erastin condition have increased MDA concentration by 3.75 and 2 times compared to the control, respectively (Figure 5.4, C). In the meantime, the protein concentration remained constant at approximately 420 \pm 70 μ g/mL in those 3 conditions (Figure 5.4, D). This implies that, in complete medium diluted 2 times, 10 μ M Erastin + 50 μ M FC promote lipid peroxidation without leading to cell death.

Therefore, inducing ferroptosis was validated by GSH and MDA quantification upon overnight incubation with 10 μ M Erastin (to act on GSH synthesis) + 50 μ M FC (to induce lipid peroxidation) in complete medium diluted 2 times.

To be able to use this ferroptosis model based on AoSMC as a positive control on which testing antioxidant molecules such as metal-chelating peptides, a rescue ferroptosis model should be developed as well, using reagents well known for their metal-chelating properties such as Deferoxamine (DFO) and Deferiprone (DFr).



Figure 5.4. MDA quantification and protein dosage of AoSMC after an overnight incubation with and without erastin ± 50 μM ferric citrate (FC) in non-diluted complete medium (A & B) and in complete medium diluted 2 times (C & D). Results are presented as mean ± sem of n=3 and compared using one way ANOVA; *p < 0.05 (Tukey's multiple comparisons test).</p>

5.3.5 Ferroptosis rescue model evaluation by GSH and MDA quantifications

Intracellular GSH concentration was evaluated by plotting the ratio of GSH quantity (nmol) over protein mass (mg). The **Figure 5.5**, **A** show that this ratio is non-significantly increased by 50 μ M DFO in comparison to the incubation with 10 μ M erastin + 50 μ M FC and is equivalent to GSH ratio in 10 μ M erastin condition. However, 150 μ M DFr is able to restore GSH ratio compared to the 10 μ M Erastin + 50 μ M FC condition, but not significantly compared to the control condition (ratio = 30 nmol/mg ± 1 nmol/mg).

Similarly, MDA concentration was evaluated by plotting also MDA quantity (nmol) over protein mass (mg). MDA concentration is non-significantly decreased after incubation with 50 μ M DFO but significantly decreased by 4 times after incubation with 150 μ M DFr in comparison to the incubation with 10 μ M erastin + 50 μ M FC. So, by chelating Fe³⁺ in 1:1 ratio (Velasquez and Wray 2021), DFO tends to inhibit ferroptosis caused by 10 μ M erastin + 50 μ M FC condition but might requires an adaptation of incubation conditions, such as the time of incubation or DFO concentration in order to render its effect significant. However, DFr in those conditions of time (16 h) and concentration (150 μ M) stop lipid peroxidation induced by combatant use of erastin and FC. Dfr binds Fe³⁺ in 3:1 molar ratio and its small structure allows it to be a cell permeant metal-chelator, unlike DFO (Galanello, 2007). Therefore, 150 μ M Dfr rescues our ferroptosis model based on AoSMCs.



Figure 5.5. Ratio of GSH quantity over protein mass (A) and the ratio of MDA quantity over protein mass (B) Smooth muscle cells were incubated in complete medium diluted 2 times for 1 night with and without erastin \pm 50 μ M ferric citrate \pm 50 μ M deferoxamine (or 150 μ M deferiprone). Results are presented as mean \pm sem of n=3 and compared using one-way ANOVA; *p < 0.05 (Tukey's multiple comparisons test).

5.4 Conclusion and Perspectives

In conclusion, the ferroptosis model is validated using GSH and MDA as biomarkers upon the overnight incubation of AoSMCs with Erastin 10 μ M and FC 50 μ M. Erastin induced GSH depletion while ferric citrate - containing ferric ions (Fe³⁺) - induced lipid peroxidation. DFO (50 μ M) was not effective on AoSMCs for rescuing ferroptosis, unlike DFr (150 μ M).

In perspectives, our ferroptosis model adapted to AoSMC investigation should be reinforced by following a third ferroptosis biomarker, which is the ROS production. In addition to inhibiting lipid peroxidation, inhibiting ROS production can also be a biomarker for measuring metal chelation efficiency since iron ions, notably Fe²⁺ are well-known to catalyze ROS via the Fenton reaction. It would be interesting to study the effect of synthetic metal-chelating peptides such as HHH, HHHHHH, HGH and carnosine in inhibiting ferroptosis since it could be the start for a protein-based therapy (or prevention) for iron-overload diseases and then to investigate the effect of metal-chelating peptides discovered from protein hydrolysates.

5.5 References

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Chapter 6 General Conclusion and Perspectives

Living organisms constantly produce ROS, which are highly reactive and toxic substances for cells. Cells are normally able to fight against these ROS using intrinsic enzymes or antioxidant molecules. However, an imbalance between ROS and antioxidant defenses leads to oxidative stress, a condition that is the starting point of many diseases such as atherosclerosis. Free metal ions, particularly iron ions, are often responsible for oxidative stress. Cell death caused by iron overload has been defined as "ferroptosis" and to date there is no cell-based ferroptosis model that mimic the cell signaling pathway in AS disease. Humans are recommended to take exogenous antioxidants in order to counteract the excess ROS production caused by the toxic environmental surroundings. Since the consumption of certain synthetic antioxidants have been linked to adverse effects, researchers are now turning to natural molecules, including bioactive peptides derived from various natural proteins. Currently, the purification of new bioactive peptides from protein hydrolysates is performed empirically via fastidious and high cost separation and identification techniques. The goal of this PhD was to evaluate modern biotechnological techniques to screen MCPs is hydrolysates and to apply them on cardiovascular cell-based ferroptosis model to assess their chelation capacity in a biological environment.

This last chapter summarizes the contributions made to achieve the aforementioned goal and it stresses out work that still need to be done (Figure 6.1).



Figure 6.1. Schematic representation for this PhD's goal, achievements and proposed future work.

6.1 Conclusion

Meantime, the development of innovative biosensors relies on studying real-time biological interactions involving small molecules, peptides, membrane proteins, biologics and other molecules even in crude reaction mixtures. SwitchSENSE[®] is a recent methodology, which is based on short DNA nanolevers that can switch on gold surface spots on a microfluidic chip. For the author's knowledge, this methodology has never been adapted to the screening of metal-chelating peptides in hydrolysates. For this purpose, switchSENSE[®] technology was adjusted by immobilizing NTA-Ni²⁺ to the surface of its sensor chip. First, the methodology was validated with pure synthetic peptides well-known for their nickel-chelating properties and then applied to enzymatic hydrolysates used in food industry. This methodology was able to categorize the metal-chelating activities of the studied hydrolysates according to the enzymatic treatment or the protein source: Tilapia viscera or soy isolates.

Enzymatic hydrolysis is nowadays the most promising method to produce bioactive peptides, especially from natural resources. The bioactivity of produced hydrolysates relies on several factors implicated in the hydrolysis procedure such as protein source, type of proteases used, enzyme-to-substrate ratio, time of incubation... etc. Bioactive peptides are normally of 10 amino acids long. So, ultrafiltration is often performed after hydrolysis to obtain these specific fractions of peptides in hydrolysates. In this thesis, we took in advantage a previously developed MCPs-screening modern methodology to identify the best hydrolysis conditions to produce MCPs. This methodology, called Surface Plasmon Resonance (SPR) is based on real-time interaction of MCPs with immobilized Ni²⁺. After the hydrolysis of soy and pea isolate by Alcalase[®] and Protamex[®] for 1 hour followed by Flavourzyme[®] enzyme for 2 hours, hydrolysates were then ultrafiltrated and characterized according to their molecular weight distribution and amino acid content. Finally, their affinity bindings towards Ni²⁺ were determined by SPR. The sequential hydrolysis of soy protein isolate by Alcalase[®] followed by Flavourzyme[®] was the best treatment to produce MCPs.

The biological interest in exploring metal-chelating activity in these hydrolysates is to evaluate their antioxidant power *in cellulo*. These target peptides could be promising for ferroptosis inhibition by chelating iron ion in excess and thus contribute to the prevention of cell death in several diseases including atherosclerosis (AS). However, in literature, ferroptosis induction in

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cells is only well described to kill cancer cells but not as a model of diseased cells. For this purpose, we aimed to develop a ferroptosis model (induction and rescuing) on human aortic smooth muscle cells to mimic ferroptosis happening during AS development. The ferroptosis model was developed in three steps taking into consideration three essential parameters such as the concentration of ferroptosis inducers (erastin and ferric ions), the time and the medium of incubation. At each step, 2 biomarkers, *i.e.,* intracellular concentration of GSH and lipid peroxidation, were followed by NDA and TBARS methods, respectively. Finally, the ferroptosis model was validated upon 10 μ M Erastin and 50 μ M ferric ions incubation during 16 hours in a complete medium diluted 2 times. Erastin succeeded in blocking the system X_c⁻ leading to the depletion of intracellular cysteine necessary for GSH synthesis. Adding ferric ions have accelerated oxidative reactions, notably the Fenton reaction, producing reactive species that have attacked lipid membranes in cells and caused lipid peroxidation. The rescue of the ferroptosis model was validated using metal chelators such as DFO and DFr, which are also control molecule regarding MCP activity. Only 150 μ M of DFr was able to inhibit lipid peroxidation caused by erastin and ferric ion.

The outcomes of this interdisciplinary PhD project at the professional and personal level are summarized hereafter (Figure 6.2). In terms of publications, we have published a book chapter about applications of mineral-binding peptides, and an original article concerning the fluorometry-based MCP screening (Chapter 3 in this thesis; El Hajj *et al.*, 2021). We have recently submitted the manuscript for the screening of MCPs in soy and pea protein hydrolysates after different enzymatic hydrolysis treatments (Chapter 4 in this thesis; El Hajj, *et al.*, in submission). We also aim to valorize the ferroptosis work with a review on ferroptosis (Chapter 2, section 2.2) and a publication concerning the ferroptosis model development adapted to human aortic smooth muscle cells (Chapter 5 of this thesis). Our results have been presented and discussed at several national and international conferences. Also, collaborations with laboratories from/or outside Université de Lorraine have allowed us to make connections between the different disciplines implicated in this PhD and to produce those scientific outcomes. Finally, this PhD have provided beneficial trainings (professional and inter-personal), and scientific mediation opportunities.

| Publications | El Hajj et al., Electrically switchable nanolever technology for the screening of metal-chelating peptides in hydrolysate. Journal of Agricultural and Food Chemistry (IF: 4.192), 2021, 69 (31): 8819–27. El Hajj et al., Metal-chelating activity of soy and pea protein hydrolysates obtained after different enzymatic treatments. Submitted at Food Chemistry. El Hajj et al., "Chapter 19 - Application in Nutrition: Mineral Binding." In Biologically Active Peptides, Elsevier book edited by Fidel Toldrá and Jianping Wu, 2021, 455–94. |
|------------------------------|---|
| Conferences | El Hajj et al., Investigating the antioxidant activity of metal-chelating peptides in soy hydrolysates on a cell-based ferroptosis model. 29th international conference for Functional Food Center (FFC). Dallas, TX, United-States, 29th – 30th April 2021. Oral communication El Hajj et al., Metal-chelating peptides in hydrolysates: biocatalysis production, characterization and screening. Seminar of IMPACT BIOMOLECULE. Palma de Mallorca, Spain, 3th – 25th October 2019. Poster and Flash presentation. El Hajj et al., SPR screening of metal-chelating peptides for their antioxidant properties in laboratory-produced hydrolysates: effect of proteolysis conditions. 17^{ème} édition du congrés de la SFGP. Nantes, France, 15th – 17th October, 2019. Oral communication. |
| Scientific Collaborations | Laboratories of Université de Lorraine (UR AFPA, L2CM, LCPM, LIBIO, IMoPA) and 3 platforms (PASM, ASIA, B2S). Internship at Institute of Chemistry, Université de Strasbourg (1 week): Spectrophotometric screening of metal-chelating peptides using ascorbate oxidation monitoring in the presence of NTA-Fe ³⁺ . International mobility at School of Science & Technology, Nottingham Trent University, United Kingdom (2 months): Development of a screening method for metal-chelating peptides in protein hydrolysates by confocal laser scanning microscopy (CLSM). International grant obtained for supporting this mobility (DrEAM 5 project). |
| Trainings | Followed courses: Chromatography, electrochemical methods, calorimetry and thermo-gravimetric analysis, molecular synthesis and their characterization (RMN, FT-IR, DRX, UV-visible and fluorescence spectroscopies), drug and nanoparticle development. Management trainings: Culture of scientific integrity, R&D professions, MOOC Doctorate and Career Development. Mentoring: Participation in the supervision / scientific training of students (Bibliography, experiments). |
| Scientific mediation | Participation at the science festival in October 2018. « How to make a battery from a lemon? ». Interview at the "Factuel, l'info de l'Université de Lorraine" Portrait of a researcher, international human rights day woman on March 8, 2020. Application to L'oreal-UNESCO program for women in Science in April 2021. |

Figure 6.2. The outcomes of this PhD

6.2 Perspectives

This present interdisciplinary project aimed at discovering and testing new MCPs produced from proteolysis and evidenced by setting up new original screening methodologies. SPR and switchSENSE® are techniques developed on Ni²⁺. Although Ni²⁺ physico-chemical properties are similar to Cu²⁺, its biological relevance in terms of oxidative stress reactions is poor. So, the development of those two methodologies based on iron ions (Fe²⁺ or Fe³⁺) is mandatory. However, applying these 2 ions on biosensor is challenging. Indeed, Fe³⁺ rapidly precipitates in non-acidic pH such as at physiological pH (pH 7.4) and Fe²⁺ rapidly oxidizes into Fe³⁺ in the presence of oxygen. To rise these blocks, we can propose to prepare Fe³⁺ in acidic solution and gradually increase the pH until reaching the physiological value. For Fe²⁺, we could consider working in an anaerobic glovebox.

The next step is to identify iron-chelating peptides in hydrolysates using an original methodology based on IMAC coupled to MS. This methodology has already been developed in the frame of another PhD thesis (PhD student: Cédric Paris; Director: Stéphane Désobry Co-Directress: Laetitia Canabady-Rochelle; PhD defended in April 2021). IMAC directly coupled on line with MS (IMAC-MS) is also a novel approach for a direct, sensitive and untargeted screening of iron(II)-chelating peptides in complex mixtures. After identification of the best MCPs using IMAC-MS, their production and modification into pseudopeptides by chemical synthesis will allow to obtain sufficient amount of pure bioactive peptides and will be advantageous for *in vivo* applications since pseudopeptides are known to be preserved from degradation by digestive enzymes and their bioavailability will be increased.

Testing hydrolysates containing MCPs and/or pure MCPs on a cell model of oxidative stress is necessary to guarantee their bioactivity. The interest in this PhD was to test the inhibitory action of MCPs on the developed ferroptosis model. The ferroptosis model based on human aortic smooth muscle cells still requires some validation as for example, by following a 3rd biomarker such as the ROS production. After validating the ferroptosis rescue model, MCPs and hydrolysates will be tested on the ferroptosis model and their inhibitory effect can be compared to that of DFO and DFr. Hydrolysates and pure MCPs could require different incubation conditions to observe their inhibitory effect. So, setting up their concentrations and incubation time can be also challenging and time-consuming. After validation of their

effect on the ferroptosis model, the samples will require to be tested for their bioavailability through the intestinal barrier in order to move to their evaluation in *in vivo* models.

Finally, in the frame of a collaboration between our team and the Biomolecular and Materials Interface Research Group (Nottingham Trent University, England), an application for a DrEAM grant (offered by LUE for researchers) have been accepted and a 2 months internship at the the Biomolecular and Materials Interface Research Group is ongoing meanwhile. The goal of this research visit is to discover new technique related to MCPs screening. The technique is based on indicator displacement assays and followed up by Confocal Scanning Laser Microscopy (CSLM). Using a metal oxide surface (notably nickel oxide surface) and a fluorophore, the indicator displacement assay can provide measurements of interactions based on the direct observation of competitive binding between the fluorophore and the metal-chelating peptide of interest.